

Local divers compete at Greg Louganis Invitational Meet

Submitted by Patricia Cetrone



Brenna Cetrone (Moraga), Audrey Lundgren (Lafayette) and Hailey Tang (Moraga) traveled to Irvine to compete in the fifth annual Greg Louganis Invitational dive meet March 25-26. Cetrone, a junior at Miramonte High School, placed third on 3M and sixth on 1M, medaling on both boards. Lundgren, a sophomore at Acalanes High School, placed 17th on 1M. Tang, a freshman at Campolindo High School, placed 14th on 3M and 18th on 1M. All three are members of the Sherman Divers competitive team and were coached by Brianna Nicholson.

From left: Brenna Cetrone, Hailey Tang, Audrey Lundgren and coach Brianna Nicholson. Photo Trish Cetrone

Panfli named All-Star MVP

Submitted by Justin O'Bryant



Brooke Panfli

Photo Gint Federas

Acalanes basketball player Brooke Panfli was selected to play in the GST/Passthaball Senior All-Star game recently in San Leandro along with some other very good Division 1-bound players, including Limari Thomas, Haley Vice Neat and Namiko Adams. Brooke's team won an exciting and close game and she took home the MVP trophy with her game-high 24 points, including five 3-pointers.

DAL All-League – Foothill Division Boys 2016-2017

Boys Cross Country – 2016-17



Jared Yabu Jonathan Fierro

1st Team All-League – Foothill Division		
Jared Yabu	Campolindo	Senior
Jonathan Fierro	Miramonte	Senior
Raymond Diaz	Campolindo	Senior
Richard Gong	Campolindo	Senior
2nd Team All-League – Foothill Division		
Niki Moore	Campolindo	Senior
James Bull	Miramonte	Junior
Kyle Flett	Campolindo	Senior
Ethan Sauerberg	Campolindo	Junior
Navid Boozarpour	Campolindo	Senior
Honorable Mention – Foothill Division		
JJ Young	Miramonte	Junior
Zach Woodworth	Acalanes	Senior
Grant Churchill	Miramonte	Senior

Boy's Water Polo – 2016-17

Most Valuable Player – Foothill Division		
Tyler Abramson	Miramonte	Senior
Outstanding Goalie – Foothill Division		
Ben Miller	Campolindo	Junior
1st Team All-League – Foothill Division		
Peter Brassinga	Campolindo	Senior
Duncan Creed	Miramonte	Junior
Mikey Dakis	Miramonte	Junior
Beck Jurasius	Campolindo	Sophomore
Brad Robison	Acalanes	Senior
Christian Schillinger	Miramonte	Senior
Jake Stone	Acalanes	Sophomore
Michael Wheeler	Campolindo	Junior
2nd Team All-League – Foothill Division		
Giorgio Alessandria	Campolindo	Sophomore
Casey Conrad	Acalanes	Senior
Tommy Hawkins	Campolindo	Junior
Jackson Painter	Miramonte	Freshman
Stephen Schmidt	Miramonte	Senior
Bennett Winther	Acalanes	Junior
Honorable Mention – Foothill Division		
Nate Welcmer	Acalanes	Senior
Wayne Hawkins	Campolindo	Senior
Will Clark	Miramonte	Junior

Second Team – All-League – Foothill Division

Robbie Rowell	Acalanes	QB	Junior
Teddy Hoxie	Miramonte	OL	Junior
Tomie Vega	Campolindo	OL	Senior
Nick Rovetti	Miramonte	OL	Senior
Vince Mossotti	Campolindo	WR	Junior
Brian Merken	Acalanes	WR	Junior
Jake Hassard	Miramonte	DB	Junior
John Torchio	Campolindo	DB	Junior
Michael Hooper	Campolindo	DB	Senior
Casey McGonigle	Miramonte	LB	Senior
Enzo Gravino	Las Lomas	LB	Junior

