

The Longest Married Couple: Aileen and Tom Deahl. He's 96; they've been married 70 years. She says the secret to their happy marriage is same as the song: Accentuate the Positive

# Lunch of the (Three-Quarter) Century By Cathy Dausman

on Loos, the "Baby of the Year" turned 75 in May. Tom Deahl and Molly Gravelle, the club's new King and Queen, are both 96. And the Longest-Married Couple, Deahl and his wife Aileen, has been married 70 years. Welcome to the Three-Quarter Century Club luncheon, held June 15 at Orinda Community Church. The free lunch celebrated Orinda residents

who've reached their seventy-fifth birthday milestone, and keep on going. It is only the second Three-Quarter Century Club in the U.S.

The Orinda luncheon originated in 2000, when Rotary member John Fazel borrowed the idea from his hometown of Perry, Iowa. ... continued on page A10

## **Quote of the Week:**

"It's ironic that Lafayette is celebrating the public opening and purchase of open space (Acalanes Ridge) while Moraga is selling open space it already owns."

Read Letters to the Editor, page A10



**Town News** A2 - A7 Community Service A8-A9 Letters to the Editor A10 Dinina В1 Not to be Missed B2-B3 Shop Moraga B4 C1-C7 Life in Lamorinda **HOW TO CONTACT US** C5 Sports C7-C9 Classified **C8** Service Directory C9 Schools C10 D1-D8 Our Homes **This Week Read About: EBMUD Land Swap** A2 New Rheem Theatre **Anniversary** A4 No Task Force Α7 Warm Summer Nights B2-3 **MOFD Budget** C2 Special Dancer C3 Science of Wine C5 Women Body Builders C8

# Developing Open Space Along the Lafayette-Moraga Trail?

By Sophie Braccini



top of the trail, on the right. Photo Andy Scheck

here's a new battle brewing in Moraga. The nearby residents and defenders of open space bone of contention is a large parcel of land, would prefer the Town leave the land alone. owned by the Town of Moraga, along the popular Lafayette-Moraga Regional Trail. The Town, which needs cash for infrastructure and capital improvements, would like to develop the land-

In the middle of the dispute is the Planning Commission, which must eventually render a decision. The property, currently zoned as Open Space, is located across from Saint Mary's College near the corner of Rheem Blvd and St. Mary's Rd. The Town would like to sell it as a property of between one and five lots that could be built on. On June 6 the Council, playing the role of the property owner in this story, asked the Planning Commission for advice on how the land should be divided.

Jim Townsend, Trails Development Program Manager for the East Bay Regional Park District that maintains and operates the Lafayette Moraga Regional Trail (Trail), told the Council that there should be no development on the land in question. "It is important for the community to recognize that this parcel is open space; we have a limited amount of it and when it is gone, it is gone for ever," he said.

Roger Poynts, a civil engineer and land surveyor, presented a plan for five small lots. His proposal considers all Town-owned land along Saint Mary's Road, including the Moraga Commons Park, as a single open space parcel of 40.8 acres. Open space density is one home for every five acres; he said that the Town could develop up to eight homes and recommended building five on a total of 1.7 acres. He suggested that in a time of need, this solution would be better than raising ... continued on page A8

## **Schools**

## **C10**

**Count Reading In:** How to Build Reading into Your Child's Summer



## By Diana LaScala-Gruenewald

After a long and rainy winter, the sun has finally decided to bless Lamorinda with its first radiant week. In every neighborhood kids are basking in their sudden freedom...

read on page C10

## **Life in Lamorinda C1-C7**

## Lafayette Locals Contribute to New Book



## By Cathy Dausman

Cailin Mirabella is just 10-years old, but she's already designed winning artwork. Twice. A poster she designed while living in Arkansas in 2009 took first place in the second grade category in a statewide Smokey Bear contest. Now this selfpossessed ... ... read on page C1

## **Our Homes**

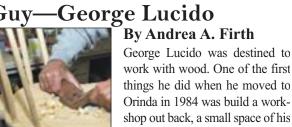
**D1-D8** 

own where he taught himself to

carve wood. The walls of the work-

...read on page D1

## Orinda's Windsor Chair



shop ....





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Lafayette

**Civic News** 

Special Joint Meeting Agenda

Lafayette City Council Lafayette

School District Governing Board

Thursday, June 23, 6:00 pm

Lafayette Elementary - School Library 950 Moraga Road

Monday, June 27, 7:00 pm Lafayette Library & Learning Center,

**Planning Commission** 

Lafayette Library & Learning Center,

Monday, June 27, 7:00 pm

in the Arts & Science Discovery

Center at 3491 Mt. Diablo Blvd.

notes and announcements

www.lafayettechamber.org

City of Lafayette: www.ci.lafayette.ca.us

Lafayette Library & Learning Center

Check online for agendas, meeting

**Chamber of Commerce:** 

**Police Report** 

scholarly, journalistic, political,

governmental or private inves-

Battling deadlines for this issue,

we can only tell you that during

the week of June 5 to 11, there

were 30 alarm responses (4

69 traffic stops (including 8 sus-

picious vehicles), 11 "distur-

bances" (including 4 verbal

altercations, and 2 calls from

the same block of Rahara Dr.

silent), 18 "suspicious" calls,

tigator purposes.

Community Hall, 3491 Mt. Diablo Blvd

Monday, July 5, 7:00 pm

Design Review

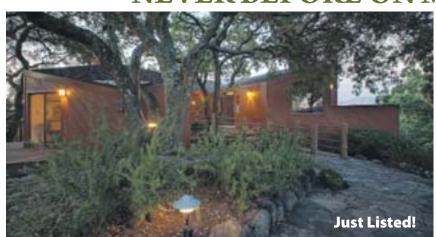
Community Hall, 3491 Mt. Diablo Blvd

**Public Meetings** 

City Council

City Council

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## EBMUD Proposes Land Swap for Pumping Plant By Cathy Tyson

he City Council took a preliminary step on Monday night agreeing in concept to a land swap for a new water pumping plant on the east end of Mt. Diablo Boulevard. Several important considerations will need to be ironed out before a final deal is approved.

It's easy to miss the vintage 1954 non-descript Diablo Vista Pumping Plant wedged between Ace Hardware and Svensson Automotive. The unremarkable, oversized shed is owned by the East Bay Municipal Utility collaborative effort."

District (EBMUD) and houses pumping equipment that moves millions of gallons of water every day. The pumping plant was built when Dwight Eisenhower was president and has serious mechanical and electrical issues along with seismically unsafe construction. "We need to completely rehabilitate that site," said EBMUD representative Bill Kirkpatrick. "We can't spend time and money without an approval in concept, then we can go forward with a

EBMUD has asked if Lafayette outside the center of town is more would consider a land swap to get the job done. Just down the street, near Diablo Court and adjacent to like sidewalk improvements, the ultithe cemetery, is a parcel of cityowned vacant land that could be used to construct a new and vastly improved, energy efficient pumping plant. When the new facility is op- may take up to three years. EBMUD erational, the tentative plan is de- wants to move quickly to avoid an inmolish the old one and possibly turn cident like the fire and explosion that it into a parking lot.

Building on this site offers a number of benefits to the city, moving it nut Creek.

cost effective, and easy accessibility means faster construction. Details mate design of the exterior and screening from the street are all issues that will need to be addressed.

It's estimated the entire process occurred at a pumping plant of about the same age on Geary Road in Wal-

## **Commission Recommends Banning** Medical Marijuana Dispensaries

By Cathy Tyson

Thile Oakland, San Francisco, Berkeley and other municipalities have chosen to allow medical marijuana dispensaries (MMDs), Lafayette prefers to decline. Because a temporary moratorium is set to expire on July 27, 2011, the Planning Commission recently approved a recommendation to alter the Municipal Code to ban the MMDs along with the cultivation of pot. Their recommendation will go to the City Council for final approval at the end of the month.

Although California voters approved Proposition 215 "The Compassionate Use Act of 1996" the U.S. Supreme Court, via the Controlled Substances Act, has ruled that possession and use of

marijuana is a crime. At the motepid truce. Just recently U.S. Attorney General Eric Holder suggested that the Justice Department will work with governors to reach a resolution. No word on exactly what that entails or when it will be addressed.

Lafayette Police Chief Mike Hubbard fully supports making the temporary moratorium permanent, "While not wanting to get into a debate with anyone regarding the medicinal uses for marijuana, there are certainly issues with regard to the dispensaries." He cites numerous cases in which an 18-year-old high school student obtains a medical marijuana card and ends up selling pot to younger students.

have specific regulations on med-City has taken the position of prohibiting medical marijuana dispensaries due to the violation of federal law," said a recent staff re-

Since July 27, 2009 a moratorium on the establishment of MMDs has been in effect and was extended twice by Urgency Ordinance, reaching its maximum number. Lafayette isn't alone in its stance; Moraga and Orinda also adopted rules prohibiting the establishment of MMDs – their research found that MMDs have resulted in fects such as an increase in crime be approved.

In the meantime, because the and an increase in driving while ment however, there seems to be a Lafayette Municipal Code doesn't under the influence of marijuana.

Lafayette Planning Services ical marijuana dispensaries, "The staff analyzed sixteen local jurisdictions, looking at their land use regulations and likely impacts of MMDs. Staff recommends the adoption of regulations prohibiting dispensaries based upon the negative health, safety and general welfare impacts.

The recommendation will be sent to the City Council for approval on June 27. Because prior measures have been approved, it's expected that these proposed amendments that would prohibit cultivation or production along with establishing or operating of a negative and harmful secondary ef- medical marijuana dispensary will

# Meet the New Senior Services Coordinator

By Cathy Tyson



New Senior Services Coordinator Maureen Neumann in her office at the Lafayette Community Center. Photo C. Tyson

what she calls "seasoned" citizens, Maureen Neumann is the new Senior Services Coordinator for the City of Lafayette. In the job for just two months, she's had her hands full putting together the fall programming and running events. Neumann became involved with seniors during the aging parents and in her prior po-

eeking to enrich the lives of Wellness Coordinator at Diablo Lodge in Danville - an independent and assisted living facility. Neumann found she missed the seniors and "the joy that came from serving."

Just two people staff the entire Senior Services Department: Neumann, who logs 30 paid hours per week, and Molly Cohen many years she cared for her own at 19 hours per week. The pair do everything from field phone calls,

of workshops and weekly Tea Dancing. Although it's only June, Neumann is swamped putting together programs and confirming instructors for the fall guide; the deadline for publication is rapidly approaching. Look for similar American mother." ety of new events.

volunteer presenters to speak about what they are knowledgeable and passionate about - somecommunity," she said.

Neumann will be reaching out to classes, hoping to connect with individuals who might not otherfered at the Senior Center.

Popular workshops this sumwith your Digital Camera" by photographer and graphic destill available for these July work- 500 St. Mary's Road.

ral, set up classrooms for a variety shops, call or visit the Senior Center to sign up.

Family has always been important to Neumann. She was born and raised in San Francisco. "the daughter of an Irish born father and a first generation Irish-It's no class and workshop offerings this surprise that a favorite hobby was she's interested in adding a vari- dance," starting with lessons at five years old. She recently hung "We're always looking for up her dancing shoes, but stays quite busy gardening, skiing, cooking and more.

Neumann's daughter, 26, is one who wants to share their getting married in July; as the expertise and give back to the mother of the bride there's been no shortage of wedding related With the goal of increasing tasks to accomplish before the participation in their programs, big day. She also has two sons, a 24-year-old who lives and Lamorinda churches to promote works in Santa Rosa and the baby of the family, now 18, who lives at home and is attending wise be familiar with all that's of- Diablo Valley College. She adds that husband Dirk is "just the best guy - he has a great sense of mer include "Making Friends humor and is the life of the party."

For more information on the signer Rajshree and "The World Senior Center or to sign up for Wide Web - Practical Knowledge classes, call (925) 284-5050 or for Today" by Nerd4Rent propri- stop by Neumann's office at the etor Edward Zeidan. Space is Lafayette Community Center,





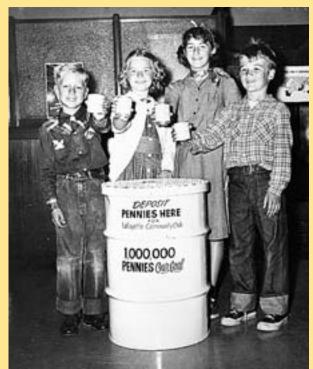


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## Who Knows Them?



This photo sits on the desk at the Lafayette Historical Society. The vintage 1950's photo, of four children in front of a penny collection barrel, was taken locally. Nobody seems to know who the children are. Do you know? Email cathy.d@lamorindaweekly.com!

## Motorama was the Place to be on Father's Day



George DeLucca with his 1961 red Corvette

Photos Ohlen Alexander

amorinda Sunrise Rotary Club ◆hosted Motorama – World of Wheels car show that featured sunshine, cars and barbeque, a trifecta for any dad on Father's Day. Although the event is free, proceeds from food sales and exhibitors support Rotary's community service programs.

From muscle cars to sports cars to a variety of motorcycles along with road signs and license plates for sale there was something for everyone to enjoy at the well-attended show. Lafayette resident Winslow Moore brought his 1957 convertible Oldsmobile Super 88, that he spent 14 years restoring – doing all the work except the upholstery himself. He bought the car in 1962 in Florida and red sled moniker fit.

George DeLucca displayed his very stylish 1961 red Corvette. He explained it has a brand new 350 engine with two four barrel carburetors and American racing wheels – the license plate says it all: "Bella 61" tucked below the distinctive ducktail rear end.

The very retro red 1966 Chevy One Ton Panel Truck, with unique signage, "Cruizin the Mendocino coast with Len and the Red Sled" was completely decked out with fast food drive-in trays on both the front and passenger side windows. Proud owner Len Trimlett explained that it's long and low, a former carpet delivery truck, so the



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Winslow Moore with his 1957 convertible Oldsmobile Super 88

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# Moraga

LAMORINDA WEEKLY

## **Civic News**

**Public Meetings** 

### **Town Council**

Wednesday, June 22, 7:00 pm Wednesday, July 13, 7:00 pm Joaquin Moraga Intermediate School, 1010 Camino Pablo

#### **Planning Commission**

Tuesday, July 5, 7:30 pm Moraga Library, 1500 Saint Marys Rd

## **Design Review**

Monday, June 27, 7:00 pm Moraga Library, 1500 Saint Marys Rd

## Liaison

Friday, July 8, 8:00 am Fire Station, 1280 Moraga Way

Check online for agendas, meeting notes and announcements

Town of Moraga:

www.moraga.ca.us **Chamber of Commerce:** 

www.moragachamber.org **Moraga Citizens' Network:** www.moragacitizensnetwork.org



## Police Report

Scary fellow, 6/16/11 A Paseo Del Rio resident noticed a man walking on the sidewalk pushing a lawnmower, allegedly staring. The subject may have noticed that he was being watched because he left the mower on the lawn and walked away. The concerned woman called police because the vintage fellow hadn't returned to retrieve the lawnmower. Officers were unable to locate the lawnmower owner.

Hit and run, 6/13/11 An unknown woman was driving a tan or gold Honda and caused moderate damage to a parked Ford Explorer on Ascot Drive. Fender bender become hit and run – not much of a good neighbor. Witnesses were unable to provide any further information.

Dude, where's my car? 6/06/11 A Larch Avenue woman reported that she is the owner of a business with employees that use company vehicles. After firing an employee, the boss requested her car back. Disgruntled ex-employee hung onto the car for a couple of days and said he was owed money and going to place a lien on the car until he's paid. When the police got involved, the exemployee decided he'd return the car asap.

Stolen car found, 6/09/11 Moraga police officers were contacted by the Oakland Police Department about a Buick Century that was stopped for traffic violations. Turns out the vehicle was stolen from a Camino Peral resident. The driver was arrested and the car was returned to its rightful

Checking up, 6/10/11 Police went to check on an elderly Ashbrook Place resident. The 87-year-old woman appeared lost and disoriented while driving in the Orinda area earlier in the day. Someone gave her directions back home, but was concerned to see if she made it. Although she did make it back - she didn't have a driver's license, cops attempted to contact family members with an update.

Pranksters, 6/03/11 Several 13 and 14-year-olds were attempting to mix Mentos candy with soda pop behind Safeway. The kids admitted they were attempting to create a chemical reaction, but denied making an explosive device. They were given a presumably stern talking to on the explosive properties of mixing these ingredients and were later released to a parent.

# Look Forward to Coming Home to Lamorinda

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# New Rheem Theatre Anniversary Celebration

Festivities to be held this Saturday

Medi 28 of Concardinary Result

By Sophie Braccini

he New Rheem Theater will celebrate its first anniversary on June 25th with a party that will include food, celebrities and, of course, movies. The event will crown a full year of endless activities that have marked the renaissance of a theater that, a year ago, was closed with not much hope of ever reopening. The transformation is due to a new business model – a community-supported theater – and the very hard work of the team behind it all. Attendance is up, but renovating a theater is costly; the ongoing support of the community will be the key to success.

When the theater closed in early 2010, who would have guessed that Moraga could become a local cultural and entertainment center? Although many interested organizations rallied to save the theater, no one could come up with a way to salvage and reinvest in a movie theater plagued by old equipment and declining attendance.

Since the theater was reopened by the California Independent Film Festival Association (CAIFFA) the theater has become an integral part of

Moraga's cultural and recreational landscape; quite the makeover for a location that could have become a parking garage.

"The Theatre has done more to bring people together in this community for something positive than anything else," says long-time Moraga resident and Theater supporter Caroline Wood. "People here used to get together only to fight over land issues. Here we have something positive we can all embrace and that has created a whole new cultural environment for the town."

What makes CAIFFA different than previous operators? CAIFFA is a non-profit association, supported by members, which in addition to screening movies also presents events that serve the entire community. Beau Behan and Derek Zemrak have been the increasingly familiar faces of the New Rheem Theatre this past year. "I would like to thank the Moraga community for embracing and welcoming both the California Independent Film Festival and New Rheem Theatre to this wonderful

town," said Zemrak, "A neighborhood theatre needs the support of the community to succeed and grow. So much has happened in one year, including but not limited to a successful 13th California Independent Film atre!" notes Zemrak. Festival, four new 35MM projectors, new seating (sofa, love seats and theater-seating rockers), new paint, new lobby counters and so much more."

One of the movies that will be

shown at the anniversary celebration is The Majestic, a film about a community coming together to reopen their local movie palace. "Sounds like Moraga and the New Rheem The-

The anniversary event will pull double-duty as a fundraiser for a new sound system and renovations to the elevator.

... continued on next page

## **New Rheem Theater Supports Fireworks Fundraising Effort**

The Moraga Parks and Recreation Department is currently raising funds to offset the cost of the town's 4th of July fireworks; \$23,000 must be found. This year, the New Rheem Theatre is supporting the fundraising effort by showcasing donors on the big screen. "People who send a check to support the fireworks can add a message that will be displayed on the big screen at the theater," says Mary Coe of the Moraga Economic Development Team, "it can be a birthday message, a love note, or a few words of support or congratulations. It will be displayed in a slide show that appears before the movies." To support the fireworks and have your message of ten words or less appear on the big screen, send your check, made payable the Town of Moraga, to: Moraga Parks and Recreation, 2100 Donald Drive, Moraga, CA 94556.

# Rheem Center to Get Specific Zoning

By Sophie Braccini

he Moraga Economic Action Team figures the Rheem Shopping Center's commercial zoning should be different than that of the Moraga Center - more restrictive, some would say more directed, the Team's proposed new zoning aims at encouraging specific businesses to set draft retail ordinance will be finalized before the new rules can be applied.

During its June 15 meeting the Team reviewed business types that will be included in the retail ordinance as 'permitted uses.' "We want to create a list of permitted uses for the businesses we want to encourage in the Center," said Economic Develop-

ment Team Renée Zeimer, "this is a way to shape the vision for that center from the ground up and encourage synergies." Potential businesses of the type listed as permitted use can essentially obtain business permits overthe-counter.

