

By Cathy Dausman

afayette may have the Art and Wine Festival, but on the 4th of July, Moraga and Orinda are the destinations of choice for heartwarming, old fashioned Independence Day festivities that make even the most cynical among us smile, and

will live forever in the memories of Lamorinda's children.

Monday dawned warm, promising a third day of heat as the anticipated cooling waited until later to materialize. In Orinda, an all-volunteer Big Band organized by Miramonte High

School student Phil Hoxie performed in honor of the Educational Foundation of Orinda before the popular and always festive 4th of July Parade (see page C6 for photos of Orinda's celebration). ... continued on page A9

Quote of the Week:

"This is a perfect Moraga





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paradıgm.. Read Moraga Juniors Jump Start Park Fundraising, page A4



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Squeaky Wheel Gets BART Crime Reports **Published**

By Cathy Tyson

rinda resident Brian Waters must have the worst luck ever. For a fellow who estimates he parks in the BART parking lot, "maybe five times a year," he had all of his tires slashed on one occasion and months later his car was stolen. It was never recovered. He was concerned that crimes that occur on BART property aren't reported in the local print media. Through his diligence a system is now in place to publicly report BART crimes. "Mission accomplished," said Waters.

"Even though the BART station and parking lot fall under the jurisdiction of BART Police rather than Orinda Police, since the BART facilities fall within the boundaries of Orinda, and are utilized by many of

B1-B3

our local citizens, from a public safety and awareness standpoint it is important for our citizens to be aware of criminal activities that occur there just as it is to be aware of criminal activities that occur in other areas of our community," said Waters. "If I hadn't twice been the victim of crimes at Orinda BART, I would have never thought about the lack of coverage of criminal activities at BART in our local news media."

After approximately two weeks of discussion with the City Manager, Orinda Police and BART police, crimes that occur on BART property will be included on the City's website, www.cityoforinda.com.

... continued on page A7

Glover Retrospective Opens at SMC's Hearst Gallery

By Andrea A. Firth



Early Glover fashion illustration

read on page C1

provided C1-C6 **Our Homes**

Sports

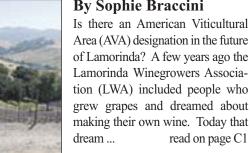
Spring Sports All-DFAL Teams



Girls: Softball, Lacrosse, Swimming, Track and Field, Boys: Baseball, Golf, Lacrosse, Swimming, Tennis, Track and Field, Volleyball read on page B3

Life in Lamorinda





Ikebana—The Art of Floral Sculpture



hen Anne Marie Glover cleaned out her mother's garage after she had passed away, she made a remarkable discovery. "I found artwork of my mom's, wrapped in newspapers dating back to World War II, that had been untouched for over forty years." The art stash included paper sketches, drawings, and a bag of work from her mother's time living in Australia. "It took my breath away," says Anne Marie, who quickly realized that this new found trove of old artwork by her mother, the iconic plein air painter Pam Glover, was special. Anne Marie called Julie Armistead, Collections Manager at the Hearst Gallery on the campus of Saint Mary's College in Moraga, to come take a look. ... continued on page A9



By Andrea A. Firth It's 1:00 on Monday afternoon at the Orinda Community Center, and

a large group of women and a few men cart bags and boxes filled with purple agapanthus, pink hydrangea, orange birds of paradise, indigo iris, carrot-colored day lilies, deep read on page D1

LAMORINDA WEEKLY

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Lafayette **Civic News**

Public Meetings

City Council

Monday, July 11, 7:00 pm Lafayette Library & Learning Center, Community Hall, 3491 Mt. Diablo Blvd

Planning Commission

Monday, July 18, 7:00 pm Lafayette Library & Learning Center, Community Hall, 3491 Mt. Diablo Blvd

Design Review

Monday, July 11, 7:00 pm Lafayette Library & Learning Center in the Arts & Science Discovery Center at 3491 Mt. Diablo Blvd.

Check online for agendas, meeting notes and announcements **City of Lafayette:** www.ci.lafayette.ca.us **Chamber of Commerce:** www.lafayettechamber.org



As Seen in Lafayette

Population Shrinks in Lafayette

By a teensy bit

By Cathy Tyson

Since the last census more than ten years ago, the look of the city of Lafavette has changed and modernized, but aside from residents getting slightly older, the data doesn't illustrate any major alterations. In fact, it's amazing how little has changed. Although the number of rainy days, dog walks and great cups of coffee aren't counted – population, age, race and housing occupancy are. The not-sobig news for Lafayette is compared to the prior census in 2000, the population has shrunk by a whopping 15 people. Just over ten years ago 23,908 people called Lafayette home, fast forward a decade and the

population has shrunk to 23,893.

Other data reflects the continued homogeneity of Lafavette: according to recent census figures the vast majority of residents are white. Of the 23,893 souls living in Lafayette in 2010, 20,232 identified themselves as Caucasian. In the ten years since the last census was taken the city is ever so slightly, approximately 2%, more diverse. In 2010 there were 2,162 Asian residents, 1,388 total Hispanic or Latino residents and only 166 African American residents. The figures don't exactly balance due to responses of "some other race" and "two or more races."

The census snapshot also tabulated figures on age and housing. Residents are getting older – with the average age shifting upward from 42.3 in 2000 to 45.2 in 2010. average age of 47.8. Moraga can't 2.9 %, in 2010 it was 6.2%. be considered a spring chicken either, with an average age of 45. The California Department of Finance; portion of Lafayette residents that identified themselves as between sixty and sixty-five has grown substantially from 4,613 to 5,747. By comparison, the average age cluded data from 2000 on all the county-wide is 38.5 years.

Housing numbers also demonstrate the obvious. In the red hot mographic/state_census_data_cenreal estate market of 2000, the aver- ter/census 2010/view.php.

age vacancy rate of homes and rental properties town was 1.9%; ten years later it more than doubled to 4.4%. In Contra Costa County the situation was more extreme; in Orinda is somewhat older with an 2000 the average vacancy rate was

For the whole story go to the they are responsible for the California State Data Center that has all the numbers for California from the 2010 Census. Helpful staffers indata profiles http://www.dof.ca.gov/research/de-

New Sewer Upgrade Along Pleasant Hill Road

By Cathy Tyson

along Pleasant Hill Road? Drivers wondering what's up with the bright fluorescent traffic channeling devices should be happy to know they are not the work of invading aliens; rather they are part of a Central Contra Costa Sanitary District (CCCSD) project increasing sewer capacity. Crews will be installing, replacing and rehabilitating about 5,600 feet of six-inch diameter to 18inch diameter sewer pipe along

Springhill Road and Deer Hill Road as well as the residential neighborhood between Stanley Boulevard and Highway 24.

Cones and electronic signage are already up and stacks of green pipe are waiting, at the staging area across from Acalanes High School, to be installed. Flaggers were at work directing traffic around a lane closure on Stanley Boulevard last week. High school students and staff should be relieved that con-

ttack of the orange cones Pleasant Hill Road between struction along Pleasant Hill Road School - adjacent to buildings completed by August 12, 2011 prior to school starting.

How much capacity is enough? According to Chris Carpenter, lation of a brand new 18-inch di-Community Affairs Representative ameter relief sewer line along the of CCCSD, pipes in this area date from 1948 - 1949; increasing capacity will improve wet-weather flows and accommodate more than sewer mains are in poor condisixty years of population growth.

The existing sewer line runs right through Acalanes High

was specifically designed to be and directly through the baseball diamond. "Replacing it would be quite disruptive to the school," said Carpenter. Hence the instalsouthbound lane of Pleasant Hill Road. A number of nearby smaller-diameter residential tion, so they'll be replaced. Total cost of the project is \$1,729,000. ... continued on page A8





What a difference a week makes - from unseasonably rainy to melting. Quiet day at Cold Stone Creamery due to rain just a few days ago, but on toasty warm Sunday the Velez family came down from El Sobrante to enjoy a late lunch at Chow and savor cool ice cream at shop that features a "personalized ice cream experience." C. Tyson

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Mystery Tree Wrap



s it an unusual art project, possibly the work of a yarn bomber - also known as a knitting graffiti artist - now dabbling in mixed media installations of burlap and hay? Perhaps a sturdy muffler to ward off aggressive healthy as possible." deer; maybe a mutant earthworm? No to all of the above – its actually bumper pads for two ters to make them more ADA lovely trees between Chow and (Americans with Disabilities Act) the Lafayette Gallery.

"It's a straw wad of material coiled around the trees," said Associate Engineer Mike Moran. "We're working with large equipment right near the trees, and we're trying to keep them as The Lafayette Circle project includes improving sidewalk cuts and gutcompliant. C. Tyson

Motorcycle Police Debut in Lafayette

By Cathy Tyson

or the first time ever police on motorcycles will be out and about looking to enforce the rules of the road starting in early July. Will it take a flurry of tickets to persuade residents that it's time to put away the cell phone, buckle seatbelts and slow down?

warned. Ensuring roadway safety and helping with traffic congestion especially around schools and during commute hours, is their goal. These

small, stealthy bikes can go where no cruiser has gone before - like the narrow winding roads of Happy Valley Road, Reliez Valley Road, and Springhill Road, along with Moraga Road and St. Mary's Road.

At a recent joint meeting of the Lafayette School District and the City Don't say you haven't been Council, many parents spoke up in support of the motorcycles and are happy that they'll be making kids' commute to school safer.

... continued on page A8



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20 ROSS DR 30 ROSS DR **3 WOODFORD DR** 19021 SCHUESTER DR 3628 BICKERSTAFF **67 LA CRESTA 895 STONEGATE CIR 31 COLORADO** 210 CARMEL **529 OAKSHIRE PL** 1729 RELIEZ VALLEY 2211 TICE VALLEY **1348 NAVELLIER** 1715 139TH ST 2277 STAR AVE 4255 WILSON LN **2 AGHALEE LN 1018 RIVER ROCK LN** 1919 YGNACIO VLY RD **309 CORTE GABRIEL** 3545 BOYER CIRCLE 938 MOHR LN 3569 BADDING RD **3 ROBERTS CT** 459 FERNWOOD DR 1798 ST ANDREWS DR

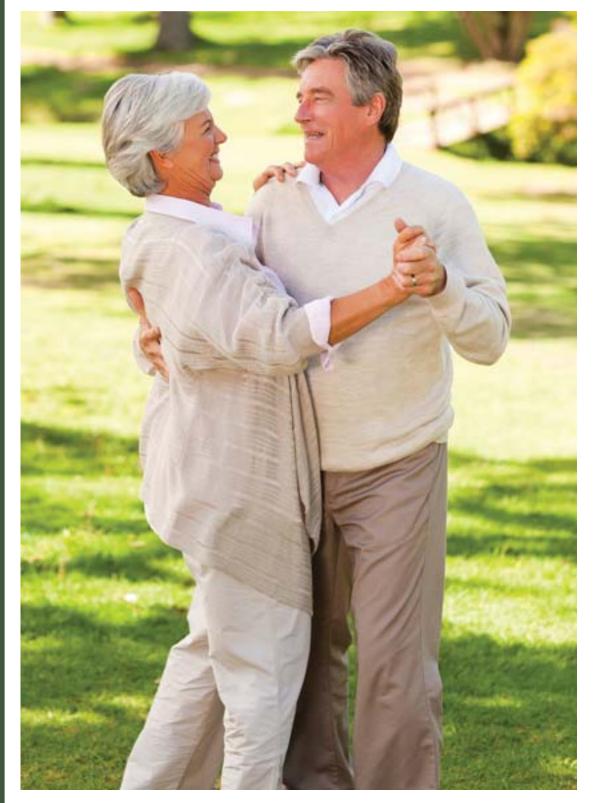
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Moraga

Civic News

Public Meetings

Town Council

Wednesday, July 13, 7:00 pm Joaquin Moraga Intermediate School, 1010 Camino Pablo

Planning Commission Monday, July 18, 7:30 pm Moraga Library, 1500 Saint Marys Rd

Design Review

Monday, July 11, 7:00 pm Moraga Library, 1500 Saint Marys Rd

Liaison

Friday, July 8, 8:00 am Fire Station, 1280 Moraga Way

Check online for agendas, meeting notes and announcements **Town of Moraga:** www.moraga.ca.us **Chamber of Commerce:** www.moragachamber.org Moraga Citizens' Network: www.moragacitizensnetwork.org



Police Report

Mystery nose injury, 6/28/11 Just after midnight Moraga officers were dispatched to St. Mary's College to assist fire department personnel with a 65-year-old man with an injury to his nose. He was too confused to provide details regarding his reason for being on campus. Unlike some college kids who just may have had a trifle too much beer, paramedics determined that the gentleman was suffering from a medical problem and speculated it was probably a diabetic episode. Turns out he was staying on campus for a conference. He was taken to John Muir Hospital.

Drunk and Disorderly, 6/26/11 At 6:30 in the morning, officers responded to Walford Drive on a report of a suspicious subject in the backyard. The same fellow had been reported prowling in the area two hours earlier. Shocker - the 20-year-old male subject had been drinking and appeared disoriented. He was arrested for public intoxication.



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A Limited Capital Improvement Budget in Moraga

By Sophie Braccini

oraga's Interim Administrative Services Director, Emily Boyd, recently presented a balanced mid-year revised operating budget that noted constraints limiting the Town's ability to maintain its own assets, such as roads and drains, or invest in new projects. However, the coming fiscal year will see the completion of certain improvements such as those to the Town's office building at 329 Rheem.

"Although the Town's operating budgets are balanced, there are no significant funds for infrastructure improvements," indicated Boyd in her report, The Council has not decided yet and storm drain improvements about \$170,000 to add a Council pipeline that will not materialize residents of the needs of the Town are deferred." The Capital Im- Chamber on the premises. Other until funding is found. Some of and potential solutions.

provements Budget is balanced for the coming year. It allocates the limited resources to the specific capital projects that the Council approved. While some past projects are still ongoing, new projects will be funded this year due to different sources of funding, such as grants.

The completion of the retrofit and transfer of most Town services to 329 Rheem is a budgeted project that will happen during the 2011-2012 budget cycle – the FY2011-12 Capital Improvements Budget tentatively estimates this project at \$920,000. "Therefore, pothole repair, street on a relatively modest increase of

projects include a Town-wide En- these projects are: Rheem Blvd / ergy Efficiency Project encompassing the Library, the Hacienda de las Flores, 329 Rheem Boulestreetlights; crosswalk improvements on Moraga Road at Corliss Camino Pablo School field reno-Laguna Creek; and the ADA Compliance Program.

\$1,496,520.

"We won't be able to do it with-

fundraising effort," says Parks

and Recreation Director Jay In-

gram, "We'd like to thank the

St. Mary's Road Intersection Improvements; Rheem Boulevard Landslide Repair and Repaving; vard, and the Town's parks and Corliss/Moraga Road Intersection Improvements; Moraga Road Traffic Calming and Beautifica-Drive and at Woodford Drive; the tion; Moraga Commons Off-Street Parking; and a Community vation; storm damage repairs to Center/Town Gymnasium Conceptual Study.

"At some point, it will be-The funding for these projects come necessary for the Town to will come from sources such as pursue other revenues," stated the Gas Tax and energy efficiency Boyd in her report. The Revenue grants and funding. The total rev- Enhancement Committee is enue of the capital budget is working on such a program and will soon start its outreach pro-There are other projects in the gram to the community to inform

Moraga Juniors Jump Start Park Fundraising

By Sophie Braccini



and open space are also very important for our kids' development and we want to bring the attention of the community to the jewels we have." The Juniors raise money through various annual events. "We work a lot with the Juniors when we plan for the recreation of our youngest residents," says Ingram, who's a big fan of the Club and sees it as a major partner in town.

Ingram, his team, the Juniors and the Parks and Recreation Commission are tasked with de-

Skate Park sign stolen, 6/25/11 Sometime during the night the metal sign that spelled out operating hours and rules for the Moraga Skate Park disappeared. Unknown suspects must have really wanted it, since they removed four security bolts to separate it from the pair of wooden posts it was mounted on. Value of the sign that our economically strapped town will have to replace is \$500. Note to thief/thieves: feel free to return it.

Very petty theft, 6/25/11 A T.J. Maxx store employee alerted officers to an alleged shoplifter. The adult female subject was observed coming into the store and hiding two cosmetic items on her person and leaving the store without paying. Merchandise totaled \$21.98. The person reporting the incident wanted to make a citizen's arrest, so signed the appropriate Citizen's Arrest Form and the officers took the suspect into custody.

Car Vandalism, 6/24/11 A security guard for the Moraga Country Club called police at 3:00 in the morning to report popping sounds in the 800 block of Country Club Drive and went to investigate. He found two cars with smashed out rear windows. Cops and the security guard searched the area for suspects but came up empty handed. Estimated damage \$750.

