Become Healthy Once and for All

• Personal Plans • Weight Loss • Graceful Aging

gift certificate to someone you love!

Lamorinda NUTRITION
Theresa Tsingis, DCMS
283-WELL (9355)

New Location! 251 Lafayette Circle #240, Lafayette

'You are wonderful! I will definitely call you again. will refer you friends, for sure." Megan-Moraga

100% No-Risk Guarantee

We want our clients to be super-pleased - in fact, absolutely delighted- with everything we do. So all of our work comes with our ironclad, risk-free guarantee. What does that mean? Simply this: If you aren't happy with our work within 14 days, we'll do it over for free. If you're still not thrilled you can have your money back. No questions asked. No hard feelings. It's your choice. We stand behind our work 100%.

Nerd4Rent.com

990 Moraga Road, Ste B,



Wednesday, February 16, 2011

schedule your appointment! 925) 283-5666

Computer Consulting & Training *Offer applies to new Lamorinda clients only. Exp. 3/15/11, w/ coupon only.

IIn Memoir

Wilma Mae Steele Connor



Wilma Mae Steele Connor, known by family and friends for her wisdom, wit, and global perspective, passed away peacefully on January 31, 2011, in the beautiful home she built in Lafayette with her late husband, Joseph Connor. She was 92.

Wilma was born in a farmhouse in Thurston.

Nebraska on March 22, 1918. She spent her early years on farms in the Midwest and then her family migrated to Seattle. She graduated from West Seattle High School and earned a Bachelor of Arts degree from the University of Washington in 1939. She birthed four children from 1940 to 1955. Wilma actively participated in the local Democratic Club and Parent Teacher Associations. She also enjoyed performing in several plays in the Town Hall Theatre in Lafayette. She earned her teaching credential from the University of California Berkeley in 1966. She taught English and Journalism at Alhambra High School in Martinez from 1966 to 1985.

Wilma enjoyed creating a beautiful garden and an inviting, artistic home. She greeted everyone with enthusiasm and interest. She appreciated and inspired family and friends in her Lafayette home for 63 years. Her amazing capacity to educate and nurture will be missed forever.

She loved reading the New York Times and relished new books. Ever the optimist, she received her latest order of five books a mere six days before she passed away from cancer.

Wilma is survived by four children, seven grandchildren, six great-grandchildren and her brother, Robert Steele. Her children: daughter Sandra Thais Connor; daughter Tara Ross; daughter Shelley O'Connor; and son Joe Connor. Her grandchildren: Brad Ross; Lisa Ross, Beth Ross; Ryan Ross; Erin Nelson; Jarett Nelson and Mirabel Connor. Her greatgrandchildren: Tristen Ross; Brooklyn Ross; Gabrielle Ross; Imani Ross; Nevah Spettigue-Ross and Leo Spettigue-Ross.

Family and friends are invited to a memorial service at 2:00 p.m. on Sunday, February 20, 2011, at the Town Hall Theatre, 3535 School Street in Lafayette.

Wilma appreciated how much the George Miller Center has enriched the life of her daughter, Sandra. In lieu of flowers, donations in Wilma's honor to the George Miller Center Concord Campus, 3020 Grant Street, Concord, California 94520, would be preferred.

Community Service

We are pleased to make space available whenever possible for some of Lamorinda's dedicated community service organizations to submit news and information about their activities. Submissions can be sent to storydesk@lamorindaweekly.com with the subject header In Service to the Community.

Kiwanis Club Presents Donation to EFO

Submitted by Sandra McGonigle



iwanis Club of Moraga Valley representative, Bruce Berman, presented a check for \$2,500 to members of the Educational Foundation of Orinda, EFO. The Kiwanis Club of Moraga Valley follows its mission "to serve the children of the world" as proud supporters of the Orinda schools. This donation helps EFO achieve its goal of raising \$1.5 million to support K-12 students at all six Orinda schools this year.

From left: Jill Morris, Bruce Berman and Joan Kiekhaefer, EFO President Photo provided

Lafayette Girl Scouts Celebrate 10 Years

Submitted by Chrissa Ventrelle (written by Colleen McCarty)



From left; top row: Bronwyn Hutchison, Kennedy Bloom, Janie Hofmeister, Carolyn Cole; bottom row: Erin Wurgley, Krista Federas, Samya Faiq, Emily Hopper. Photo Sandra Patterson

their time so Lafayette Girl Scouts is proud oung women in this community have to acknowledge the following girls for commany choices about how to spend

pleting 10 years in Scouting:

TROOP 31042, led by Geni Federas & Linda Bailey: Bronwyn Hutchison, Erin Wurgley, Krista Federas, & Caroline Colvin TROOP 31883, led by Mary Ilyin & Barbara Cole: Janie Hofmeister, Carolyn Cole, & Kennedy Bloom

TROOP 30632, led by Marguerite Brackett: Emily Hopper & Samya Faiq

TROOP 32913, led by Laura Gambel & Karen Thapa: Emily Svensson, Julia Fellows, & Annalise Baer

TROOP 31983, led by Cathy Vandenberghe: Indigo Catton, Julia Partlow & Claire DeWolf

JULIETTE: Stephanie Burr

These girls have enjoyed ten years of making friends, providing service to others, camping, earning badges, selling cookies, learning leadership skills, and having a lot of fun! The girls were honored at the Lafayette Leader meeting on January 27th by the Lafavette Coordinating Team, Lafayette Leaders and their families.