Members of the Team wondered up shop in the Rheem Center. The if it was lawful to have different commercial zoning in each shopping cenat an upcoming meeting and then ter. "It is the prerogative of a move to the Town Council, which municipality to define zoning," anwill have to approve the ordinance swered Planning Director Lori Salamack, "and the uses that will not be listed as 'permitted' will not be prohibited, but will be required to comply with 'subject to findings' or 'conditional use' rules." Town Manager Jill Keimach added that it makes sense for the Moraga Center to have more permitted uses since the area belongs

almost entirely to a single property owner who can manage its synergy, while the Rheem Center belongs to multiple owners who do not necessarily share a common retail strategy.

The Team's selection of permitted-use businesses appears to encourage a diversified retail experience at Rheem; one that is conducive to more entertainment opportunities and shopping. Restaurants (including wineries were listed as prohibited, including and microbreweries), with the exclusion of drive-thru operations, are on the list; as are grocery stores and food retailers, but not discount grocery stores; general retail stores are permitted, but not single price point retailers such as Dollar Tree (existing business would not fall under a new ordinance). Certain businesses, such as hotels or outside retail sales would be

welcome in town, but the Team decided to require a permit subject to findings, a procedure that will allow the Town to control such elements as the esthetic of the project. Other uses, such as car wash, indoor and outdoor amusement facilities, auto repair, or hardware store would have to satisfy the requirements of a conditional use permit. Only a few business types

At its next public meeting, possibly on June 29, the team will also work in sub-groups on the different aspects of economic revival, such as increasing the synergy with Saint Mary's College, or considering a new sign ordinance.

# Fun in the Sun at Sun Valley Swim Club!

Sun Valley has been the summer home for Lamorinda families since 1953. With a six-lane pool and lap swimming for adults, splash pool for toddlers, BBQ grills for after-swim dinners with your friends & neighbors, a schedule packed full of fun events and the proud home of the acclaimed Sun Valley Rays Swim team - there's just no better place to enjoy the summer!

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## Rancho Laguna Park Play Structures

www.lamorindaweekly.com

By Sophie Braccini



Empty space at Rancho Laguna Park

t is a sad sight for any family – the two play structures where young Moragans once bounced, jumped, climbed and swung at Rancho Laguna Park are gone.

"The play structures' posts were thority (MPA), located in Walnut

Photo Sophie Braccini

decaying, rotting, and were not deemed safe by the engineer from the Municipal Pooling Authority," said Parks and Recreation Director Jay Ingram. The Municipal Pooling Au-

Creek, provides Risk Management Services to 14 police departments and 20 municipalities mostly located in Contra Costa County.

Since the Town of Moraga does not employ a playground safety inspector, Ingram called the MPA regarding his concerns about the safety of the playground. When an inspector and engineer sent by MPA determined that the playgrounds were no longer safe, the Town removed them immediately. "These structures were built in the 80's and were made of wood," said Ingram, "they had a limited life span." New play structures are now made of steel, aluminum or

The Town intends to replace the structures, and a sub-committee of the Park and Recreation Commission is tasked with raising some \$100,000 by December, so new play structure(s) can be installed by June of 2012.

## **MORAGA PARKS & RECREATION** 925-888-7045 • www.moraga.ca.us Buy a Rocket - Donate \$50 (or more) to Fireworks Fund Skateboard Camps – July 11 and July 25 Jewelry Making – July 11, Cheerleading Camp – July 11 Volleyball Camp - July 11



## **New Rheem Theatre Anniversary** Celebration

#### ... continued from page A4

The party kicks off at 3:00 p.m. for the younger crowd. 13-year old actor Zachari Gordon, who stars as Greg Heffley in the film Diary of a Wimpy Kid, will be at the celebration to introduce the movie's sequel. The afternoon will include games, food and prizes. The catered evening celebration will start at 6:00 p.m.; in addition to a screening of The Majestic, special guest Michael Sloane, who wrote the screenplay, will share inside stories on the making of the movie.

Admission tickets are \$8 for the "The Diary of a Wimpy Kid 2," and \$25 for the evening reception with light refreshments and special screening of "The Majestic." Tickets may be purchased at the New Rheem Theatre Box Office, or on the theatre's website, (www.The-NewRheemTheatre.com). For more details, info@Thee-mail NewRheemTheatre.com or call (925) 388-0752.

## A Year of Community Events at the New **Rheem Theatre**

#### Reopening as the New Rheem Theatre - June 25th, 2010

California Independent Film Festival (CAIFF) Classic Film Series:

- The Sound of Music (with guest Angela Cartwright) During the Sound of Music event, the theater unveiled its Wall of Fame, on which all visiting celebrities write an inscription.
- Old Yeller (with guest Beverly Washburn)
- The Spy Who Loved Me (with guest Richard Kiel)
- High Tea event with the film, "Eat Pray Love"
- Haunted House event a haunted house was built on the back stage. Teen Dances - attracting approximately 500 teens from all over the
- Jazz Band Concerts Rossmoor Jazz Band and Mike Vax Jazz Band
- **Poetry Reading**
- Goats of Denmark production; cast mainly from Miramonte High
- Private outings for local swim clubs
- Birthday and engagement parties
- 13th Annual California Independent Film Festival—most successful and most well-attended in the 13-year history of CAIFF
- World Cup Soccer Finals in the Big Auditorium—attended by 600 patrons
- Baseball World Series in the Big Auditorium
- St Mary's Basketball Games in the Big Auditorium
- Jan Wahl Reel Lecture Series
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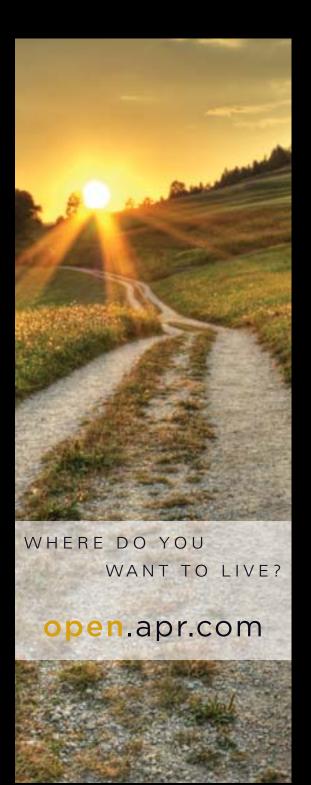
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# Orinda

Civic News

**Public Meetings** 

**City Council** 

Tuesday, July 5, 7:00 pm Auditorium, Orinda Library, 26 Orinda Way

## **Citizens' Infrastructure Oversight Commission**

Wednesday, July 13 at 6:30 PM Community Room, City Hall 22 Orinda Way

## **Planning Commission**

Tuesday, June 28, at 7:00 p.m. Orinda Library, Garden Room 26 Orinda Way

Check online for agendas, meeting notes and announcements

### **City of Orinda:**

www.cityoforinda.org **Chamber of Commerce:** www.orindachamber.org

The Orinda Association: www.orindaassociation.org



**Police Report** Drop the fake money and run,

6/8/11 A suspect attempted to cash a forged check at the Orinda branch of Citibank. Chalk it up to nerves, or perhaps a bad taco, but the suspect ran out of the bank before the check was cashed. He fled the scene in a silver Dodge.

Stolen car returned, 6/16/11 A gray Nissan was stolen from the North Berkeley BART parking lot. It was found at an undisclosed location in Orinda with the front and rear license plates missing. The car was released to its appreciative owners.





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# Council Struggles with Denser Vision for Orinda

By Andrea A. Firth

artin Engelmann, Deputy Ex-meeting the GHG emission reduction ecutive Director of Planning for the Contra Costa Transportation Authority, recently presented the Orinda City Council with an initial plan for integrating land-use, housing, and transportation in the Bay Area in order to address global warming and reduce greenhouse gas (GHG) emissions from cars and small trucks—the federally-mandated goal is a 15% per capita reduction by 2035.

Termed the Initial Vision Scenario, this is the first step in preparing a "sustainable community strategy" to manage the region's growth in a reasonable and eco-friendly way. According to this vision, by 2035, the Bay Area is projected to grow by 903,000 households and 1.2 million jobs. Almost 40% of this growth will be in Contra Costa County, with Lamorinda absorbing 3% of the load.

On a positive note, the Bay Area

goal based on an adjusted forecast that reflects the impact of the economic decline, according to Engelmann. "We are a smaller Bay Area than we had planned to be, and that has helped us a lot as a region trying to meet this goal."

However, this preliminary proposal, which was created by the Association of Bay Area Governments (ABAG) and the Metropolitan Transportation Commission, falls short of further reducing the area's GHG emissions an additional 5% over the next 25 years. In fact the Initial Vision, which projects a growth of 663 new jobs in Orinda coupled with the addition of 1,305 housing units downtown, will yield higher GHG emissions in the Bay Area by 2040. "[The initial plan] was really kind of a dud," admitted Engelmann.

"These numbers are not realistic

balance for growth in Orinda based worry about it, [the initial plan] is just total of 1,920 households to Orinda housing element requirements." by 2035, which compares to the addition of approximately 740 housing triples the size of the existing public units since the City was incorporated transportation system, which Engel-25 years ago said Planning Director mann also finds problematic. "We Emmanuel Ursu, and he added that can't afford to triple our transit sysunder the City's current General Plan, the City could accommodate a maximum of 580 new housing units in the downtown districts.

Council Member Amy Worth asked Engelmann about the City's obligations and if the Initial Vision is linked to the City's housing element. [The State requires all cities to carry their fair share of housing at all income levels in order to meet the region's housing needs; this mandate is tied to the City's receipt of road repair funding.]

"It's complicated," said Engelis already 2/3 of the way toward or achievable and completely out of mann, "[ABAG is] saying don't

on the City's past," stated Vice Mayor a vision. But if it sticks, it will make Steve Glazer. The plan allocates a it very difficult for cities to meet their

The Initial Vision as outlined tem. We can't afford to run or maintain the system we have today."

Engelmann acknowledged that this initial vision of future growth required revision and a reality check. The next step in the process will be the development of five new scenarios that will project growth more closely tied to historic benchmarks and incorporate other strategies for reducing GHG emissions, such as higher bridge tolls, open road tolling, and revised parking policies. "We need to move back toward reality,' said Engelmann.

## Orinda Supports Skatepark Lot

By Andrea A. Firth



Lamorinda Skatepark on Moraga Road

rinda's City Council re- of a 29-space parking lot on Morcently agreed to contribute aga Road alongside the Lamor-\$62,500 toward the construction inda Skatepark, which is located

Photo Andy Scheck

in the Moraga Commons Park. already serving on the Council. "I ment, Orinda and Lafayette will cover 1/4 of the parking lot conof Moraga will kick in the other half of the estimated \$250,000 total. Currently, skaters and parents parallel park on the gravel outside the park's fence. Orinda's Parks and Recreation Commisthe skatepark and additional park-building of the park. ing is warranted.

skatepark built started in Orinda," stated Parks and Recreation Director Todd Skinner. The request was made about ten years ago and Council member Amy Worth was

Through a cost-sharing agree- remember the chambers were filled. About 75 or 80 young people came to the City Council struction costs each, and the town meeting to request that a skatepark be built," said Worth noting when a suitable location could not be found in Orinda, the search was extended to neighboring Lafayette and Moraga. The site in the Commons was ultision agreed with representatives mately chosen, and the three from Moraga that safer access to communities equally funded the

Orinda's share of the parking "The idea to have a local lot construction will be funded with park dedication fees, which are assessed when homes are built or enlarged. These fees can only be used to support capital or rehabilitation projects related to parks or recreation activities.

> The Council voted four to one in favor of contributing to the parking lot for the skatepark. Vice Mayor Steve Glazer dissented indicating that he did not have a sufficient sense of the "proportionality" of the expenditure or how many Orinda teens use the skatepark. According to Skinner, 15 to 20 kids at any one time are using the skatepark on a goodweather day, but numbers specific to where users reside are not available.





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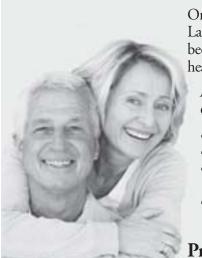
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# Council Says No to Emergency Services Task Force

By Andrea A. Firth

easonable people can disagree.

And that was the case for some of Orinda's citizenry at the June 6th City Council meeting. The Council decided, in a four to one decision with Council Member Amy citizen emergency services task force to further investigate whether the Moraga Orinda Fire District (MOFD) is delivering emergency services cost-effectively and if Orinda is paying its fair share.

MOFD] has ever been performed in the 14 years since the District was formed," said Steve Cohn, a founding member of the citizen group F.A.I. R. (Fire and Infrastructure Renewal). Cohn had in-hand a petition signed by over 200 Orinda residents who support the formation of a citizen-led task force. "There is a strong likelihood that over \$1 million of Orinda [annual property tax] dollars are being spent to provide emergency services in Moraga," said Cohn adding that since both Moraga and the MOFD rejected the idea of contracting a third-party consultant to evaluate the situation, the City should take advantage of the citizen's expertise.

There were also several residents, who addressed the Council, who did not support the creation of another task force to investigate the Orinda and MOFD controversy.

"Yes, the MOFD has made a lot Worth dissenting, not to establish a of mistakes in the past, and the County has made some decisions which have caused unfunded liabilities...," said Orinda resident Gene Gottfried, "But if [Orinda] property taxes were removed from the MOFD, they would go back to the "No citizen-led audit [of the County and most likely ConFire which is struggling financially...It's time to move on."

> "You have been a very conscientious sounding board, now for several years," Carl Weber told the Council. "More discussion is a waste of time."

Worth provided a brief recap of the four meetings held by the Tri-Agency Ad Hoc Committee. The Committee, which included two members from each of the Orinda and Moraga Councils and the MOFD Board, became educated about the MOFD but no conclusions on future steps were determined, said Worth. City Manager Janet Keeter indicated that the Com-

mittee members from Moraga reported back to their Council that they were satisfied with the process and no changes were necessary, and that the MOFD Board had reached the same conclusion.

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"These are complex issues that reasonable people can disagree on," said Worth. "The voters created this district [the MOFD]. We represent the same people and need to work together," she said stating her support of creating a task force.

Council Member Dean Orr disagreed. "A citizen's committee would put us back in the same spot," said Orr adding that it would require an independent third party to review the situation, and the City does not have the money to support this.

Mayor Smith, who is the Council's liaison to the MOFD, concurred. "We have studied this. I am satisfied," she said, suggesting that further comments should be directed to the MOFD Board.

Worth discussed the collective responsibility of the City and the MOFD for maintaining Orinda's infrastructure and pressed for the two groups to continue to work together on this issue.



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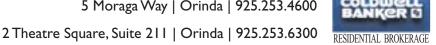
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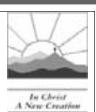
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# Civic News Moraga

## Developing Open Space along the Lafayette-Moraga Trail?

.. continued from page A1



Map image courtesy maps.Google.com, proposed site overlay based on information provided by Moraga Planning Department; edited by Andy Scheck

In his staff report, Senior Planner Rich Chamberlain indicated that the development may require a study of the environmental impacts if the visual impact from St. Mary's Road was found to be significant.

spoke as the representative of the property owner (the Town). He presented himself as a supporter of preserving open space in Moraga, but added that the Town needs funds for capital improvements and indicated that he believes subdividing the land into two parcels for two smaller homes would limit the visual impact.

Suzanne Jones, of the organization Preserve Lamorinda Open Space (PLOS), argued that the visual impact should also be studied from the Trail. "I do not see how the homes could be hidden from the trail," she said. She also identified two groups of important biological resources on the site: a natural wetland, and an area of native grass that she believes would need to be further investigated by a botanist be protected. (Some readers may re- Mary's Road is subject to the 1986 Trotter.

call how the discovery of the endangered California red-legged frog on the Palos Colorados development lengthened its timeline.)

Council Member Dave Trotter argued, "How can you find it democratic and acceptable to develop land people of Moraga?" Planning Commissioner Roger Wykle concurred, carved out of the property.

told Wykle that although he shared reluctance toward the development of Open Space, the Commission was not asked to decide that night whether or property, but rather it was asked to offer the Town a recommendation on how many parcels it should apply for. Whitley, along with Commissioners Dick Socolitch and Stacia Levenfeld, favored two lots. Three commissioners were absent from the meeting.

to determine whether or not it should corner of Rheem Boulevard and St.

Moraga Open Space Ordinance (MOSO)," commented Trotter, "MOSO restricts but does not predramatically altered that project and clude all development on MOSOzoned lands. The law does prohibit Barbara Onoda, also from PLOS, development on and near major ridgelines and minor ridgelines above 800 feet, and on steep slopes. Those that was voted Open Space by the restrictions obviously do not apply to this Town-owned land, which is very gently sloping and away from any and recommended that no lots be ridgeline. As an owner of property, the Town should and presumably will Commissioner Bruce Whitley be treated fairly, and any application for a minor subdivision should be held to the same standards as would apply to any other applicant."

The Council Meeting will denot the Town should develop the termine at a future meeting whether or not the Town will develop a plan for the land. "To encourage public input and participation, I endorse and fully support the suggestion (made by Jones) that the Town post a public notice along the trail at this location in connection with future "The Town-owned land at the hearings before the Town Council and Planning Commission," added

# **Community Service**

## Rotary Club of Moraga Hosts 20th **Annual Field Day**

Submitted by Gary Irwin



Girls' sack race

n June 8, the Rotary Club of Moraga held its 20th annual Field Day event at Joaquin Moraga Intermediate School for third, fourth, and fifth grade Moraga students. 205 students competed in events such as sprints, relays, sack races, long jumps, and football/softball throws. Medals were awarded to the top three contestants in each event.

Donald Rheem Elementary School won plaques for the most winners and highest participation. Rheem has been the big winner the past few years due to the enthusiastic support of Principal Elaine Franks and P.E. teacher Heather Thornton.

The High Point winners were all from Rheem. The High Point Girl was 3rd grader Nina Munson. There was a tie for High Point Boy between

Photo Ohlen Alexander 5th grader Daniel Nelson and 3rd grader Mark McCurdy. These stu-

dents, along with the High Point

Teacher, Mrs. Caraska, and Principal Elaine Franks, will be guests at the June 14th Rotary luncheon meeting, where they will be presented with the

plaques honoring their achievements. Moraga Rotary's Field Day was originated by its past president Al Simonsen, who continues to chair the event. Simonsen's wife, Marilyn Engelhard Simonsen, grew up in Orinda and enjoyed participating in the Orinda Rotary Club's Field Day as a child-Simonsen wanted a similar fun event for Moraga children, and established the program with the help of Orinda Rotarian Frank Isola.

Moraga Rotary is a local service club within Rotary International that meets most Tuesdays at noon at St. Mary's College. For information, please call Gary Irwin at (925) 376-7688.



Rheem 3rd grade relay-runners Molly Midthun, Celia Campo, Nina Munson, and Kelly Robles show off their gold medals. Photo Carol Irwin



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# **Community Service**

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## activities. Submissions can be sent to ${\color{red}\underline{storydesk@lamorindaweekly.com}}\ with\ the$ subject header In Service to the Community **Spencer Neale**

**Submitted by Valerie Cook-Watkins** 

**Scholarships Awarded** 



From left: Valerie Cook-Watkins, Michelle Singh, Audrey Neale and Erin O'Connell Photo Ohlen Alexander

O'Connell, both 2011 graduates of Campolindo High well Banker Residential Broker- several choirs.

ichelle Singh and Erin age in Orinda to honor the memory of 2009 Campolindo graduate Spencer Neale. Neale's mother, School, were awarded the Audrey, attended the award cere-Spencer Neale Memorial Schol- mony. O'Connell, who dances arship for Excellence in Art to and has interests in photography support their continued education and oil, will attend UC Irvine in in the field of art – the scholarship the fall; Singh will attend Loyola was created and funded by the Marymount to study animation sales associates and staff at Cold- and modeling and is a member of

# **Local Charities Receive Donations** from Lafayette Juniors

Submitted by Rosylyn Aragones Stenzel



Amy Friedli of Lafayette Juniors, Meliece, and Louise Bourassa of Contra Costa Interfaith Housing pose with \$17,000 check presented to CCIH. Photo Gina Hageboeck

held at the Lafayette Comof Lafayette Juniors, presented Contra Costa Interfaith Housing with a check for \$17,000. CCIH's mission is to create a perto high-risk individuals and families in Contra Costa County.

was a speech given by 12-year-old Meliece on behalf of CCIH. "Thank you so much for supporting Garden Park Apartments. It nual Lafayette Kitchen Tour in actually changes people's lives. My parents were homeless and throughout the year, and the now they are doing awesome. As Rummage Sale in November. for me, well...not to brag, but I am For more information doing amazing and I know that I Lafayette Juniors, and the chariam going to grow up and make the ties world a better place, just like all of www.lafayettejuniors.org.

t the June General Meeting you are doing," remarked Meliece.

