Not to be missed

California Shakespeare Theater Presents "Man and Superman" by George Bernard Shaw through July 29th. "The Triumph of Love" by Pierre Marivaux, adapted and directed by Lillian Groag.

August 8 - September 2 Tue-Wed-Thurs 7:30pm (except for preview nights which are at 8:00pm the first Wednesday and Thursday of each show) Fri-Sat 8:00 pm, Sunday 4:00 pm, Bruns Amphitheater, Orinda

For more information or to purchase tickets, call the Cal Shakes Box Office at (510) 548-9666 or visit www.calshakes.org

"My Three Angels" Sponsored by Orinda Starlight Village Player's thru August 4th Fridays & Saturdays, at 8:30PM; Sunday, July 29th at 4PM

Thursday, August 2nd at 8PM 26 Orinda Way, at the Orinda Community Center Outside Amphitheater. Adult \$15, senior/student \$7.50, group rates available

No Reservations needed. (925)253-1191

Performing Live at Joe's of Lafayette Fri., July 27, Opie Bella's Quartet. Sat., July 28, Black Olive Jazz. All shows play in the dining room for dinner 7-10 pm unless otherwise specified. For more information see www.joe-

Free Live Music in Orinda's Theatre

soflafayette.com. Or call 299-2924

5:30 -8:30 every Thursday night July 26th - Ben Oni Orchestra- Big Band. August 2nd - The Adrian Gormley Ensemble- jazz. August 9th - The Final Four- Retro Beatles Style. August 16th - Shan Kenner-Spanish, Flamenco Guitar. August 23rd -Michael Robinson Band.

Golden Gate Boy's Choir Parents Day Concert

Free and open to the public Saturday, August 11, 2007 at 2:00 pm. Diocesan Youth Retreat Center 977 Reliez Valley Road Family friendly program of choral music, handbell ringing and Orff instrumentation. We especially invite families with boys, age 7 - 12 interested in GGBC membership.

Orinda Library Gallery- Group Show Through -August 17, 2007 M-Friday, 10-6 pm, Sunday 1-5 pm. (925)254-2184

The Oakland Art Association presents a Group Show of all media: paintings, drawings, photography, collage, monoprints, etchings, small sculpture and woodcuts created by Bay Area local artists at the Orinda Library Gallery in Orinda through August 17th. The show will be judged by Charlotte Huntley, an avid watercolor artist who has proven to be a popular Demonstrator, knowledgeable Juror, inspiring Workshop Instructor and award winning author. Orinda Library, 24 Orinda Way, Gallery Room, Upper Level

"Capturing the Light"

Photography Show Through August 11, 2007 Wenda Pyman, the featured artist in this group show, specializes in landscape, scenic and travel photography, with special emphasis on local East Bay and Diablo scenes. Her vast body of work reflects her all-consuming passion to capture nature's diverse patterns and

imagery through the use of natural light. Moraga Art Gallery (Rheem Valley Shopping Center)

570 Center St., Moraga, CA 94556. Free. Open Tuesday through Sunday, 12-5 pm. (925)376- 5407

"Some Like it Hot"

Presented by the Lafayette Gallery through August 4th. An exhibit that features Lafayette Gallery arties presenting works in a variety of media including acrylics, collage, photography, jewelry, oils, ceramics, and much more - 50 Lafayette Circle open Tuesday - Saturday from 11am - 5pm - for more information contact 284-2788 or www.lafayettegallery.net.

FREE SAT/ACT Kaplan Test Prep at the Moraga Library

Practice SAT/ACT Combo Test (Code: SKBK7052)

Sat, August 11, 2007 8:30am-1:30pm. SAT and ACT Test Strategies 101 (CODE: SKBK7054)

Tues, August 21, 2007 7-8pm www.kaptest.com/college or call 1-800-KAPTEST to register Space is limited, so sign up today!

Moraga Library 1500 St. Mary's Rd.

376-6852 ccclib.org

Panache" & Pot Luck

Sunday July 29th at the Lafayette Pétanque field Registration to play is at 10:00 am Located on Saint Mary's road, iust a few blocks south of the Community Center. This promises to be a great day of pétanque with all our own members and our friends for other clubs. Panache" is a tournament where you do not chose your partners, and at every game you play with someone else. New comers and beginners of all ages are welcome. Just bring a dish to share or come by to see how this fun game is played.