DIABLO FLOORING, INC

CARPET • HARDWOOD • LAMINATE • TILE • VINYL

Diablo Flooring Inc. is here to bring the best possible pricing with the most beautiful and complete installation to the Bay Area. We are a small store which lets us give you the attention needed for a more professional experience. We cater to residential & commercial customers, designer, contractors, and developers.

FREE ESTIMATES

(925) 426-RUGS (7847) 5600-D Sunol Blvd, Pleasanton, CA 94566 (925) 988-WOOD (9663)

1813 Mt. Diablo Blvd, Walnut Creek, CA 94596

VISIT OUR SHOWROOM OR Shop@Home WWW.DIABLOFLOORING.COM License #898787 • Bonded • Insured up to 52 Million

Troop 246 Donates to SAFE

Submitted by Max Weinstein



he Boy Scouts of Moraga's Troop 246 donated over 160 stuff animals to the Moraga Police Officers Association holiday collection drive benefitting Stuffed Animals for Emergencies. The stuffed animals are given to children in need after a disaster or tragedy.

Standing, from left: Sargent Brian South, Max Weinstein, Paul Ogle, Joe Zacharin, Charlie Chen, Officer Will Davis: in front: Jackson Hu, Ryan Baldwin

Windows & Gutters

Reliable Window Cleaning

Friendliness & remarkable results.

Windows, Gutters, Pressure

Washing. **(925) 254-7622**

Vickers Rain Gutter (Ken)

Installation cleaning & repair.

Senior discount and free estimates.

Lic. #677426 Ph. (925) 687-8831

27 Years Experience Int & Ext

Painting

Serving the Lamorinda area since 1980.

ReliableWindowService.com

Photo provided

Classified • Class Classified

Music lessons

Piano Lessons in Lafayette with professional instructor MTAC member. Competition, CM exam Preparation. Rita Yegiazaryan 283-7601

Guitar Instruction in Orinda Jazz Blues Rock Folk and Pop styles taught by professional. All ages and levels welcome. Serving Lamorinda since 1980. Call Jack Eskridge at 254-6317 Email eskridgejack@yahoo.com

Piano/guitar w/Robbie Dunbar All levels welcome!

I travel to your home. M. A. Music Composition 925-323-9706 robbiednbr@gmail.com

Piano Tuning

Experienced Piano Tuning By local music teacher 925-323-9706

Insurance

Totalintegrityinsurance.com 20+yr Lamorinda resident. My independent insurance brokerage is here to serve you. Over 100 top carriers = great pricing and coverage for Biz Gen Liab, W Comp, Homes, Auto, Life. (925) 247-4356 0E90108

For rent

2Bdrm, 1ba, single car garage, small yard, washer/dryer hookup in duplex. Just refurbished w new kitchen. Small quiet pet ok. \$1600/mo/, Security deposit: \$1000 (can pay allotments w/in 90 days after move in). 2033 Donald Dr, MORAGA. Elementary and High School in walking distance dorotheamichalik@hotmail.com

Services

GET ORGANIZED for 2011!! Taxes, Closets, Garage! Call Shelly (925) 254-0329

Rentals



Residential Leasing and **Property Management** Ed Basaldua (925) 899-9405 www.LamorindaRentals.com

House cleaning

www.totalclean.biz

Serving Lamorinda since 1985. Insured and bonded 376-1004.

Help offered

Outstanding Caregiver

My mother passed away in her Orinda home in December. Her beloved caretaker is now seeking a new patient to help. During the 7 ½ years she worked, the family found her exceptional, kind, compassionate, ethical and highly competent. She was selfmotivated, punctual, cheerful and willing to do whatever was needed. For more info call 925-962-0745. (No agencies please!)

Tree Service

East Bay Tree Service. 377-8733. Fine pruning, large

tree removal, stump grinding License #805794

Tree & brush removal. Poison Oak removal. 376-1995, Licensed, insured & bonded

Construction

SWARTS CONSTRUCTION

Foundations, drainage, remodel small repairs. 35 yrs. Lamorinda www.swartsco.com

Lic# 613717 INSURED BONDED Free Estimates: 925.250.6610

SCALA CONSTRUCTION SINCE 1992 License # 642156 925-383-8046

Quality remodel, kitchen, bath Additions, Decks, Skylights Doors, Windows, Painting scalaconstruction@comcast.net

Handyman

Your project needs help? Paint, fix, build, pressure wash, decks, electrical, plumbing, concrete & more. Inside & outside jobs. Professional and Reliable. Call Terry: 925-788-1663

Handyman - experienced in all types of home repairs. I am glad to discuss your repair

or project and provide the best solution at a reasonable rate. Please call me, Carson at (925) 708-7059. I show up. I clean up.

Plumbing



Our Workmanship & References Speak for Themselves CA Lic # 616357 BONDED Steve Thaw 376-3380 Moraga \$3 per line in bold,

T&T PAINTING CO

\$2 per regular line, 3 lines minimum (max 30 Characters per line) Submit online:

(925) 377-6600 www.lamorindaweekly.com LeapFrogPlumbing.com