Lafayette Juniors donated a munity Center, Amy Friedli, total of \$31,000 including pre-Community Funds Chairwoman senting \$14,000 to four other well-deserving charities: American Association of University Women Sister to Sister Summit, Brighter Beginnings, by providing supportive housing Center Foundation, and We Care Services for Children.

Lafayette Juniors is an organ-The highlight of the evening ization of over 50 women dedicated to community service and to fundraising for local charities by hosting events such as the an-May, sauce-making parties they support,

## **AAUW 2011 Distinguished Woman Award**

Submitted by K. deGroot (written by Bobbie Dodson)



Last year's Distinguished Woman, Mary Stephens Smith, presents Jan Coe with the Distinguised Woman album. The album includes many photographs of Coe's activities over her many years of membership, and the letters of recommendation that were written on her behalf. Photo K. deGroot

nity, Jan Coe received the Distinguished Woman Award of 2011 at Miramonte. from the American Association of Country Club.

Among Coe's numerous activities her work in education stands out. "It's a passion of mine," she says. A teacher for five years, she began her volunteer work at Glorietta Elementary where she was president of the Parent's Club. At OIS, she ran the Bulldog Kennel lunch program, turning it into a financial success. Under her leadership volunteers served lunch and

n recognition of her outstanding "My job is now a paid position." volunteer work in the commu- Continuing the volunteer path, she was president of the Parent's Club

Coe has been a great fund University Women (AAUW) at its raiser for education. She was co-May luncheon held at the Orinda chair of successful parcel tax campaigns for the Orinda School District and the Acalanes Union High School District. Coe recalls that she was working in a paid position at the Lafayette-Orinda Presbyterian Church's Seedlings Preschool when she announced to her husband, Alan, that she wanted to quit her job as she didn't have enough time to do her volunteer work. He agreed; and she did.

This energetic woman served brunch five days a week for over on the board of the Educational 800 students, "In 1997 we topped Foundation of Orinda (EFO) for 10 \$100,000 in profit," and Coe adds, years and as its president for two

years. Dr. Frank Brunelli, former Superintendent of the Orinda School District, in paying tribute to Coe at the luncheon, spoke highly of her organizational skills. Wearing another hat, Coe chaired Vanessa Crews' successful campaigns for a place on the Acalanes School Board; the two shared Orinda's Citizen of the Year award

Coe has volunteered in a first grade classroom at the Burckhalter School in east Oakland for seven years, and has also been active at her church.

AAUW has benefited from Coe's leadership skills. She served as president for two terms from 2005 to 2007, and is active in numerous programs.

Other awards conferred during the luncheon included honoring Elizebeth Kingsley and Lynn Lonbaken for their 50 years of membership in AAUW. Newly elected president Deana Vick Davidson presented outgoing president Mary Helene Tietz with the AAUW Past President's pin. The branch also celebrated their recent Garden Tour fund raiser which generated over \$5,000 for the Tech Trek program, which sends middle school girls to a week-long summer science camp. Because of the branch's successful fund raising, five girls from the Lamorinda area will participate this year.

Coe's closing remarks included an eight word quote from Maya Angelou, "When you learn, teach. When you get, give." Her own eight words were, "Go out and educate. Go out and volunteer." She is an outstanding example of following both of these maxims.



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Share your thoughts with our community! Opinions in Letters to the Editor are the express views of the writer and not necessarily those of the Lamorinda Weekly. All published letters will include the writer's name and city/town of residence -- we will only accept letters from those who live in, or own a

business in, the communities comprising Lamorinda (please give us your phone number for verification purposes only). Letters should be 350 words or less; letters of up to 500 words will be accepted on a space-available basis. email: letters@lamorindaweekly.com; Regular mail: Lamorinda Weekly, P.O.Box 6133, Moraga, CA 94570

Last year at this time, Derek Zemrak, Beau Behan and the CAIFFA re-opened the Rheem Theatre to be the new home of the California Independent Film Festival. They held a community event at the theater that was attended by a few hundred people. This year, for the first anniversary of the re-opening, one ticket has been sold. The people of Moraga, Orinda and the neighboring communities cannot move into a state of apathy and expect the theater to survive. We have planned for a celebration at least as grand as the re-opening, but so far, the people have not materialized.

I believe that the New Rheem Theatre has been the signature model for bringing the people of Moraga together in a positive, unifying endeavor. I am very excited about having this theater open again!! Let's get moving!

Caroline Wood

April Matthews

Moraga

Editor:

There is no gift equal to the great memories Orion has received at Orinda Intermediate School so we are giving our Gratitude.

We want to thank Orion's teachers Danee Jurichko and Susan Rodriguez for making Orion's time at OIS joyous and a pleasure for him. They have truly blessed his life. I don't know what strings were pulled to allow Susan to be in Core and Study Hall, mostly one on one, with Orion for three years but we will always be grateful for it. Danee's program is an amazing model for inclusion opportunities.

I also want to thank Holly and Orion's other aides as well as the OIS staff for their support and guidance. Thank you, Mr. Randall for having an inclusive school and your positive attitude. A Special thank you goes out to the students of OIS for your compassion especially the ones who volunteer their elective to become friends in room 74. It is valued by more than just your new

Orion is moving on to Miramonte for next year and there have already been some wonderful ground break-

ing collaboration between Moraga, Orinda, and Acalanes Unifies School Districts to make it as successful as OIS has been for him.

Thank you,

Lisa, Ohmar, Sequoyah and Orion Sowle Orinda

Editor:

Is Open Space and wildlife habitat for sale by Town of

Apparently, approving development on one of Moraga's open ridge lines wasn't enough as the Moraga Town Council is currently considering a proposal to sell off some of the town's own open space for a subdivision along the Lafayette Moraga Trail, one of the oldest, most scenic, and most used trails in the East Bay Parks Regional District.

If the sale of the subdivision is approved, it would devastate both part of the beauty of this regional trail and eliminate some of the wildlife open space that exists where the subdivision is being considered.

I am a frequent hiker on this trail (and) it saddens me a greatly that I will no longer be able to see these creatures or the open fields and trees at this particular location because of a decision that favors a short term windfall of money for a permanent reduction in open space and wildlife habitat that, once lost to private development, cannot be reclaimed.

Instead of having a wide open space for the trail with a beautiful open space on its north side, the proposed subdivision will narrow the trail's corridor to a few yards on its northwest side. Please let the Moraga Town Council know your opinion on this proposal.

It's ironic that Lafayette is celebrating the public opening and purchase of open space with the purchase of Acalanes Ridge while Moraga is selling open space it already owns.

Robert Blits Moraga

(Editor's note: Robert Blits' letter was modified slightly to delete references to photos that we were not able to include.)

# ...from Front Page

## Lunch of the (Three-Quarter) Century

... continued from page A1



From left, Maggie Gee, A.J. Starr and Bette Budde

Fazel recalls attending the Perry lunch with his mother and delighted in seeing old neighbors and his Boy Scout leader. Three organizations sponsor the event: Lamorinda Sunrise Rotary, Fazel's employer, Better Homes and Gardens Real Estate/Mason-Mc-Duffie, and Orinda Community Church. Fazel, who co-chairs the event, emceed the lunch wearing his father's tuxedo.

While 130 seniors dined on a roast chicken meal, a staff of 30 volunteers worked behind the scenes to make it successful. Co-chair Lisa Shaffer, a BHG Mason-McDuffie realtor, was busy overseeing volunteers who set up, prepared and served food and cleaned up afterwards. "This community is what it is today because they [seniors] did what they did... We're so fortunate that we are a part of this community."

Orinda residents Tom and Aileen Deahl were recognized as the longestmarried couple in attendance. They

have faithfully attended Three-Quarter Century Club luncheons since the very first, held at Wagner Ranch Elementary. Deahl was a research chemist for Shell Oil in Emeryville; his wife substitute taught in Orinda schools until she was 80. "We haven't missed one [lunch]," said Aileen. Added Tom: "I've never seen so many old people in one place!" Aileen says the secret to their 70-year marriage comes from the song "Accentuate the Positive." Except for four years in Texas, the Deahls have lived in Orinda since 1951. "The smartest thing was we never sold our house in Orinda," said Aileen. Orinda resident Molly Gravelle

was crowned Century Club queen. Gravelle taught for twenty years at Miramonte High (Mechanical Drawing and Home Design) before she retired in 1975. The baby, the king and Neris Newton and Jacqueline Garrel the queen each received a commemorative plaque, and Mayor Victoria those in attendance, it was sentimental Smith marked the event with a procla-

Photo Doug Kohen mation. "These people worked for

[city] incorporation and made Orinda

what it is today," Smith said.

This year's guest speaker was Bette Budde, a former Women Airforce Service Pilot (WASP) who joined in 1943. "How many of you remember World War II?" she asked in her opening remarks. Every hand shot up. Accompanying Budde were fellow WASPs A.J. Starr and Maggie Gee. The trio explained how each came to belong to the highly selective women's corps. Budde and Gee wore scarves commemorating the Congressional gold medals they received at a

ing WASPs last year. Shaffer says next year's date has already been reserved (in June), and says her volunteers will all be back. The event closed with Orinda Idols singing "Sentimental Journey." For

Washington, D.C. ceremony honor-

# SUMMERIN

# AMORINDA

## A Feast Fit for the Fourth

## **By Susie Iventosch**

and parades and parties!

with a little twist on the traditional salad, but this is a nice fresh op-

nally cooperated and it looks imagine July 4th without potato like we will have a summer after salad, but with hot weather a risk, all! This is terrific news and just in and so many people on bikini diets, the nick of time for July 4th holiday this salad using baby Yukon gold celebrations, barbecues, picnics, potatoes, tossed in lemon vinaigrette is nice alternative to the In this issue, we feature several mayo and hardboiled egg variety! ideas for barbecue fare, but most (I do love the regular old potato

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t long last, the weather has fi-recipes. For instance, it's hard to tion!) And, while baby back ribs with a southern molasses barbecue sauce are amazing, this fun recipe uses hard apple cider and brown sugar to give the ribs a crunchy, but lighter flavor!

> However you choose to feed your family and friends on America's birthday, we wish you a very happy Fourth of July!

## Cider-glazed Baby Back Ribs

### (Serves 4)

**INGREDIENTS** 

Four 6-rib baby back pork racks One 22-oz. bottle hard apple cider, or two 12-

<sup>3</sup>⁄<sub>4</sub>-1 cup brown sugar

Coarse sea salt and black pepper, to taste

#### **DIRECTIONS**

oz. bottles

#### **To Marinate Ribs**

Place ribs in (two) Ziploc baggies, or a plastic container with a tight-fitting lid. Season to taste with sea salt and pepper. Distribute cider

evenly over ribs and seal bags, or affix lid. Marinate in refrigerator overnight, turning once or twice.

#### To Cook Ribs

Preheat oven to 300°. Spray roasting pan with non-stick spray and place ribs in pan. Pour juices over the top. Sprinkle evenly with ½ cup brown sugar and seal very tightly with aluminum foil. Cook ribs for 2½ hours, or until very tender. Remove from oven and drain off 1/3 of the juices, keeping the ribs in the remaining juices. Cool, cover and chill until ready to grill.

Preheat barbecue to high heat. Spread gelled juices over ribs and sprinkle ¼ to ½ cup brown sugar evenly over top sides of rib racks. Grill for about 2-3 minutes per side, just until ribs are nicely browned and sugar begins to get crunchy. Serve 'em up!

#### **Grilled Corn on the Cob**

We have been grilling corn on the barbecue for years, and usually I baste the corn with some kind of butter concoction made with melted butter and chipotle peppers, or lime juice, and seasonings. A few weeks ago, my husband prepared the corn, and it was the juiciest barbecued corn on the cob I had ever tried. Naturally, I wondered what he did differently than in the past, when the corn had always been delicious, but sometimes a little dried out. It turns out the trick was basting the corn with olive oil instead of melted butter. We have tried this half a dozen times so far this season, and every, single time it has been succulent and delicious! Use good quality extra-virgin olive oil for the best flavor.

### **INGREDIENTS**

Corn ears, husked and silk removed

Olive oil (just enough to completely baste entire ears of corn)

Seasoning, such as Cajun spices or salt and pepper

## **DIRECTIONS**

Prepare ears of corn by removing husks. You can do this ahead of time and store in a baggie in the refrigerator. When ready to cook, baste the corn with olive oil using a basting brush, and season with spices of your choice. Grill over medium heat for about 10 minutes, rotating the ears every two to three minutes.

## **Potato Salad with Kalamata Olives and Lemon Vinaigrette**

## (Serves 6)

**INGREDIENTS** 

2-3 pounds Yukon gold potatoes (I like to use the baby

34 cup Kalamata olives, pitted and halved

1/4 cup capers (optional)

1 red onion, sliced thinly <mark>¼ cup finely sliced basil leaves (optional ... parsley</mark>

works fine, too) Dressing

3 tablespoons fresh-squeezed lemon juice

2 tablespoons red wine vinegar

9-10 tablespoons extra-virgin olive oil

Salt and Pepper, to taste

Place all ingredients in a container or bowl and whisk or shake to blend.

## **DIRECTIONS**

Fill a large pot about 2/3 full with water. Add potatoes (whole if using small potatoes, or cut into quarters if using large potatoes.) Bring to a boil over high heat, and continue to boil until potatoes are just al dente, but done, when pierced with a knife. Remove potatoes from water with a slotted spoon, or simply drain off all water from pot. Cool and cut into bite-sized pieces and place in a salad bowl. Meanwhile, sauté onions over mediumhigh heat until cooked and just beginning to caramelize. Cool.

To assemble salad, add Kalamata olives, capers, basil and sautéed onions to potatoes in bowl. Pour dressing over and gently toss. Serve cold or at room temperature.

## **Gorgonzola Buffalo Burgers with Shallot Compote**

#### (Serves 4) **INGREDIENTS**

1 pound ground buffalo (1/4 pound per person)

½ cup crumbled gorgonzola or blue cheese 1 teaspoon Italian herbs

½ teaspoon sea salt

½ teaspoon ground black pepper

4 burger buns or slices of French bread (8 slices) 1 recipe for Shallot Compote (recipe below)

## **DIRECTIONS**

Mix buffalo meat with cheese and seasonings. Form into patties. Grill over medium heat, for approximately 5 minutes per side, being careful not to overcook. You

never want buffalo well-done because it gets very tough and dry due to the lower fat content. Serve with a spoonful of shallot compote on the side or on top.

## **Shallot Compote**

(Yields about one cup) **INGREDIENTS** 

1½ cups finely sliced shallots (if small, you can keep them whole)

1 tablespoon unsalted butter

2 tablespoons olive oil

½ teaspoon sea salt 6 tablespoons sherry vinegar

1/4 cup granulated sugar

1 teaspoon minced fresh thyme or marjoram

1/4 teaspoon white pepper

#### **INSTRUCTIONS** In a medium saucepan, heat oil and butter over medium heat. When butter just begins to foam, add shallots and salt. Cook, stirring often, until the shallots begin to brown. Add minced herbs and season with white pepper. Stir in 4 tablespoons of the vinegar and all of the sugar. Cook, stirring occasionally, until the shallots are caramelized and the jam is thick and syrupy. Add remaining 2 tablespoons of vinegar and just heat through. Remove from heat and cool. Compote will thicken into a jam-like consistency as it cools.

Susie Iventosch is the author of Tax

Bites and Tasty Morsels, which can

be found at Across the Way in

Moraga, www.amazon.com, and

www.taxbites.net. Susie can be

reached at suziven@gmail.com.

These recipe is available on our

If you would like to share your

our office at 925-377-0977.

web site www.lamorindaweekly.com

The recipe for Barbecue Sauce for Chicken (or ribs) and Barley-Mushroom Pilaf can be found on our website www.lamorindaweekly.com click on Food

# **Lamorinda Summer Event Listing Inside**



**Moraga Shopping Center** 8:00am Fun Run Races - all ages

Moraga Commons Park 8:00am – 10:00pm Pancake Breakfast, Dog Parade, Bike Parade, Car Show by Rheem Valley Auto, Booths and Kids Games, Magic Show, Music, View the

Moraga Fireworks approx. 9:20pm Set off at Moraga Country Club

**Get detailed schedules of the events at:** www.moragachamber.org and www.orindaassociation.org

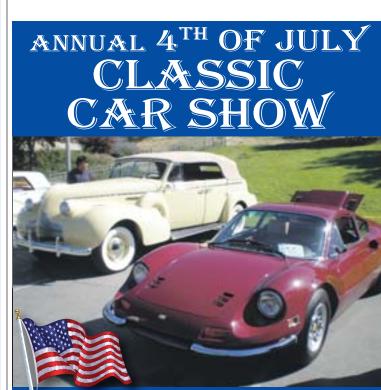






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MORAGA COMMONS 9 A.M. - 1 P.M.



## **REGISTER YOUR CAR TODAY!**

Registration Fee: \$17/car

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# The 4th of July in Lamorinda

### Orinda July 4th schedule

7:00 a.m Registration for Roadrunners' Fun Run & Haley's Run For A Reason

7:30 - 10 a.m. The Roadrunners' Pancake Breakfast In the park/Community Center Enjoy a wonderful breakfast prepared by the Orinda Roadrunners while listening to a variety of music.

7:55 a.m. Flag-raising Ceremony at the Flagpole in front of Community Center

8 a.m. The Roadrunners' Fun Run and Haley's Run for a Reason front of Community Center Choose between a 2-mile run/walk or a 5-mile run through scenic parts of Orinda and EBMUD watershed. There is no fee for the Fun Run. To support Haley's Run for a Reason, which benefits research for SUDC (Sudden Unexplained Death in Childhood), a small donation is requested. Visit www.orindaroadrunners.org or www.angelhaley.org for more information.

9 a.m. Friends of the Orinda Library Book Sale in the Library Breezeway 10 a.m. Parade Begins/ Food Booths Open in Park Over 75 entries including several musical groups, led by a bagpiper and several members of Orinda's first City Council, will leave the BART station parking lot and travel to the Orinda Crossroads area (by the Orinda Theatre) before crossing under Highway 24 to the Village area. The parade will travel down Orinda Way to the viewing stand in front of the Community Center before ending at the Community Center Park.

## 11:30 – 1:00 p.m. Park Activities -

Park activities at the conclusion of the parade

Food and Beverage

Orinda Chamber of Commerce's Hot Dog Booth • Orinda Rotary's Beer Booth • Tabor Sister City's Czech Beer Booth • Republic of Cake • Petra Café • Plus many more local restaurants! Entertainment

Bob Claire Orchestra

Park Activities:

Classic Car Show courtesy of Orinda Motors

Children's Activities

Petting Zoo, Football Toss with the Miramonte High School Varsity Football Team, Orinda Motors Hot Wheels Race, Jeremy the Juggler, Twisty Man, Face Painters Orinda Junior Women's, Cinderella, Laser Tag

## Moraga July 4th schedule

8:00 a.m. Kiddie Runs Moraga Shopping Center 8:30 a.m. 5 mile run & 2 mile run/walk

Moraga Shopping Center 8:00 a.m. MYIC Pancake Breakfast

Commons Park 9:00 a.m. Dog Parade

Band Shell 9:00 a.m. - 1:00 p.m. Car Show

Basketball Court, Commons Park **9:00 a.m.** - 1:30 p.m. Community Booths

Commons Park 10:30 a.m. Bike Parade

Flag Pole, Commons Park

10:00 a.m. - 6:00 p.m. Jumpies

Commons Park

11:00 a.m. - 12:00 p.m.