Fireside Chat with Mindy Levu

Tuesday, July 31 at 7 p.m The Orinda Library presents a Fireside Chat with Attorney Mindy LeVu who is writing a book about her remarkable life journey from Vietnamese refugee to Staff Attorney for a U.S. District Court Judge in San Jose. The program will take place inside the library, beside the fireplace, which allows for a casual, intimate atmosphere. Free of Charge- about 1 hour The Orinda Library, 26 Orinda (925)254-2184 or www.ccclib.org.

Lamorinda Libertarian Party Meet-

ing Tuesday, August 22, 7:00 pm Round Table Pizza, 3637 Mount Diablo Blvd, Lafayette

Concert in the Park- Orinda

Tuesday, July 31st, Cal Alumni Big Band (Big Band Jazz) Tuesday, August 7th, Mixed Nuts (Oldies, Rock, Disco, Blues) Orinda Community Center Park Bring a picnic, FREE 6:30 -8:30 pm

Free Summer Concert- Moraga

Thursday July 26th, Mixed Nuts, Decades of Rock Thursday, August 2, littledog2, Rock 'N Roll. Moraga Commons Park, 6:30 - 8:30pm

"Rock the Plaza"

Free Concerts in Lafayette's Plaza - Mt Diablo Blvd/Moraga Rd 6:00pm Friday Evening August 3rd: Good Question August 10th: Stone Soup

Campus Happenings



www.kcyoung fine artimages.com

Special Events:

"Gatka Workshop" Gatka uses various weapons and hand-to-hand techniques to train the body and mind to work together and instill the qualities of a warrior: bravery, courage, spirit and self-discipline. Come learn this exciting Sikh Martial Art with Hargobind Singh Khalsa, Gatka Instructor from the esteemed Miri Piri Academy in Amritsar, India. Saturday, Aug. 4 from 9 a.m. to noon Hearst Art Gallery Lawn, across from the Soda Center at SMC. Tickets: \$40 advanced (before July 28), \$50 at door. For information on advanced registration, call Nam Hari Kaur (925) 283-5464

"The 3rd Annual Grand Wine Tasting Event"

Organized by the Saint Mary's College Alumni Association to raise money for student scholarships, the event will include a silent auction and light hors d'oeuvres. Participating wineries include Hess, Trefethen, Clos du Val, Orsi Papale, Concannon, Thomas Coyne, Michael Pozzan, and many more. Enjoy wine tasting as you bid on auction items, including a seven-day Windstar cruise for two, Giants and A's tickets, cases of wine, artwork, jewelry, and weekend get-a-ways. Sunday, Aug. 5 from 2 to 5 p.m. Soda Activity Center

Saint Mary's College Tickets are \$35 per person. For tickets, call the Alumni Office at 925-631-4200 (Guests must be 21 and over). Visit http://stmarysca.edu/wine for a complete list of participating wineries and auction

Art Exhibitions/Lectures: Biennial Contemporary

Landscape Exhibition - "Town and Country: Jessica Dunne and Louis LaBrie" On view through Aug. 12 Hearst Art Gallery

"William Keith: The 1880s

Paintings" Works from the 1880s, which marked a decade of great changes in William Keith's life. On view in the William Keith Room Hearst Art Gallery

Gallery hours: Wednesdays through Sundays, 11 a.m. - 4:30 p.m., \$2 admission

For more information about upcoming events at Saint Mary's College, visit the college website at www.stmarvsca.edu/news_events/.

Fire Up the Tiki Torches; It's Time for a Luau! By Sophie Braccini

ith stars in his eyes, Ken Tom, the vice-president of the Chamber of Commerce of Moraga, recalls the luaus at his Maui home. "We had many festive occasions at our house," he remembers, "lots of music, great food, laughter, dancers and good company." So when the Chamber looked to update its annual fund raising event, Tom naturally proposed the familiar party

Moraga residents may remember the Chamber's annual Stampede BBQ, which has been shelved this year in favor of an event at which neighbors and families can all join in the fun. The Luau will be held on Saturday, August 25, from 5 to 10 PM on the field of the Old Moraga Ranch, across from Safeway on School Street. A stage will be built for the musicians and dancers, and tables for 500 guests will be set. Diners will be treated to an authentic Hawaiian buffet prepared by Kauai Abreu Ohana, formerly from Kauai, and Gourmet Bistro of Moraga. It will include Kalua Pork, Lomi Salmon,



Macadamia Mahi- mahi, steamed rice, Poi, sweet Haupia and many other delights. Guests will enjoy two hours of live Hawaiian and Tahitian entertainment by Kamaile and Da Island Way.

