

Digging Deep with Cynthia Brian

Making scents

... continued from Page D12

The second book is “Be the Star You Are! Millennials to Boomers Celebrating Gifts of Positive Voices in a Changing Digital World.” This book illustrates how similar the various generations are and offers insights on how we can all prosper to make this world a better place.

I am shamelessly promoting these books in this column for three reasons:

1. They will make fabulous, life enhancing gifts for the

holidays. (Buy them at <http://www.CynthiaBrian.com/online-store>)

2. The proceeds from sales of all of my books benefit Operation Disaster Relief to help the victims of the California wildfires recover. (<http://ow.ly/X0Ia30mF4zZ>)

3. I will continue to donate copies of my books to Operation Disaster Relief that is spearheaded by the volunteers of the top rated local charity Be the Star You Are!®

501 c3. (<http://www.BetheStarYouAre.org>)

To borrow a tagline from Sow True Seed, these books are “open-pollinated, untreated, and GMO-Free!” And they are filled with ideas, exercises, and fun activities that you can do indoors even when the air is unbearable outside or the weather is insufferable. I encourage you to support disaster relief by buying copies of the books and start enjoying making scents and sense.



A zeke plant is an excellent houseplant choice for areas with low light.



Liquid Amber leaves can be included in autumn potpourri sachets.



Buy Cynthia Brian's books with free shipping, extra goodies, and money goes to Disaster Relief at www.cynthiabrian.com/online-store

Cynthia Brian, The Goddess Gardener, raised in the vineyards of Napa County, is a New York Times best-selling author, actor, radio personality, speaker, media and writing coach as well as the Founder and Executive Director of Be the Star You Are!® 501 c3.

Tune into Cynthia's Radio show and order her books at www.StarStyleRadio.com.

Buy a copy of the new book, Growing with the Goddess Gardener, at www.cynthiabrian.com/online-store.

Available for hire for projects and lectures.

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