Old Fashioned Kids Games Band Shell

12:30 p.m. Family Magic Show

Band Shell 7:00 p.m. David Martin's House Party

#### Band Shell 9:20 p.m. (ish) FIREWORKS

The Town of Moraga needs to raise \$23,000 for the annual fireworks show. Buy a Rocket and support the show. Send your check to the Town of Moraga, 2100 Donald Drive, Moraga.



Not to be missed

#### **Orinda Summer Music Series**

The Orinda Library is hosting a special international Summer Music Series on selected Wednesdays throughout the summer:

- June 22nd at 6:30pm Celtic Sands, music from the British Isles
- July 27th at 6:45pm Al'Azifoon, music of the Arab World
- Aug 31st at 6:30pm Yolo Mambo, Acoustic Latin Jazz

## **Summer Concerts in the Park**

The Tuesday night Summer Concert series, sponsored by the Orinda Community Center Auxiliary, gets underway on June 21st and runs through July. Pack a picnic dinner and join your friends and neighbors at the Community Park from 6:30 p.m. to 8:30 p.m. for some food, fun, and music.

Big Band, Big Band Jazz June 28 Cal Alumni July 5 Pacific Coast Classic Rock & Pop July 12 Stone Soup Classic Rock

July 19 Orinda Idol Variety July 26 Pladdohg Celtic Rock

## Arts in Bloom in the Community Park

Tuesday, July 19th starting at 5:00 p.m.

The Orinda Arts Council is hosting an evening of visual and performing arts for the community. Starting at 5 p.m., there will be art exhibits and sales, a silent auction, arts & crafts activities for kids, and a hot dog and ice cream concession stand provided by Loard's. At 6:30 p.m., the Concert-in-the-Park featured performers will be the 2011 Orinda Idol Finalists

Summer Music Series at Orinda Theatre Square on the first Thursday of each month 5:30-8:30pm. July 7th and Aug. 4th: Bob Athayde and Friends' Quartet. Sept. 1st: 747 Express featuring Ed McClary & Michael Hatfield. Free, see details at: www.orindatheatresquare.com/events/summer-music-series.

## Opera in the Park

Sunday, July 31st at 4:00 p.m. Orinda Community Park The Rotary Club of Orinda hosts a concert of opera performed the Bay Area's best. Children are welcome. Food, soft drinks, wine, and beer will be available.

Not to be missed

Summer at the L June 29: Picasso: National Picasso. Lecture with slide cent on the extra Young museum of Spanish artist Pab

July 6: The Georg the Moraga Librar pm. Cole's excelle ticing instrumental a must-see for any is free but preregist limited. To prereg (925) 376-6852 or ister through the Ev information, conta

**Summer Concert** 

bgirshma@ccclib.

Moraga Commons Thursday, June 23 Thursday, June 30 Thursday, July 14

Big Thursday, July 21 Thursday, July 28

Thursday, August Thursday, Augus KFOX's 2011 "La Thursday, August

Not t

## Not to be missed

The Hearst Art Gallery at Saint Mary's College in Moraga will reopen on Sunday, July 10, with Pam Glover: A Life in Art. Glover, an influential landscape painter, was born in China in 1924, moved to the Bay Area after World War II and died last year after a remarkable career in the arts. The Native American in the Western Landscape will reopen in the Keith Room on the same day. The Hearst Art Gallery is open from Wednesdays through Sundays, 11am-4:30pm. Admission is \$4 for adults; free for groups, K-12th graders, Friends of the Hearst Art Gallery members and all military personnel and their families this summer. For more information, please call (925) 631-4379.

The Lafayette Gallery's newest exhibit, "Sun Kissed", runs to July 23rd. Bring some sunshine into your day—the gallery will be filled with the brilliant light, color and energy of the season of sunshine. As a part of summer celebration, this exhibit will also include two outdoor artist markets on June 19th and July 16th. Free to attend; www.lafayettegallery.net, (925) 284-2788.

Moraga Art Gallery member Donna Arganbright and Guest Artist Sharon Tama will be featured in its new show, Off the Wheel, Off the Canvas, through August 13. The public is invited to view Arganbright's original stoneware and Tama's acrylic paintings along with gallery members' work. The Moraga Art Gallery is located at 570 Center St in Moraga. For more information, go to www.moragaartgallery.com or (925)376-5407.

## **MUSIC**

The Lafayette United Methodist Church, located at 955 Moraga Rd. in Lafayette, is having Jazz in July on Sunday morning, June 26 at 10am. The service, in the fellowship hall, will feature the Joyful Noise Jazz Band and will be followed by a chicken picnic lunch. All are welcome. If there are questions, please contact the church by phone at (925)284-4765 or by email at lumc@pacbell.net.

## THEATER

Orinda Starlight Players present Agatha Christie's "The Mousetrap" Thursday June 23rd, 8 pm and Friday June 24 and Sat June 25, 8:30pm at the Outdoor Theater in Orinda Community Center Park, 26 Orinda Way. Regular admission: \$16, Seniors: \$8. Tickets are available at the Box Office, call (925) 528-9225 or email info@orsvp.org for reservations. Be aware that this is an outdoor theatre and dress appropriately/bring blankets. See www.orsvp.org for more information and to check future show dates.

Cal Shakes presents Titus Andronicus by William Shakespeare directed by Joel Sass through June 26. Titus is one of Shakespeare's oldest plays, but it is undeniably a play for our time: a sophisticated blend of heart-stopping drama and pitch black humor. For exact dates, times and to purchase tickets go to www.calshakes.org.

Berkeley Playhouse Presents Seussical, the Musical! on July 9 - August 14, Wed -Sat 7pm; Matinees: Sat 2pm, Sun 12pm and 5pm, at Berkeley Playhouse at the Julia Morgan Center for the Arts, 2640 College Avenue, Berkeley. The Cat in the Hat comes back hip as ever juggling beloved tales and characters into one fantastical, musical journey. Cost: \$33 Adult / \$30 Senior / \$22 Youth / \$15

Tot (5 and under). Pay-What-You-Can-Nights:

7/14, 7/27 & 8/4, 8/11. For more info see

http://www.berkeleyplayhouse.org or call (510) 845-8542 or email boxoffice@berkeleyplayhouse.org

## KIDS, PARENTS & TEENS

**Lawrence Hall of Science presents Dinosaurs** Unearthed on now - January 1, 2012, 10am-5pm daily at Lawrence Hall of Science, 1 Centennial Drive, Berkeley. Explore the world of dinosaurs as never before with Dinosaurs Unearthed, featuring amazingly real robotic dinosaurs, hands-on dig sites and more! Cost: LHS members, \$4; Nonmembers \$5 + general admission (\$6-\$12). For more info see http://lawrencehallofscience.org or (510)642-5132 lhsweb@berkeley.edu.

## **OTHER**

Learn how to belly-dance while raising money to help save our environment. Join dance instructor Surreya for a heart pumping Belly-Dance Party on Sunday, June 26, 5 -7pm. No prior experience needed. Lafayette Community Center, 500 St. Mary's Road, Tickets can be purchased at the door or in advance through www.generationgreen.com.



www.lamorindaweekly.com

## **Movie Night Gets Four** Stars

By Cathy Tyson

n a transformation similar to Clark Kent dashing into a phone booth to become Superman - produce vendors at Thursday's Farmers' Market packed up the last of their unsold goods and folded tents, while the big screen went up and families laden with blankets and lawn chairs set up camp to watch How to Train Your Dragon.

In the second of four free movie nights for the inaugural Summer Outdoor Movie Series, residents got a night out on the town sponsored by the City of Lafayette and the Chamber of Commerce. Because last year's trial run of Monster's Inc. was so popular, organizers are back with more family friendly films continuing on the third Thursday of July and August. See summer fun guide for more details.

A steady stream of residents filled the park as the sun set, the grassy area springing to life with kids cavorting and neighbors chatting. Relaxing jazz music filled the quickly cooling air and set a laid back vibe for the screening. Everyone enjoyed the tale of a hapless young Viking teenager named Hiccup from the mythical island of Berk, who aspires to hunt dragons, but becomes an unlikely friend to Toothless the dragon.

Nancy Rauch came to check it out, walking from her home a few blocks away, "Sounds like a good movie and an exciting way to start the summer." Kathryn Winogura loaded up her two kids, ages 10 and 15 and brought along some of their friends for the event, "I'm as into it as they are," she said.

Photo Doug Kohen

ibrary Masterpieces from the Museum

s led by experienced fine art doordinary exhibition at the de more than 100 masterpieces by lo Picasso. 2:00 p.m.

ge Cole Quintet will perform at y, Wednesday, July 6, from 7-9 nt guitar work and his band's enand vocal harmonies make them fan of vintage jazz. The concert ration is encouraged as seating is ister call the Moraga Library at go online at ccclib.org and regvents Calendar listings. For more

ct Beth Girshman at org or (925) 376-6852, ext 200.

GatorBeat, Cajun Pladdogh, Celtic (local) Band & swing Moonalice, Early SF rock Mixed Nuts,

4 Because, Beatles tribute t 11 HouseRockers, Winner st Band Standing" competition 18 littledog2, raga's rock band

Park, all shows start at 6:30 p.m. Lady K & the Kings of Swing, ndards & covers

#### **Summer Shows for Kids**

Every Friday starting June 24 - Awesome summer kids shows at the Lafayette Community Center, 500 St. Mary's Road, doors open at 10:45 a.m., show starts at 11:00 a.m. \$3 per person.

- June 24 Capt'n Jack Spare Ribs juggler July 1 - Kenn Adam's Adventure Theatre
  - July 8 East Bay Vivarium a traveling reptile program
- July 15 Karen Quest Cowgirl Tricks July 22 - Thomas John's Juggling Americana,
- July 29 Fur Scales and Tails
- August 5 Daniel DaVinci the Juggling Genius
- Aug 12 Cool Crazy Critters ventriloquist
  - Aug 19 Dan Chan Magic Man

## Market and a Movie

Movie Night after the Farmers' Market at Plaza Park. Bring a comfy blanket, plop down on the grass and watch a family-friendly movie with the kids. Free at Plaza Park at sundown – around 8:00 p.m. at the corner of Mt. Diablo Boulevard and Moraga Road. Volunteers wanted, call for more information (925) 299-3219.

- July 21 Raiders of the Lost Ark
- August 18 Finding Nemo

## Sustainable Lafayette Summer Film Series

June 28 and continuing every other Tuesday evening – the from 7:00 – 8:30 p.m. in the Community Hall of the Lafayette Library and Learning Center. The First film with be, "The Economics of Happiness" for a suggested \$5 donation. This film will also be shown on July 12 and July 26. To see a trailer, visit www.theeconomicsofhappiness.org or www.sustainablelafayette.org.

## Free Summer Concert

July 10 – Ramana Vieira – "The new voice of Portuguese world music." Vieira sings soulful Portuguese Fado. From 1:00 – 2:00 p.m. at the Community Hall of the Lafayette Library and Learning Center. No reservation necessary.

## Rock the Plaza

August 12, 19, and 29 – What would summer be without free Friday concerts downtown? Music starts at 6:00 p.m. at Plaza Park at the corner of Mt. Diablo and Moraga Road, sponsored by the Lafayette Chamber of Commerce and Red House Studios. For more information, visit www.lafayettechamber.org

## Petanque

Every Sunday at 3:00 and Friday evening at 6:30 at the Petanque Field, 480 St. Mary's Road. For free lessons, call William Hansen (925) 283-6452 or Carolina Jones (925) 367-6422 or Etienne Rijkheer at (925) 891-4756.

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Orinda Community Church is holding a Beaded Jewelery Sale to benefit Ugandan women on Sunday June 26 from 12-2pm at the Orinda Community Church Fellowship Hall, 10 Irwin Way, Orinda. For more information please contact Rev. Lee Cruise, office@orindachurch.org. or (925)-254 4906).

Moraga's First Annual Red, white and Blues Festival on July 1st from 5 to 8pm will feature music, local wines and appetizers. Held at the

beautiful Hacienda de las Flores, at 2100 Donald Drive in Moraga, the entrance fee includes a signature wine glass, wine tasting coupons, and description & score cards for tasting at 6 featured wineries. For more information and to purchase tickets visit www.generationgreen.com. Tickets are \$25 in advance and \$35 at the door. Questions? Contact Lynda Deschambault, (925) 708-9686 or

Sons in Retirement Lamorinda Branch 171 meets the first Wednesday monthly at Holy Trin-

info@generationgreen.com.

ity Culture Center 1700 School St. Moraga. Social hour 11am, lunch 12pm. The after lunch speakers will be Ed Rusnak and Jon Elfin, Financial Planners with Sagemark Consulting. Ed has an MBA and is a Certified Retirement Planning Consultant. Jon also teaches a course at St. Marys College called "Financial Planning for Successful Retirement". Their topic will be "Ways to Protect your Assets. For Sirs membership information, call Larry at (925) 631-9528.

Sign up now for the new Lamorinda and Friends Senior Bowling League. The 2011 season begins on Tuesday September 13th at 1pm at Diablo Lanes in Concord, 1500 Monument Blvd. The cost per week is \$11. Individuals are welcome or join as a team with a couple of friends. The league is for bowlers 55 and older. No average score or bowling experience is needed. It is designed to be low key yet fun for individuals and friends who enjoy a weekly activity, a little socializing and want some exercise. To sign up call Eric Hattrup at (925) 671-0913 or email Erich at erich@diablolanes.com.

> **Please submit Events:** calendar@lamorindaweekly.com



LAMORINDA WEEKLY

# MORAGA

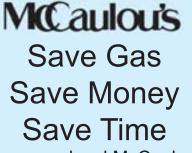






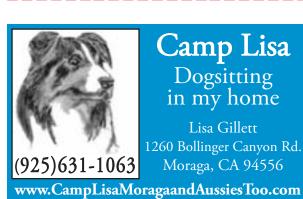


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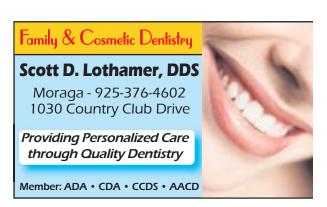
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# Lafayette Locals Contribute to New Book

By Cathy Dausman



Cailin Mirabella, 10, drew the cover art for Our Place: Lafayette during a Lafayette partners in Education Art Class. The publishers received 250-300 cover art submissions from Lafayette third graders. Photos Cathy Dausman

winning artwork. Twice. A poster she designed while living in Arkansas in 2009 took first place in the second grade category in a statewide Smokey Bear contest. Now this self-possessed Lafayette Elementary School student has her artwork featured on the cover history references were authentic, the of a soon-to-be released children's history book called Our Place: Lafayette. The 40-page story, co-authored by Carla Sakrison and Gaylen Nash, is narrated by a Golden Retriever named Jack. Cailin's painting is a rendition of Lafayette Reservoir's iconic tower done in blues and greens.

Cailin nearly forgot about her

ailin Mirabella is just 10-years kids have an opportunity to learn old, but she's already designed about the place where they live and study and play soccer and go trick-ortreating and ride their bikes – well, that's just magical." Weaver found the Our Place book "so colorful, and so Lafayette."

> To insure the book's Lafayette authors turned to Mary McCosker. McCosker is president of Lafayette Historical Society and a published author herself. Lafayette third grade classrooms use her book, A Town Called Lafayette, which she co-authored with Emily Haas. A fifty year Lafayette native, McCosker downplays her role as historical fact-



Carla Cook Sakrison (left) and Gaylen Nash co-authored a children's pictoral history book about Lafayette.

checker. "Carla [author Carla Sakrison] contacted me sometime last year," she says simply. But McCosker is excited about the new book because she knows it will generate more interest in Lafayette.

The Our Place cover contest didn't just happen on its own. Help came in the form of supplemental art classes taught by staff at the nonprofit Lafayette Partners in Education. Kathy Sobel taught Cailin's class. "In late February or early March of 2010, we approached our 3rd grade art instructors with the idea of teaching a project related to Lafayette," Sobel says. "Third graders traditionally study Lafayette history, so that grade was the obvious choice for this project." LPIE art classes are taught by professional artists who teach in each classroom (1st thru 5th grade) 15 hours a year.

... continued on page C2

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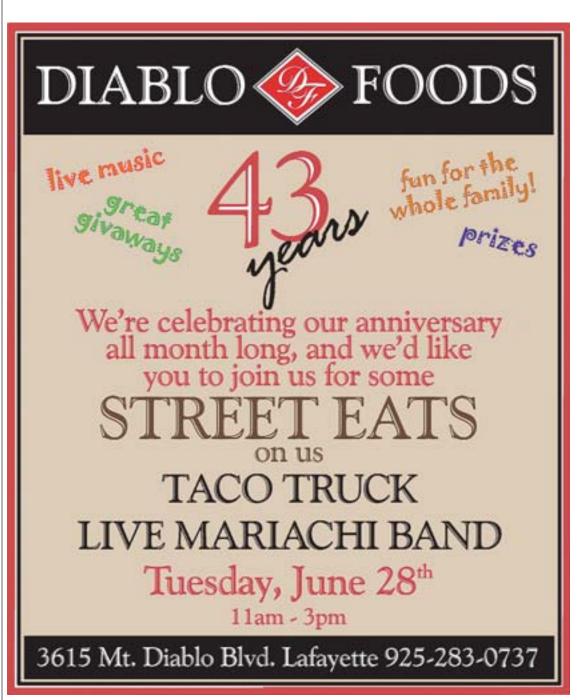
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own entry (the work was submitted last spring) until her teacher received an early copy of the book. She recalls thinking: "Wait, is that my painting? I think it is!" The young cover artist cautions that her painting is "not realistic" but feels "little kids will like [the story]," especially because it is told

from a dog's point of view. While Cailin's cover art decorates the outside, Susan Weaver's words greet the reader inside. Weaver is Library Manager at Lafayette Library and Learning Center, but she's never too busy to promote reading. Weaver felt honored when the authors approached her about writing their forward. Her words reflect a passion for learning: "As a librarian, one of the adventures I savor most is helping young people discover how much fun it is to learn new things. And when



Mary McCoster (fact-checker for Our Place: Lafayette)



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# **Moraga Orinda**

#### **Fire District Board of Directors Meetings**

Meetings of the MOFD Board of Directors are open to the public and take place on the third Wednesday of each month in the Board Room, Administration Building, 1280 Moraga Way, Moraga.

#### **Next meeting(s):**

July 20th, 7:00pm Regular Board of Directors Meeting, Station 41 (1280 Moraga Way, Moraga), (go to www.mofd.org as the meeting date approaches for more information)

## MOFD Approves 2011/12 General Fund and Special **Revenue Budgets**

Leaves Fire Flow tax unchanged By Lucy Amaral

800-783-0344



At a recent Moraga Orinda Fire District (MOFD) Board meeting, Fire Chief Randy Bradley introduced newly-promoted Captain Mike Rattary. Rattary began working with MOFD as a reserve firefighter in 2003. Hired as a full time firefighter in 2005, Rattary was promoted to Engineer in 2008 before being named Captain in April 2011. Rattary is replacing retired Captain Ken Consiglio and will work out of Station 43 in Orinda.

Moraga Orinda Fire District (MOFD) Fire Chief Randy Bradley announced the promotion of Jon Ford from Firefighter-Paramedic to Engineer-Paramedic II at a recent MOFD Board Meeting. Ford joined MOFD in 2004, is certified in swift water and tunnel rescue and is a Rescue Specialist for the California Task Force 4, an urban search and rescue unit. Ford replaces Mike Rattary, who was promoted to Captain, and will work out of Station 42 in Moraga.

