

# • COMMUNITY Service •

## MOFD Urges Moraga and Orinda Residents to "Stay Fire Smart! Don't Get Burned"

Submitted by Grace Santos, MOFD

Once a child touches a hot stove, as the cliché goes—he learns his lesson, stay away from a hot stove. This cliché does not take into account the pain and suffering from burns, and burns should not be part of the learning process. That's why the Moraga-Orinda Fire District (MOFD) is teaming up with the National Fire Protection Association for Fire Prevention Week 2009, October 4-10, to urge Moraga and Orinda residents to "Stay Fire Smart! Don't Get Burned." This year's campaign focuses on ways to keep homes fire safe and prevent painful burns. Additionally, fire safety educators will be teaching local children how to plan and practice escape from a home in case a fire occurs. The statistics are staggering. Each year roughly 3,000 people die as a result of home fires and burns, and more than 200,000 individuals are

seen in the nation's emergency rooms for burn injuries. "The most common types of burn injuries result from fire or flame burns, scalds and contact burns," said Mike Mentink, MOFD Fire Marshal. "Burns are painful and can result in serious scarring and even death. When we take extra caution in our homes to ensure that the curling iron is out of children's reach or pot handles are turned away from the edge of the stove, such injuries are entirely preventable. Keeping our homes safe from fire and preventing devastating burn injuries is a healthy change we can make happen." By following simple safety rules, you can "Stay Fire Smart! Don't Get Burned."

- Keep hot foods and liquids away from tables and counter edges so they cannot be pulled or knocked over.

- Have a 3-foot "kid-free" zone around the stove.
  - Never hold a child in your arms while preparing hot food or drinking a hot beverage.
  - Be careful when using things that get hot such as curling irons, oven, irons, lamps, heaters.
  - Install tamper-resistant receptacles to prevent a child from sticking an object in the outlet.
  - Never leave a child alone in a room with a lit candle, portable heater, lit fireplace or stove, or where a hot appliance might be in use.
  - Wear short or close-fitting sleeves when cooking.
  - Set your hot water temperature no higher than 120 degrees.
  - Install anti-scald valves on shower heads and faucets.
- For more information on "Stay Fire Smart! Don't Get Burned" visit [www.firepreventionweek.org](http://www.firepreventionweek.org).

The Moraga-Orinda Fire District will hold its annual Fall Open House event on Saturday, October 10th, from 10am - 3pm, at Station 41 - 1280 Moraga Way. Get information, watch live demonstrations, and talk with the firefighters about how to keep your family safe. Take a look at the emergency vehicles, firefighting and EMS equipment used to protect the citizens of Moraga and Orinda. This year features raffles, prizes, and a pumpkin carving contest. Bring in your carved pumpkin (no carving onsite) to enter the contest. Prizes will be awarded to the scariest, funniest, and most original looking pumpkins. If you have any questions about the event contact Grace Santos, Fire Prevention Secretary, at 925-258-4525.



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## Lamorinda Republican Women's Club

Submitted by Kathy Young



John Wintersteen surrounded by many of the Lamorinda Republican Women Federated who brought many items for Project Marine Care. Photo provided

Thursday, September 17th, was a good day for John Wintersteen, employee of the Lafayette Veterans' Hall, and the organization he supports, The Marine Corps League. With a

catch in his throat, John thanked Lamorinda Republican Women Federated members who donated many items to be distributed through his organization for Project Marine Care. "You just can't

imagine what it means to the soldiers to get packages like this, especially to those who don't often get a package from home." Stacks of items including personal toiletry items, iTunes cards,

international calling cards, snacks, monetary donations and more were brought by many of the over 100 members of LRWF at their monthly luncheon at the Orinda Country Club.

Jon Winterseen explained that his group provides support to our troops in Iraq, Afghanistan, Philippines, Djibouti, Kuwait and anywhere in "harm's" way." While most of their packages go to Marines and Navy Corpsmen, they also ship to the Army, Navy, Air Force, Coast Guard and Seabees any time a request comes in for them.

If anyone would like information on how to send boxes, email Jon at [steenmarine@yahoo.com](mailto:steenmarine@yahoo.com) and he will send you a Package Protocol and a list of goods that are updated periodically. If you prefer to send money to help pay for the shipping costs, send to: MCL DET 942 c/o John Wintersteen, 436 Sycamore Circle; Danville, CA 94526. For more information on Lamorinda Republican Women Federated, go to: <http://www.lamorindarepublicanwomen.org/index.htm>.



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DIAMOND CERTIFIED

## Grandparents' Day at Moraga Royale

Submitted by Denise Lemings, Moraga Royale



Gladyce Rush; four generations of family. Photo courtesy of Moraga Royale

Moraga Royale invited the community to join in their 3rd annual celebration of Grandparents Day which highlights seniors and their contribution to our society. Residents and community members came out for a fun-filled day of bar-b-que, face-painting, fire engine education, pony rides and a petting zoo filled

with rabbits, turtles, goats and a variety of reptiles. Performances by Polynesian dancers and the Lasalle Street Jazz Band entertained the crowd. We at Moraga Royale salute the volunteers and participants who gave of their time to help our seniors celebrate with fun and laughter.

## Battle of the Bands


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For Lamorinda Teen Center Inc. the Battle of the Bands was another successful event not just because it provided great entertainment for a Friday evening but also because of the money raised. The organization has hosted many events in order to raise money to achieve their ultimate goal. Student leader Austin Controulis stated, "The goal is to establish a fun and safe location for teens to listen to music, play games, and just

hang out. We are trying to create entertainment opportunities with our events while using the proceeds and donations to fund this ultimate goal of a Teen Center." Make sure to check out the Lamorinda Teen Center website, <http://lamoteencenter.org>, for further information. On MySpace music, many of the bands that performed have a page with samples of their songs, background about the band, and pictures.



Austin Controulis



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