Other activities include learning how to make an authentic flower lei. A raffle will conclude the evening. The first prize is a trip for two to Hawaii for a 5 day stay at the famous Waikiki Beach Marriott, and includes \$600 credit toward air fare. Raffle tickets will be sold the night of the event.

This event is the main fund raiser of the Chamber of Commerce of Moraga. The money raised allows the Chamber to initiate and support such events as the Season of Lights, Shop Moraga First, the Merchant's Fair, the Energy and Safety Fair, the Emergency Preparedness Plan for Businesses and the Farmers' Market. Ken Tom invites you to, "Come and participate with your family in an event like our town has never seen before. Have fun and support your business community."

Get more information and online www.moragaluau.com or at the UPS store in the Moraga Center. Advanced tickets are \$45 for adults and \$10 for children 6-12 years old, and respectively \$50 and \$15 at the door. Children 5 and under party for free.

Event Schedule:

- 5:00 PM Lei-making (\$4/lei, ages 10+)
- 6:00 PM No host bar
- with lei greetings 6:45 PM – Dinner served
- 7:45 PM Entertainment by Kamaile Productions
- 8:45 PM Entertainment by Da Island Ways

"Planet Widow" Author Speaks at Moraga Library By Jennifer Wake

ost people don't expect tragedy to strike them, but when it does, Lafayette resident Gloria Lenhart says it's best to be prepared. After her husband died suddenly of a heart attack nine years ago, Lenhart – then at age 42 - was faced with the terror of the unknown as well as the loose ends of wills, insurance and custody that had been put off for another day.

In her book, "Planet Widow" (Seal Press, 2006), Lenhart describes not only the emotional struggles she and her family faced, but the bureaucracy and paperwork surrounding her husband's death, and the difficulties of dealing with grief in our society. She will be discussing her book, her thoughts on widowhood, and how others can write their own story on Tuesday, July 31 at 7 p.m. at the Moraga Library.

"There are lots of things I've learned about grief, about being a widow," Lenhart writes.

"Planet Widow" follows the days and months after her husband Nick's death, the roller coaster of emotion that ensued and the turmoil that was created. Unlike a typical memoir, Lenhart allows the reader to follow her through this difficult time without seeming pitiful, offering insight into the outlandish behavior of a culture no longer accustomed to death.

Far from maudlin, Lenhart's book is a poignant, frank story filled with complex, sometimes quirky, characters. It is an enjoyable read containing pithy dialogue that keeps the pages turning. In addition to a well-written story, however, the book offers valuable suggestions for all of us.

Lenhart encapsulates what she learned with these six thoughts: "Funerals are important; everyone will want you to get over it fast (you won't); grief is not a road (it's a roller coaster); some people can't deal with death (at all); life insurance allows you time to grieve (so make sure you have enough); and finally, get your legal stuff in order (no excuses, do it now)." Unlike many of us, when

death happens, Lenhart now knows what to do.

"I watched the people around us shrink away from the proximity of death, afraid of facing the possibility of their own mortality," Lenhart says in her book. "For me and my sons, death is not scary. It's not unfamiliar. It's not extraordinary. It's just something that happens. And it is something that we know how to help someone get through."

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Phone: 925-377-0977; Fax: 1-800-690-8136; email: info@lamorindaweekly.com

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Associate Publisher: Wendy Wuerth-Scheck; wendy@lamorindaweekly.com Editor: Lee Borrowman; lee@lamorindaweekly.com Jennifer Wake; jennifer@lamorindaweekly.com Staff Writers:

Sophie Braccini; sophie@lamorindaweekly.com Chris Lavin; chris@lamorindaweekly.com

Cathy Tyson; cathy@lamorindaweekly.com Steve Angelides; steve@lamorindaweekly,com Kevin Shallat, Sports Reporter; kevin@lamorindaweekly.com

From our Intern Army, the following Students contributed stories or photos this week: Sarah Henningsen, Jordan Fong

Wendy Wuerth-Scheck; 925-330-1983, wendy@lamorindaweekly.com

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