Bilked elder, 6/09/11 A Birchwood Drive resident got a phone call with someone pretending to be her grandson. The suspect convinced Grandma that he needed money for an emergency. Two wire transfers were sent totaling \$594.00 via Western Union to Illinois.

From left: Jay Ingram, Howard Harpham, Denise Duff (with her daughter) and Liz Faoro meet at Rancho Laguna Park Photo Sophie Braccini

he Moraga Junior Women's structures at Rancho Laguna ment has to find about \$100,000. \$4,000 to the Moraga Park Foun- ment has been removed, and in out a significant community dation, kicking off a fundraising order to buy new play structures campaign to replace the play the Parks and Recreation Depart-

Club recently donated Park. Unsafe playground equip-



signing the new playgrounds. "This park used to have two structures for different ages, one at each end of the park," explained Commission Chair Liz Faoro, "it could make sense to put them on the same side, away from the entrance, and close to the restrooms." Ingram looks to the location of the underused sand volleyball court as a possible location for the second play structure

The Parks Foundation is the vessel that holds the money that is raised. "This is a perfect Moraga paradigm," says Parks Foundation President Howard Harpham, "the whole community getting together to find the funds for this project." Faoro, along with fellow Commissioners John Haffner and Kirpal Khanna, formed a sub-committee to raise the funds.

At this time it is not clear if the Town will be able to divert some money for this project. Since the bids for the renovation of the Camino Pablo sports field came under budget, there could be some money left from the WW money (over \$700,000) once the work is completed at the end of the summer. The Council will determine which other projects could be funded with the remainder. "It will be a phased project," says Ingram, "we are targeting June of 2012 for at least a partial re-opening."

Those interested in helping can call the Parks and Recreation Department at 888-7045.



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LAMORINDA WEEKLY

New Librarian has Big Plans for Kids

By Sophie Braccini



Melanie McCallum gives information to a young reader at the Moraga library

Photo Sophie Braccini

few months ago Melanie Mc-Callum replaced Moraga Youth Services Librarian Sandy Steiner, who retired last year. Mc-Callum is in charge of making the the fun was just kicked off by the reading and literacy experience as enticing as possible for newborns to teens, in a community that places a read voraciously.

"Moraga families have a special interest in literature for their kids," says McCallum, "we track book circulation and event attendance, and that gives us a good indication of the level of interest."

County library system for eight years before coming to Moraga. a librarian in the Martinez Juvenile Hall. "There were a few times when I cried on my way home," remembers McCallum, "it was very draining emotionally, but extremely rewarding."

"Moraga is a great place to be," says McCallum, "I have a special interest in early literacy and am always on the look-out for programs that mix education and entertainment."

The Friends of the Moraga Library fund the activity program in Moraga and give \$200-\$300 a month to McCallum for activities. In July Alex Ramon Magic Show, which McCallum was able to get for free.

SaveNature.org will bring its Inhigh value on getting their kids to sect Discovery Lab to Moraga on July 21st at 4:00 p.m. "I chose them because they are hands-on science," says the librarian, "children will be able to discover, experience, and touch a wide variety of insects and other arthropods." The presentation is for age 4 to 12 and requires pre-McCallum worked in the registration since the number is limited to 24 participating kids.

On August 18 at 4:00 p.m., the Some of her early experience was as Moraga library will offer a Tradi-African tional Dance presentation/workshop for families with artist Nana-Dictta Graves. Participants will learn basic West African dance, as well as songs and games of West Africa.

> All youth service librarians in Contra Costa share a resource file where they record their feedback about different performers. "I also talk a lot with parents, either at my

desk in the children's section of the library, or after presentations," says McCallum, "I like to get their direct feedback and suggestions." That's how the young librarian tested her idea to bring yoga for kids age 2 to 5 to the library in the fall.

During the summer, she will read weekly for a young audience (age 6 months-7 years) during the popular Summer Story Time, and she is a resource for those participating in the Kids Summer Reading Festival that runs all summer and awards prizes to kids who read (or are read to) from age 2 to 5th grade; there's even a Babies Summer Reading Festival (birth to 24 months).

McCallum wishes that more tweens and teens would come to the Moraga library. "Young kids love books," she says, "but there is a transitional age, around 10 to 13, where it is more difficult for them to stay engaged. We have a very extensive teen book collection that they should come and check out."

For information on the Moraga library's summer event schedule go to http://ccclib.org/locations/moraga.html.

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Orinda resident Al Koorji of Lamorinda Hearing Center has been quietly helping Lamorinda hear better for the last 10 years.

Page: A5

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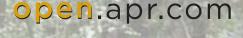
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ORINDA

Orinda

Civic News

Public Meetings

Tuesday, July 19, 7:00 pm

Auditorium, Orinda Library,

Citizens' Infrastructure

Oversight Commission

Community Room, City Hall

Planning Commission

notes and announcements

City of Orinda:

www.cityoforinda.org

www.orindachamber.org

www.orindaassociation.org

ORINDA

Tuesday, July 12, at 7:00 p.m. Orinda Library, Garden Room

Chamber of Commerce:

The Orinda Association:

Police Report

VP D.U.I. 6/28/11 Not the Vice

President, but the Vice Principal

of a school across the bridge was

stopped for an illegal U-turn at a

stop light at 11:30 p.m. Officers

noticed the distinct smell of alco-

Wednesday, July 13 at 6:30 PM

City Council

26 Orinda Way

22 Orinda Way

26 Orinda Way

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Wednesday, July 6, 2011



Orinda's Budget—Squeaking by for Now

By Andrea A. Firth

Dudget, but the process of getting here was not an easy one. We were faced with some difficult decisions," said City Manager Janet Keeter in her opening comments at the June 21st City Council meeting. Keeter and Orinda's Finance Director, Emily Hobdy, presented the Council with a two-year budget for fiscal years 2012 and 2013, which included spending cuts across all city departments and the elimination of an associate planning position.

"It's a revenue issue, not an expenditure problem," said Keeter adding, "If there are no increases in revenue, more serious budget problems will start to occur by 2014." Property tax revenue, which represents half of the city's General Fund

66 C taff is presenting a balanced revenue, was down .25% in 2011 the first time Orinda has experienced a decrease in assessed valuations. The City still has an \$88,000 shortfall in its operating budget across the two years, which Keeter says they are trying to resolve through employee negotiations.

Speaking on behalf of the city's 24 unionized employees, Peter Finn, Business Representative from Teamsters Local Union 856, stated, "We've said time and time again that we are willing to look at concessions in order to save jobs." Finn questioned why the City has three interns at work in the Planning Department when he had initially been told that the rationale for eliminating the planning position was reduced workload. Finn then produced a letter from the City, ad-

dressed to him and dated June 21st in infrastructure needs given the current response to his request for information. Finn noted the letter states that the City's position regarding the elimination of the planning position was overall budget shortfall. "Is it workload or is it the budget?" asked Finn. "If it's not workload, give us a chance need to be taking now." to find the money to save that job." He requested the Council to hold off today is definitely lean and the most on its budget vote.

"We looked at different ways of doing things to provide the best service to the public," said Keeter in response, "It's the result of a budget shortfall."

"This is a lean budget for lean times that will provide the basic services that our citizens demand," stated adopt the biennial budget. As of press Vice Mayor Steve Glazer. He added that the city continues to underfund its and union employees were ongoing.

revenue constraints.

"Staff has done a very good job with the conservative nature of the projections," added Council Member not due to a "lack of work" but an Dean Orr, "Keeping revenue projections on the small, conservative side is absolutely the direction that we

"The budget we have before us prudent thing we can do," said Mayor Victoria Smith adding, "We are cognizant and understand the impact on employees...We hope the mid-year budget review will show better times. but can't plan for that."

The Council voted unanimously to time, the negotiations between the City

Sam Shankland—Orinda's Chess Grandmaster Check online for agendas, meeting

By Andrea A. Firth



Photo provided Sam Shankland am Shankland is at the top of his S game, and his game is chess. He recently was awarded the title of grandmaster—the highest title a chess Orinda resident and a member of the Board of the Mechanics' Institute Library and Chess Room in San Francisco. Mechanics' is the oldest chess club in the country and helped to foster Shankland's study of the game. Hilliard was on hand along with Shankland's family and a group of chess supporters when the Orinda City Council recognized his chess accomplishments and in his honor designated June 22nd as Sam Shankland Day.

"He had to achieve several levels before getting to this highest post," said Hilliard, "Now a grandmaster, the next step [in the competitive chess world] would be vying for world champion."

Worldwide there are approximately 1,300 grandmasters, a title am a very competitive person. I have and watch for Shankland's next held for life. In the United States, there are 20 to 30 active grandmasters. As the newest member of this elite group Shankland, a rising sophomore at Brandeis University in Massachusetts, is taking things one step at a time. "We'll have to see where chess takes me," he says. Shankland grew up in Orinda where his parents Jim and Leslie and younger brother Alex still reside. His father taught him to play chess when he was five or six years of age, but he gave the game little attention until he

joined the chess club at Glorietta Elementary School in fourth grade. He quickly mastered all Glorietta could offer and began playing in tournaments by age eleven.

"My real strength is my memory," says Shankland who estimates that he is currently ranked about 400 in the world today, but this does not reflect his recent tournament accomplishments. Shankland was the third place winner in the United States 2011 Chess Championships played in St. Louis in April. He was the youngest player in the select field of 16 and lost to the champion, who is 17 years his senior, in the semi-finals.

"I love the game and naturally I always wanted to push myself as far move. While he plans to complete his self," says Shankland who is simultaneously confident and unassuming about his chess prowess. To train he continually studies the game by reading books, analyzing positions, and memorizing moves. He also works regularly with a training partner, a chess player from Norway who he met during his tournament travels. A big part of each game is determining how best to play against the specific opponent, says Shankland. He's dis-

ciplined in his preparations and says the opening is key.

After taking a year off, once he graduated from high school, to go on the professional chess circuit Shankland settled into university life this past year but was never too far from a chess board. He teaches chess, and because he travels extensively while competing and is otherwise away at school, he works with his students online through Skype. But he also teaches in person and has some high profile clients. He traveled to Abu Dhabi in the United Arab Emirates to privately train Prince Sheik Mohammed in the game.

The chess world will have to wait



hol. Once he flunked his field sobriety test and breathalyzer - he was arrested. For someone who works in the school system, drunk driving is not very smart.

Belligerent drunk, 6/20/11 At 7:30 in the morning an Orinda Way shop employee alerted police to a 19-year-old female who was obviously intoxicated in front of a dry cleaning business. She started kicking police deputies, who eventually picked her up and placed her in their patrol car. Once inside the vehicle, she began spitting. Cops then placed a spit mask on her. Good morning, sunshine - apparently she forgot her charm school training.

Drunk versus tree, 6/17/11 The tree lost. An Orinda Country Club security guard alerted police that a car driven by a local young man went down an embankment and crashed into a tree at the OCC parking lot. Surprisingly he showed signs of intoxication.

Auto burglary at Safeway, 6/17/11 Although the car was locked and the shopper was only in the store for twenty-five minutes, when he returned to his vehicle the rear window was smashed and a briefcase with laptop inside was missing. Brazen thief or thieves struck at around 5:30 in the evening, when presumably lots of folks are picking up a few items for dinner. Attention Safeway shoppers - put your valuables out of sight.

Home burglary, 6/16 Unknown suspect(s) entered a mostly locked Brookside Road home via an unlocked bathroom window sometime between 11:30 a.m. and 3:30 p.m.. Jewelry was stolen along with a wallet, cash and credit cards. Estimated loss \$1,000.

player can achieve.

Spend just a brief time with Shankland, and one will see he is a quick study, extremely bright, determined, focused, and highly competitive. He looks and sounds like the world class chess champion that he is. What's surprising about Shankland is how quickly he has reached the pinnacle of the chess world. He is only 19 years old.

"This is just an amazing accomplishment for a teenager. It's almost unheard of," said Mike Hilliard, an as possible, but I mostly do it for my- undergraduate degree and carry on teaching, the draw of competition continues to pull the young grandmaster to the table. In August, Shankland will compete in the Chess World Cup, in a field entirely populated with grandmasters, to be held in the Russian cities of Khanty and Mansiysk. While it is more likely that preparation, concentration, and inspiration will lead Shankland to the first place prize, we wish Orinda's grandmaster good luck!



www.lamorindaweekly.com Wednesday, July 6, 2011 **C** 925-377-0977 LAMORINDA WEEKLY Page: A7 **Orinda Oasis** an Entertainer's Delight! Very Private **Outstanding Views** Offered at \$2,125,000 Handsomely renovated Orinda home offers extraordinary views from a gated and private 2.7+ acre site. Conveniently located, single level 4+ BR, 4 BA home offers a serene setting that you won't want to leave! Virtual Tour at 60OakDr.com Call Frank or Dick to arrange a personal showing. Frank Woodward Dick Holt Orinda 925.788.4963 925.297.9150 Lafayette Frank@FrankWoodward.com Moraga rwholtcb@aol.com BMW Concord | 1967 Market ST. | Concord

Squeaky Wheel Gets BART Crime Reports Published

... continued from page A1



Brian Waters

reliable" BART Chief of Police Kenton Rainey said every day BART moves 350,000 people through four counties and 26 cities within the Bay Area. "Al- transit system in order to better though we have police patrols and ensure public safety." CCTV security cameras that monitor activity in and around in the parking lot, Chief Rainey our properties, the real strength in recommends not leaving any

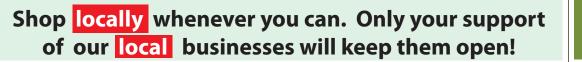
Photo Cathy Tyson Calling the system "safe and how we ensure public safety is through riders who utilize the system. We encourage all of our passengers to be our eyes and ears when they are traveling on our

valuables in plain sight, calling this, "an attractive and easy target for a would-be criminal."

BART Crime Analyst Officer Ken Dam searched several categories and found, "Lafayette and Orinda BART did not have that many cases in the month of June 2011. It is a good thing."

A quick peek at the City of Orinda website lists crime statistics for May 2011 - four incidents of petty theft at the Orinda BART station. In June, Orinda had two unusual crimes in the parking lot. Catalytic converters were stolen from two Toyota 4-runners fifteen minutes apart - at 10:15 and 10:30 in the morning on June 14. The only item listed prior to press time at the Lafayette station shows miscellaneous items stolen from a 2002 Saturn at 6:00 p.m. on June 17.

Having just received this re-Especially with regard to cars quest, Lafayette Police Chief Mike Hubbard is looking into reporting BART crimes.







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ORINDA \$5,000,000 4/4. Secluded Sleepy Hollow Estate. Gracefully remodeled Mediterranean Pano views. Lap & infinity pools. Laura Abrams 925-253-4600



LAFAYETTE \$3,378,000 5/3. Happy Valley 1930s Estate. Notable 1930's Estate has architectural charm, views & tennis court. McCann & Castello 925-253-6300



ORINDA 4/2.5. Handsome & spacious single Lvl home, large private lot, breathtaking Views, top schools. 925-253-6300 Audrey Neale

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Orinda

5/4

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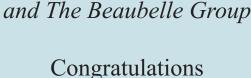
4/2. Charming Burton Valley Home.

Bright and sunny! Beautifully updated

LAFAYETTE

throughout.

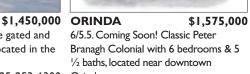
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Page: A8 LAMORINDA WEEKLY

www.lamorindaweekly.com

\$ 925-377-0977

Wednesday, July 6, 2011

(510) 451-7373



IIM METHOV

Read Avonia (Vonnie)



Read-Avonia (Vonnie) Eleanor, age 87, passed away on June 26, 2011 after a long, brave battle with Parkinson's disease. She is survived by her two daughters Kathy Meek, Marilyn Read and three grandchildren, Kaitlin Meek, John Meek and Michael Read.

Vonnie grew up in Lafayette, California and attended Acalanes High School. She went on to graduate from UC Berkeley in Chemistry, which launched her career as a Chemistry Professor at

Merritt College for the next 30 years. Her love of travel took her on biking and hiking expeditions across Europe post college, that continued with adventure trips throughout the world for the rest of her life. For several years, she served as an overseas volunteer in the Army Special Services. Vonnie had a wide array of interests that ranged from being an active member of The Sierra Club and The Contra Costa Hills Club to the East Bay Bonsai Association and the Walnut Creek Quilters Guild.

She was a devoted mother and grandmother, maintaining the highest self dignity with unstinting courage and loving attention to her family to the very end.