Photos Lucy Amaral

### **MOFD Receives Donation for CPR**



Moraga Orinda Fire District (MOFD) Fire Chief Randy Bradley accepted a \$5,000 check from MOFD Board Member Fred Weil on behalf of the Upjohn Fund of San Francisco, a private philanthropic foundation. The Fund issued a challenge grant to MOFD, matching up to \$5,000, tapped to go toward the support of the District's "CPR Anytime" training program and the purchase of CPR Anytime training kits.

The kits, to be made available to groups of any size, contain a selftaught awareness level course to help recognize sudden cardiac arrest, prompt notification through the 911 system and perform quality chest compressions. Bradley added that in most cases MOFD would send a trained instructor along to help with the learning process.

Matching funds were met with a \$3,000 donation from the Moraga Lions Club as well as individual donations.

Weil, a Director of the Upjohn Fund, said that the foundation typically offers this size of donations, granting them to charities or public agencies where it would make a difference - usually in terms of a particu lar program such as CPR Anytime. L.Amaral

t its June 15 meeting, the Board of Directors for the Moraga Orinda Fire District (MOFD) approved the General Fund Budget and the Special Revenue Fund Budget for the 2011/12 fiscal year.

The General Fund budget, submitted by MOFD Fire Chief Randy Bradley, showed revenue projections of \$18,386,307 and total expenditures of \$18,381,754. In his staff report, Bradley said that balancing this year's budget came from a disciplined approach to financial management, analyzing last fiscal year's actuals, and reviewing staffing levels and overtime expenditures without compromising service.

Regarding 2011/12 budget expenditures, Bradley included the restoration of one Battalion Chief position, which had been vacant and frozen in last year's budget. Also affecting the new budget is a 40 percent increase in employer's costs to the retirement system and the addition of a part-time Emergency Preparedness Coordinator. Bradley said the Emerpossible partnering with the city of sion of a sprinkler system.

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The Special Revenue Fund Budget for 2011/12 showed an estimated total revenue of \$1,618,444. This year's fund is derived from MOFD's Fire Flow tax, federal grants, apparatus lease proceeds, and a onetime insurance payment. This budget is slated for capital expenditures such as replacing fire-fighting equipment and building upgrades. The fund, scheduled to have accumulated just over \$3 million at the end of the 2010/11 fiscal budget, will be combined with this year's revenue to remodel and retrofit Station 41 in Moraga, begin the rebuilding process of Station 43 in Orinda, replace a Type 1 pumper and purchase radio/phones as part of its new communication system.

In conjunction with the budget approval, the Board of Directors also moved to keep the 2011/12 Fire-Flow tax at the same rate of \$.06 for Moraga and \$.06 for Orinda. The Fire Flow tax is collected for capital expenditures and assessed to District gency Preparedness Coordinator's parcels based on factors such as a cost could be offset by grants and the home's square footage and the inclu-

## **Attention** Hams!

**Submitted by Cindy** Petrini

Moraga Orinda Fire District (MOFD) and the Orinda Radio Interest Group (K6ORI) are hosting Amateur Radio Field Day at the Moraga Commons on Saturday, June 25th from 9:00 a.m. -5:00 p.m. This is a national event sponsored by the Amateur Radio Relay League (ARRL), the national organization of amateur radio operators. These local "hams" will try to contact others all over the United States and beyond. The Lamorinda Field Day event will demonstrate the skills of the MOFD **Communications Support** Team, which will set up the **Communications Support** Vehicle; amateurs and residents of Moraga, Orinda, and Lafayette are welcome.



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(soda, water, juice)

Prescription bottles (empty) Envelopes (plastic windows OK) Shredded paper (in a paper bag) Household cleaning containers (empty) Shampoo & conditioner bottles Glass (Rinsed; all colors; lids, caps OK) Food cans (clean) Detergent boxes

Egg cartons (paper only; no Stvrofoam)

Catalogs Bottles Water jugs Metal Cookie sheets Pet food bags Bleach bottles

Lids and caps

Food containers (no Styrofoam) Tub containers (yogurt, cottage cheese, margarine, #1-#7) Plastic (Containers only; empty; rinsed; with chasing arrows #'s1-5 & 7; lids, caps OK)

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# Lafayette Locals Contribute to New Book

## ... continued from page C1

The collaboration between authors was an exercise in cross-Sakrison, Connecticut. points of interest Sakrison says the project gave her a chance to "fall in love with Lafayette retail) arrives in local book stores again."

Hometown publishers say is "inlocal history and convey an ap- Lafayette Historical Society.

preciation of the natural environment." Lafayette is the first city country connections. Sakrison outside Connecticut to be fealives in Menlo Park, and Nash, in tured. Lamorinda residents will an recognize illustrations of local Acalanes High School graduate, shops, landmarks and recreational was a classmate of co-author sites, all seen through the eyes of Gaylen Nash's husband, and a dog named Jack. The first three Nash knew the series publishers. books in the series received a Sakrison and Nash communi- 2010 Mom's Choice Award (silcated via phone calls and e-mail. ver recipient). Inside and out, Our While the co-authors enjoyed ex- Place: Lafayette highlights both ploring and photographing local the city and its locals. It takes a village to write a book.

Our Place: Lafayette (\$18.75 in July; promoters are planning an Our Place: Lafayette is the event to take place at Storyteller seventh in a series of books in Lafayette. A portion of the proceeds (\$1.75 per book) will be tended to teach children about donated to LPIE and the





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## Inclusion is Key to the Development of **Challenged Teen**

By Sophie Braccini



Second from left: Sofia Martinez

eeing Sofia Martinez's joy on arts." stage, during the California Academy of Performing Arts (CAPA) summer performance in Moraga on June 14 and 17, was heart warming for her mother, her family and friends— and also for the dancing community, which has embraced the teenager with a challenge; Sofia was born 16 years ago with Down syndrome.

Sofia's mother, Anandi Martinez, decided from the beginning to involve her daughter as much as possible into the regular lifestyle of kids her age, going to local public schools, participating in extra-curricular activities, and also nurturing her with the art classes Sofia loves. She sought alternative therapies aimed at maximizing her daughter's achievements. Today the teenager is vibrant and full of dreams.

Robinson-Borchers, "people like her are a blessing, they are pure love." It's been years since Sofia has been practicing dance at CAPA. The school found a place for the young girl with special needs to express herself and blossom. "She is very well fitted for the hip-hop class and the tap teacher really knows how to teach her," says Robinson-Borchers. The director adds that the community has been very embracing, "we teach inclusion across the board," she says, "this is teaching life skills through the searched alternative care options for

When meeting Sophia for the first time, it's quickly apparent that she is full of energy, of stories, of dreams and hopes. "I like hip-hop and tap," she says, "I'd love to be in a TV show." Sofia will attend the short film camp this summer at Saint Mary's College run by Joey Travolta.

"Sofia is one of the highest performing Down syndrome people I have ever met," says Ramana Vieira, a long-time friend of the Martinez's who has worked with the National Institute of Arts and Disabilities (NIAD) in Richmond. She attributes this to the way Sofia was raised. "As soon as Sofia was born and her mother learned of her disability, she looked for ways to help her grow," remembers Vieira.

special setting, I wanted her to model continues today in light of the pro-Sofia has made a difference in after mainstream kids," says Marour lives," says CAPA director Joan tinez. Sofia attended the Model to see more inclusion in the high School preschool in Berkeley; she was home schooled with her brother during elementary school and started at Joaquin Moraga Intermediate School (JM) when the time came for middle school. "JM tried hard to accommodate her, but they did not have the resources," remembers Martinez, who transferred her daughter to Walnut Creek Intermediate where she thrived. She is now at Miramonte High School.

Besides schooling, Martinez re-

her daughter. "Down syndrome kids over-produce hydrogen peroxide," says Martinez, "and they absorb vitamins less easily than other children. So I researched a diet and supplements that would help." Sofia is on an almost all-vegetarian diet, supplemented with Omega-3 and Piracetam. Martinez also met with Mitchell Corwin, a Berkeley chiropractor who worked with Sofia on her neural organization. "The work done with him created more space in her mouth for her teeth and tongue; it helped opening her eyes as well." Some people with Down syndrome suffer from physical limitations; the sight of Sofia dancing precisely to the beat, or doing cartwheel after cartwheel on the grass,

Photo Mark Rusk

is impressive. Martinez has been an advocate "I never wanted Sofia to be in a for her daughter for 16 years, and she gresses Sophia has made. She wants school, where she feels her daughter is not seen as an asset to the school. "Parents come to me all the time, telling me that my daughter is so sweet-this is a loving community," says Martinez, concluding, "People with disabilities are part of our humanity; they are here to teach us compassion and acceptance."

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Photo Ohlen Alexander

103-year old Bill Tapia, the oldest working professional musician in the United States, played the Ukulele and sang at the musical tribute to Joe Campana on Saturday, June 11 at Petar's in Lafayette. Early in his career, Bill was a guitar teacher at Campana Music.



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## City and Chamber Celebrate 'Try Lafayette First'

**By Sophie Braccini** 



Ben Mahoney (left) of Mountain Mike's Pizza hosted the party with Jay Lifson, Carol Federighi, Don Tatzin, Brandt Andersson and Dave Simpson

Photo Sophie Braccini

ales tax revenue is up in reached out to residents was the Lafayette; for the last fiscal year, launch of the pledge campaign. "More than 1500 residents pledged revenues increased 4.7% over the same period last year— a fact that that they would 'Try Lafayette First' could create a bit of revenue-envy in when making a decision to shop for something, seek out a service or go to other cities. Some of this success can a restaurant," said Lifson, "I think be credited to the awareness-raising efforts of the 'Try Lafayette First' that most people now get it, and uncampaign initiated three years ago by derstand that shopping local brings the Chamber of Commerce to educate sales tax revenue that pays for road residents about the economic benefits repairs, police and city services."

achieve this year with 'Try Lafayette First'," says Simpson, "many ideas were floated around, but most frequently merchants asked that we improve our synergy with the city and local non-profits." Simpson believes that Lafayette businesses need to feel supported and acknowledged by the City. The first action in that direction was the 'walk-about-businesses' that took City Council members from business to business, with a Try Lafayette First ambassador, to meet local business people. "I personally took Mayor Carl Anduri to meet those business owners whom I knew had an old grudge with the City," remembers Simpson, "the dialogue was very genuine and led to action."

"Where would you prefer to live," asked Simpson during his short speech at the party, "in Carmel or Emeryville?" suggesting that the shopping experience makes a town and that it is the individual, locally-owned businesses that create that unique charm; they are the ones that give back to local schools and charities.

Simpson will be stepping down as committee chair to attend to his Big Blue Bookmobile; Lifson is currently



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## business briefs

Simpson, chair of the Try Lafayette

First Committee, agree that one of the most effective ways the Chamber

## **Diablo Foods Fights Back**

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Customers are fed and entertained courtesy of Diablo Foods

Photo Sophie Braccini

On Friday June 17, Diablo Foods of Lafayette started a series of "Street-Eats-On-Us" events celebrating the stores 43rd anniversary. The party will be repeated on June 21st and 28th, from 11am-3pm, when the family-owned business will offer free entertainment, drinks and food. "This is our way to say thank you to the community for their support," says Connie Collier, daughter of Diablo Foods founder Ed Stokes, "since the opening of Whole Foods on the other side of town our business has declined a bit but has stayed sound. Customers come to me all the time and tell me 'we want you to stay open, we will continue to support you." At last Friday's event a band was playing Sinatra songs, while smoothies and sandwiches were graciously offered to customers. Some seemed bewildered; others stopped, had something to eat or drink and engaged in conversation with Stokes, Chamber of Commerce Executive Director Jay Lifson, or Chamber Board member Larry Duson, who all came by to support the local independent grocery.

One day earlier, Diablo Foods opened its doors to Shakira Niazi, founder of Salvare La Vita Water LLC, a non-profit that aims at building wells in Afghanistan by selling local spring water, in what she claims to be 100% biodegradable bottles, and directing

the profit to well-building. Niazi, a San Ramon resident, says New from the three Chambers of Commerce she has been a supporter of Budd Mackenzie's Trust in Education for over four years and that in many ways her social business was inspired by him. "I've come up with a simple and yet measurable plan," says Niazi, "no donations are required; for every 31 bottles purchased, one person will have access to clean drinking water for 20 years, by building water wells for those in need." The first project was located in Sheberghan with 10 water wells, which should supply 7,500 villagers. Diablo Foods will carry VITA water in its bottled water section. For more information go to: slvwater.com.

## **Tarbinian Returns to Lafayette**

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Sedrak Tarbinian in his new Lafayette store Photo Sophie Braccini

conditioning expert, a trade he started in Lafayette 30 years ago. He moved to Los Angeles to be with his family, but returned to Contra Costa, until he could find a place in his beloved Lafayette. "People in Lafayette have class," he says, "they are well traveled and it is a pleasure to do business with them." He welcomes back his old customers and looks forward to meeting new ones.

- Green Committee Open Meeting, June 28, noon-1pm in the
- Lafayette Chamber Conference Room. Shop Lafayette Committee Meeting, July 12, noon-1pm in
- the Lafayette Chamber Conference Room. Joint "Cinco" Mixer with Moraga, Orinda, Walnut Creek & Hispanic Chambers at Veterans Memorial Building, 3780 Mt. Diablo Blvd. in Lafayette on July 13, 5:30-7pm.

## Moraga

- June 25 at 6pm: First Anniversary Party for the New Rheem Theater. Tickets for the evening performance are \$25 each and tax deductible, and include light refreshments -food from Pennini's Restaurant, and wine. (See article page A4). The event is a fundraiser for improving the elevator and the sound system.
- 5A Rent A Space and Neighborhood Computers are co-sponsoring a Chamber Mixer on Tuesday, June 28, 6:00-8pm, 455 Moraga Road Ste. F. Music, hors d'oeuvres, beverages offered by the co-sponsors.

## **Orinda**

- Business Neighborhood Watch Meeting, Tuesday, June 28, 8am at Table 24 Restaurant, 2 Theatre Square. This meeting will continue the discussion about the creation of a business neighborhood watch program. The Orinda Police Department will work collaboratively with the business community to create a downtown program to promote
- awareness and discourage crime targeted at Orinda businesses. The Orinda Chamber invites business owners to enter their stores in a new local business decorating contest for the 4th of July. Judging by the Mayor will take place on Friday, July 1st and awards will be announced on July 4th in the park. "Let's make the town look festive, even if it is just an American flag in front of your business or on your service
- truck," says Chamber President Sue Breedlove. Save the date: Celebrate Everyday Heroes Orinda Community Association Golf Tournament on Monday, July 25, 10:30am-6pm at the Orinda Country Club, 315 Camino Sobrante.

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# Schnauzer-Palooza is All in the Family



from as far away as Santa Rosa and Oakley, members of the Standard Schnauzer Club of Northern California organized a walk around the Lafayette Reservoir last Friday afternoon. Most of the canines in this group are champions, winning prestigious awards from dog shows across the country, descendents

from great Grandma Sophie of Blackhawk Standard most mornings. Schnauzers. Despite their rock star status, there wasn't a C. Tyson

Schnauzer of the year – two years running, Beau has won over 90 "Best of Breed" awards, Sophie has retired from the show ring and spends her days chasing frisbees. One owner describes the breed as, "smart, sweet and spirited." A smaller group of local schnau-

zers and their people can be found walking the Res

## The Science and Art of Wine

By Diana LaScala-Gruenewald

any Lamorinda locals are savvy about tasting wine, but are unaware of the way art and science intertwine to create wine's vast panorama of flavors and textures.

Last Tuesday, an animated crowd of Lamorinda adults convened in the Community Hall of the Lafayette Library and Learning Center for the 6th session of the Science Café series. Previous sessions have included talks by the first woman to attempt to summit Mount Everest and by the founder of Google Lit. Tonight's topic was "The Science and Art of Wine".

Four presenters were invited to be on the panel. The first was Dr. Keith Garrison, who earned his PhD studying the genetics of wine grapes at UC Davis. Garrison presented the mystery that was the heart of his doctoral research: Despite the vastly differing wine every night. Men should drink flavors of pinot noir, pinot gris and two 5oz glasses. And no, Uhl repinot blanc, the grapes' DNA appears minded the audience, you can't save identical when examined with standard genetic analysis techniques. Garrison and his colleagues investigated moving pieces of DNA, called Manager for the website wine.com, transposons, to begin to elucidate the hidden genetic differences between these grapes.

Shea Comfort, a local independent winemaking consultant, spoke next. Comfort believes that science and art are inseparable when creating strains of yeast and bacteria have different fermentation processes, and thus produce unique flavors. These strains can be used to engineer wine with almost any flavor or texture. Additionally, Comfort suggested that winemakers could use their knowledge of yeast biochemistry to rescue grapes that have been depleted by bad

Dr. Valerie Uhl, a judge of many wine competitions and the Medical Director of Radiation and Oncology Services at Summit Medical Center, gave a powerful presentation on the health benefits of wine. Wine can reduce the risk of heart disease and increase longevity. However, Uhl emphasized that only small quantities of the beverage are beneficial. Women should drink one 5oz glass of all your glasses for the weekend!

Monica Chappell, the Wine Merchant and Wine Club Marketing was last to speak. She led the audience through the process of proper wine tasting. According to Chappell, the two most important things to do while tasting wine are slowing down and paying attention. She explained that swirling a wine glass simply adds wine. He explained that different oxygen, making the wine easier to

smell. Chappell also touched on how to properly pair a wine with food. The food and the wine should share either a texture or a taste.

Upcoming events at the Lafayette Library and Learning Center include "Why Blog - How to Leverage Social Media to Find more Readers" and "Writers' Series: A Conversation with Senior Film Writer Ruthe Stein."

## **Wines Tasted:**

- 1. Albert Bichot 2009 Bourgogne, Vieilles Vignes, Burgandy,
- 2. Wente Vineyards Riva Ranch 2009 Chardonnay, Monterey, California
- 3. Hill Family Estate, Barrel Blend 2008 Red Wine, Napa Valley, California
- 4. Chateau La Commanderie de Queyret 2009 Bordeaux Superieur, Bordeaux, France \*All are currently available at Wine Thieves in Lafayette

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is an independent publication, produced by and for the residents of Lafayette, Moraga and Orinda, CA

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Photos: Tod Fierner, Doug Kohen, Jordan Fong, Ohlen Alexander

**Circulation:** 25,200 printed copies; delivered to homes & businesses in Lamorinda. Layout/Graphics: Andy Scheck, Jonas Scheck,

Amanda Griggs. Printed in CA.

Lamorinda Weekly, P.O. Box 6133, Moraga, CA 94570-6133 Phone: 925-377-0977; Fax: 1-800-690-8136; email: info@lamorindaweekly.com

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By Cathy Dausman

High above the Crowd

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Steve Meagher and his bike

Photo Cathy Dausman

teve Meagher was recently seen in Lamorinda with his latest love. Steve is an athlete, with serious street cred to his name (triathlons, marathons, Ironman competitions, multiple Alcatraz swims, etc.), and his love is tall and thin, but with curves in all the right places. Steve's wife April doesn't even mind that they spend so much time together. In fact, she encourages him. "He keeps me laughing," she says. Meagher's love is a Penny Farthing bike.

A Penny Farthing is an old-fashioned bicycle with a large front wheel and a tiny back wheel. The disparate wheel sizes reminded people of the British penny and farthing coins. In U.S. terms, Meagher jokes, it might be labeled a "60 cent bike," with a fifty cent piece and dime replacing penny and farthing.

Meagher bought his bike in February to train for a personal birthday

challenge: riding from Lake Tahoe to the Bay Area. In addition to the Penny Farthing, his garage houses a road bike, mountain bike and triathlon bike. He keeps a unicycle in his car trunkthe same one he rode up Mt. Diablo for his 47th birthday last year (see: http://tiny.cc/fqfc5). But a bike this unique required a name, so Meagher recalled a character from his favorite childhood book, Jan Wahl's The Furious Flycycle. And thus was born the Emma Dodd.

