

## Digging Deep with Goddess Gardener, Cynthia Brian

### Garden trends for 2021



Pick a few sprigs of narcissus to perfume an entire room.

... continued from Page D1

Research indicates that over 16 million people started gardening for the first time during the pandemic and many of them are under the age of 35. More than half of American adults are spending at least two additional hours outside today than before the outbreak started. In 2021, gardening will become a part of everyday life and will infiltrate school curriculums. Currently, 67% of adults are growing or plan to grow edibles. Berries are the most prevalent plus 52% of people are growing vegetables, 33% growing herbs, and 31% growing fruit.

#### What's trending up for 2021?

- Increased online sales of plants and garden products which offer convenience, speed, and safety.
- Parks, trails, and open spaces will

become an integral part of daily life.

- Interiorscaping will become a new buzzword as stores and businesses bring the outdoors in.
- Greater demand for houseplants for every room, especially home offices.
- Tropical plants will grace new “garden rooms” indoors.
- Certified wildlife habitats and pollinator gardens are spreading.
- Educational courses, how-to videos, and garden consultants will become routine learning tools.
- A surge in home cooking and the fear of food scarcity means growing one's own fruits, vegetables, and herbs is a necessity.
- Canning and preserving food for the future will be re-popularized.
- Children will be introduced at a younger

age to the treasures of nature.

- Miniature plants to grow on windowsills, under grow lights, or under glass for those living in small apartments without yards will be more readily available.
- We will live with nature and protect our eco-systems to save lives.

The benefits of gardening are innumerable and will grow even more fashionable. Increased health, decreased stress, improved wellness, and stronger bodies through garden chores will lead to happier more balanced lifestyles.

In 2021, we will embrace nature as part of our being. Nature is not something “out there” in the wilderness. Nature will thrive in our backyards, on rooftops, balconies, porches and windowsills. Our very existence will depend on creating a sustainable balance between humans and all creation.

My hope is that we will all finally understand that there are no mistakes in the garden. Failure is fertilizer to grow anew. Just garden.

Happy New Year with revived cheer. Let's get it right!



The bright shiny foliage of Naked Lady adds green to a bare yard.