A memorial service will be held on Thursday August 18th, 3pm at Piedmont Community Church 400 Highland Avenue, Piedmont Donations in lieu of flowers:

Parkinson Foundation, www.parkinson.org

International Youth Hostel, www.giving@hiusa.org

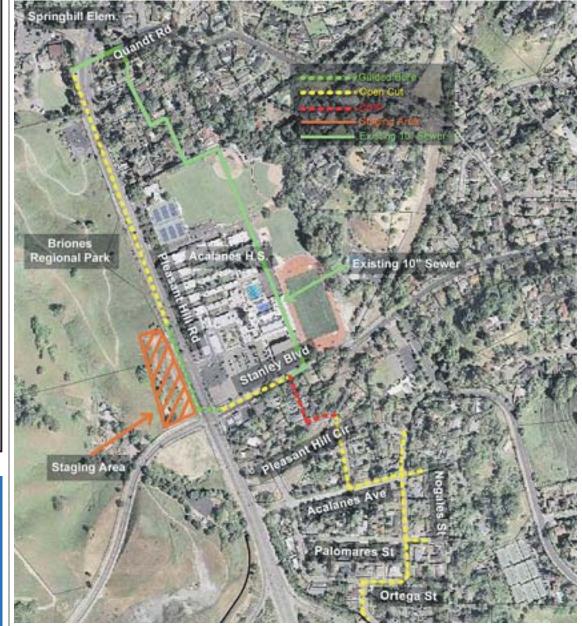
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Civic News Moraga **New Sewer Upgrade Along Pleasant** Hill Road

... continued from page A2



Three types of installation will be used: Open Cut – using heavy equipment to cut a trench; CIPP or "cure in place pipe," which is the "least intrusive way," mentions Carpenter, to address the pipes running through four backyards; and finally Guided Boring - using a machine to tunnel under the street – a more challenging process near day for close to half a million residents and 5,000 busi-

Map provided

treatment facility near the intersection of Highway 4 and Interstate 680. Although the upgrade is meant to handle peak wet-weather flows, if you brush your teeth, take a shower or flush the toilet you contribute to wastewater.

Forty five million gallons of wastewater is treated per

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the intersection of Deer Hill Road and Pleasant Hill Road. nesses in central Contra Costa County before it's dis-CCCSD does not want to dig through water or electrical service.

CCCSD is responsible for safe and effective wastewater collection treatment and disposal. Everything that ends up in their pipes eventually flows to their wastewater

This method is used to avoid other utilities in the area - charged into Suisun Bay or recycled for landscape watering.

> Look for the continued saga of the orange cones this month at the South Orinda Sewer Renovation project now in its fifth phase. CCCSD will be replacing or renovating 11,000 feet of aging sewers there.

Motorcycle Police Debut in Lafayette

... continued from page A3

Look for an enforcement program to be rolled out in September that targets traffic violations near all Lafavette schools.

City Manager Steven Falk explained the reasoning behind the motorcycle cops in his Friday Summary, "If the last ten years serve as an accurate guide, the chance that you will die in a traffic collision in Lafayette is five times higher than the chance that you will become a homicide victim, and you are twenty-six times more likely to be injured in a car crash than by an assault."

He continued, "Given Lafayette's limited funds, it is prudent to deploy resources where the risks are highest and where the money can make a meaningful difference. The numbers suggest that, despite the unpopularity of traffic tickets, the City's best strategy to prevent future deaths

Cleaning up Old Paint



and debilitating injuries is to provide more and better enforcement."

The bikes are more economical to operate and maintain and get significantly better gas mileage than a traditional cruiser. Not just any officer can ride the new motorcycles; administrative regulations were recently adopted to govern the Police Motorcycle Unit (PMU). To be on the bike beat, ten years of law enforcement experience and a history of good customer service with the public are required. In addition, to ensure the safety of police officers motorcycles will not be ridden in rain, heavy fog or extremely cold or windy weather.

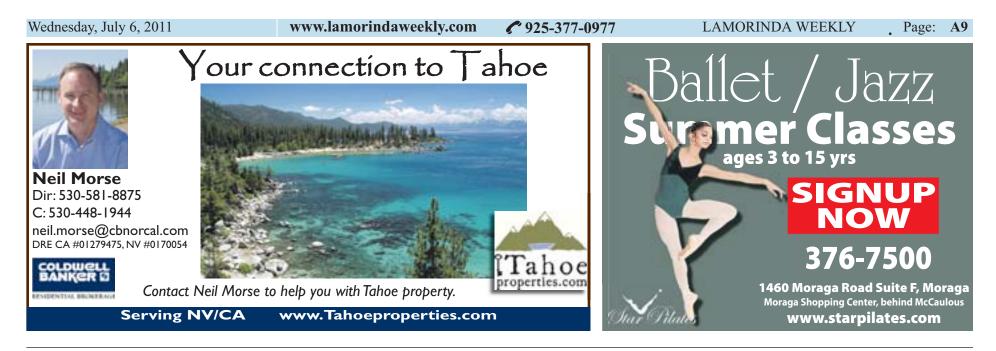
The Lafayette Police Department issues about 2800 citations per year – that number is likely to rise.

> than Valencia, a 7th grade student at Joaquin Moraga Intermediate School, recently climbed the hill to 'The Rock' to make sure no contaminants had been left behind by those who decorate the prominent white boulders that sit on private property above the intersection of Rheem Boulevard and Moraga Way. He collected two boxes of old spray paint cans and brushes that a friend from Sustainable Moraga will take to the Household Hazardous Waste Collection Facility in Martinez. "I thought it was a good idea to go and check the site out; paint is not good for the environment."

> Arriving before Valencia was Moraga Parks Foundation member Tom Preston, who removed six big leaf bags full of old cans. "The Town could not do it itself because the site is private," said Preston's wife, Debbie, "but they contacted the property owner to get his approval."

S. Braccini

Ethan Valencia Photo Sophie Braccini



Glover Retrospective Opens at SMC's Hearst Gallery

... continued from page A1



Pam Glover, Town on Hill

Pam Glover, My Studio No. 2,1996, oil on canvas, Glover family collection

Armistead is very familiar with hibit includes her earliest work Pam's artwork having curated two earlier exhibits at the gallery that included her plein air landscapes.

Hearst Gallery will open a third ex- with her daughter in Switzerland, hibit of Pam's work, her first solo examples of her exploration into exhibit, a retrospective entitled, mixed media in the 1960's and 70's, Pam Glover: A Life in Art. The ex- and 60 California plein air land-

done as a child growing up in China and Australia, her rarely seen commercial work in fashion art and ad-On Sunday, July 10th, the vertising, snowy landscapes painted

scapes. For people who knew Pam and admirers of her work, seeing the volume and variety of her work all together in the exhibit will be a transformative experience, says Heidi Donner of the Hearst Gallery. The entrance of the gallery and

first room are filled with Pam's vibrant, colorful plein air landscapes-the work she is best known for and a movement she helped to establish in the Bay Area. The oil on canvas paintings depict her favorite scenes throughout Northern California and the wall text alongside the artwork provides delightful insights and anecdotes from Anne Marie and some of Pam's art colleagues about where, when and how the artwork was created. "She made ordinary things beautiful; spots along the freeway, clothes hanging on the line next to a couple of gangly sunflowers along the side of a house," says Donner.

An atmospheric painting of Mount Diablo in the far right corner of the front room sets the tone for a shift to several European landscapes which line the walls of the walkway that connects to the next room. The exhibit also includes a display of some of the artist's tools: her original easel and palette and the puffy blue jacket and paint-covered black apron she wore. The second half of the exhibit is a venture back in time showcasing Pam's earliest work, which includes art school assignments, portraits of Chinese children, and fashion art juxtaposed with the newsprint advertisements in which it was used. Her training, technical ability, and talent is evident from the outset and



Fashion polka

explains why her plein air work 10th and includes artists Teresa looks so effortless but really is not, says Donner.

Beserra, an art historian specializing in Western plein air painting, Saint Mary's at 2:00 p.m. on July (925) 631-4379.

Onoda, Warren Dresher, and Susan Kendall who painted outdoors with A panel discussion led by Sarah Pam over the years. The panel and the reception to follow are free. For information more go to will be held at the Claeys Lounge at www.hearstartgallery.org or call

Fourth of July Fun in Lamorinda ... continued from page A1

and bicycles flooded the path at the Moraga Commons Park, if ever so briefly, during the 4th of July Bike Parade.

Police Officer Michael Dreyfuss. Dreyfuss, who usually tails others in a police cruiser, found himself being followed by an array of decked-out-forthe holiday bikes, trikes, scooters and wagons. Dreyfuss said he feels fortunate that Police Chief Robert Priebe allows him to swap his car for a bicycle "one day a year."

pole and wound through display booths over to the band shell, where the group dispersed as quickly as they had assembled. The plan was two laps around, but the reality was a bit shorter

Down the road in Moraga, children bounce houses and games proved too distracting.

The earlier part of the morning was for the dogs. They waited patiently, in the shade, politely socializ-The tables were turned on Moraga ing with others; the short and the tall, the large and the small, redheads,



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to the Editor Share your thoughts with our community! Opinions in Letters to the Editor are the express views of the writer and not necessarily those of the Lamorinda Weekly. All published letters will include the writer's name and city/town of residence -- we will only accept letters from those who live in, or own a business in, the communities comprising Lamorinda (please give us your phone number for verification purposes only). Letters should be 350 words or less; letters of up to 500 words will be accepted on a space-available basis. email: letters@lamorindaweekly.com; Regular mail: Lamorinda Weekly, P.O.Box 6133, Moraga, CA 94570

Editor:

#59839

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In 1995, Lafayette residents passed a bond measure to fix a number of the City's more heavily traveled roads. The proceeds from this \$13 million bond measure, which generated \$2 million in matching funds, has now been spent. This bond measure was highly successful in fixing a number of our roads, but the City does not have enough funds to fix all the remaining failed roads, which total 25% of the City's public roads.

Now, we need to finish the job started in 1995. The City Council has stated they will place a ten-year flat annual parcel tax of \$89 per equivalent residential unit on the November ballot, if the residents of the City can obtain signatures from 10% of the registered voters. A group of residents has undertaken this task to obtain 1,600 signatures by early July. This parcel tax would raise about \$10 million over ten years, and be spent on a pay-as-you-go basis to fix the Guy Atwood failed roads.

If the measure passes, the Council will contribute \$3 million up front from their reserve Correction, issue date 6/22: We inadvertently funds to fix the failed roads. They will contribute another \$1.7 million annually for repair idence as Moraga; we are informed Mr. Blits is and maintenance, of which \$600,000 is subject a resident of Lafayette.

to annual review by the Council and availability of funds. This past year the Council reduced their annual budget expenses by over \$500,000 to allow them to maintain a balanced budget and contribute to fixing and maintaining the City's roads in good condition on an ongoing basis. In order to finish the job, we need your help to obtain these signatures in the next few weeks. A website at www.fixourroads.net has been set up to inform residents about the parcel tax, to provide the necessary petition forms and instructions, and whom to contact.

Wednesday, July 6, 2011

Our neighbors need our help. Let's finish the job we started in 1995. Please go to the website, download the petition and begin getting your friends and neighbors to sign, whether you live on a failed road, or not. Instructions for submitting the signed petition are available on the website.

Thank you, Lafayette

published letter writer Robert Blits' place of res-

Join our Public Forum

If you have significant knowledge about an issue facing Lamorinda, or one of its communities, that requires more than the 350 words to which we must limit Letters to the Editor, don't despair! You can submit your letter to our Public Forum section. Just send your letter to letters@lamorindaweekly.com and let us know you'd like to be considered for the Public Forum. We will not accept Public Forum submissions regarding a current ballot measure or candidate for public office. Opinions expressed in Public Forum are the express views of the writer and not necessarily those of the Lamorinda Weekly.

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LAMORINDA WEEKLY

B1 Page:



Treating Movement Patterns

By Rebecca Eckland



Dana Hemmingsen conducting the Functional Movement Screen Photo provided on a client

hree months ago, 27-year old patterns. Chris Porter was in constant pain from a degenerated disk in his back caused by years of snowboarding and weightlifting. Everything from playing softball with friends to gliding down snowy terrain left him bedridden for days. "I was in a ton of pain," he remembers, "I took at least eight ibuprofen a day."

Porter had seen several specialists and physical therapists, but nothing prescribed eased his discomfort or amended its cause. Porter decided he was "just too young to be feeling this way" and sought out local Functional Movement Screen Specialist Dana Hemmingsen.

Hemmingsen began Porter's treatment as he does with everybody: with a Functional Movement Functional Movement Screening Screening (FMS) Test that rates the body's quality of movement. This test identifies specific asymmetries and limitations in basic movement muscular-skeletal system can't han-

Hemmingsen knows the dangers of injury. At 14, he sustained a substantial leg injury and was forced to rehab himself in order to continue playing the sports he loved.

Years later, after a desk job at Chevron proved unfulfilling, he began unofficially coaching football players at Monte Vista High School. "A big part of why I do this is my son," said Hemmingsen, whose son now plays football for UC Davis. "He would get injured and I'd help him to understand his limitations so he could do corrective exercises and work through those injuries. And he overcame them."

Unlike more conventional tests designed to locate the problem, (FMS) seeks the larger cause.

"So many athletes get so much training thrown on them that their dle it. Frequently, the medical community treats only symptoms," Hemmingsen said. "But they don't treat the movement pattern which caused it. Instead it's recurring visits, surgery or anti-inflammatory drugs. However, FMS focuses on the whole movement pattern of a body: your knee might hurt, but it's the inflexibility in your hip that causes it."

"It was interesting to see where I really was," said Porter, whose screening test revealed he had exceptionally weak hips in addition to his compromised back. "But Dana's good about not letting you get too down on yourself."

Since Porter's first screen, he has followed Hemmingsen's rehabilitation and strengthening program which he described as "methodical" and "progressive." Now, he is no longer in pain and enjoys an active lifestyle again.

In April of this year, the Vallejo Firefighters joined the San Francisco 49ers, the Oakland Raiders and the US Military in implementing FMS department-wide. Captain Ray Jackson said his decision was based on various studies that show FMS cuts on-the-job injuries. One study, published in the Journal of Occupational Medicine and Toxicology in 2007, demonstrated a 62 percent reduction lost work time due to injury as well as 42 percent reduction in injuries themselves. The test was conducted over a 12month period on 433 fire fighters in Tempe, AZ.

Jackson said it's too early to see any major differences in his department but believes the individualized and tailored nature of the screening makes it a beneficial tool.

Jackson admitted he notices small improvements: "I'm an athletic guy, but I had this tightness in my hip when bent down to put my left sock on." He paused, as if revealing a secret. "Now, I don't feel tightness anymore."

"I just want to help people," said Hemmingsen. "I want everyone to get the most out of their training."



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To Perform Eating

By Sophie Braccini

enna A. Bell, Ph.D., R.D., presentation. \checkmark C.S.S.D., and author of *En*ergy to Burn, participated in the the best strategy for determining Saint Mary's College annual free athletic performance colloquium.

Bell made her presentation during the Graduate Kinesiology Program four-day class called hydrates and proteins. "Human Performance: Building the Ultimate Athlete," at Saint Mary's College June 13-16. The colloquium covered areas for improving athletic performance including: proper hydration; nutrition; stretching and warm up preparation; and sleep.

Bell addressed proper nutri-

She said that trial and error is proper nutrition for athletes since each person reacts differently to various food intake. She still gave recommendations for carbo-

Bell said whole grain, vegetables, fruits and beans for the carbohydrates, fish, poultry, beans, eggs and low fat dairy for the proteins, vegetable oils, nuts, seeds and avocados for fats and supplements like vitamins B, C, D, calcium and iron.

"What is important for athtion and proper hydration in her letes is to fuel before, during and you recuperate," she said.

after exercise," she said. According to Bell, the carbohydrate intake should start two-to-three days prior to competition.

Bell spoke about the importance of eating after workouts as equally critical. She noted that food should be consumed within half hour after the action: "It is critical to glycogen replenishment."