Meagher's 45 pound Standard high wheel bike (\$949 plus tax) is a "fixie." Says Meagher: "it has no brakes, no gears and no air." Its tires are solid rubber. A metal bracket above the small rear wheel helps the rider mount and dismount. To stop, the rider drags a shoe across the back

The Penny Farthing was hand built in Alameda at Rideable Bicycle Replicas (www.hiwheel.com). Owner Greg Barron said RBR is "the only commercial manufacturer of Hiwheel bikes in the world." Each takes four to ten weeks to build. Barron ships to customers in Norway, Australia, Brazil, and the United Arab Emirates. Disney parks own Penny Farthings, as do casinos, hotels, clothing stores and history buffs.

The Emma Dodd is unique in Lamorinda. It's hard to miss it as Meagher cycles a stately 12 mph perched four feet above the ground wearing a pith helmet. One spandex clad biker slowed enough to shout "awesome!" as he passed by. As for seeing others on different human powered transportation forms (for example, Greg Thomas on his Velomobile). Meagher figures both think the same thing: "what is that [other guy] riding?!"

Meagher has shared his biking enthusiasm by participating in Napa's Cycle for Sight and Diabetes Tour de Cure charity rides. He also visited his daughter's 2nd grade class. Teacher Jenny Dodd (no relation, but flattered nonetheless) at Orinda's Del Ray Elementary reports tying the bike into their math curriculum: "We looked for all of the 3-D shapes that we could see [on the bike]. Next we measured the wheel diameter. We also measured the diameter of a tricycle wheel and compared the two."

The bike looked magical, according to Dodd's students who each got a chance to ride it with Meagher steering.

Meagher turns 48 this August, so it's only natural to look ahead. How about a landmark birthday challenge. say, at age 50 or 60? Meagher says he'd like to swim the English Channel in a relay. Or maybe complete a 100 mile run in the western United States. Or build a DH-4 airplane replica and duplicate Major Crissy's (of San Francisco's Crissy Field) flight plan. Look out for Meagher; he's going places.

Lynn's Top Five:

## Planning a Very Memorable, Yet Affordable, Summer Vacation!

By Lynn Ballou, CERTIFIED FINANCIAL PLANNER<sup>TM</sup>

to heat up, many of us are starting to dream about going away on vacosts reasonable with a little creativity may be no getting around the higher costs of travel - whether by car, train, or plane – you will probably need to

s the weather FINALLY begins focus on all the other expense items of adventure! cation. Unfortunately, soaring fuel and few tips so that you summer revelers WHERE NEW: Similar to the beneairfare costs have a lot of Americans can still have a relaxing vacation away fits of advance planning, going back to wondering if they can afford to travel from home by using creative financial a place you have visited before prothis summer. You can keep vacation planning to save money and have a vides important pre-travel information

> lives, but you can really keep costs down if you take the time to plan your you will do, what you will buy – and approximately what each activity will is a powerful budgeting tool, whereas leaving everything to chance, proximity, and hunger pangs can get expenheighten and extend the fun of the ac-

2) GET EVERYONE IN ON THE you could always do later. ACT! If you are taking a family vacation, give everyone – even schoolaged kids – budget responsibility for one aspect of the trip. Have that tenyear old manage the snack or bottled water expenses; a teen can be responsible for lunches or sightseeing expenses. You can even make it a contest: best budget manager each day gets a small "splurge allowance" (which, of course, you have already planned for!).

3) CONSIDER A HOME SWAP OR HOSPITALITY EXCHANGE: In the first case, you actually trade homes for a specified time with a person or family living in the area you wish to visit. In the second case, you host travelers in your home, and then are hosted by them in return. These arrangements are generally far less costly than hotels or vacation rentals. The internet has greatly facilitated and broadened the market for home exchanges, particularly in the case of foreign travel. Just exercise caution and do your homework before entering into any agreements. For inspiration and some helpful details, go to my Blog at www.ballouplum.com, June 2010, to read all about how our clients, the Hambergs, who make home swapping not just fun, but an amazing life

your vacation for opportunities to truly 4) RETURN TO A FAVORITE keep costs in check. Let's explore a PLACE RATHER THAN SOMEyou can use to keep your expenses in and a lot of planning. Given that there 1) MAKEAPLAN: So, maybe not check. You will already have a good the favorite approach for those of us idea of the places to eat, to stay, to visit who enjoy some spontaneity in our and to shop, and can make cost-effective choices accordingly.

> 5) TRY A "STAY" CATION!: As every move before you start. Map out CFP Board Consumer Advocate how you will spend each day of your Eleanor Blayney, CFP® says, "Even vacation - where you will eat, what if you follow cost-saving advice, you still may not be able to balance your vacations plans with your budget." cost. Knowing your costs beforehand She suggests an alternative which I can personally endorse as being a whole lot of fun. Remember that getting away can be more a state of mind sive. What's more, planning can than a matter of geography! Become a bona fide visitor in our own amazing tual excursion, as any ten-year old get- Bay Area. You can even stay at a local ting ready for a trip to Disneyland can hotel, and plan your days as a tourist, seeing and doing things you assumed

Wishing you all an amazing summer, with a lifetime of family memories made all the more pleasant because they didn't break the family piggy bank! Bon Voyage!



Lynn Ballou is a CERTIFIED FINANCIAL PLANNER (CFP®) and co-owner of Ballou Plum Wealth Advisors, LLC, a Registered Investment Advisory (RIA) firm in Lafayette. Lynn is also a Registered Principal and Branch Manager with LPL Financial (LPL). As such, she is required by securities regulations to add the following information to this column: The opinions voiced in this material are for general information only and not intended to provide specific advice or recommendation for any individual. Financial Planning offered through Ballou Plum Wealth Advisors, A Registered Investment Advisor. Securities offered through LPL Financial, member FINRA/SIPC.

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# LAND RINDA SPORTS

# Julie Foudy Hosts Soccer Camp at SMC

www.lamorindaweekly.com

By Rebecca Eckland



Julie Foudy's Sports Leadership Academy teaches soccer, fun and leadership skills

Photo provided

ulie Foudy, two-time World Cup Soccer Champion and three-time Olympic Medal winner, is once again coming to the Saint Mary's College campus this summer. On July 24-29th, 150 girls will attend the Julie Foudy Sports Leadership Academy (JFSLA) for six-days of soccer and leadership training. There are only three Julie Foudy Leadership Camps held in the United States; Saint Mary's College hosts the only west ship activities include clinics for Specoast location.

her Sport Academy. "It's intimate, cozy and beautiful. Since it's a residential camp, the girls are close to the start recycling programs, organize fields and to each other."

This year, Foudy will be joined are passionate about." by Aly Wagner, 2002 Hermann Trophy recipient and 2004 Olympian Gold Medalist, as well as several collegiate coaches for a

the best in soccer."

The camp isn't only about soccer; there's also emphasis on leadership and service. "You don't have to be a pro to come. We have all ability levels; and though girls leave better soccer players, they also realize that anyone can be a leader. Not just the team captain or the popular girl. Any-

Two examples of camp leadercial Olympic kids and visits to Senior Foudy loves the Moraga site for Centers. "At the end of the week, campers go home with a leadership activity for their communities. Some park clean-ups-- whatever cause they

Foudy expects many returning campers, but is excited about bringing 15 soccer players from India to the SMC campus. "They live in the "high energy week with the best of slums featured in Slumdog Million- ball, on or off the field.

aire and they've never traveled out-

Foudy heard about these players from Magic Bus, a San Francisco organization. JFSLA provided scholarships for them because Foudy wants "...this journey to give them hope and strength." While in the Bay Area, the players will also participate in programs with Stanford University and the Bay Area Women's Sport Initiative. In past years, players from Morocco and Afghanistan have attended Foudy's camp; adding multiculturalism to an already dynamic sport

"It's on the field that you learn about adversity no matter where you're from," Foudy said. She hopes to impart to her campers not only soccer skills, but budding friendships, and the eternal truth that each of us can be remarkable with or without a

## **Acalanes Secures Championship**

Submitted by Sonja Yoerg



Back row, from left: Joe Bergman (asst. Coach), Kennedy Bloom, Helen Kim, Jordan Vadnais, Courtney Neff, Devin Ortlieb, Brielle Vinther, Hannah Borosky, Taylor Ewing, Elizabeth Landry, Casey Reid, Devon Frazer, Kelly Jasso (Head Coach), Tia Seltzer, Rebecca Frank, Kelly Quinn (asst. Coach).

Front row: Niki Quinn, Emily Ferreira, Melissa Bergman, Katie O'Keefe, Annie Beliveau, Kate Fellner, Maggie Chan, Photo Sonja Yoerg Chloe Landry; Lying: Ariana Johnson

he Acalanes girls' lacrosse team trounced Las Lomas to clinch their third consecutive undefeated season in league play on May 13.

With the undefeated season secured, the Dons only one had objective left-the NCS Division II Championship, last taken home in 2005. Acalanes accomplished that goal on May 27 by defeating Marin

The Dons handily defeated longtime rivals Miramonte, 14-9, to earn a berth in the final game against topseeded Marin Catholic.

Marin seized an early 3-1 lead. Acalanes challenged in the midfield, disrupting Marin's passing and creating turnovers. The Dons found the net even, 6-6.

Five minutes into the second half, Acalanes exploded, racking up five goals in succession for a 12-7 lead. Defenders Casey Reid, Taylor Ewing and Annie Beliveau held Marin out of scoring position and Hannah Borosky stuck to Marin's leading scorer with tough defense. Marin rallied, but

goalie Ariana Johnson made several critical saves, eleven in all. The final

score was 12-10. The championship was a true and by halftime tied the score at an team victory for the Dons as six players scored: Devon Frazer (3), Elizabeth Landry (3), Courtney Neff (2), Rebecca Frank (2), Chloe Landry (1) and Emily Ferreira (1).

Frazer was named to the US Lacrosse All-American First Team and Landry earned the title of DFAL MVP for a second time. Frazer, Landry, Neff, Reid and Johnson were could not close the gap. The Dons' honored as Academic All-Americans.

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- Moraga Police Blotter
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- Playing Ball Just Got More Expensive
- Can You Canoe? This Crew Can!
- Dedicating the Acalanes Ridge Open Space

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## **MPHFC Competitive Youth Soccer Club** Has a Few Open Spots Left!

The Martinez Pleasant Hill Futbol Club has openings on teams in the following age groups: U13 boys, U14/U15 girls and U19 girls. If you have a player who is interested in trying out for an existing team, please email Director of Coaching, Mike Bedig, at mphfutbol@gmail.com.

## **Summer Soccer Camp for Boys and Girls**

The Martinez Pleasant Hill Futbol Club will be hosting two sessions of summer soccer camp for boys and girls ages 8-13 years old. Session one is July 25-28, 2011 and session two is August 8-12, 2011.

Sessions run from 9am-3pm at the Adventist Academy, 796 Grayson Rd, Pleasant Hill. Players of all experience levels are encouraged to sign up. The camp features buddy requests, a free camp t-shirt, training by college-level

soccer players, fun games and prizes and more! Cost is \$165 per session and pre-registration is required by July 15th. To register, visit www.mphfc.com.

If you would like to list the registration information for a youth sports club please email wendy@lamorindaweekly.com or call (925) 377-0977.

B&W listing will cost \$24 (3.75"x1").







## Lamorinda Women Win in Figure Bodybuilding

By Sophie Braccini



Kelly Suronen trains with Ryan McNabb at 24 Hour Fitness

orget Steroids and Testosterone. in Figure Bodybuilding do it the natural way. And if they turn heads with their energetic and slender figures, it's just because they are healthy and highly disciplined. Kelly Suronen, assistant planner for the Town of Moraga, and Orinda resident and trainer Christy Dalton, both competed in the May 7th Contra Costa National Physique Committee (NPC) tournament in Hayward. Dalton won first place in her category and Suronen finished in the top 10 in her category.

According to the NPC, Figure, a Lamorinda women who compete women-only competition, is the fastest growing segment of bodybuilding. The goal is to be well balanced, instead of overly muscular.

> "To compete in regular bodybuilding you have to take steroids," says Ryan McNabb, Suronen's trainer, "you have to take your body beyond what it can naturally do. For Figure it's different, it comes down to a structured regimen of diet and training, tailored to each person, to become the most perfect you can be."

> > Both Suronen and Dalton are ath-

Dalton, a mother of two boys, was a gymnast and a marathon runner. "I like to work hard and to train for something," she said. She has competed in Figure for three years and has won many awards. Dalton placed fifth at last year's National in the over 35years-old and over 5'7" category

Although she's always active, the May 7th competition was a first for Suronen. She competed in the 5'1" category. "I've always been a health tion," she said, "I always wanted that freak," says Suronen, "As a kid I was always involved in dance and sports, but started getting into working out at UC San Diego where I studied Urban Planning."

Working out, even going to the gym six times a week, is not enough to compete in Figure. Judges in a Figure competition will look at a symmetrical and harmonious development of the whole body and using a trainer becomes essential.

"Kelly (Suronen) is an endomorph type," says McNabb, "a shorter, stockier body type that can develop a nice muscle mass, but can put on fat easier, too." According to McNabb, a good program can help go beyond the genetics, but only to a certain extent.

During her training, Suronen built muscle mass that boosted her metabolism and in the last weeks of her three-

month training she had to follow a very strict diet to eliminate as much fat as possible. "For breakfast I ate four egg whites with two slices of Canadian bacon and 8 oz of coffee, two hours later I took a protein shake with flax seeds, almond meal and amino acid powder, at lunch raw broccoli and a can of tuna, another protein shake in the afternoon and for dinner, asparagus and chicken."

"It was an amazing transformaperfection, but it is not realistic to maintain the 11 percent of body fat that I reached, I felt so proud."

For Dalton, training was quite different. Dalton is a mesomorph type, a naturally athletic, lean body. Dalton's challenge was to gain weight, and she had to be on a diet of filet mignon, chicken and salmon, eating six times a day. "I've worked out six hours a members Suronen, "it felt like a beauty week since forever," says the mom who was a group fitness instructor found hard was to learn the poses for the competition."

The competition is two intensive days during which the women present themselves in high heels and bikinis. of a couple thousand people on fiveinch high heeled glass slippers," re-



Christy Dalton runs when she does not lift weights

Photo provided by Brian Hayes

Now that the competition is over. when she was pregnant and ran with both women are pondering what to do her stroller after giving birth, "what I next. "I may stop competing for now," says Dalton, "I will continue to train driven people at the California Health Club in Pleasant Hill, but I have to put my family first."

Suronen has not decided yet if she "I had to walk in a figure suit in front will continue to train, "I went out of my comfort zone, but it was very exciting."

## **East Bay Boys Bring Home Gold**

Submitted by Lisa Steele



The crew crosses the finish. From left: Ian Drake, David Hosler, Dmitri Baefsky, Gabe Larwood, Alexander Steele.

took first.

won the 2000 meter race at the US Rowing Youth National Championships.

higher at one of the six regional regattas in the nation. The Strokes MV4+ (a four man boat with a coxswain) qualified last month." Defeating favorite St. Louis Rowing Club and thir- the field. The rowers responded beau-

Photos courtesy Jon Steele. he Oakland Strokes varsity team teen other teams, the Oakland Strokes

The first half of the race was close. The bows of St. Louis, Deerfield They qualified by placing third or Academy, and Oakland Strokes surged evenly down the course. However, as they approached the thousand, coxswain Alexander Steele called for a move to separate themselves from

tifully, and a victory of over five seconds was achieved.

After standing on the podium, Gabe Larwood stated in retrospect, "By winning nationals we have finally justified the hundreds upon hundreds of hours of training that go into this sport." Ian Drake, the stroke, also commented, "I never thought we could do it. I just can't believe it".

The boat was composed of high school students Drake, David Hosler, Dmitri Baefsky, Larwood, and Steele. Drake, Baefsky, Larwood and Steele missed their graduation from Miramonte to compete.

Drake will attend University of Washington, Baefsky U.C. Berkeley, Larwood U.C. San Diego and Steele Dartmouth. Hosler is a rising senior at Piedmont High.

# LMYA Volleyball Champions

Submitted by Suzanne Campillo



Front row: Zoe Del Rosario, Samantha Darwin, Mary Kleinsmith, Mia Kletz, Megan Colpo; Back row: Coach Staci Gerson, Sarah Nelson, Hannah Edwards, Megan Cardiff, Becki Gerson, Isabella Campillo, Jessica Gerson, Josephine Phigler, Coach David Kleinsmith Photo Suzanne Campillo

fter two very exciting and close matches, the Minnesota Gophers pulled 15-11 win in the final match to take the championship at the LMYA fifth grade Volleyball Tournament on June 5th.

## **Submitted by Kevin Porep**



From left, back row: Coach Jodi Lom, Carly Porep, Elise Berg, Claire Porep, Marin Bommarito, Emily Wilcox, Coach Kevin Porep; front row: Sabrina Elliott, Rachel Lom, Alyssa Kisner, Katherine Kott (not pictured, Noelle Robbins) Photo Ilene Kot

he LMYA Cal Bears seventh/eighth grade girls' volleyball team went undefeated in playoffs, including a win against Florida (2-0) on Sunday, June 5th.

**OBA Championships** 

Submitted by Rick Callister

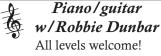


From left, front row: Nick Dutto, Reed Callister, Jack Dakis, Zach Kumar, Kyle Jasper, Hayden Catron; back row: Nick Acevedo, coach Rick Calister, Ellie Novogradac, Jack Anthenian, Hank Conner, Harrison Braitberg, Photo provided Manager Brad Catron, Harry Burnick

rinda Baseball Association's Mustang championship game for nine/ten year olds was an exciting end to the OBA season. On June 8, the Jolly Ranchers edged out the Black Sox 13-9. By the middle of the third inning, the Ranchers had jumped to a 9-0 lead on the consistent hitting and aggressive base running of Kyle Jasper, Nick Dutto, Harrison Braitberg, and Henry Connor, all with two or more runs in the game. The Sox fought back with a six-run bottom of the third, underpinned by doubles from Garrett Louie and Blake Bates. The Ranchers countered and stretched the lead to 13-6 going into the bottom of the sixth inning. Never a team to go down without a fight, the Sox answered with three more runs, but Havden Catron's pitching down the stretch proved too formidable.

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## Moraga Baseball Association Box Scores

www.lamorindaweekly.com

## Submitted by Jin Meng

**Pinto Division** 

May 23, 2011 A's 15, Dodgers 5

Dodgers Highlights: Nate Powers 2-for-3, RBI; Jack Williams 3-for-3, RBI; Shane Nelson 2-for-3, R.

A's Highlights: Adam Harper 3-for-3, 3 R, 3 RBI; JT Clarke 3-for-3, 2 R, 3 RBI; Nico Mossotti 3-for-3, 2 R, 3 RBI, Connor Fritch 3-for-3, R, RBI.

### May 25, 2011

Dodgers 18, Red Sox 14

Dodgers Highlights: Brody Crouch 4for-4, 2B, 2R, 3RBI; Jack Beaty and Josh Fleming each 3-for-3, 2R; Cole Curtiss 2-for-3, R, RBI.

Red Sox Highlights: Brent Avenell 2for-3, 2B, 2R, RBI; Logan Filler 3-for-3, 2-2B, 3 R, RBI; Daniel Wheeler 2-for-3, 2 R, RBI; Caden Filler 3-for-3, 3B, R, 2 RBI.

#### May 26, 2011

Yankees 10, Dodgers 8

Yankees Highlights: Ben Oxendine 4for-4, 6 RBI; William Thomas 4-for-4, 3 RBI; John Hunter 3-for-4, 3RS; Jack Daugherty 3-for-4, 3RS.

Dodgers Highlights: Luke McCurdy 2for-3, RBI; Nate Powers 2-for-3, 2 RBI; Michael Coane 2-for-3, RBI; Ben Powers 3-for-3, 22B, 2R, 2RBI.

