

... continued from Page D12

Children are naturally curious and by keeping your nature talks short and fascinating, you'll develop a gardener for life. Gardening is fun and it's an excellent way to keep our bodies and spirits in optimum shape. While you are sowing the seeds of growing in the minds of young sprouts, you'll also be planting resilience and acceptance. Failure is fertilizer. When something doesn't grow, we throw it on the compost pile to grow a new garden next season. As a metaphor for life, our children are all going to flounder and fail. The teachable moment from Mother Earth is that there are no mistakes if we learn the lesson and fertilize for the future.

Whether you are a big or tiny sprout, my gift is to pass on my love and knowledge of gardening with you. Dig it with your kids!

Wishing you a jolly December of magic and marvel!



A small potted spruce tree can be decorated by children now and nurtured for the next season.



Cynthia Brian's little sprout gardening partner uses chopsticks to plant her seeds.



Cynthia Brian and her garden helper young sprout, Kaylee.

Cynthia Brian, The Goddess Gardener, is available for hire to help you prepare for your spring garden. Raised in the vineyards of Napa County, Cynthia is a New York Times best-selling author, actor, radio personality, speaker, media and writing coach as well as the Founder and Executive Director of Be the Star You Are!® 501 c3. Tune into Cynthia's StarStyle® Radio Broadcast at [www.StarStyleRadio.com](http://www.StarStyleRadio.com). Buy copies of her best-selling books, including, Chicken Soup for the Gardener's Soul, Growing with the Goddess Gardener, and Be the Star You Are! Millennials to Boomers at [www.cynthiabrian.com/online-store](http://www.cynthiabrian.com/online-store). Receive a FREE inspirational music DVD. Hire Cynthia for writing projects, garden consults, and inspirational lectures. [Cynthia@GoddessGardener.com](mailto:Cynthia@GoddessGardener.com) [www.GoddessGardener.com](http://www.GoddessGardener.com)

# McDonnell Nursery

Free Local Delivery

family owned since 1933

Christmas Trees  
Wreaths • Garland • Ornaments  
Poinsettias • Holiday Décor • Gifts

[www.mcdonnellnursery.com](http://www.mcdonnellnursery.com)

196 Moraga Way • Orinda • (925) 254-3713 • Open Daily