Bell also emphasized the pivotal role of proper hydration in increasing performance. "Start your exercise or event fully hydrated, re-hydrate all along the exertion period, and continue to drink while

Water Polo Defeats Top Teams

Submitted by Kelly Ratchford



Charlie Wiser (Miramonte), Colin Chiapello (De La Salle), Tucker Stone (Acalanes), Ryan McCracken (Acalanes), Clay Smudsky (Miramonte), Connor Reid (Acalanes), Nick Solit (Miramonte), JD Ratchford (Campolindo), Jake O'Malley (Acalanes), Tommy Bush (Acalanes), Jacob Welcomer (Acalanes), Tyler Kirchberg (Miramonte), Adrian Shestakov (Acalanes), Thomas Carroll (Marin Catholic), Grant Sivesind (Campolindo), Jack Fellner (Miramonte), Not in picture: Drew Holland (Miramonte), Coach Trent Calder Photo Lisa Dirito

the state, beating Stanford 9-5 in the semi-finals and July.

he Lamorinda Boys' Water Polo team won the Orange County 11-6 in the finals. Lamorinda com-California Cup State Championship in Norco, petes in two national tournaments this summer, the California on June 26. The tenth grade team went US Club Championships in the East Bay mid-July undefeated against the top water polo programs in and the Junior Olympics in Orange County in late

Youth Sports Registration

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Summer Soccer Camp for Boys and Girls

The Martinez Pleasant Hill Futbol Club will be hosting two sessions of summer soccer camp for boys and girls ages 8-13 years old. Session one is July 25-28, 2011 and session two is August 8-12, 2011. Sessions run from 9am-3pm at the Adventist Academy, 796 Grayson Rd, Pleasant Hill. Players of all experience levels are encouraged to sign up. The camp features buddy requests, a free camp t-shirt, training by college-level soccer players, fun games and prizes and more! Cost is \$165 per session and pre-registration is required by July 15th. To register, visit www.mphfc.com.

If you would like to list the registration information for a youth sports club please email wendy@lamorindaweekly.com or call (925) 377-0977. B&W listing will cost \$24 (3.75"x1").

SPORTS LAMORINDA'S LOCAL SPORTS Lamorinda Swimmers Battled to Win

Submitted by Kristi Buck



LMYA Dolphins, 6th place Team Honors (pictured LMYA Coaches Caroline Lukins, Anne Everett, LJ Fassler, Julianne Bozzini) Photo Rob Schussman

early 20 teams from (17 yr old boys). throughout the East Bay gathered to compete in the 20th could be seen distributing gold Annual Battle of the Ages Swim caps throughout the weekend to Meet in Pleasant Hill June 25-26. signify a swimmer's qualification Considered one of the area's pre- for the County Championships in mier invitational meets, the com- August. petition was fierce. While Crow a strong showing as well. Springbrook and LMYA battled for top sixth respectively.

Lamorinda swimmers captured top individual honors in their respective age groups this weekend and were recognized as High Point Winners: Sean McKenna of Sun Valley (12 yr team's home for over 50 years old boys); Nicholas Inserra of Springbrook (14 yr old boys); Megan Schussman of LMYA (15 Lafayette City Meet and County yr old girls); Barbara Lanier of Championships. I expect we will Springbrook (17 yr old girls); and Ryan Connolly of Springbrook year!"

Coaches from all the teams

The 2011 swim season got off Canyon Country Club placed first to a wet start, forcing many teams overall, the Lafayette teams put in to postpone their time trials and pre-season meets due to the unusually rainy spring. Despite the team honors placing fifth and weather, spirits are high as the competitive season is finally taking shape.

> LMYA head coach Marc Cavallero remarked "I am excited to bring the team back to our home pool. Acalanes has been our and the new pool will be a fantastic venue for the upcoming see many records broken this

CYO Athletes Honored

Submitted by Monica Chappell



Submitted by John Sharpe



From left, front row: Paige Winter, Jenny Gonser, Michael Samaniego, John O'Malley, Jack Eisner and Daniel Hogan; back row: Kevin Fisher (Athletic Director), Rob O'Reilly (Head Coach), Cindy Nelson (Widow of Ken) and Fr. John Kasper (Pastor); not pictured: Chris Hagmaier Photo Cliff Eisner

C ix athletes were selected for ship, sportsmanship, hard-work CYO's Ken Nelson Award. and respect for all. Ken Nelson The "Ken Nelson Award" is for was a long time CYO Board the player on each CYO eighth Member and CYO coach. He also grade team who best represents coached Campolindo High the values of CYO basketball, as School. Nelson passed away from voted on by their peers-leader- cancer in 2008.



From left, back row: Rita Hock, Lauren Webster, Katie Kresnak, Marlou Eyl, Lori Langley, Bev Maechling, LeeAnn Gove, Sharon Nagle; front row: Sally McKay, Cari Thrasher, Casey Sasner, Catherine Franklin; not pictured: Tracy Brewer, Melanie Brinkman, Charlene Condy, Kathy Kessenich, Lynn Salazar Photo provided

 \blacksquare captained by Lori Langley and Bev Maech- and as a result qualify for A1 play next spring. ling, recently captured first place in the Contra

he A2 tennis team from Rancho Colorados, Costa Spring Tennis league. They went undefeated

Gaels get Drafted



Mickey McConnell



Kyle Barraclough

wo Gaels were selected in the 2011 Major League Baseball draft.

A surprise pick came from the Los Angeles Dodgers who chose Mickey McConnell. McConnell, a four-year varsity basketball player and West Coast Conference Player of the Year, has not played baseball competitively since high school. The Dodgers picked McConnell in the 31st round with the 944th pick.

McConnell comes from a baseball family. His older brother was drafted by the Philadelphia Phillies in 2009.

Junior starting pitcher Kyle Barraclough was selected in the 40th round as the 1,228 pick by the Minnesota Twins.

Barraclough was named to the All-West Coast Conference First Team. He is seventh on the alltime career strike-out list with 210 and eighth on the all-time career wins with 16. C.Graveson

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Photo Tod Fierner

Lafayette Golfer Wins Tournament

Submitted by Paul Griessel

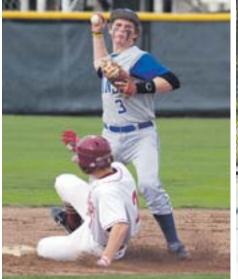


aul Griessel Jr., 12, took first place at the Junior Golf Association of Northern California tournament at Buchanan Fields Golf Course in Concord on June 15. Griessel shot par, earning a score of 62 for 18 holes, to win the boys' 12-13 age group.

Photo provided

Submit **Sports Stories** to sportsdesk @ lamorindaweekly.com





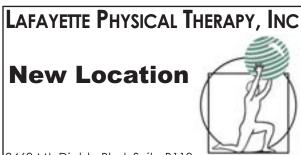


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Sport	School	Award	Student]			
Softball	Miramonte	Second Team	Claire Ramer			Honorable Mention	Jacob Meno
		Honorable Mention	Alex Trujillo Ashley Kawaguchi	Swimming	Miramonte	First Team	Tennyson May Charlie Wiser
	Acalanes	First Team	Taylor Gray	-			Nick Deaver
		Second Team	Mia Monopoli				Alec Ryner
		Honorable Mention	Natalie Goepel			Second Team	Gabe Ostler
			Alexie Shurtz			Honorable Mention	Kyle Weikert
			Maddie Maderious				Robbie Fluegee
	Campolindo	First Team	Shelley Suhling		Acalanes	First Team	Piankhi Gibson
	Campolinuo		Emily Streeter				Asher Lichtig
						Second Team	David Palley
		C IT.	Paige Edwards				Brett Usinger
		Second Team	Rebecca Crisp				Zach Newman
			Kristen Ghamghami		C	El a tra com	Tanner Cullen
Lacrosse	Miramonte	First Team	Lauren Dougherty		Campolindo	First leam	Sven Campbell Robbie Ashby
			Dani Albo				Nick Zolantakis
			Alex Seclow				Jeff Strausser
		Second Team	Caroline Cook				Tor Jensen
			Mary Doyle			Second Team	Steve Stumph
	Acalanes	Most Valuable Player	Elizabeth Landry				JD Ratchford
		First Team	Devon Frazer	Tennie	NA: us us s us to	First Team	
			Casey Reid	Tennis	Miramonte	First leam	Andrew Pises Luke Bohuslav
			Taylor Ewing				Chad Boersma/ Andrew Ta
			Courtney Neff			Cocond Toom	
		Second Team	Niki Quinn			Second Team	Brian Tan Michael Krakaric
			Annie Belliveau				Michael Krakaris
	Campolindo	First Team	Hannah Perkins			Honorable Mention	Casey Nichol/ Drew Jones Trevor Rechnitz
		Second Team	Eliza Pedder				Philip Shamash
			Brooke Martini		Acalanes	First Team	Dan Cardiff
		Honorable Mention	Erin Nakahara		recularies	Second Team	Ascher Lichtig
Swimming	Miramonte	Second Team	Sierra Robbins				Alex Mogensen/Greg Hans
Swimming	Miramonie	Second ream	Erin Schonfield			Honorable Mention	Alex Schperberg
							Karin Masarweh
			Shelley Caron				Chris Wool/Michael Lin
			Megan Howard		Campolindo	First Team	Maks Tvetkov
			Meredith White				Nolan Richard
		Honorable Mention	Allison Light				Inno Asuncion/Matt Resh
			Annie Larsen				Sina Dadafarin/Pete Jourgens
			Sam Swinton			Second Team	Hans Aasman
			Jenna Haufler				Baudewijn Aasman
	Acalanes	Second Team	Nora Vance				Will Howard/Matt Cimino
			Katie Records			Honorable Mention	Trent McCormick
			Emily Giambastini		Miramonte	First Team	Nick Bhacho
		Et al Tana	Natalie Chan	and Field			Marshall Deutz
	Campolindo First Team		Courtney Whyte				Kevin Booze
			Dana Holt				Ashraf Mathkour
			Maren Kjell				Jamie Fehrnstrom
			Sam Flower				Zati Wiliams
			Megan Bicomong			Second Team	Micah Solit
		Second Team	Alyssa Parsons				Tyler Hanson
		Honorable Mention	Hannah Grubbs		Acalanes	First Team	Michael Walton
	Hon		Padon Sivesind			Second Team	Joe Dreyer
			Alexis Cravero Cassidy Fuller				Matt Thomas
						Honorable Mention	Nick Karp
Track	Miramonte	First Team	Megan Reid				Adler Faulkner
and Field		, and really	Kera Deakins	ins			Nathan Chung
			Devon McDonald		Campolindo	First Team	Thomas Joyce
			Kirby Schulz				Griffin Brumbaugh
			Rebekah Ent			Honorable Mention	Vinson Compestine
		Honorable Mention	Alyssa Wendt				Darren Brodowy
	Acalanes	Second Team	Jordan Hines				Dylan Laucher
	Acaianes	Second realin	Amy Hollswander				Andres Del Valle
			Katie Salmon				Vance Precott
			Anja Simonsen	Volleyball	Acalanes	First Team	Cole Marley
			Haley Kisner				Daniel Inouye
			Tara Bozzini			Second Team	Evantre Amos
							Dan Kennedy
			Katie Berge				Josh Bulos
			Katie Barton		Campolindo	Most Valuable Player	Dylan Blackstone
		Brianna Wilkinson				First Team	Jason Lee
	Campolindo	First Team	Carrie Verdon				Bryan Lee
			Hadley Swanson				Alex Mangels
			Juliet Farnan			Second Team	Carl King
			Rhea Jayachandrad				Kevin Honda
		Margaret Macy					
							Ethan Stevenson
		Honorable Mention					Ethan Stevenson Ryan Alva
		Honorable Mention	Margaret Macy				

Wednesday, J	uly 6, 2011	www.lan	norindaweekly.com	6 925-377-	-0977	LAMORINDA V	VEEKLY Page: B3
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		g Sp AL T		DaseDall	Acalanes	Second Team Gold Glove First Team Second Team	Tyler Davis Paddy O' Brien Drew Jackson Andrew Joss Spencer Marx Drew Jackson Spencer Henderson Grant Diede Connor Hornsby Evan Heptig Zac Schoenrock
					Campolindo	Gold Glove Most Valuable Player First Team Second Team Gold Glove	Tommy Beritzhoff James Marvel John Cushing Trent Shelton Robbie Tenerowicz Brett Stephens Vance Vergara Austin Rei
and the second	and the second	the second second	a george	Golf	Miramonte	Second Team	Patrick Fabian Henry Cassriel
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	10		a a la seren	Lacrosse	Miramonte	Co-Most Valuable Player First Team Second Team	Carson Mead Alex Nicolaou Chase Hildeburn Carson Mead Brian Raaka Nick Sheehan
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	UR		1 P			Second Team Honorable Mention	Peter Mitchell Nate Vance Trevor Felt Robbie Stern Michael Leamy
					Campolindo	First Team Second Team	Grant Franklin Jake Bayuk Brian Rath
Sport Softball	School Miramonte	Award Second Team Honorable Mention	Student Claire Ramer Alex Trujillo	Swimming	Miramonte	Honorable Mention	Jacob Meno Tennyson May
	Acalanes	First Team Second Team Honorable Mention	Ashley Kawaguchi Taylor Gray Mia Monopoli Natalie Goepel			Second Team Honorable Mention	Charlie Wiser Nick Deaver Alec Ryner Gabe Ostler Kyle Weikert
	Campolindo	First Team	Alexie Shurtz Maddie Maderious Shelley Suhling Emily Streeter		Acalanes	First Team Second Team	Robbie Fluegee Piankhi Gibson Asher Lichtig David Palley
		Second Team	Paige Edwards Rebecca Crisp Kristen Ghamghami			Second ream	Brett Usinger Zach Newman Tanner Cullen
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	Acalanes	Most Valuable Player First Team	Mary Doyle Elizabeth Landry Devon Frazer Casey Reid	Tennis	Miramonte	Second Team First Team	Steve Stumph JD Ratchford Andrew Pises
	Campolindo	Second Team First Team	Taylor Ewing Courtney Neff Niki Quinn Annie Belliveau Hannah Perkins			Second Team	Luke Bohuslav Chad Boersma/ Andrew Tan Brian Tan Michael Krakaris Casey Nichol/ Drew Jones
	Campolindo	Second Team Honorable Mention	Eliza Pedder Brooke Martini Erin Nakahara		Acalanes	Honorable Mention First Team Second Team	Trevor Rechnitz Philip Shamash Dan Cardiff Ascher Lichtig
Swimming	Miramonte	Second Team	Sierra Robbins Erin Schonfield Shelley Caron Megan Howard			Honorable Mention	Alex Mogensen/Greg Hanson Alex Schperberg Karin Masarweh Chris Wool/Michael Lin
		Honorable Mention	Meredith White Allison Light Annie Larsen Sam Swinton Jenna Haufler		Campolindo	First Team Second Team	Maks Tvetkov Nolan Richard Inno Asuncion/Matt Reshke Sina Dadafarin/Pete Jourgensen Hans Aasman
	Acalanes	Second Team	Nora Vance Katie Records			Honorable Mention	Baudewijn Aasman Will Howard/Matt Cimino Trent McCormick
	Campolindo	First Team	Emily Giambastini Natalie Chan Courtney Whyte Dana Holt Maren Kjell Sam Flower	Track and Field	Miramonte	First Team	Nick Bhacho Marshall Deutz Kevin Booze Ashraf Mathkour Jamie Fehrnstrom
		Second Team	Megan Bicomong Alyssa Parsons Hannah Grubbs		Acalanes	Second Team First Team	Zati Wiliams Micah Solit Tyler Hanson Michael Walton
		Honorable Mention	Padon Sivesind Alexis Cravero Cassidy Fuller			Second Team Honorable Mention	Joe Dreyer Matt Thomas Nick Karp
Track and Field	Miramonte	First Team	Megan Reid Kera Deakins Devon McDonald Kirby Schulz		Campolindo	First Team	Adler Faulkner Nathan Chung Thomas Joyce Griffin Brumbaugh
	Acalanes	Honorable Mention Second Team	Rebekah Ent Alysssa Wendt Jordan Hines Amy Hollswander			Honorable Mention	Vinson Compestine Darren Brodowy Dylan Laucher Andres Del Valle
			Katie Salmon Anja Simonsen Haley Kisner Tara Bozzini Katie Berge	Volleyball	Acalanes	First Team Second Team	Vance Precott Cole Marley Daniel Inouye Evantre Amos Dan Kennedy Josh Bulos
	Campolindo	First Team	Katie Barton Brianna Wilkinson Carrie Verdon Hadley Swanson		Campolindo	Most Valuable Player First Team	Josh Bulos Dylan Blackstone Jason Lee Bryan Lee Alex Mangels
		Honorable Mention	Juliet Farnan Rhea Jayachandrad Margaret Macy Rachael Meadows Meghan Nelson			Second Team	Carl King Kevin Honda Ethan Stevenson Ryan Alva Markus Sommer-Wuestehube



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Winemaking – the New Lamorinda Lifestyle

By Sophie Braccini





Over 3000 vines have been planted.

s there an American Viticultural addition to conserving water, Cap-Area (AVA) designation in the future of Lamorinda? A few years roots to grow deeper into the soil ago the Lamorinda Winegrowers to get their water, the system ex-Association (LWA) included people who grew grapes and dreamed range of nutrients from the soil," about making their own wine. he says, "the result is more com-Today that dream is a reality with plexity and better testing wine. three bonded Lamorinda wineries, And when people hear that we and several new vineyards in the don't add anything to it, they like ground or in preparation. Some of it even more." these vineyards are quite large and, because the project manager tic and soothing looking at the

tain explains, "When you train the pands and extracts a more diverse

"There is something very artis-

Photo Doug Kohen

two children, started by installing bee hives on his property (thus the name of the vineyard), then added owl boxes to control gophers, and a solar energy system to power his future production. 200 plants of Syrah have already been planted and his planned addition of 300 more in the fall – Viognier and Mourvèdre – will make him one of Orinda's largest growers.