## June 1, 2011

Giants 8, Athletics 2

Giant Highlights: Jake Chan 1-for-2, 2B, BB, 2 IP, 0 R, 2K; Spencer Drennan 1-for-1, BB, HBP, RBI, 2 SB; Cole Mc-Neil 1-for-2, BB, RBI, 3 SB

A's Highlights: Brian Gross 1-for-2, SB, RBI; Mason Loyet 1-for-2; Jake Crumbaugh 1.33 IP, 0 R, 2 K

**Mustang Division** June 1, 2011

Cubs 9, Yankees 6

Cubs Highlights: Billy Woolsey 2-for-2, 2 RS, 1 RBI, 2 SB, 2 IP, 1 H, 1 ER, 5 K; Jonathan Gong 2-for-4, 1 RS, 1 RBI, 2 SB, 3 IP, 5 K; Ryan Jeter 2-for-4, 2 RS, 1 RBI, 2 SB; Will Bishop 2-for-3, 2 RS, 2 RBI, 2 SB; Maceo Lopez 1-for-2, 2 RBI, 1 SB, 1 IP, 2 K; Michael Evans 1-for-2, 2 RBI, 2 SB.

Yankees Highlights: Mark McCurdy: 2for-3, 2 RS, 2 1B, 1 BB, 6 SB, 3 IP; Tommy Raftis: 2-for-3, 2 RS, 2 1B, 4 SB, 2 IP; Chase Peterson: 1-for-2, 1 1B; Nick McGaughey: 1-for-2, 1 1B, 1 SB.

#### June 2, 2011

Cardinals 7, Angels 1

Cardinals Highlights: Ian Concepcion 1for-2, 1B, BB, RS, 2SB, RBI, 2IP, 3SO; Bryan Kikugawa 2-for-3, two 1B, RBI; Leif Carlson 1-for-2, 3B, RS; Justin Feldman 2-for-3, 1B, 2B, RS, 4 SB. 1 IP, 1SO; Charlie Craig 1-for-2, 1B, 2SB,

Angels Highlights: Mateo Larson 1-for-1, 2B, RBI; Derek Schmitz 1-for-2, 1B,

#### Redsox 7, Pirates 4

Redsox Highlights: Donovan Robles 1for-2, 2B, 1-2/3 IP, 4 K, W; Luca Brown 1-for-2, 2 SB, RS; Jean-Luc Axlerode 1for-2 RBI 2 SB

Pirates Highlights: Cameron Fara 1-for-1, BB, 2 RS; CJ Rago 1-for-1, 2B, BB, RS; Ryan Lenahan 1-for-2, RBI, RS

#### June 3, 2011

Redsox 11, Cardinals 2

Redsox Highlights: Lucas Allen 3-for-3; 2 2B, 4 RBI, 3 RS, 2-1/3 IP, 7 K's, 0 ER; Jakob Filler 1-for-1, RBI, 2 BB, 2 RS; Bryson Lothamer 1-for-2, 2B, BB, RS. Cardinals Highlights: Charlie Craig 2for-2, RBI, RS 2 SB; Brian Kikugawa 1for-2, 2B; Adrian Hyatt 2 IP, 5 K's, 1

#### Giants 6, Cubs 2

Giant Highlights: Ryan Kim 1-for-1, BB; Steffan Westphal 1 -for-2, R, RBI, 2.33 IP, 0 R, 3K; Jake O'Balle 1-2, R Cubs Highlights: Ryan Jeter 1-for-3, R, 2 IP, 6 K; Will Bishop 2-for-3, 3B, RBI, 2.33 IP, 3 K; Teddy Buckley 1-for-1, BB,

#### June 6, 2011

Pirates 9, Angels 0

Pirates Highlights: Semaje Diestler 3for-3, three 1B, RS, 2SB; Nick Kronenberg 1-for-3, 1B, RS, 3 RBI, SB; Chase Giglio 1-for-2, 1B, RBI, 2 SB; Grayson Gillbanks 1-for-1, 1B, 2BB, 3RS, 2SB, 2 IP. 4 SO.

Angels Highlights: Sam Ouzounian 1for-2, 1B; Conor O'Brien 1-for-2, 1B, SB; Joe Arth 1-for-2, 1B, 2 SB.

### June 7, 2011

Redsox 7, Giants 2

Redsox Highlights: Luca Brown 3 IP, 4 K's, 0 BB, 0 ER, Win; Lucas Allen 2-for 2, 2 RS, RBI, 2/3 IP, 2K; Jeremy Gunderson 2-for-2, 2B, 3 RBI, RS; Blake Pollock 1-for-2, 2 SB, RS Giants Highlights: Aidan Lyon 1-for-2, SB; Dominic Gillibert 0-for-1, BB, 2 SB, RS; Cason Johnston 0-for-1, BB, 2 SB,

## Lafayette Little League Champions

LAMORINDA WEEKLY

Submitted by Allyn Oh



From left, back: Coach Kolsut, Coach Merken, Ethan Fox, Coach Rembac; Middle: Matthew Moorehead, Brian Merken, Branden Bocobo, Simon Oh, Ryan Pellegrini; front: Jared Kolsut, Matthew Lee, Brandon Hitchcock, Aidan Alagappan, Will Rembac, Ben Ross, Graham Oh

Sox 4-3, then beating the #1 seed sion Championship. Cubs 3-0 and finally the #2 seed Phillies 7-0.

through the Losers Bracket to reach have also earned the opportunity to the final game. The Phillies stole a meet the players of the San Francisco game from the A's in the double elim- Giants at an upcoming home game.

he 2011 Lafayette Little League ination championship defeating the Majors Division championship A's, 9-7. In Game 2, the Phillies took game was played on Sunday, June a two run lead into the final inning, 13th at Buckeye Field. The fifth but the boys on the Athletics played seeded Athletics cruised their way to hard until the final out. The A's were the championship game to take on the able to mount a two out rally and #2 Phillies. The Athletics earned the come from behind to win the 2011 right by defeating the fourth seed Red Lafayette Little League Majors Divi-

The Athletics next move on to represent the City of Lafayette in the Dis-The Phillies fought their way trict 4 Tournament of Champions and

## Lafayette Generals Win 680 PONY Title

**Submitted by Rick Ashburn** 



Standing, from left: John O'Malley, Phil Remotto, Cole Ashburn, Brady Aiello, Jack Hemmenway, Brian Stone, Brad Fox, Blake Wardy, Adam Remotto, Casey Harrington, Jack Brydon, Dan O'Malley. Front row: Justin Reilly, Jarred Finney, Trevor Martinho, Will Sanchez, Nash Wardy. Photo Dana Fillinger

n Sunday June 5, the Lafayette League 13/14 baseball post-season Justin Reilly closed it out for a 12-2 tournament in Sunnyvale. Coached by Dan O'Malley, Phil Remotto and Brad Fox, the team entered the tournament team from Piedmont in the champias the number two seed. Casey Harrington started the opening game and complete game, allowing only one Jack Brydon threw two innings of relief as the Generals won 9-7 over Fremont B. In that game, Adam Remotto hit a long triple and Nash Wardy crushed a towering drive that bounced over the 310 foot fence in center field eight hits in the three-game run to the for a ground-rule double. Jared Finney stroked a two-run pinch hit single to provide the winning margin.

In the second-round game, Brady Generals won the 680 PONY Aiello tossed four solid innings and win over Fremont A.

The Generals met the top-seeded onship. Harrington threw a dominant run. Remotto and Aiello provided the offensive spark, each hitting triples to drive in runs. The final score was 6-1 for the Generals.

Remotto led the Generals with title, including two triples and a double. Harrington had six hits, and Cole Ashburn contributed five.

# Lafayette Little League Box Scores

### **Submitted by Todd Bequette**

#### **AAA Division Championship** Phillies 5 Dodgers 3

The Phillies relied on pitching and defense to claim the AAA championship, besting the scrappy Dodgers in a battle of the regular season's top two teams. Philly hurlers Ryan Reilly and Jordan Goodfriend combined for four shutout innings to open the game and took the lead with hits by Ross Ney and Jack Larsen. The Dodgers mounted a comeback in the fifth, backed by key hits from Eric Hays, Charlie Koch and Sebastian Varela. The Comeback Kids threatened again in the sixth, but Philly closer Justin Bocks closed the door. With one out and runners at second and third, Bocks notched a strikeout before inducing a line drive to second baseman Jack Wick-

#### line for the win. **Dodgers 7 Indians 6**

The Dodgers earned the right to play for the championship on the strength of great all-around play by Carl Piercy and Sam Saracevic. First baseman Saracevic was two-for-two with a two-run double, and saved a run in the field by short-hopping line drive. Teammate Piercy took care of the late-inning heroics, saving a run in the sixth with a heads-up backup play and then lining a single in the bottom of the inning for the walk-off victory.

## Cardinals 9 Giants 6

Nicholas Geannacopulos' two run triple

propelled the Redbirds to the playoff victory, ending the Giants'successful playoff run. The Cards were led by the stalwart pitching of Max Stryker, Will Wright, Jack Miles and Luke Miles. Jackson Carter triggered a 4-run fourth with a lead-off double for the winners.

### Dodgers 4 Cubs 3

The Dodgers earned the right to play for the championship with a come from behind victory over the Cubs. Down by two in the last of the sixth, the Dodgers strung together hits by Carl Piercy, Grant Malmquist, Ian Archer, Eddy Burns, Erik Hays and Sam Saracevic to complete the late-game heroics.

## **Dodgers 9 Giants 8**

The Dodgers began their march to the penultimate game with a thrilling, extrainning win in the game of the season. The winners were led by the pitching and hitting of Eddy Burns who limited the Giants to one run over two innings, and ders of Jack Larsen, who blasted two knocked in three runs himself. Charlie Koch chipped in with a perfect day at the plate and a run scored.

## Cardinals 10 Athletics 3

The Cardinals blew open a close game with five runs in the fifth on the strength of Daniel Tarkoff's two-out, two-run double to right field. Ben Bequette, Connor Schultz and Jack Berrian drove in Redbird runs, and Luke Miles and Max Stryker each pitched shutout innings. The Athletics were led by the big bat of Nick Bamont, who scored two runs, and Jack Lattin, who pitched two solid innings in

#### Phillies 11 Redsox 1

Jordan Goodfriend and Justic Bocks each rapped out two hits for the Phils, and Ryan Everly's perfect bunt single scored a run for the winners. On defense, second baseman, Jack Wickline, backed up four shutout innings by pitchers Ryan Reilly and Jack Larsen. The Redsox were led at the plate by Cole Brightbill and Sam Hagel, while Roxy Cummings pitched well in relief. The game ended a spirited playoff run by the Redsox, who upset both the Athletics and the Indians.

## Phillies 9 Dodgers 2

In a preview of the championship game, the Phillies jumped on the sturdy shoulhome runs and drove in five. Joshua Sanders also had two hits for the victors, who broke the game open with a five run fifth. For the Dodgers, Ben Stoddard and Grant Malmquist both went two-for-two with run-scoring doubles. Malmquist also starred in the field with a sparkling snare of a line drive that snuffed out a Philly

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LAMORINDA WEEKLY

# Have fun, kids! Lamorinda Weekly team

## SCHOOL CALENDAR

**Acalanes Union High School District** 

**Lafayette School District** LAFSD Office **Board Room AUHSD Office** 3477 School Street, Lafayette 1212 Pleasant Hill Rd, Lafayette TONIGHT Wednesday, June 22, 7pm

Ask Dr. Harold:

TONIGHT Wednesday, June 22, 7:30pm

## **Your Child's Grieving Process**

By Harold Jules Hoyle Ph.D.

parent recently wrote to me and asked how to help their child deal with the loss of their family dog. So here are some things you can do to help children with their grieving

#### Perspective

Many people like their animals more than they like people. If you are one of these people, you know what I am talking about. If you are not, take my word for it – the loss of a pet can be one of the most difficult events in to feel better. a person's life. Kids in particular can **Express and Celebrate** learn a lot from the animals that they have around. They can learn joy from up legends that go along with the pet's their dog and independence from their cat. They learn to be responsible for another being in a way that can be a lot less threatening than being responsible for themselves. And when the pet passes away, they can learn about how to deal with loss if we guide them well.

#### Life and Death

The first dynamic to process for the child is the actual dying of the pet. Taking into account the developmental level of the child, it is important to let them know that the pet is in a different place where they are not suffering. Using your cultural tradition here is a great idea. We sometimes make mistakes by trying to avoid our children feeling pain by being vague or using terms that are above their understanding. They need to know that the pet is not coming back. Terms like "put to sleep" need to be avoided with children who are not old enough to understand the medical procedure. A ritual like a pet funeral or letter to the animal can be an important. Balancing the loss with the fond memories can be helpful at the ceremony. Grieving

The mourning process is well researched and can be helpful to know. Shock or disbelief comes first. This may be the child looking all over the house for the pet. Denial comes next and is where you explain to the child what happened. Bargaining and guilt can sometimes follow. This could be where the child tries to come up with some behavior they do to get the pet to come back. Anger is often part of the process. The child might blame all sorts of events or people for taking their pet away. They need to be reas-

sured that, as a close friend of my said, "dogs are amazing, they just don't live long enough". Next will be sadness and acceptance. Time is an important factor. Take note not to rush a child through to the next stage. Be with them in the stage they are in and help them to remember all the great and funny stories about the pet to get them through. Let them in on your process and how you are navigating. Tell them the memories you focus on

Tell stories about the pet. Make accomplishments. Make the stories a place where the characters can talk about their feelings. Express in a variety of ways. Draw, write a letter, sing a song, do an activity. "Doing" allows for expression to take place. Be open to the activity matching where the child is in the grieving process. If they are angry then an angry song is great. Kids can get confused when we try to get them to express happy when they are sad. Often times they do what we all do when we are confused shut down expression. When they are sad and you want to pick them up, you can tell your favorite story and then see if they want to follow. You ultimately can help them find the meaning that the pet had in their life. And then help them to celebrate that meaning.



www.drharoldhoyle.com Harold can be contacted by phone or email: 510-219-8660 njnoyie@mac.com

Harold is licensed clinical psychologist and a lecturer and in the School of Counseling Psychology, Education, and Pastoral Ministries Santa Clara University. With his wife and two children he is a 14 year long resident of the Lamorinda area. He is a sought after speaker in the areas of parenting, education, behavior with adolescents and children. He has a local private practice.

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## Class of 2011 Graduates from Campolindo

Submitted by Carola Ziermann



Photo Kevin Goto

t was a nice and sunny afternoon on Friday, June 10th, when Campolindo High School's Class of 2011 proceeded to the football field for the graduation ceremony. Principal Carol Kitchens took pride when mentioning in her welcoming speech some of the many accomplishments these 340 students have achieved. "As one of the largest classes Campolindo has had in years, among these students we have 35 Commended National Merit Scholars and of those 10 Finalists. We have ten League Championships, five North Coast Championships and two State Championships. In the Performing Arts, these seniors thrived with numerous instrumental concerts here at Campolindo and in Beijing, China. We had eight great musical perform-

and Laramie Project."

80% of these Campo graduates will move on to four year colleges and 17% will attend two year colleges in the fall. So it was no surprise that in his senior address, Erik Svedberg presented his fellow classmates as an exceptional class with the ability to succeed, while Cynthia Meng in her address also acknowledged their sass, class, and surpass. It was a proud moment for teachers and all the parents when the students were each called by name to receive their diplomas. Excitement and happiness were in the air when 340 hats were finally tossed way up into the sky.

ances of Fiddler on the Roof and two was a Grad Night beyond expecta- having the time of their lives!"

and he or she will benefit from listen-

ing to you and discussing words or

ideas that he or she doesn't under-

3. Host a book club. Reading is

more fun if all your friends are doing

it, too! Allow each child (or parent-

child pair) to select a book to read and

discuss. Ask the children to summa-

rize the story, talk about their favorite

or least favorite parts and hypothesize

why the main character acts the way

4. Keep a list on your refrigerator of

all the books each family member has

read over the summer. You and your

child might even agree on a goal; race

to see who can finish five books first,

or plan an outing as a reward for read-

what they start reading. If the mate-

rial doesn't appeal, ask your child

why they dislike the book and encour-

Remember that children can ben-

age them to choose a different one.

he or she does.

ing ten books.

successful plays, Romeo and Juliet tions. A team of highly motivated and very talented parents, led by Chairs Kitchens further pointed out that Lisa Monroe and Margo Isaacs, had been working tirelessly for the past twelve months up to the very last day to give these seniors a fantastic night of fun and memories. This year's theme was The Wizard of Oz and they created a world somewhere over the rainbow where dreams really do come true, with a perfect Munchkin Land and a stunning Emerald City.

With the combined efforts of community, sponsors, teachers and lots of dedicated parent volunteers, the stakes were set high for years to come at Campolindo. "It takes a village..." says Lisa Monroe, "and it doesn't get much better than seeing What followed this ceremony close to 300 smiling teenage faces

efit from reading a variety of materi-

als. For example, if you and your

child make cookies, you might ask

him or her to read each step in the

7. Bring audio books on road trips

or long car rides. While these can be

recipe aloud.

## Count Reading In: How to Build Reading into Your Child's Summer

By Diana LaScala-Gruenewald



Left to right: Max Rittman, Annalise McKenzie, Tommy Richards, Hailey Richards Photo Sophie Braccini

fter a long and rainy winter, the Sun has finally decided to bless Lamorinda with its first radiant week. In every neighborhood kids are basking in their sudden freedom from teachers and schoolwork, and parents are finalizing summer plans. As families pencil in vacations, 4th of July picnics and days at the pool, they should also consider making time for a less stereotypical activity: summer reading.

A three month break from required reading can be too long for young students, especially those that are struggling. By the fall semester, many have regressed, and teachers must spend the first weeks of school reviewing material. Summer reading can help your children maintain their skills and enhance their work in writing and spelling.

Some parents worry that their kids will burn out without ample time to recover from the school year. However Jill Mary, a literacy expert from Purdue University, believes that as long as children are engrossed by what they read, summer reading is beneficial. In a 2005 interview with the news website newswise, Mary advises: "Have fun, relax, enjoy yourself, read a book or two, and don't worry about the upcoming [...] school year." In addition, research suggests that as few as six books can prevent young readers from losing the skills that they labor to develop during fall, winter and spring.

Use these ten great tips to encourage reading, discussion and fun in your home this summer.

- 1. Teach your children that reading is an important part of family life by taking regular trips to the library.
- 2. Never stop reading aloud! You read at a higher level than your child,

expensive to purchase, many can be rented from any of the Lamorinda libraries. Consider listening to books that relate to your destination. For example, if your family is camping in

> dren's book about wild animals on the drive up. 8. Try to read something with your

> child every day. Set an example read the cereal boxes together in the morning and reserve a half hour for family reading in the afternoon.

> Yosemite, you could listen to a chil-

9. Get involved with your local bookstore. Some bookstores offer fun summer reading programs for kids. 10. Talk to your local librarian! The Lafayette Library and Learning Center, Moraga Library and Orinda Library offer a bevy of summer activities that encourage students to engage in summer reading. For example, the summer reading program for children (ages 2-10) requires your child to pick up a reading log, which contains a series of footprints. A footprint can be colored in after your child reads for 20 minutes; when all the footprints are full, there are a variety of spectacular prizes available, including Round Table Pizza coupons and tickets to the Lawrence Hall of Science.

5. Never force your child to finish With such a wide array of strategies and strong local support, there are a myriad of opportunities to help students learn to love reading this





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# Pamorinda OUR HOMES

Lamorinda Weekly Volume 05 Issue 8 Wednesday, June 22, 2011



## Orinda's Windsor Chair Guy— George Lucido

By Andrea A. Firth

One of the first things he did when he moved to Orinda in 1984 was build a workshop out back, a small space of his own where he taught himself to carve wood. The walls of the workshop are lined with a collection of tools passed down by his grandfather, Orlando Pasquinucci, a shipbuilder in San Francisco around the turn of the century, and his father, Neno Lucido, who spent his career as a finish carpenter. "It's in my genes, I guess," says Lucido.

After retiring as an aerospace engineer eleven years ago, Lucido has focused his extensive energy on woodworking. The workshop has been bumped out a few feet on two sides to accommodate his growing collection of tools, equipment, and wood. And about three years ago, he started to take classes at the Mount Diablo Adult Education Center where he met another Orinda resident, Tom Killen, a master woodworker who specializes in colonial furniture. It was Killen who introduced Lucido to the art of the Windsor chair.

