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Matthew Sprague Photo provided

Sprague Joins Care Indeed in Orinda 61 Moraga Way, Suite 9, Orinda (925) 724-4398, www.careindeed.com

Matthew Sprague joined the Care Indeed team as part of the company's expansion in the East Bay. As care manager of the Orinda office, Sprague will be developing and managing new and existing accounts. Care Indeed is a home care agency that provides discreet personal care and companionship for older adults and seniors who wish to remain in their homes. The agency offers a wide range of quality home care services. Sprague is a licensed vocational nurse with a master's degree in business administration. He had worked at the Pacifica Nursing and Rehabilitation Center and he volunteers at the VITAS Innovative Hospice Care and San Francisco General Hospital. A recipient of the Clinical Excellence Award for Patient Care, he brings with him the experience of working with resources within the community.

An Afternoon of Bridal Planning Lafayette Park Hotel & Spa 3287 Mt. Diablo Blvd.

Visit with some of the finest wedding and event vendors in the East Bay from 11 a.m. to 4 p.m. March 3 at the Lafayette Park Hotel & Spa. The event will include bride sway bags, champagne and wine tasting, a mojito bar, and couture gown modeling. A portion of the proceeds from the event will benefit the Whole Foods Foundation. All brides will be entered into a drawing for a four-day/three-night honeymoon trip to Sandos (www.Sandos.com), an all-inclusive resort in Los Cabos, Mexico. For tickets and booth information visit www.EastBayBridal.com or call (510) 886-1317.

News from the three Chambers of Commerce Lafayette

The Lafayette Chamber is teaming up with the American Red Cross and Titan Real Estate Investments (Rod

Deily) for its first blood drive from 10 a.m. to 4 p.m. March 8 at Oakwood Athletic Club, 4000 Mt. Diablo Blvd. Juices and snacks will be donated by Whole Foods. A raffled gift will be given after the blood drive to all participants. Remember: the need for blood is constant; the gratification is instant. To schedule an appointment, visit www.redcrossblood.org - click the blue button "Make a Blood Donation Appointment," enter the sponsor code "LafayetteBlood," and the "From/To" dates of March 8 to schedule.

Orinda

The Chamber says thank you to Live at the Orinda sponsors: Calicraft Brewing Company, Cal Shakes, City of Orinda, Patti Camras, Orinda Coldwell Banker, EBMUD, Full Scale Event Productions, The Hurd Jorgensen Group, Merrill Lynch, Susan Hurrell, CPA, Kattenburg Architects, Lamorinda Weekly, Susan Martin, Prudential California, McDonnell Nursery, The Oakland Zoo, Orinda Convalescent, Orinda Taxi, Theatre Square, The UPS Store in Orinda, and Tommy T's.

Moraga

There were no events scheduled at press time.

Reach the reporter at: info@lamorindaweekly.com

<u>back</u>

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