... continued on page C2



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is Sal Captain of Captain Vineyards, they are being created using the Captains' concept of sustainable agriculture - according to Captain, it's just taking advantage of the unique characteristics of Humblebee Vineyard in Orinda, Lamorinda's soil and climate.

"When I tested Salah's (Sal Captain's) Cabernet from a #196 root stock, the same as the Opus 1 Cabernet, I started to become very interested in becoming a winemaker myself," says Jamie Rector, "so when we bought 56 acres of unincorporated county land just across from Rancho Laguna Park in Moraga, I asked him to become a partner in developing some of that land."

The Rectors used to be neighbors of the Captains, who have set their vineyard in the Bluffs area of Moraga; they witnessed how Sal and his wife Susan became professional winemakers over the years. "When Jamie asked me to help, the first thing we did was test the soil," says Captain, "it is a typical Moraga/Orinda soil made of clay loam with silt and sand stone, a perfect combination for a vineyard."

Together they choose a 2.5 acre expanse with a good orientation and slant, and with the help of a GPS company to maximize sun positioning, Captain designed three contiguous areas on which to plant 3150 vines. "Most of it is planted with the #169 Cabernet Sauvignon rootstock that has produced some phenomenal Cab for us," adds Captain.

The cultivars were planted a few months ago and are already growing nicely. Two wells were drilled on the property. "We will train these plants the way we did on our property, to use less and less water over the years," says Captain. Last year, he watered his six- year-old vineyard only three times during the whole season. In

vineyard," says Rector, "this is part of the pleasure of having it, along with seeing it grow from the start."

Paul Coletta, the owner of agrees that growing vines is a lifechanging experience. "For me it is a lifestyle," says Coletta who also asked Caption to manage his new vineyard, "I love the people, the food and wine aspect of it, and the connection with nature." Coletta, along his wife Catherine and

American Viticultural Areas (AVA), designated by the federal government to highlight wine areas of special significance, are typically 1,000 acres or larger. The smallest AVA in the US is the Cole Ranch AVA in Mendocino Countv with 189 acres, with 55 under vine (2007). The specificity of Cole Ranch is its relatively cold microclimate, which gives its wines distinctly different characteristics than those from surrounding areas.

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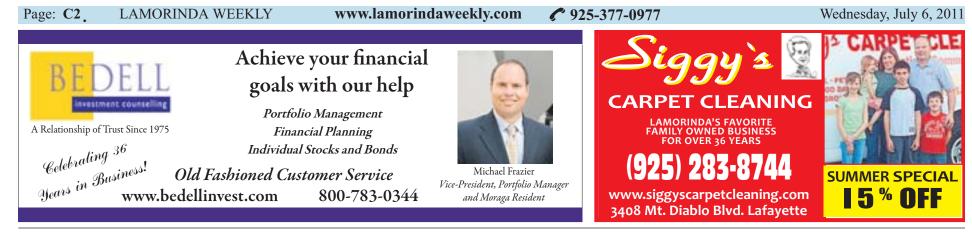
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MOFD's Emergency Preparedness Coordinator



Moraga Orinda Fire District Board of Directors Meetings Meetings of the MOFD Board of Directors are open to the public and take place on the third Wednesday of each month in the Board Room, Administration Building, 1280 Moraga Way, Moraga.

Next meeting:

July 20th, 7:00pm **Regular Board of Directors** Meeting, Station 41 (1280 Moraga Way, Moraga), (go to www.mofd.org as the meeting date approaches for more information)



MOFD's new Emergency Preparedness Coordinator, Dennis Rein

recently hired Lafayette Emergency Preparedness Commissioner Dennis Rein as its new Emergency Preparedness Coordinator. Rein is a multi-generational Lafayette resident who spent his professional life in law enforcement and fire fighting with the Regional Park District.

Since his retirement in 2006, Rein has been a member of the

Photo Sophie Braccini he Moraga Orinda Fire District Commission. He started his new part time job on July 1st with a vast and simple mission: Ensure that Moraga and Orinda are fully prepared to handle any emergency. Rein is fully aware of the complexity of the task at hand.

Rein says his interest in natural resource management started with 4H when he was just a kid. While studying Recreation and Resource Lafayette Emergency Preparedness Management at Oregon State Uni-

versity, he volunteered as a ranger for gion." the East Bay Municipal Utility District (EBMUD) at the San Pablo tegrating the different groups that Reservoir and was hired there when he graduated. EBMUD sent him to of an emergency. "I see myself as a the Police Academy and he became liaison officer between the municipart of the police and emergency response team; when the team's responsibilities were transferred to the Regional Park District in the 80's, Rein followed the job.

Rein served the Park District as a police officer and fire fighter until he became the East Bay Regional Park Fire Chief, in charge of 60 parks and more than 100,000 acres. "After retiring in 2006 I continued to consult for the Parks, and when my friend John Stuart asked me to join him on the Lafayette Emergency Preparedness Commission I was glad to contribute to their excellent work."

The opening of a new position with MOFD gives Rein the opportunity to serve once again in his area of expertise.

have someone with Dennis' qualifications and experience to fill this which requires the creation of a mulposition," said MOFD Fire Chief titude of basic neighborhood units. "I Randy Bradley in a press release, will work with the Community "...he's already spent much of his Emergency professional life preparing for and (CERT)," he says, "and hopefully managing emergencies in this re- will do some outreach, too."

would have to work together in case palities, the schools, and the general population," says Rein who is aware that at any given time there are a minimal number of first responders (police and fire) on duty in Lamorinda. "An emergency plan will aim at linking together the groups of residents and schools with the emergency operation centers," says Rein, "but people need to realize that they are their own best first line of defense. During the 1991 tunnel fire, many issues were resolved quickly by the people who were right there."

Rein sees his first priority as in-

Rein believes that the real challenge of his position will be to keep the general population engaged. "If you're not prepared, you become part of the problem," he notes, adding that he thinks the best way to communi-"(MOFD) is very fortunate to cate during an emergency is at the small area level and face-to-face, Response Teams

Winemaking – the New Lamorinda Lifestyle

... continued from page C1



Captain's third vineyard management project is scheduled to go in the ground in the spring of 2012, and has the potential of becoming the largest and most visible Lamorinda vineyard. The 22 acres bought last winter by Andrea Wood form the hill that faces the Rheem Center and parallels Rheem Boulevard. It used to be a buffalo ranch and Wood, who lives in Orinda, wants to cover the entire hill with vines.

"Initially, we will plant 10 acres (about 12,000 vines) with Cabernet







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The vineyard plots were oriented to optimize sun positioning with the help of a GPS company. Photo Doug Kohen

Sauvignon and Sal (Captain) will do it," says the self-assured young woman who has already planted 100 manzanita olive trees on the property with the intent to produce olive oil. Her objective is to have her own label, Packwood Vineyard, named after her late husband. "This project will put Lamorinda wines on the map," believes Wood, "and it has to be the highest quality, as well as sustainable."

Sustainable Film Series

By Sophie Braccini

he non-profit Sustainable Lafayette has organized a Sustainable Film Series this summer; The Economics of Happiness, a wellmade film that argues the benefits of localization over globalization for the average individual, was presented at a screening on June 28. The next two movies will be screened at the Lafayette Library and Learning Center on July 12th and July 26th at 7:00 p.m.

The July 12 movie is Gasland, by filmmaker Josh Fox. When Fox was

started asking questions about the safety of the drilling method and especially about the Halliburton-develdrilling technology oped of "fracking," or hydraulic fracturing. The film tells the story of Fox's cross country odyssey in search of the truth.

The last sustainable movie of the summer, to be presented on July 26, is *Queen of the Sun – What Are the* Bees Telling Us? Most have heard of the phenomenon called Colony Collapse Disorder, from which bees dis-

asked to lease his land for drilling, he appear in mass numbers from their hives with no clear explanation. The movie by director Taggart Siegel examines the global bee crisis through the eyes of biodynamic beekeepers, scientists, farmers, and philosophers. On a pilgrimage around the world, 10,000 years of beekeeping is unveiled - highlighting how our historic and sacred relationship with bees has been lost due to highly mechanized industrial practices; the movie also suggests natural solutions to restore our relationship with the bees.

www.Lamorindaweekly.com Most Frequently Viewed Stories From Our Last Issue:



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- Class of 2011 Graduates from Campolindo
- Digging Deep with Cynthia Brian Plant a Playground
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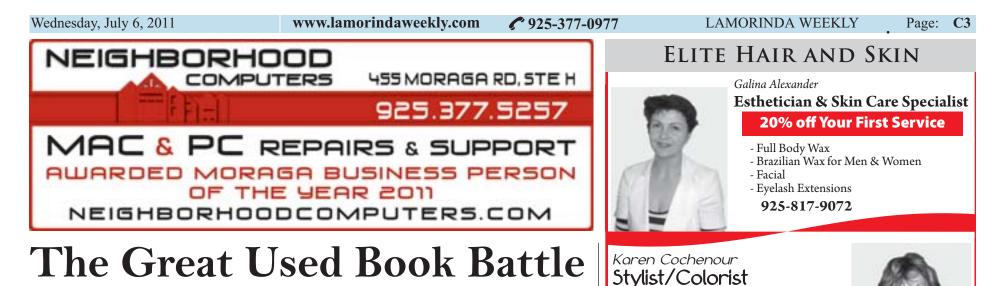


Celebrate Everyday Heroes Golf Tournament July 25, 2011

Golf at exclusive Orinda Country Club Take a shot at winning \$1 million...buy raffle ticket & play golf! **Benefits:** Food Bank of Contra Costa and Solano and the Orinda Community Foundation

Register: everydayheroes.golfreg.com





By Lou Fancher

(Editor's note: We visited the Orinda Safeway at press time and there were no traces of the blue bin.)

n every battle, iconic images capture the essence of the conflict.

In World War I, it was Uncle Sam, pointing out of a poster and stating, "I want YOU for U. S. Army."

Today, in Lamorinda, blue donation bins bearing the words, "Donate actually donated to charity-garto Charity," have come to represent nered an immediate answer. the struggle between Thrift Recycling Management (TRM), a national used book reseller, and local library groups.

Based in Lakewood, Washington, TRM is a for-profit entity founded by CEO Phil McMullin. A recent \$8.5 million venture-capital investment is allowing the company to expand its partnerships with its non-profit branch, Reading Tree, and local charities across the country.

TRM's stated intention is to capitalize on the resale value of used literature while supporting charitable organizations and reducing the number of books headed to landfills.

Linda Landau, treasurer of Friends of Orinda Library (FOL), offered a different perspective on used books.

"Learn the facts before you donate," began a letter from Landau to library supporters. "Our Friends and we don't need to have them (and our source of funds) going out of the area," she continued. "Please keep enriching an out-of-state for-profit corporation," Landau concluded.

in Orinda, and later, when an announcement from nearby Oakland heralded the collaboration between Safeway, Reading Tree and Reading Partners, an East Bay non-profit, Landau and her associates were alarmed.

Lafayette Library have been selling used books since 1967. They were able to donate over a million dollars to build the new library. We have 20,000 books. We have 150 volunteers. We sell hundreds of books every single week," Lingane wrote.

A call to McMullin asking him to respond to the objections-and to explain what percentage of the sales are

"If there is a library that is feeling threatened, I would be thrilled to know who they are," McMullin said. "I'm interested in making sure that they know we are there to support them."

Far from feeling supported, Lingane said TRM will interfere with the Friends' ability to help their library. "I would like the bin not to be at Safeway – unless the bin is put there by someone in the community and the proceeds go back into the community," she stated flatly.

With confusion about the relationship between TRM and Learning Tree and varying donation figures published in media reports, Mc-Mullin was asked for further clarification.

A Q and A fact sheet he forwarded about Reading Tree stated the following:

Frankly, about half the books groups do a great job recycling books placed in the bins are damaged, unusable or unsalable for one reason or another. TRM converts them to pulp that is sold to paper mills. Some of the value of your donation here, not the revenue from selling pulp, together with a portion of the revenue from selling books online, helps When the first blue bins appeared cover Reading Tree's operating expenses.

Pressed to provide a more specific donation figure, McMullin said, "We take the books and process them. Out of that processing we have a commitment to give back to the companies the books they most use. The Oakland initiative, which As a general rule, we give Reading

rector of the Lafayette Library and Learning Center Foundation, encouraged library trustees to express their concerns to Safeway's senior management.

At press time, plans for a meeting with Safeway had stalled, after tense negotiations about who should have access to the community's books.

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will result in a total of 2,500 books being contributed to Brookfield Elementary School, Learning Without Limits, Think College Now Elementary, Berkeley Maynard Academy and Hillside Elementary School, will benefit the area's early reading programs.

FOL's efforts not be construed as Mullin. Orinda versus Oakland. "We are concerned that an important source of revenue for all libraries and Friends groups is threatened. We have the time and resources to work on this. Many communities, those who would suffer the most from the lost income, aren't able to take on this kind of effort," she wrote in a recent email. Although Oakland itself is not in Contra Costa County, Landau noted that everything in the Orinda library is available to all residents of this county through inter-library loans.

Sharon Lingane, Manager of the Lafayette Friends Corner Book Shop, agreed. "The Friends of the

Tree what they need: mostly children's books."

"They take the best books that get the best prices. If TRM sells them online, that directly cuts into our sales," Lingane stated.

"We are not skimming and taking the very best books. It's disingenu-Landau voiced concern that ous to say that," responded Mc-

> But Lingane was insistent, saying, "In the long run, it's not going to be helpful for this community. It will end up in our bookshop not being able to survive, depending on how many people decide dropping the books at Safeway is easier. I don't want [people] to find another place to donate books that will compete with us."

> The competitive challenge has galvanized both Orinda and Lafayette activists to request a meeting with Safeway. An offer to allow library groups to collect books from the bins was rejected as impractical, because many library volunteers are seniors.

Kathy Merchant, Executive Di-

Lamorinda Weekly

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Cuisiner Dans Le Jardin (Cooking in the Garden)

By Susie Iventosch



Philippe Chevalier

f you love to cook and enjoy a beautiful garden setting, then perhaps you'd find pleasure cooking your meal right in the garden! Chef Philippe Chevalier is hosting a series of cooking class demonstrations this summer. What makes them so special is not only the food, but the fact they are held in the beautiful garden outside his Lafayette restaurant!

Every other Saturday, cooking enthusiasts gather amongst the roses and geraniums to prepare, and devour, a menu designed to incorporate locally grown, seasonal produce. Wine Photo Eugenie Hurld

pairings are available for those wishing to sample French wines to accompany the various courses.

"People had been asking me to offer cooking classes," Chevalier said. "I think it helps to take their minds off the economy and helps them to focus on something pleasant, like learning to cook special meals at home. I love that."

Students dine family style in the garden, which also gives them an opportunity to meet new people.

"In France we have a saying, 'adorer la

vie', meaning to take the time to cook and enjoy a nicely prepared dinner with family and friends at home," Chevalier mentioned.

Obbe Knoop, who attended the first class on June 11, said it was a wonderful way to spend the afternoon. "We dine at Chevalier a lot. I'm European and moved here from Holland 10 years ago. Chef Philippe's food is very authentic French—upscale food, great taste, beautiful presentation and the atmosphere is awesome, too."

So, when Knoop received an email about the cooking class in the garden, he didn't hesitate.

According to Knoop, Chef Chevalier served foisgras right off the top to settle any hunger pangs, and then started explaining all about the ingredients he was using and demonstrated exactly how to make the dishes. He offered tips and welcomed questions about what he was doing, too.

"The weather was gorgeous," Knoop pointed out. "And, it was a beautiful day in the garden, with wonderful food and wine. We all sat family style, so my wife Shannon Mc-Daniel, our friend Lesli Nordgren and I enjoyed the afternoon dining and learning with brand new acquaintances, which was all part of the fun."

Upcoming class menus are listed on the website, but folks are also welcome to phone the restaurant directly. The July 9 class will feature Wild King Salmon Tartare with baguette and chive whipped cream, Rack of Veal with roasted potatoes and fresh herbs, and Fresh Black Mission Fig Salad.

On July 14, in honor of Bastille Day, Chevalier will roast a whole pig on the spit out in the garden. This special will be in addition to the regular menu.