An easy going and patient man with an engineer's focus on design and detail, Lucido had the right temperament and skill set to quickly master the complex and time consuming construction of the American Windsor chair—the elegant and lightweight wood chair of royal English roots with a gently curved back formed by turned spindles connected to a thick carved seat, supported by splayed legs plugged into the underside. Once called stick chairs, Lucido has made five of the seven varieties of the American Windsor chair, and a total of seven Windsors in all.

Lucido brings a mix of art, science, and tenacity to his Windsor chair building. He estimates that each

chair requires 120 to 150 hours to build over a threemonth period. Lucido researches every aspect of the chairs he reproduces, and each project typically starts with him creating a comprehensive, hand-drawn plan.
...continued on page D4



George Lucido at work on a chair in his workshop.

Photos Doug Kohen

## THE BEAUBELLE GROUP

Glenn and Kellie Beaubelle present...

#### **LAFAYETTE BURTON VALLEY ~ 4.2 ACRES**



Classically designed in a rich Mediterranean style washed in warm hues of terra cotta, this custom designed home is quietly nestled in a grove of mature redwood and oak trees and features dramatic arched windows in every room, spectacular open beamed vaulted ceilings, custom plantation shutters, arched doorways, tile roof, brick details and hardwood floors throughout the 4 bedroom, 2 ½ bathroom, 3,053 sq.ft. home.

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#### ORINDA CUSTOM TRADITIONAL ~ BREATHTAKING VIEWS





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OUR HOMES Wed., June 22, 2011

## Lamorinda Home Sales recorded

Page: D2

City	Last reported:	LOWEST AMOUNT:	HIGHEST AMOUNT:
LAFAYETTE	7	\$525,000	\$2,225,000
MORAGA	7	\$239,000	\$1,000,000
ORINDA	7	\$240,000	\$1,325,000

Home sales are compiled by Cal REsource, an Oakland real estate information company. Sale prices are computed from the county transfer tax information shown on the deeds that record at close of escrow and are published five to eight weeks after such recording. This information is obtained from public county records and is provided to us by California REsource. Neither Cal REsource nor this publication are liable for errors or omissions.

#### LAFAYETTE

3647 Boyer Circle, \$525,000, 1 Bdrms, 616 SqFt, 1945 YrBlt, 5-27-11

1061 Carol Lane, \$1,049,000, 4 Bdrms, 2678 SqFt, 1955 YrBlt, 5-19-11;

Previous Sale: \$800,000, 03-03-06

3155 Gloria Terrace, \$680,000, 3 Bdrms, 2003 SqFt, 1968 YrBlt, 5-23-11;

Previous Sale: \$300,000, 03-20-96

3917 Happy Valley Road, \$1,650,000, 4 Bdrms, 3866 SqFt, 1964 YrBlt, 5-24-11

9380 Read Drive, \$1,340,000, 3 Bdrms, 2927 SqFt, 1980 YrBlt, 5-20-11;

Previous Sale: \$1,515,000, 07-10-09

51 Janet Lane, \$690,000, 3 Bdrms, 1703 SqFt, 1951 YrBlt, 5-24-11;

Previous Sale: \$645,000, 04-30-10

20 Tiana Terrace, \$2,225,000, 3 Bdrms, 4609 SqFt, 1999 YrBlt, 5-25-11;

Previous Sale: \$2,498,000, 07-01-05

#### **MORAGA**

 $120\ Ascot\ Court\ \#F,\ \$239,000,\ 2\ Bdrms,\ 1233\ SqFt,\ 1970\ YrBlt,\ 5-19-11;$ 

Previous Sale: \$347,000, 07-16-04

756 Augusta Drive, \$690,000, 2 Bdrms, 2079 SqFt, 1974 YrBlt, 5-27-11;

Previous Sale: \$650,000, 06-25-08

1383 Camino Pablo, \$930,000, 4 Bdrms, 2587 SqFt, 1975 YrBlt, 5-20-11;

Previous Sale: \$718,000, 12-24-03

1365 Camino Peral #B, \$260,000, 2 Bdrms, 1281 SqFt, 1970 YrBlt, 5-23-11

66 Corte Yolanda, \$1,000,000, 5 Bdrms, 2644 SqFt, 1968 YrBlt, 5-20-11

32 Deerfield Drive, \$850,000, 4 Bdrms, 2236 SqFt, 1966 YrBlt, 5-23-11;

Previous Sale: \$575,000, 12-28-00

410 Pimentel Court, \$768,000, 4 Bdrms, 1739 SqFt, 1959 YrBlt, 5-20-11;

Previous Sale: \$388,000, 06-14-96

#### **ORINDA**

 $67\ Brookwood\ Road\ \#3,\$240,000,2\ Bdrms,897\ SqFt,1963\ YrBlt,5-18-11;$ 

Previous Sale: \$161,500, 08-16-99

457 Dalewood Drive, \$1,325,000, 5 Bdrms, 2776 SqFt, 1971 YrBlt, 5-19-11

90 Estates Drive, \$650,000, 4 Bdrms, 3138 SqFt, 1955 YrBlt, 5-26-11

55 La Cuesta Road, \$1,205,000, 3 Bdrms, 2325 SqFt, 1936 YrBlt, 5-20-11;

Previous Sale: \$1,368,000, 05-20-05

81 La Cuesta Road, \$917,000, 4 Bdrms, 2581 SqFt, 1948 YrBlt, 5-26-11

3 Los Altos Road, \$1,005,000, 2 Bdrms, 2706 SqFt, 1954 YrBlt, 5-26-11;

Previous Sale: \$785,000, 06-30-94

5 Patricia Road, \$799,500, 3 Bdrms, 1820 SqFt, 1966 YrBlt, 5-20-11;

Previous Sale: \$780,000, 10-21-05

14 Valencia Road, \$655,000, 3 Bdrms, 1269 SqFt, 1954 YrBlt, 5-25-11

## Lamorinda Foreclosures recorded

#### **LAFAYETTE**

10 Carolyn Court, 94549, Wells Fargo Bank, 05-31-11, \$418,885, 1074 sf, 3 bd ORINDA

110 Brookside Road, 94563, Downey Savings, 05-19-11, \$615,300, 2648 sf, 4 bd



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- Buy a home in Lafayette, Moraga, or Orinda, in a rare buyer's market.
- Sell in the under \$1,000,000 range in Lamorinda, where sales are now improving, and move up to your dream house in a higher price range where the best negotiating opportunities exist.
- 4) Downsize, and sell in Lamorinda, where the market has not dropped as much, then buy a great one-story home at a bargain price in a nice neighborhood where homes have dropped more. Keep a low property tax by transferring it to the new house within Contra Costa County.

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Page: D4 LAMORINDA WEEKLY OUR HOMES www.lamorindaweekly.com \$\mathcal{C}\$ 925-377-0977 Wednesday, June 22, 2011

## Orinda's Windsor Chair Guy—George Lucido

## ... continued from page D1

"I like to keep it as authentic as possible. All of the chairs were built the original way using the original tools," says Lucido. When unable to find a domestic source for an English travisher, a convex woodcarving tool used for shaping the chair's seat, Lucido made one himself. He smiles when pointing out the exception – he admits freely to using an electric-powered lathe versus the pedal-powered lathe employed in the early days.

The wood and paint he uses are also original. The chair seats are made with East-

ern white pine sourced from the East coast, and the rest of the chair is made with freshly cut Modesto Ash, a tree common to the Bay Area with wood that has a very straight grain, so it bends easily and works well for the curved pieces on the chair back. Lucido covers the chairs with two coats of milk paint (an all natural product), first red then black. "When the chairs were first made, they were mostly painted red because that pigment was more readily available and then in later years re-covered with black paint," explains Lu-

cido. He burnishes the black layer to create a shiny and silky smooth surface and leaves streaks of the rustic red peeking through at the edges.

Lucido's woodworking craft is in large part self-taught, and he has kept busy sharing his knowledge. He volunteers time in the advanced woodworking class at Campolindo High School, and he occasionally gives talks to community groups about his craft.

"It's a really fun hobby. I'm out here in the workshop seven days a week," he says, "It doesn't give me the frustrations that a relaxing day on the golf course used to." And as a reminder, should he be tempted to forgo the woodshop and return to the links, Lucido has his driver prominently displayed over the doorway of his workshop—and that's where it will stay, says Lucido..

George Lucido also does wood furniture repair. You can reach him at his studio at (925) 254-3659 or via email at sawdustman1@comcast.net.

#### More About the American Windsor Chair

Like many of the things that migrated with the early colonists, Windsor chairs were remade with an American twist. In England, chair makers were required to belong to a guild, which dictated the chair design and amount to be charged. The colonists quickly discarded the old world constraints and created their own chair designs, and the seven varieties of the American Windsor chair were born.

So why were they called "Windsor" chairs? As one story goes, King George was hunting and took refuge from the rain in a farmer's house in the woods. While there he sat in the farmer's chair and found it so comfortable that he ordered several identical chairs to be produced for his home, Windsor Castle. (George Lucido finds this explanation a bit far-fetched.) More likely, the name stems from the fact that the chairs were first made in Windsor, England, an area where many of the woods used could be sourced.

The quintessentially American Windsor chair has been seen throughout the United States' brief history and carries a democratic provenance.

- George Washington was a devoted Windsor chair collector and had 27 Windsors at his Mount Vernon home.
- Thomas Jefferson wrote a draft of the Declaration of Independence while seated in a Windsor.
- When the Declaration of Independence was signed in Philadelphia on July 4, 1776, the assembly sat in Windsors.
- Washington's officers sat in Windsor chairs at Fraunces Tavern in New York City to listen to his farewell speech.



A sack back American Windsor chair.

[Source: http://www.gummelchairworks.com/Windsor-Chair-History.htm]

#### George's Bowls and Vessels

People call George Lucido when a tree falls. "It happens all the time," he says. And when he gets a call, he gets to work right away (the wood must be harvested within a week) turning the dead tree remnants into beautiful and functional bowls. Lucido has collected wood from felled trees such as black acacia, black walnut, and birch, from all over Contra Costa County. After making the bowl, he allows it to cure for a year and then sands, oils, and polishes it to provide a bright, natural sheen.



Lucido also makes some very elaborately detailed bowls and vessels, which are more about art than function. The woodworker uses popular and exotic woods to recreate the designs of clay vessels from the Southwest. These bowls and vessels are sold at Valley Art in Walnut Creek and Gallery M in Half Moon Bay. *A. Firth* 



Photos Doug Kohen

Page:

## Digging Deep with Cynthia Brian

**?** 925-377-0977

## Plant a Playground

By Cynthia Brian



A summer centerpiece with blue and white Nigelia in a copper bucket. Leeks and onions have been picked for roasting.

hether the result is a horticultural master-piece or only a modest vegetable patch, the hope for a glorious future is at the heart of all gardening.' Marina Shinz, photographer

Every morning after making my early bird rounds of my property with a cup of java, I go to the office, sit down to the computer, respond to emails, and post a quip to Facebook, Twitter, and Linked-in. Usually my musings regard the literacy charity, Be the Star You Are!® or an insight about the rewards of working with and coaching teens. A few responses from fans are posed to my profile, applauding the purpose or asking for further information, yet nothing remarkable. However, on the days that my blurbs pertain to garden issues, my inbox overflows with comments. Friend requests arrive from total strangers across the globe insisting that we are colleagues because we are gardeners.

The love of gardening is our equalizer and common denominator. Our gardens become our personal playground, a sandbox of building, planting, exercising, sharing, and growing. According to the journal, Environmental Science and Technology, it only takes five minutes in the garden every day to improve both your mood and

your self-esteem. Researchers suggest that gardening is in our evolutionary genetics. When we tend a patch of earth, no matter how small, we feel more peaceful, generous, and optimistic. Prevention Magazine shared data indicating that biochemical pathways in our brains are stimulated and satisfied by our primal longings to commune

Gardening is good for our bank balances, too. The associated Landscape Contractors of America calculate that landscaping adds as much as 14% to the resale value of a building and helps it sell six weeks earlier. Planting ecologically benefits our planet by reducing soil erosion and filtering pollutants.

Statistics abound with the how and why people garden resulting in fascinating findings. With an accuracy rate of 95 % (plus or minus 4.2 percentage points) representing the attitudes of over one hundred million households, the spring Technometrica Market Intelligence survey found that nearly one half of the population will be gardening in their backyards with a little more than a quarter sprucing up their front spaces this summer.

Despite the economic challenges, 51% percent of consumers favor buying plants of the highest quality, regardless of price. Only 27% chose purchases that were the least expensive.

Where are gardeners getting their ideas for styles, trends, and tips? A whopping 34% indicated that they read books, magazines, and newspaper gardening articles before planning and planting. I hope they are perusing Digging Deep!

With people more aware of the health benefits of local produce, vegetable gardening is more popular than ever. Two thirds of those surveyed grow their own food and 82% are motivated to do so because homegrown vegetables, fruits, and herbs are tastier, pack more nutrients, and are freshest from the terra to table. Although most Lamorinda gardens are larger, it was interesting to note that the majority of avid gardeners worked a plot of land smaller than ten feet by ten

Gardening is the number one hobby of Americans. Aside from beautifying our surroundings and providing edible nourishment, the physical, mental, spiritual, and emotional benefits shine for gardeners of all ages. Gardening in-



Orinda gardener, Harry Freis, shared his fabulous foxgloves. He wrote Cynthia, "I enjoyed two weeks of perfect flowering weather until the storm hit. Then they looked like a chorus line of long haired ladies in the shower!" A compelling image. Thank you Harry!

creases strength, flexibility, and body tone. Fortyfive minutes of active gardening burns the same number of calories as thirty minutes of aerobics. Gardening is "real" exercise. One hour of weeding burns 300 calories, the same as walking or bicycling at a moderate pace.

Gardening is a stress buster, especially when you are hacking away at those menacing weeds instead of seething with business burnout. By digging in the dirt, we connect with nature, allowing us to unplug from our technological turntable. Patience is learned, as we can't rush a beet. With the long cold and rainy season experienced this year, many of the seeds I planted in May are only now sprouting. Mother Nature decides when germination occurs. We are the

The garden is the foundation for creativity as we combine colors, textures, form, and function. No matter what style, shape, or size, our gardens are the play structures for our imaginations, a gathering place where family and friends find tranquility, enjoyment, and camaraderie.

Gardening is our hope for the future. This summer, dig in, plant a playground, and welcome the flower power paybacks.

Cynthia Brian The Goddess Gardener 925-377-7827

Cynthia@GoddessGardener.com www.GoddessGardener.com

My virtual door is always open. I am available as a speaker and consultant. Feel free to contact me.



Page: D6 LAMORINDA WEEKLY OUR HOMES www.lamorindaweekly.com \$\infty\$ 925-377-0977 Wednesday, June 22, 2011

## Ask Cynthia Brian, Your Gardening Guide on the Side

Steep thyself in a bowl of summer. --Virgil

Throughout the year, Lamorinda Weekly readers email me with horticultural queries. Many gardeners share the same concerns. These are the three most popular inquiries this year.

#### Question: How can I bring butterflies to my garden?

Answer: Our beautiful winged friends are drawn to bright, cheerful flowers. When you plant a garden filled with their favorite feasts, you have planned their party. Echinacea, zinnia, butterfly bush, penstemon, lantana, Mexican sunflowers, and cosmos are a few of the floral favors. Lilac bushes and wildflowers are also attractive. Encourage them to stay longer and multiply, by growing host plants such as milkweed, fennel, parsley, and dill for their offspring to dine al fresco. The eggs hatch into caterpillars, hungrily nibbling on the treats until metamorphose magic. Keep a small saucer of muddy water for them to sip a cool drink. If you planted a potager, your herbs, flowers, and vegetables will be mingled together offering the best retreat for these colorful insects.

## Question: Last year I had gorgeous daffodil blooms. This year, not a single daffodil flowered, but there were loads of beautiful leaves. What happened?

Answer: This is the most frequent complaint I get in the spring from gardeners who love a perfect yard. My guess is that last spring after your daffodil blooms faded you either cut, braided, or tied the leaves before they had a chance to completely die back. As unsightly as they are, it is imperative to allow the yellowing leaves to naturally disintegrate for the photosynthesis to feed the bulb for the following season. When the leaves are golden brown and crackly like a potato chip, then, and only then is it time to clean up the plant. If you find it unsightly to leave the fading leaves in your beds, plant annuals or a ground cover around the daffodils. By doing this, you will ensure double the amount of blooms next season. By the way, this procedure is necessary for all blooming spring bulbs, not just daffodils. In my garden, I clean up the browned leaves during the month of June, adding them to the compost bin.

## Question: I have a pond with a recirculating pump, yet, there are mosquito larvae swimming around. What do I do?

**Answer:** Now that the sunny weather has finally arrived and summer is around the corner, we have to be proactive with keeping the mosquitoes at bay. Some mosquitoes carry the West Nile virus dangerous to humans, while others endanger the lives of our canine friends by infecting them with heartworm disease. Be vigilant in emptying any standing water as even a couple of tablespoons in a container entices mosquitoes. When the weather heats up, it takes three to five days for the larvae to mature into breeding, biting brats.

Probably your pump isn't powerful enough. It may be stirring the water surrounding the immediate area of where it is installed leaving still or stagnant areas at the other end of the pond. My suggestion is to add mosquito fish which, when mature at one inch of length, will devour up to five hundred mosquito larvae per day. Depending on the size of your pond, goldfish or koi are vorcious eaters, although you may want to install netting over the pond to deter the fishing raccoons. You can also buy Mosquito Dunks at your local garden center or hardware store. These two-inch floaters contain Bacilllus thuringiensis v. israelensis, slowly releasing the BT on the water surface. It gradually sinks to the bottom where the larvae feed on it and die. The Mosquito Dunks are not harmful to wildlife, fish, or humans. They last three to four weeks with one dunk covering twenty five to hundred surface feet. You can cut them into quarters for smaller areas. If you feel you have a mosquito problem, abatement is offered for free by the Contra Costa County Vector Control Department. Call 925-685-9301 and ask for an inspector to come to your property. They will spray and also give you mosquito fish. In the early 1900's, parts of Contra Costa County were uninhabitable because of mosquitoes and the diseases they brought including malaria and encephalitis. Mosquito abatement began in 1927 and our health has been a priority ever since.



Cynthia's amazing artichokes-beautiful and delicious.

Photos Cynthia Brian

#### Question: What is your favorite specimen in your garden?

**Answer:** This is an unfair question! It's like asking me which of my children I love most. Since you've been reading Digging Deep-Gardening with Cynthia, you already know that I am a zealous, hands-in-the-muck, extreme DIY gardener. I get excited literally every day when something new bursts into bloom. This year, in the vegetable department, I am head over heels with my two artichoke plants growing in my potager. They have provided bushels of sweet, almost thistle free scrumptiousness for weeks with no end in sight. The most unusual delight is

the triple blooms of my scarlet red amaryllis. Normally entertaining me at Christmas, it surprised me with a dazzling dinner plate size display this week. Finally, my roses have never been more glorious. My home is filled with their brilliance and fragrance. (FYI-July Digging Deep will be a tribute to these precious plants.) Because of the rains, my orchard is disappointing. I have no cherries, apricots, or Santa Rosa plums this year. There will be a small crop of Asian pears, apples, peaches, loquats, mulberries, currants, grapes, tangelos, tangerines, guavas, lemons, and chestnuts, assuming mild weather conditions and minimal interference



Cynthia's favorite Amaryllis.

from the abundant wildlife. As hoped, my purple plums are right on schedule to ripen on June 22.

Thank you for your questions and for reading this column. It's a pleasure to be your gardening guide. If you want to be happy, healthy, and tranquil, start digging deep!

Hello summer and happy gardening to you!

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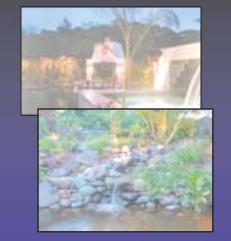
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#### 136 David Drive

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#### **6 Southard Court**

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