Boys Soccer – 2016-17

Most Valuable Offensive Player – Valley Division		
Drew Wondolowski	Acalanes	Senior
Co-Most Valuable Defensive Player – Valley Division		
Sam Pinto	Miramonte	Junior
1st Team All-League – Foothill Division		
Rupert Dusauzay	Campolindo	Senior
Seppi Ortman	Campolindo	Junior
1st Team All-League – Valley Division		
Gabe Singer	Acalanes	Senior
Bryan Bamford	Acalanes	Senior
Chris Rogers	Acalanes	Sophomore
Ben Hodder	Miramonte	Senior
Michael Ramirez	Miramonte	Sophomore

Boys Basketball – 2016-17

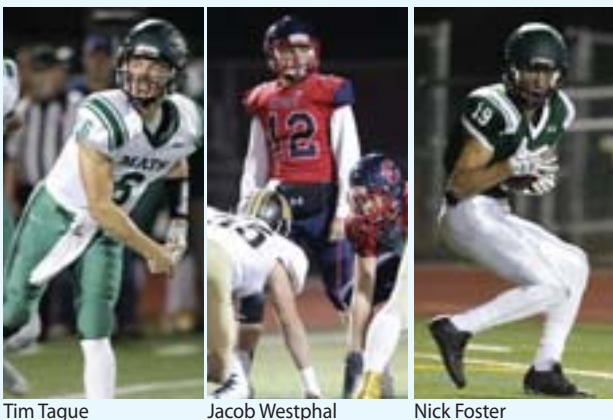


Jesse Marlow Charlie Hocking Hunter Clarke

1st Team All-League – Foothill Division		
Jesse Marlow	Acalanes	Senior
Charlie Hocking	Miramonte	Senior
Hunter Clarke	Campolindo	Freshman
2nd Team All-League – Foothill Division		
Chris Wright	Campolindo	Senior
Mitchell Smith	Acalanes	Junior
Will Cummins	Campolindo	Junior
Miles Beaubelle	Miramonte	Sophomore
Honorable Mention – Foothill Division		
Ryan Nall	Acalanes	Junior
Nick Foster	Miramonte	Senior

Football – 2016-17

Most Valuable Player Offense – All-League – Foothill Division



Tim Tague Jacob Westphal Nick Foster

Name	School	Position	
Tim Tague	Miramonte	QB	Senior
First Team – All-League – Foothill Division			
Jacob Westphal	Campolindo	QB	Senior
Nick Foster	Miramonte	WR, DB	Senior
Ethan Fischler	Miramonte	WR	Junior
Matt Ringuist	Campolindo	WR	Senior
Kannah Cruickshank	Campolindo	WR	Senior
Joey Berzins	Campolindo	TE	Senior
Ryan Nall	Acalanes	DL	Junior
Lev Garcia	Campolindo	DB	Senior
Alex Cruz	Concord	LB	Senior
Ryan Walker	Miramonte	LB	Senior
Branden Bocobo	Campolindo	LB	Senior
Sterling Butler	Acalanes	LB	Senior

2nd Team All-League – Foothill Division

Matty Ringquist	Campolindo	Senior
Kai Weyland	Campolindo	Senior
2nd Team All-League – Valley Division		
Payson Newman	Acalanes	Senior
Alex Topping	Acalanes	Junior
Mark Von Hacht	Acalanes	Senior
William Knox	Miramonte	Senior
William Stenzel	Miramonte	Senior
Honorable Mention – Foothill Division		
Jose Carra Hernandez	Campolindo	Sophomore
Vivek Lashkari	Campolindo	Sophomore
Solomon Dusauzay	Campolindo	Senior
Honorable Mention – Valley Division		
Oliver Feigin	Acalanes	Junior
Luke Denham	Acalanes	Junior
Brody Quinn	Acalanes	Senior
Luca Argast	Miramonte	Sophomore
Conor Roemer	Miramonte	Sophomore
Nicholas Rovetti	Miramonte	Senior

Wrestling – 2016-17

1st Team All-League		
132	Tai White	Acalanes
145	Jeremy Ridge	Acalanes
152	Skylar Wright	Miramonte
160	Axel Jurgens	Acalanes
170	Maxwell Fleming	Miramonte
2nd Team All-League		
138	Owen Madaus	Miramonte

We will publish the Girls list in our May 3rd issue.

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