TIPS

In case you don't own an egg poacher (like me), Chef Chevalier has a tip for poaching eggs in a pot of water. You simply add approximately 3 tablespoons of white vinegar to 2 cups of water and crack the eggs, one at a time, into the boiling mixture. The vinegar helps to coagulate the egg white. Once, cooked, extract the poached egg from the water with a slotted spoon. It worked for me!

"CuisinerDans Le Jardin" classes are every other Saturday from 11:30 a.m.to 1:00 p.m., and include lunch. The cost per student is \$45 for the demonstration and lunch, and \$18 for the wine assortment to pair with each of the three courses. Wine is optional.

For class or dinner reservations please call or visit: Chevalier Restaurant 960 Moraga Road Lafayette, CA 94549-4480 (925) 385-0793 www.chevalierrestaurant.com

Menu from June 25 Class Brochette de Crevettes avec Saladeet Fenouille (Shrimp skewers with salad and fennel)

(For 2 People) INGREDIENTS

4 branches fresh rosemary 4 jumbo shrimp, uncooked ¼ bulb fennel, thinly sliced Mixed baby greens Dressing



Meyer lemon (juice of)
 teaspoon honey
 cup olive oil
 teaspoon minced fresh thyme
 Salt and pepper, to taste

DIRECTIONS

Prepare salad plates with mixed greens topped with sliced fennel. Mix dressing in a separate container. Peel and devein shrimp. Skewer each shrimp onto a rosemary spear. Brush with olive oil and season lightly with salt and pepper. Grill or pan-sear over medium high heat until just cooked. Serve shrimp over greens and drizzle dressing over all.

Risotto au Parmesan avec Petits Legumes de Saison et Oeuf Poché

(Parmesan Risotto with steamed seasonal vegetables and poached egg)

INGREDIENTS

½ cup Arborio rice
½ cups white veal stock
2 eggs
3 tablespoons white vinegar (for poaching eggs)
Salt and pepper to taste
Baby carrots
Baby turnips
Baby fennel
½ ounce Parmesan cheese (plus a little extra for garnish)
Fresh chervil or chives, snipped for garnish

DIRECTIONS

Prepare risotto by sautéing rice in a little bit of olive oil in a sauté pan. Add stock one half cup at a time, stirring often, until all stock is used and rice is al dente. Season with salt and pepper and stir in Parmesan. Meanwhile, steam veggies and poach eggs until yolk is still soft, but whites are cooked. Spoon risotto on plates and top with veggies and poached egg. Sprinkle with extra grated Parmesan and snipped chives or chervil as garnish. NOTE *I added two finely chopped shallots to the risotto when sautéing it in the pan.

Pêche Jaune Caramelizéet Noisette Grillées

(Caramelized yellow peach with toasted hazelnuts)

INGREDIENTS

2 yellow peaches

- 1-2 tablespoons unsalted butter
- ¹/₄ cup granulated sugar
- 1 vanilla bean
- $\ensuremath{^{1\!\!/}_{\!\!2}}$ ounce to asted hazelnuts, broken into pieces
- 1 cup whipped cream (whip with 1 ounce of powdered sugar below)
- 1 ounce powdered sugar
- 2 mint leaves for garnish

DIRECTIONS

Blanch peaches in pot of boiling water for 30 seconds to a minute, just to loosen skins. Cool, peel and cut into quarters, working around the pit. Discard pit and set aside peach quarters. In a medium sauté pan, melt butter. Add peaches, sugar and scrapings from vanilla bean. Cook over medium-high heat just until peaches and sugar begin to caramelize. Cool and reserve any pan juices to drizzle over peaches and cream. To serve, spoon peaches onto plate, garnish with whipped cream, hazelnuts and mint leaves.

Susie Iventosch is the author of Tax Bites and Tasty Morsels, which can be found at Across the Way in Moraga, www.amazon.com, and www.taxbites.net. Susie can be reached at suziven@gmail.com. **These recipe is available on our web site** www.lamorindaweekly.com If you would like to share your



favorite recipe with Susie please contact her by email or call our office at 925-377-0977.

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Bitten by the Bug

By Cathy Dausman



Ron Wake with his race car

have in common with Rick Mears, Niki Lauda, Dan Gurney and Paul Newman? They all race sports cars. On weekends the Lafayette dentist races Sports Car Club of America sanctioned Formula Vee cars. That's Vee, as in VW, or Volkswagen, Bug. A vinjust yet: these ram air-cooled, open competes against Formula Ford, wheel racers are 10 feet long, weigh Formula C and Formula 500 (the 1,000 pounds and cruise at an average 75 mph (top speed 115, "almost snickering begin.) "We're the slowterminal velocity," says Wake) along asphalt road courses. To build real racing, head to toe. the racer, Wake says "we take the throw the Bug away."

valley farm. His interest in organfor help. That was 1974. Soon Wake was acting as his patient's pit crew and watching from the sidelines. He bought his first Formula Vee in Oakland a couple years later, and has been racing ever since. Now Wake owns two race cars, employs a Redwood City "motor guru" for mechanical work, and shops I/O Port Racing in Lafayette for supplies. Asked if his patients know about his "other life," Wake shrugs. He'll tell them about racing, but he doesn't flaunt it. No checkered flags adorn his office walls.

hat does Ron Wake, D.D.S. way (Fontana), Willow Springs (Rosamond), Buttonwillow, and Los Angeles' old Riverside Raceway. He's competed in Wisconsin, Oregon, Nevada and Georgia. Wake maintains dual membership in the San Francisco region SCCA and the LA-based Cal Club, which allows him to race in the Southern snowmobile category...let the est [group]," says Wake. But it's

Like other racers, Wake suits up wheels, axel and transmission and in Nomex and dons a crash helmet; he uses head and neck support As a child, Wake raced go-carts (HANS) and clips into a 7-point on his family's central California body harness. Races run rain or shine; participants simply swap out ized racing grew out of a conversa- rain tread tires for the dry weather tion he had with a patient who raced slicks when needed. With its low cars and did his own mechanical center of gravity, Formula Vee cars work. Wake had a BMW 2002 that rarely flip (unless the wheels are needed work, and asked his patient clipped) but Wake recalls spinning repeatedly after being hit in one race. Wake competes from January through October. The three-time Northern California Region winner also placed in the Southern Pacific Division two years in a row. He finished 18 out of 45 the last two years in Wisconsin's "Road America" race. Wake's trophies are housed in his garage, and there they'll stay, says wife Sharon. But she does approve of his hobby ("When we met I was racing," says Wake) and even acts as his pit crew alongside their daughter. On a normal weekend, Wake guna Seca, Infineon, and Thunder runs three half-hour races. He says SCCA racing is "fairly inexpensive" for a serious hobby, and race specPhotro provided

tators are admitted free. "It's a great opportunity to see professional race courses." Wake's next race weekend is July 23 and 24 on Thunderhill in Willows; he then races at Infineon September 3 and 4. It's clear he'd love to see some friendly faces lining the track.

After over 35 years of competitage, 1960's-era Bug. Don't snicker Pacific Division. Formula Vee tion, the dentist who races and the racer with a dental practice says he won't retire "until my competitors tell me [to]." Even then there's another option-vintage racing, with "older cars and older drivers." For now, he's still gunning for that checkered flag.

SCCA Formula Vee racing began in 1963. Explore the San Francisco chapter of SCCA online at www.sfrscca.com, or watch video from Wake's car-mounted camera online at www.lamorindaweekly.com.







Spring into Health

Wake has raced locally at La-Hill, in Willows, as well as in Southern California at Autoclub Speed-

THE APP RAP

By Eric Pawlakos

SoundHound

Price: Free Developer: SoundHound, Inc. For: iPhone, iTouch, and Android 5/5 stars

ow many times have you listened to a song on the radio that you never heard before, and you instantly loved it? You patiently DJ to identify the song, only to discover that DJ's rarely do this anythe name of the song or the artist.

SoundHound relieves this common annoyance. With a simple click of a button Soundhound listens to your song and begins its search. It takes only about 10 seconds to determine the artist and title. Once the song is recognized, SoundHound displays the song title, artist, and album. Bobby Taylor, a junior at Miramonte High School, remarked, "I like this more monte High School.

than Shazam because SoundHound is actually able to identify songs that aren't included on iTunes." You also have the option to look the wait through song after song for the song up on YouTube, or bookmark the song to view later.

If it is available on Amazon or more. It's frustrating not knowing iTunes, there is a link to download it. Two outstanding features of this app are the abilities to look up the lyrics for the song, and to find future concert dates (if any) for the artist.

> Douglas McKinley, also a Miramonte junior, said, "Those features make SoundHound one of the best song-identifying apps on the market."

> Eric Pawlakos is a junior at Mira-

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Pam Glover, China Camp, 1990s, oil on canvas, Glover family collection photo: Jim Whiteaker

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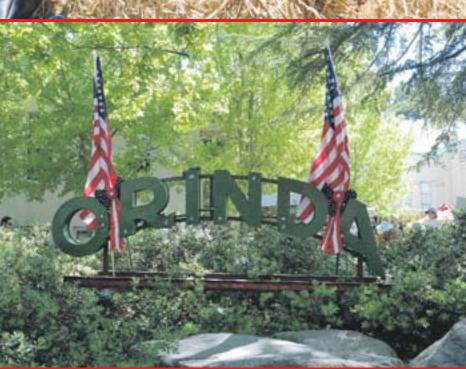
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LAMORINDA WEEKLY Page: C7

We are pleased to make space available whenever possible for some of Lamorinda's

dedicated community service organizations to submit news and information about their activities. Submissions can be sent to storydesk@lamorindaweekly.com with the subject header In Service to the Community.



Community Service

Campolindo Leo Club's New Officers

Submitted by Bob Murtagh



From left: Campolindo teacher Lisa Herzig (Leo Advisor), Brenna Williams, Elodie Kwan, and Immediate Past President Lynn Hsu Photo provided

uring the annual picnic of held on June 22 at the Moraga The Moraga Lions Club Commons, Lion Dan Hagan,

Racing for a Miracle

Submitted by Mary Sue Erickson



past District Leo Coordinator, swore in new Campolindo Leo Club President Elodie Kwan and new Vice President Brenna Williams.

The Campolindo Leo Club is a service club comprised of students and provides approximately 500 hours of community service to Moraga and the surrounding area. In addition to supporting the Moraga Lions Club at various fundraisers, the club provides manpower for the 4th of July celebration, Breakfast with Santa, and the recent triathlon. Through fundraising activities, the club has donated \$250 annually to the Moraga Education Foundation.

The Leo Club also collects and cleans eye glasses which are then recycled to third world countries.

Town Manager Updates Moraga Movers

Submitted by George Fisher



Jill Keimach

ill Keimach, Moraga's Town J Manager, gave a very informative talk about Moraga, its challenges and successes, at the Moraga Movers dinner June 13 at the Soda Center.

She elaborated on her definition of "minimal government" which means lower taxes with more efficiency that she, as a manager, can utilize to insure that her staff is accountable for what they do.

Minimum government doesn't mean lower expectations. It means keeping your expectations high, keeping your service level high, and not having bureaucracy. Her definition of bureaucracy is when you work for an organization, disappear, and not have accountability. There are no secretaries in the Town Office.

Photo provided

for the Hacienda, and road conditions. Do we want to pay \$4 a square yard soon to fix our neighborhood roads or pay \$33 as is presently faced in Orinda?

The 5 sites considered for the Community Meeting Room/Council Chambers were 329 Rheem, the Library, LaSala, the Casita, and JM. The Council will consider later this month adding a six-foot extension to the second floor at 329 Rheem creating a room to accommodate 100 people. The projected cost is \$170M which would be the same cost of staying at JM for 10 years.

The evening ended with a spirited number of questions which were very capably handled. In a straw vote concerning our road conditions the majority of Movers opted for a general bond issue as opposed to a neighborhood benefit assessment tax. In the coming months there will be many facts presented to our citizens to help them decide the best course for our town.

David, Mary Sue and John Erickson of Lafayette Ace Hardware

the No.9 Stanley Ford Fusion Race Car on Wednesday, June 22. The car made a special appearance at the store, in conjunction with Ace's "Racing for a Miracle" fundraising campaign. With the help of our loyal customers, and other dealers in the area, over \$9,000 was raised for Oakland Children's Hospital. In addition Ace Sue and David Erickson, and has been serving the Foundation donated another \$25,000 on June 23

afayette Ace Hardware became a pit stop for to help this local hospital. This is a fundraising partnership between Ace Hardware, Children's Miracle Network Hospitals and Stanley Tools. The mission of the unique partnership is to drive awareness for saving and improving the lives of children.

Lafayette Ace Hardware is owned by John, Mary community since 1982.

With pride, Keimach pointed out that Moraga's cost per capita for town government is \$384, considerably lower than the surrounding communities, and much lower than Piedmont's \$1857 (Piedmont is smaller than Moraga!)

Keimach gave the Movers a detailed analysis about five potential sites for a Community Meeting Room and Council Chambers, plans

The Moraga Movers welcomes all active adults age 55+. For more information go to www.moragamovers.org.

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Sunday 8am & 10am. Music at both services. Choir at 10am. Sunday School & childcare at 10am.

Not to be missed \blacklozenge Not to be missed

ART

The Hearst Art Gallery at Saint Mary's College in Moraga will reopen on Sunday, July 10, with Pam Glover: A Life in Art. The Native American in the Western Landscape will reopen in the Keith Room on the same day. The Hearst Art Gallery is open from Wednesdays through Sundays, 11am. until 4:30pm. Admission is \$4 for adults; free for groups, K-12th graders, Friends of the Hearst Art Gallery members and all military personnel and their families this summer. For more information, please call (925) 631-4379. See article page.

The Lafayette Gallery's exhibit, "Sun Kissed," runs through July 23rd. Bring some sunshine into your day-the gallery will be filled with the brilliant light, color and energy of the season of sunshine. As a part of summer celebration, this exhibit will also include an outdoor artist market on July 16th. Free to attend; www.lafayettegallery.net, (925) 284-2788.

Moraga Art Gallery Member Donna Arganbright and Guest Artist Sharon Tama will be featured in the new show, Off the Wheel, Off the Canvas, through August 13. The public is invited to view Arganbright's original stoneware and Tama's acrylic paintings along with gallery members' work at the show's opening reception, June 11, 3-5 p.m. The Moraga Art Gallery is located at 570 Center St in Moraga. For more information, go to www.moragaartgallery.com or (925)376-5407.

A themed exhibition by the members of the Contra Costa Camera Club (CCCC) is currently on display in the Doug Adams Gallery at the Orinda Community Church with a total of 34 photographs depicting a cross-section of American landscapes, peoples and imagery. The exhibit is open for public viewing every Sunday until August 21st from after church at 11am-12pm. See www.contracostacameraclub.org for more information.

MUSIC

Summer Concert Series will feature Ramana Vieira with "the new voice of Portuguese world music." Vieira sings soulful Portuguese Fado., July 10, 1pm; Community Hall, Lafayette Library and Learning Center, 3491 Mt. Diablo Blvd, Lafayette. For reservations call (925) 284-5050. Fee: Members \$3; Non-members \$5.

The Orinda Library summer concert presents Eastern Strings on Wednesday, July 27 at 6:45pm. Playing traditional instruments, Nathan and Yosifah Craven with a percussionist, perform the classical and popular music of Egypt, Lebanon, Syria, Iran and Iraq. Along the way, they will share the history and legend of "musiqa Al'Arabiyya." The Orinda Library is at 26 Orinda Way in Orinda and the Summer Music Series is free and open to all. For more info visit www.ccclib.org or telephone (925) 254-2184.

ing of age, the boy and the girl who come between them; and their journey toward figuring out who they all want to love, who they are, and who they want to become. For details and to purchase tickets go to www.calshakes.org.

Woodminster musical theater will present "Oliver!" the musical retelling of Charles Dickens' Oliver craft, and more. This is a free event for Twist under the stars in Oakland's beau- all ages, located in the Community tiful Joaquin Miller Park, 3300 Joaquin Hall.July 6 Miller Road, Oakland, July 8-17. For exact show times and tickets call (510) Lawrence Hall of Science presents 531-9597, or visit

www.woodminster.com, \$26-\$42 (\$2 discount for children/seniors). On preview night July 7, 8pm, all tickets are nial Drive, Berkeley. Explore the world \$10 at the door.

Berkeley Playhouse Presents Seussical, the Musical! on July 9 - August 14, Weds-Sat 7pm; Matinees: Sat 2pm, Sun 12pm and 5pm, at Berkeley Playhouse at the Julia Morgan Center for the Arts, 2640 College Avenue, Berkeley. The Cat in the Hat comes back hip as ever juggling beloved tales and characters into one fantastical, musical journey. Cost: \$33 Adult / \$30 Senior / \$22 Youth / \$15 Tot (5 and under). Pay-What-You-Can-Nights: 7/14, 7/27 & 8/4. 8/11. For more info see http://www.berkeleyplayhouse.org or call (510) 845-8542 or email boxoffice@berkeleyplayhouse.org.

