

## St. Monica's CYO Track Team Brings Home 20 Medals

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(left to right) Zach Foxworthy, Philip Rei, Tim Duckworth, Alex Shieman, Kieran Fara, Kristen Chan  
Photo submitted

The St. Monica's CYO Track Team (STMO) is coming down to the end of their season, and they are still tearing up the track. Twenty-six athletes qualified for the Sectional meet this year by placing in the top three in their events at the qualifying meet on April 26 at Freedom High School in Brentwood.

At the Sectional meet held in Livermore on Saturday, May 3, 17 track teams from Contra Costa County were all competing for the top three spots in each event.

Amazingly, 11 of the 26 St. Monica's athletes accomplished this feat bringing home 20 medals.

These 11 runners, jumpers and throwers moved onto the Diocesan Championship meet on May 10, again, in Livermore.

The Diocesan Championship meet included 36 CYO teams from Contra Costa and Alameda coun-

ties.

First year participant Arden Creson, a third grader from Orinda, was the youngest qualifying Athlete this year. She qualified as an alternate in both the 50m and the 100m. Two fourth grade boys, who are known to frequently run side by side in their races, are Matthew Kline from Rheem and Kieran Fara from Los Perales. Matthew qualified in the 800m while Kieran qualified in the Long Jump and in the 1600m.

Claire Manrique and Sophie Settle, two more fourth graders who have been on the team for 2 years, both qualified in the 1600m this year.

A brand new fifth grader on STMO who has been has been a great addition to the team in many ways is Jake Buchanan, who qualified in the 1600m. Kristen Chan, who has been on the team for three

years, keeps getting faster and faster each year. This year she qualified in the 50m.

The sixth grade boys had quite a day at sectionals not only qualifying by taking first in both the 4x100 relay and the Sprint medley relay, but also breaking two STMO records in both events.

These four blazing fast boys are Tim Duckworth (from OIS) and Zach Foxworthy, Philip Rei and Alex Shieman (all from JM). Alex Shieman also qualified in the softball throw and the 800m, his second year running the 800m at Diocesan. Tim Duckworth, who will be missed next year when he moves to Arizona over the summer, qualified in the 100m, 400m and Long jump. Phillip Rei qualified for the fourth year in a row in the 400m and also qualified in the 100m. Zach Foxworthy qualified for the 1600m for the fourth time.

And last, but definitely not least, Leland Wong, the resident veteran and role model for STMO's younger athletes, will be running his last race on the STMO CYO track team in the 400m and the long Jump. He will continue his running and jumping career as a Campolindo freshman next year.

All 50 athletes worked very hard this year and a lot of personal records were broken. The STMO track athletes celebrated their achievements at their end of the year Track Party at St. Monica Church's gathering room on May 18 with pizza, soda and awards.