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Lacrosse Against Hunger: Two Acalanes sophomores making a difference



Photos provided



Two Acalanes Varsity Lacrosse players, Zach Appel and Owen Estee, have launched Lacrosse Against Hunger, to offer lacrosse coaching sessions to 7-14 year olds in exchange for a charitable donation to White Pony Express during the COVID-19 pandemic. The mission of White Pony Express is to "help eliminate hunger and poverty by delivering the abundance all around us to those in need - with love." Over the past six years, White Pony Express has provided more than 9 million fresh, high-quality meals to Contra Costa residents in need.

So far, the two rising sophomores have raised more than \$1,000 to support White Pony Express. This funding will provide meals to more than 1,600 individuals. "When COVID-19 started spreading through Contra Costa County, I wanted to do something to help people in need. Through Lacrosse Against Hunger, I am able to share a sport I love with other kids, while making a difference," said Zach. Lacrosse Against Hunger is a creative, non-traditional youth-led approach to raising money to help those served by White Pony Express. "I

love lacrosse and being able to share it with others, especially playing for a good cause and helping others during this strange time," said Owen. All money raised goes directly to White Pony Express through Lacrosse Against Hunger's GoFundMe page. Requested donation per session is \$25 or more. To make a donation to White Pony Express through Lacrosse Against Hunger, visit www.gofundme.com/f/

[lacrosse-against-hunger.](http://www.gofundme.com/f/)

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[back](#)

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