July 15th thru August 6th Orinda Starlight Players present "Send Me No Flowers" by Norman Barasch and Carroll Moore, Thursdays @ 8pm, Fridays & Saturdays @ 8:30pm and Sundays at 4pm at the Outdoor Theater in Orinda Community Center Park, 26 Orinda Way. Regular admission: \$16, Seniors \$8. Tickets are available at the Box Office, call (925) 528-9225 or email info@orsvp.org for reservations. Be aware that this is an outdoor theatre and dress appropriately/bring blankets. Bring a picnic and enjoy the show! See www.orsvp.org for more information and to check future show dates.

YMTC - Youth Musical Theater Company presents Jesus Christ Superstar on July 15-30, Wed.-Sat. 7:30pm, Sun. 2pm, at The Ashby Stage, 1901 Ashby Ave, Berkeley. Cost: \$22 General, \$17 Senior, \$12 Students, 22 and For more info see under. http://www.ymtcberkeley.org or call 595-5514 (510)or info@ymtcberkeley.org.

from 2-3pm for free entertainment throughout the summer (ages 2-8 yrs).July 6

Camp-o-rama! Storytime and Singalong, July 13, 7-8pm, Lafayette Library and Learning Center, 3491 Mount Diablo Boulevard, Lafayette. Join us for camp songs, fun stories, a

Dinosaurs Unearthed on now - January 1, 2012, 10am-5pm daily at Lawrence Hall of Science, 1 Centenof dinosaurs as never before with Dinosaurs Unearthed, featuring amazingly real robotic dinosaurs, hands-on dig sites and more! Cost: LHS members, \$4; Non-members \$5 + general admission (\$6-\$12). For more info see http://lawrencehallofscience.org or call (510) 642-5132 or email lhsweb@berkeley.edu.

Norcal Kids Triathlon will take place on Saturday, August 27, from 9am-1pm at Miramonte High School, 750 Moraga Way, Orinda. The competition will be divided by age divisions: 6 & under, 7-8, 9-10, 11-12, 13-14, and 15+ in HS; as well as into girls and boys categories. Each participant swims, bikes and runs the triathlon course and courses are adjusted for age appropriateness. Register at NorCalKidsTri.org but sign up early, as there is a max of 500 participants.

OTHER

The Orinda Arts Council proudly presents "Arts in Bloom...in the Park" on July 19. Family and friends are invited to gather at the park for this fun and free event. Beginning at 5pm, there will be art exhibits and sales, a silent auction, arts & crafts activities for kids, and a hot dog and ice cream concession stand provided by Loard's. At 6:30pm, the Concert-in-the-Park featured performers will be the 2011 Orinda Idol Finalists (grades K-12), providing a special sneak preview of the Orinda Idol Finals coming up on September 11 at the Orinda Theatre. Net proceeds from the event will benefit The Orinda Arts Council.

email 7th Annual Summer Wine Festival on Sunday, August 14, 2-5 pm in the Soda Center at Saint Mary's College in Outdoor Move Night in the Plaza, Moraga. \$35 per person until August 7 Thursday, July 21, 8pm, "Indiana (\$45 thereafter) Ticket price includes Jones and the Raiders of the Lost Ark". SMC logo wine glass, appetizers and Invite your friends, family, and neigh- wine tastings. Proceeds to benefit stubors, bring a blanket or two, shop at the dent scholarships. For tickets and inforfarmers market for a fresh and delicious mation, call (925) 631-4200 or visit stmarys-ca.edu/wine.



Tuesday Summer Concerts in the Park- pack a picnic dinner and join your friends and neighbors at the Orinda Community Park from 6:30-8:30pm for some food, fun, and music. July 12: Stone Soup Classic Rock, July 19: Orinda Idol Variety, July 26: Pladdohg Celtic Rock. Sponsored by the Orinda Community Center Auxiliary.

Summer Concert Series every Thursday night at the Moraga Commons Park located at 1799 St. Mary's Rd., Moraga. The free concerts are from 6:30-8:30pm. The volunteers of the Moraga Park Foundation will be serving delicious grilled dinners at the concession stand. Thursday, July 14: LADY K & THE KINGS OF SWING, Big Band & Swing; Thursday, July 21 MOONALICE, Early SF Rock; Thursday, July 28: MIXED NUTS, Standards & Covers. For info go to www.moragaparks.org.

The third annual Orinda Rotarysponsored free opera concert in the park will be held at 4pm on Sunday, July 31 in the Orinda Community Park. Free parking. Children welcome. Sponsored by the Rotary Club of Orinda. Food, wine, beer and sodas will be available.

THEATER

Cal Shakes presents the world premiere of "The Verona Project, written and directed by Amanda Dehnert, July 6-31. The Verona Project tells the story of two boyhood best friends compicnic or pick-up a meal to go at the nearby restaurants, and stake out your spot on the Lafayette Plaza greens for the free family entertainment. The free movie will follow the farmer's market at sundown. Sweets and drinks will be available for purchase.

"People Say I'm Crazy" movie and discussion with the artist/director, Thursday, July, 21 7-9pm, Concord Campus of John Muir Medical Center. Hill. For more information, call Steve 2540 East St., Concord, (925) 682-8200. Free and open to the public. In the movie, mental illness is viewed from the inside out as the audience becomes witness to a first-hand account of the symptoms of schizophrenia and the disease's effect on one man and his family.To find out more about John Cadigan's award winning film visit www.peoplesayimcrazy.org.

LECTURE & LITERATURE

The Lafayette Library and Learning **Center** will be hosting a book launch for "Our Place Lafayette" on Thursday, July 14 at 12pm in the Children's Room. Authors Carla Sakrison and Gaylen Nash will be on hand to read from the book, and copies will be available for purchase. For more information please call (925) 385-2280.

KPFA Radio 94.1 FM presents Jane Fonda: Prime Time: Making the Most of Your Life on Wednesday, Aug 17, from 7:30-9:30pm, at First Congregational Church of Berkeley, 2345 Channing Way, Berkeley. Jane Fonda will discuss her new book, Prime Time: Making the Most of Your Life, answer Place of reunion: Era Art Bar, 19 Grand questions, and sign books. Hosted by Chris Welch. Cost: \$15 advance, \$18 For more info door http://www.kpfa.org/events or call (510) 967-4495.

KIDS

Join the Kid's Club in Theatre Square, every Wednesday afternoon

Support Group. Monday, July 11, 18, & 25 (every Monday of each month), 7-8:30 pm. OCD/Anxiety Support Group. This will be the second meeting of a new support group for those struggling with OCD and anxiety. Crestwood Healing Center (the conference room next to the NAMI-CC Office), 550 Patterson Blvd., Pleasant (510) 690-7901.

Peter deVries will speak on Systemic Constellation Therapy and how it can help us support the challenges we encounter in family, relationships, health and business. Homeopathy Every Day Study Group, Thursday July, 23, 6-7pm, 43 Quail Court Office Park, Rm. 215, Walnut Creek. \$9. Contact Myra Nissen, CCH, RSHom(NA), (928) 826-3858.

HomeopathyEveryDay.com.

The American Red Cross Northern

California will hold a blood drive on Thursday, July 28, noon-6pm at the Church of Jesus Christ of Latter-day Saints, 3776 Via Granada, Moraga. Individuals who are at least 17 years old (16 with parental permission) and in good health may be eligible to donate blood. To schedule an appointment, call (800)733-2767 or visit redcrossblood.org (sponsor code: InterfaithCommunity).

Campolindo High School Class of 1971 40th Anniversary Reunion on Saturday, September 17th from 5-9pm. Ave. @ Broadway, Oakland, CA www.oaklandera.com. Please RSVP to see Ken Churchill at ken@churchill-cellars.com or (707) 578-5393.

Please submit: calendar@ lamorindaweekly.com

Please submit Letters and Opinions: letters@lamorindaweekly.com

www.christianscienceorinda.org

M - F 11 - 4; Sat 10 - 1

Reading Room/Bookstore

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School is out - yeah!

Have fun, kids! Lamorinda Weekly team

Your Orinda Idol Finalists Are...

Submitted by Britta Glade



Steve Patton and Katie Marino walking in the Orinda 4th of July parade Photo Ohlen Alexander

ryouts for this year's Orinda Idol competition took place at the end of May, with almost 200 students from the Lamorinda area, representing 27 schools, vying for a spot in the competition to be held on September 11 at the Orinda Theatre-and the chance to be your next Orinda Idol.

Group Category K - 5

English Beat: Ellie Belshaw, Lila Insalaco, Kaylin Ishizu, Ava Jacuzzi Rising Starz: Leah Douglas, Hannah Hoffman, Nicole Prozan Arriana and Keira: Arriana Glenn and Kiera Glenn Topaz Girls: Samantha Martin, Jennifer McFarlane The Husky Girls: Grace Sterner & Sarah Westergren

Group Category 6 - 12

JAMin': Alex Meckes and Julia Meckes Sister Act: Annalise Baer and Grace Baer Maritza and Katie: Maritza Grillo and Katie Marino PACK: Kevin Depolo, Amrita Newton, Paige Powell and Carter Soso Hasler & Sanderson: Parker Hasler & Jamie Sanderson

Judges Named Runners-Up as Follows:

Grades K-2: 1st (name not available), 2nd Lucy Berkman Grades 3-5: 1st Poppy Bovoso, 2nd Jennifer McFarlane Middle School: 1st Madison Gibson, 2nd Cole Cronk High School: 1st Carter Soso

Groups K-5: 1st The Crazy Girls: Emery Anderson, Malin Glade and Shelby Tse.

Runners-Up serve as alternates in their grade group for finalists who choose not to compete in September.

Troop 234 Honors Four new Eagle Scouts

Finalists and Runner-Ups include:

Grades K - 2 Grace Barmmer **Audrey Biles** Amelia Chen Sophie Lurie Ava Schmitt Grades 3 - 5 **Emily Barlow Isabel Fine Kiera Glenn Avery Hansen Nicholas Karr** Garrick Manz Kate Marvin **Jackie Patton** Michaela Sasner Lindsey Wallace **Middle School** Grace Baer Sarah Cain Lucy Clearwater Danica Dabasinskas Ellie Glade Casey McGonigle **Jocelyn Purcell** Eleanor Roeder Skylar Sjoberg Leah Woodcox **High School** Kate Avery Matt Barber Sophie Belinn Kevin Depolo Lindsay Kathryn Ford Katie Marino **Amrita Newton Paige Powell** Montana Rowson Sofie Woodlee

Watch for Orinda Idol participants at these summer and fall events: July 19, 2011 Orinda Community Park performance for Finalists and Runners-up. TBD **Orinda Farmers Market** performance and other performances for Finalists and Runners-up. **September 11, 2011** Finals. September 24, 2011 Orinda Car Show performance for

Finals winners September 27, 2011 EFO/Chamber of Commerce Dine Around Town performance for Finals winners.

Family Focus **Helping Your Older Child** Who Procrastinates

By Margie Ryerson, MFT

College freshman who attended a prestigious private college. When he was in high school his parents felt they had to manage him and his schoolwork constantly in order for him to succeed. Matt scored in the upper ranks on standardized tests, but he was a chronic procrastinator. His parents breathed making a good adjustment.

abilities in college soon failed him. After the first two months he fell behind in his assignments, started cutting his classes, and developed a significant video game addiction. His school gave him a chance to make up his missing work and stay for the second semester, but Matt's performance continued to decline. Matt had been giving his parents glowing reports of his success in school, so imagine their shock when he was told to leave after his freshman year.

As well-intentioned as Matt's parents were, they didn't do him a tions for himself. favor by micro-managing his edutime or academic demands. In addition, he quite naturally developed most complete control of him durown.

Matt's parents came to me to find out how they could help him. willing to try a new approach with Matt. They needed to stop questioning him about his schoolwork (or grilling him as Matt would say later), and instead work on strengthening their parent-child relationship. Seven months after his parents began demonstrating their newfound patience and hands-off approach with him, Matt was finally willing to come in for therapy

att was a nineteen year-old with pneumonia that landed her in the hospital and set her back in her studies considerably.

Angela is working on finding other ways to stand up for herself with her mother. She loves her mother and knows she only wants the best for her. Angela needs to be more direct and assertive in their relationship so that she and her huge sighs of relief when he went mother can form a more comfortaway to college and seemed to be able bond. And we are also addressing her alcohol problem. Unfortunately, Matt's coping Many procrastinators use excessive drinking as a distraction to avoid dealing with their feelings and their problems.

> So what can parents do for older children? Here are some suggestions:

> *Establish a close relationship with your child. Be fair, supportive, nonjudgmental, and positive. Avoid letting your relationship be too intense or task-oriented. Spend time enjoying your child and having fun together.

*Help him set realistic expecta-

*Ask your child if he wants cation throughout the years. Matt your help with his schoolwork or never learned how to regulate his other projects before you automatically step in.

*If your child doesn't want resentment as his parents took al- your help, see if he will set a goal for himself. Do this a little at a ing these years. Matt complained time, one goal at a time, so there along the way, but his parents were isn't too much pressure. If he doessuccessful, forceful people who n't meet his goal, continue to be were able to prevail until he went positive and encourage him to try away to college and was on his again. Help him feel good about starting and making any amount of progress.

*Challenge (nicely) your They were very receptive and were child's all-or-nothing thinking. Help him see that most tasks can be broken down into small steps and that making a good effort is more important than an actual grade.

*Allow your child, as often as possible, to participate with you in decision-making so that he learns how to be decisive and solutionoriented.

*Have structure at home for family meals, doing chores, writing

Submitted by Dawn Plumb



From left: Jeffrey Smith, Zack Hazarabien, Scott Holmes, and Evan Gordon

oraga Boy Scout Troop 234 conducted a National Eagle Court of Honor June 4th at St. Monica Catholic Church in Moraga to celebrate four outstanding young men earning the Eagle Award. Eagle is the highest rank that a Scout can attain, with only approximately five percent of all boys who enter the Scouting program earning this award nationwide.

Scoutmaster Emeritus Steve Israel presented the awards, and past National President of Boy Scouts of America, William F. "Rick" Cronk, was the keynote speaker.

This year's Troop 234 Eagle Scout honorees, and their Eagle projects, are:

Evan Gordon (Campolindo)

businesses, schools and religious organizations for funds and donated

items to ship to soldiers deployed in Iraq and Afghanistan. He collected, packed and shipped over 90+ care packages in six months. He also attended and participated in several special events to honor the soldiers including a surprise welcome-home party at the Lafayette Veteran's Building and the 9/11 Remembrance and Patriots Rally.

Zack Hazarabedian (Acalanes CIS)

Zack is a third generation Eagle and the eighth in his immediate family. He designed and built a bench for the Lafayette Christian Church for his Eagle project, replacing an older weathered one in use outside the church sanctuary and near a walking trail. While the old bench had only a For his Eagle project, Evan solicited horizontal seating surface, the new one, constructed of durable redwood, sports an angled backrest.

Photo provided

Scott Holmes (Campolindo)

Scott joined the troop in 2005. He designed and created new signs for the Town of Moraga's Hacienda de las Flores to help direct visitors and guests for his Eagle project. He also built a new navigational map and frame to scale with the correct building names and directions. Additionally, he designed an informal overflow parking lot at the former maintenance area on Moraga Road.

Jeffrey Smith (Campolindo)

Jeffrey built and replaced new stairs in Huckleberry Regional Botanic Preserve, outside of Oakland. The steps had become worn, and were falling apart. This project added two additional steps to the bottom to replace the unstable one. He also added several retaining walls to prevent erosion, and to prevent trail users from cutting the stairs.

shaky self-discipline.

Like Matt, some children become procrastinators in reaction to authoritarian parenting styles. They out and when he performs houserebel in this passive-aggressive hold tasks promptly. It is essential manner; they don't study or turn in to reinforce good behavior. work and then spend a huge amount of time making excuses in hearing distance of your child. and arguing with parents. These children miss out on learning how to plan and execute in a timely way, and how to achieve a sense of accomplishment.

Matt fears failure and would rather counselor for intervention. Or connot try than try and be unable to succeed. And he sets the bar so high for himself that it becomes even more difficult to accomplish what he expects.

