

## Cynthia Brian's Mid-month Gardening Tips

- **TUNE UP** your irrigation system. Check for sprinklers that aren't working, bushes or fences that are blocking sprinkler heads, broken pipes, clogged nozzles, leaky hoses and valves, and sprinklers that are spraying driveways and walkways.
- **MULCH** for water retention and weed prevention. Three inches is recommended. Your soil will improve over time as well.
- **TAKE** breaks while gardening to protect your back and knees.
- **PLANT** summer blooming bulbs and seeds. There are over 100 different choices of bulbs and 200 perennials.
- **IMPROVE** memory, lower cancer risk, and promote your heart health by planting a container of blueberries. Easy to grow as a patio plant, one serving provides 25 percent of your daily Vitamin C requirement.
- **WIN** \$50,000 for your Garden: As a judge in America's Best Gardener Contest. I encourage you to enter your best garden photo. The top prize is \$50,000. [www.americasbestgardener.com](http://www.americasbestgardener.com).  
Avoid decay and continue the harmony every day. Enjoy the magic of May. Have a magnificent Memorial Day weekend, too!

Happy Gardening and Happy Growing!



Cynthia Brian loves gardening in May.

Cynthia Brian, The Goddess Gardener, is a New York Times best selling author, actor, radio personality, speaker, media and writing coach as well as the Founder and Executive Director of Be the Star You Are!® 501 c3. Tune into Cynthia's Radio show at [www.StarStyleRadio.com](http://www.StarStyleRadio.com). Available for hire for any project. [Cynthia@GoddessGardener.com](mailto:Cynthia@GoddessGardener.com) [www.GoddessGardener.com](http://www.GoddessGardener.com) 925-377-STAR

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