

Lamorinda Divers qualify for NCS

Submitted by Trish Cetrone



Back row, from left: Josiah Klock, Riley Pellman, Brenna Cetrone, Hailey Tang, Daniel Zabronsky, Audrey Lundgren, Emma Smith, Emma Taylor, Jacqueline Samaniego; front row: Michaela Ricker, Kelly Robles, Madeline Landau; not pictured: Deivi Moretti. Photos Stephanie Klock



Brenna Cetrone and Josiah Klock

Divers from the combined CLAM high school team for Miramonte, Campolindo, Acalanes and Las Lomas participated in the DAL League Championship meet Saturday, May 5 at Acalanes High School. Eight team members automatically qualified for NCS and three achieved consideration. NCS Championships took place May 10 in Livermore and CIF State Championships take place May 18-19 in Clovis. The combined CLAM high school team is coached by Will Haynes.

NCS Qualifiers

Girls/Year/School

Brenna Cetrone, Senior, Miramonte
Audrey Lundgren, Junior, Acalanes
Riley Pellman, Freshman, Las Lomas*
Michaela Ricker, Freshman, Campolindo*
Jacqueline Samaniego, Junior, Acalanes

Emma Smith, Freshman, Campolindo*
Hailey Tang, Sophomore, Campolindo
Emma Taylor, Junior, Miramonte
*Consideration

Boys/Year/School

Josiah Klock, Sophomore, Campolindo
Deivi Moretti, Junior, Miramonte
Daniel Zabronsky, Freshman, Campolindo

Competitive Sport Cheer teams

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Sallina Boynton (Jazzlyn's mother and former coach) filled in last year as coach at Las Lomas High School. She will be coaching next year at Acalanes along with her daughter and Caviness and appreciates the difficulty of competitive cheer: "You compete at jumping, tumbling, partner stunts and pyramids. There are six levels and three different routines with each level and you have a short window to learn the routines. It's a lot of work and a lot of fun. I'm very happy that it's a sport."

There are positions in competitive cheer like in other sports. There are backs, two bases (the ones who lift the girls and the flyers (the ones who are lifted).

Miramonte's co-captains this past season were Olivia Kaufman and Jaqui Yuqi, who Herndon came to rely on: "They filled the traditional roles of captain. They made sure the girls showed up on time and made sure they focused on their work and at the games and helped us call the routines."

The Acalanes' captains were Sierra Taylor and Maia Warren. "They helped out particularly when the players were not focused and paying attention," said Jazzlyn Boynton.

Another difference between competitive cheer and traditional cheer is the uniforms the girls wear. The uniforms are more akin to a volleyball uniform, with long sleeve Spandex-type jerseys and Spandex shorts.

Competitive cheer is growing in college as well, according to Herndon: "The NCAA has just recognized this sport and there is going to be recruiting and scholarships but it is just in its early stages."

With the more difficult and athletic stunts in competitive cheer, unfortunately come the risk of greater injury. According to Boynton: "We see more injuries in competition with more stunting and tumbling resulting in sprained ankles and injuries to other joints."

The practice required for the teams range from two to three days a week with practices lasting two hours.

With one year under her belt, Sallina Boynton is more confident approaching next season: "As coaches, we will know better how to facilitate and divide the practices."

Echoing that sentiment, Herndon says: "We now have a better idea on how to prepare the girls for the games and how long we need to do so."

California Magic 07 Boys win Cinco de Mayo Fiesta

Submitted by Megan Shields



Photo provided

The California Magic Soccer Club's 07 boys captured the AFC Cinco de Mayo Fiesta division title early May in Hayward. "The boys played amazing futbol, always building out from the back, making combination plays through the middle and scoring smart goals," said Coach Michael Muniz.

"They trained hard this spring and have developed not only a culture of dedication to the game, but a strong bond as teammates. We are all proud of them." The team had one loss during the two-day tournament and beat that same team in the final game to clinch the championship.

California Magic 08 Girls sweep Bay Area Spring Cup

Submitted by Megan Shields



Photo provided

The California Magic Soccer Club's 08 girls went undefeated in the Bay Area Spring Cup claiming their division's Spring Cup title. Coach Beto Zambrano applauded the cohesiveness and passion the team displayed throughout the tournament. "The championship match tested their resiliency

and patience. The team knew what they wanted and worked hard for each victory," said Zambrano. The tournament hosted over 300 teams from across California at the end of April, playing games throughout the South Bay.

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