Angela, a graduate student I see, also rebels against very strict parenting. She says that her mother has been so controlling that she enjoys behaving completely opposite to what her mother would want. Angela has always taken pride in being a good student, but she is a thrill-seeker who enjoys the adrenalin rush of pulling one or two allnighters to study or write long papers at the last minute. She has learned to wait until she feels a sense of urgency to start working. Then she feels euphoric as she challenges herself to get everything done within a short period of time. Angela recognizes the pitfalls of her procrastination: she is often sick and exhausted after her bouts of nonstop work, and she doesn't perform as well as she would like. In addition, what finally prompted her to seek counseling was a bout

to address his procrastination and thank-you notes, and limiting television, computer time, and other electronic device use.

*THANK him when he helps

*Do not get angry or frustrated You don't want to establish grounds for rebellion. Breathe deeply and vent privately to trusted family and friends.

*If his behavior is persistent Like many procrastinators, and entrenched, call your school tact a therapist for help. Even if your child refuses to participate, a counselor or therapist can work with you on strategies to change his behavior.



Margie Ryerson, MFT, is a marriage and family therapist in Orinda and Walnut Creek. Contact her at 925-376-9323 or margierye@yahoo.com. Her new book, Treat Your Partner Like a Dog: How to Breed a Better Relationship is available on www.amazon.com and at Orinda Books.

Submit stories to schooldesk@lamorindaweekly.com



Patxi's Pizza Opens to Crowds

By Sophie Braccini



Orinda resident Don Bleu, from radio station Star FM, cuts the ribbon of Patxi's Pizza with co-owners Bill Freeman (left) and Patxi Azpiroz (right) holding the ribbon, and Tara Fawcett holding the pizza. That's Lafayette Council member Brandt Andersson between Bleu and Azpiroz. Photo provided

opening on June 22, 2011. The rants!" Chicago style (or deep-dish) pizzeria opened to the public in early June and has been bustling with customers. This is the 5th restaurant for the team of three partners, Patxi Azpiroz, Tara Fawcett and Bill Freeman, who, during the first years of their professional lives in the Bay Area, decided to start a business together. The young entrepreneurs herited 'Patxi' from my father, a have spent countless hours in Basque tradition," he says. Lafayette to launch their new brought with them a local fundraising program to demonpart of the community.

Clocktower Building. There is a hours out of the roaster. narrow but functional outside vided into three parts: the kitchen, the bar with seating tables, and the 'family room' with two large televisions and a chalk board wall to keep kids entertained. "We want each of our restaurants to have the flavor of the community we settle in, while our recipes and cooking techniques stay consistent," says Fawcett. The triumvirate that leads Patxi's has worked together for eight years and each member has his or her own role. Along the way Azpiroz and Fawcett got married and Freeman The pizza is assembled by lining

Datxi's of Lafayette cut the of- asked if he has children Azpiroz with dough, adding the toppings, ficial ribbon of its grand responds, "we have five restau-

> During the weeks preceding the grand opening, the three could be spending as much as 17 hours a day at their site. "We are working along with the team, so they learn our ways by modeling what we do," says Azpiroz after whom the restaurant was named. "Patxi is actually my nickname, I was born Francisco Azpiroz and in-

The team is in sync with the restaurant right, and they've Bay Area groove. They buy organic produce organic whenever possible and when it came to sestrate their desire to become a lecting a coffee for their morning espresso, Fawcett took training at The restaurateurs have com- Blue Bottle Coffee, the local mipletely transformed what used to cromaster of organic coffee that be Douglah Designs, in the vows to sell coffee less than 48

When Freeman sought out Patxi's Chicago Pizza patio and the interior has been di- Azpiroz to start a business 8 years 3577 Mt Diablo Blvd., Lafayette ago, the two men traveled to Chicago to carry out onsite research. In hearing their stories, it's clear they had a lot of fun while shaping their own vision of a deep-dish pizza. "One of our secrets is the tomato sauce," says Azpiroz. When you cut a piece of Patxi's pizza (yes, this is a fork and knife pizza!) and take it in your mouth, the first taste goes to the sauce on top, then come all your toppings -it makes for a real mouth full. started his own family. When the bottom and sides of the pan

and then sealing them in with another thin layer of dough; it's all covered generously with more sauce.

The eating satisfaction that customers derive from the experience has made the success of Patxi's so far; Lafayette is the first East Bay location. "We wanted a restaurant that fit the families in this community," says Fawcett. One of their big ideas is to give back to the community that welcomes them. "We have a program called 52 Weeks of Giving that runs year round," explains Freeman, "during that time, any local non-profit that caters to education or children's health and welfare can choose a day when 10% of the total sales for the day in the restaurant of their choice will be donated to them."

299-0700, http://patxispizza.com Patxi's opens at 7:00 a.m. with breakfast and homemade pastries, and closes at 10:00 p.m. during the week and 11:00 p.m. on Friday and Saturday nights. Halfbaked pizzas can be ordered over the phone and kept in the fridge up to a week before being finishbaked at home.





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Lynn in the Big Apple **Ballou Plum** Wealth Advisors, LLC 250 Lafayette Circle, Suite 203, Lafayette 283-2201

Lamorinda Weekly's own financial columnist Lynn Ballou EA, CFP® and Principal of Ballou



Lynn Ballou at the NASDAQ

Plum Wealth Advisors in Lafayette attended the NASDAQ Opening Bell Ringing Ceremony on June 24. This special event was hosted by LPL Financial to celebrate the achievements of their top advisors. "I was invited by LPL Financial's top management to join them for the opening bell in New York City. I'd love to play it cool and say hey—it was no big thing—but it was definitely a huge thrill for me!" said Ballou.

Emily Bach Part of the Top 100 Women Financial Advisors **Morgan Stanley**

2 Theatre Square #322, Orinda 254-3888

Morgan Stanley Smith Barney announced today that Emily Bach, a Financial Advisor in the firm's Orinda office, has been named to Barron's annual list of America's Top 100 Women Financial Advisors, a select group of individuals who are screened on a number of criteria. Among factors the survey takes into consideration are assets under management, revenue produced for

business briefs

performance is not an explicit criterion. To read the full article, go to http://online.barrons.com/report/top-financialadvisors/women.

Farmyard Darlings Feature Sita Rupe Mt. Diablo Nursery & Garden 3295 Mt. Diablo Blvd, Lafayette 283-3830

Farmyard Darlings regularly display their one-ofa-kind vintage collectibles at Mt. Diablo Nursery & Garden, in Harry's House, at the end of the garden. Their next reception will be on Friday, July 16th from 5-8. In addition to their collectibles and furniture



Farmyard Darlings, Carole Sinclair (left) and Kim Berry (right) Photo provided

they will feature local artist Sita Rupe. "We specifically selected Sita Rupe because she was able to custom make silkscreen paintings based on some of Farmyard Darlings inventory of horse shoes, cowboy/cowgirl silhouettes and our vintage '51 and '53 trucks," said 'Darling' Carole Sinclair. Kim Berry, the other Darling, added that another reason Rupe was invited was because

the firm and quality of service provided to clients. Investment her artwork is reasonably priced for the beginning art collector and beyond. "When I saw Farmyard Darlings' loot I felt like I was home," commented Rupe, "I love all of their items. They both have an exceptional artistic eye and a unique knack of repurposing items that many people may not have seen as gems. It's been a pleasure working with them!"

Mount Diablo Business Women: Ditch Your Diet!

The Mount Diablo Business Women's next meeting is on July 14, from 5:45-8:30pm at the Lafayette Park Hotel. The guest speaker will be Kelly Cornell, who will speak on the topic: Ditch Your Diet and Drop the Weight for Good. In her presentation she will show why diets do not work and can cause you more harm than good, and will also advise what to do instead. Mount Diablo Business Women is a business networking group open to business women seeking to enhance and grow their businesses. Guests are welcome to attend. More info at: http://www.mtdiablobusinesswomen.org. Reservations due by noon on July 11.

News from the three Chambers of Commerce

Joint "Cinco" Mixer with the Lafayette, Moraga, Orinda, Walnut Creek & Hispanic Chambers on July 13 from 5:30-7:00 p.m. at the Veterans Memorial Building, 3780 Mt. Diablo Blvd. in Lafayette.

If you have a business brief to share, please contact Sophie Braccini at sophie@lamorindaweekly.com or call the office 925-377-0977

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Ikebana—The Art of Floral Sculpture

By Andrea A. Firth

Photos Doug Kohen

T's 1:00 on Monday afternoon at the Orinda Community Center, and a large group of women and a few men cart bags and boxes filled with purple agapanthus, pink hydrangea, orange birds of paradise, indigo iris, carrot-colored day lilies, deep green lettuce leaves, and red and yellow peppers into the main auditorium.

The buzz of conversation punctuated by laughter permeates the room as the thirty students get settled. The students quiet down, and the class looks forward for guidance from their teacher, Soho Sakai, an expert in the art of Sogetsu Ikebana, the disciplined art form of Japanese flower arrangement that combines nature, humanity, and creativity with lines, shape, form, and color.

Today's Ikebana class is inspired by the super nova, an energetic, fleeting, luminous, colorful stellar explosion.

The theme for this 10-week session of Ikebana is natural forces, explains Lafayette resident Marilyn Kaplan, "Lava flows, water flows, avalanches, wind storms, we have done it all. And today we are doing super novas." After taking Sakai's Ikebana class for five years and mastering the four books to gain a diploma in the art, Kaplan has become a member of the "teacher's group." About twenty of Sakai's long-term followers have achieved this deep knowledge of the flower art form, and they collaborate and help to implement a new theme for each of the three sessions that run through the fall, winter, and spring.

Sakai has taught creative flower arrangement at the Community Center for twenty years. She is recognized as a world class expert in Ikebana, but for her students she is revered as an inspiration, a counselor, and a friend. "She's a superstar," whispers one student.

For Sakai, Ikebana is a way of living and thinking. It brings peace. "The mere act of looking at flowers makes it impossible to harbor violent thoughts," says Sakai. She strives to promote crosscultural understanding through the beauty of flowers, and her class is representative of this effort. While some of the students are of Asian ancestry, the majority is not.

"I have taken this class for 17 years, and that longevity is not unusual among Soho's students," says Orinda resident Mary Tischenko. Her arrangement consists of three pieces: a tall black vase with spiral arms, a multiarmed branch covered in neon orange spray paint, and a yellow and orangetipped, spiked blossom. Placed just so, the simplicity of Tischenko's design effortlessly evokes the magnitude of a starry burst.

...continued on page D3



Soho Sakai with Elinor Cullen.



Mary Tischenko's super nova.

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Lamorinda Home Sales recorded

	Last	LOWEST	HIGHEST
City	reported:	AMOUNT:	AMOUNT:
LAFAYETTE	18	\$400,000	\$1,635,000
MORAGA	8	\$229,000	\$1,200,000
ORINDA	8	\$220,000	\$2,700,000

Home sales are compiled by Cal REsource, an Oakland real estate information company. Sale prices are computed from the county transfer tax information shown on the deeds that record at close of escrow and are published five to eight weeks after such recording. This information is obtained from public county records and is provided to us by California REsource. Neither Cal REsource nor this publication are liable for errors or omissions.

LAFAYETTE

3219 Andreasen Drive, \$655,000, 3 Bdrms, 1500 SqFt, 1952 YrBlt, 6-3-11

8 Brookwood Court, \$560,000, 4 Bdrms, 2049 SqFt, 1964 YrBlt, 6-9-11

3320 Deer Hill Road, \$535,000, 4 Bdrms, 1608 SqFt, 1952 YrBlt, 6-10-11

1832 Del Rey Street, \$650,000, 4 Bdrms, 1720 SqFt, 1961 YrBlt, 6-3-11; Previous Sale: \$295,000, 03-12-92 1050 Dolores Drive, \$805,000, 3 Bdrms, 1835 SqFt, 1948 YrBlt, 6-9-11; Previous Sale: \$453,000, 10-20-98 1330 El Curtola Boulevard, \$400,000, 3 Bdrms, 1084 SqFt, 1950 YrBlt, 5-31-11

1134 Garden Lane, \$850,000, 3 Bdrms, 1585 SqFt, 1954 YrBlt, 6-2-11; Previous Sale: \$725,000, 10-18-02 3392 Las Huertas Road, \$1,500,000, 3 Bdrms, 2090 SqFt, 1956 YrBlt, 6-3-11; Previous Sale: \$805,000, 11-02-01 3193 Lucas Circle, \$870,000, 3 Bdrms, 2120 SqFt, 1959 YrBlt, 6-3-11; Previous Sale: \$825,000, 03-15-01 553 Merriewood Drive, \$1,030,000, 3 Bdrms, 2397 SqFt, 1963 YrBlt, 6-1-11

688 Michael Lane, \$1,635,000, 4 Bdrms, 3838 SqFt, 2007 YrBlt, 5-31-11

3145 Padre Street, \$755,000, 4 Bdrms, 2920 SqFt, 1962 YrBlt, 5-31-11; Previous Sale: \$839,000, 12-15-03 1230 Quandt Road, \$670,000, 3 Bdrms, 1124 SqFt, 1952 YrBlt, 6-1-11; Previous Sale: \$489,500, 04-19-02 3188 Rohrer Drive, \$1,075,000, 4 Bdrms, 3060 SqFt, 1952 YrBlt, 6-9-11; Previous Sale: \$440,000, 11-21-01 1048 Silverhill Drive, \$1,312,000, 4 Bdrms, 3889 SqFt, 1989 YrBlt, 6-8-11; Previous Sale: \$1,072,500, 11-27-02 1311 Summit Road, \$1,325,000, 4 Bdrms, 3278 SqFt, 1993 YrBlt, 6-3-11; Previous Sale: \$1,530,000, 06-30-05 1214 Vacation Drive, \$635,000, 3 Bdrms, 1596 SqFt, 1957 YrBlt, 6-9-11; Previous Sale: \$850,000, 10-25-06 3311 Walnut Lane, \$955,000, 3 Bdrms, 1917 SqFt, 1950 YrBlt, 6-8-11; Previous Sale: \$279,500, 01-31-89

MORAGA

273 Birchwood Drive, \$1,200,000, 4 Bdrms, 2524 SqFt, 1970 YrBlt, 6-10-11; Previous Sale: \$1,211,000, 07-18-08 55 Carr Drive, \$980,000, 4 Bdrms, 2592 SqFt, 1973 YrBlt, 6-7-11

... Moraga and Orinda continued on page 4

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Ikebana

... continued from page D1



Sakai encourages her students to use interesting materials that they find in nature for their Ikebana creations. One woman had her husband stop the car along the highway so she could retrieve a tumbleweed from the side of the road. "I used a whole can of white spray paint on that," she exclaimed. She then interspersed white lilies and babies breath within the painted tumbleweed to create an arrangement emotive of a bright firework.

Gordon Ward, one of the male minority in the class, is a formally trained potter. He started taking the class five or six years ago with his mother, Anne, who has been a Sakai follower for over 15 years. Both Wards are longtime Lafayette residents and enthusiasts of Japanese architecture and gardens. "I came to the class and quickly got hooked on Ikebana," says Gordon, who now creates ceramic vases and containers that are used by his classmates and Ikebana artists around the country.

During the last hour of the threehour lesson, the critique portion of the afternoon, the class moves around the room as a group to observe each student's arrangement, and Sakai provides insight into what works and what does not. "This is very touching. It makes me cry," says Sakai in response to a student's work. "Are you a good cook?" she asks another who has created an arrangement with lettuce leaves and vegetables. Sakai freely moves branches and is not shy about pulling out her clippers to trim flowers to create better proportion and visual lines for the arrangements. For Sakai, less is more. She achieves the right balance of flower, form, and space with a few quick adjustments, and her students are left guided and inspired.

"Such a mentor, we just love her," says a student as she breaks down her arrangement and packs up for the day, ready to do it all over again next week.



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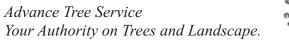
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OUR HOMES

Lamorinda Home Sales recorded ... continued from page D2

MORAGA ... continued

- 1171 Cedarwood Drive, \$1,005,000, 5 Bdrms, 3146 SqFt, 1966 YrBlt, 6-10-11; Previous Sale: \$1,074,000, 04-25-03
- 792 Country Club Drive, \$435,000, 2 Bdrms, 1262 SqFt, 1973 YrBlt, 6-10-11 2133 Donald Drive #8, \$229,000, 2 Bdrms, 1224 SqFt, 1963 YrBlt, 6-2-11;
- Previous Sale: \$333,000, 08-29-03 3 Roberts Court, \$814,500, 3 Bdrms, 2162 SqFt, 1960 YrBlt, 6-1-11; Previous Sale: \$545,000, 12-17-99
- 1844 St. Andrews Drive, \$715,000, 3 Bdrms, 1819 SqFt, 1983 YrBlt, 6-8-11; Previous Sale: \$555,000, 02-14-03
- 50 York Place, \$1,000,000, 3 Bdrms, 2282 SqFt, 1964 YrBlt, 6-7-11

ORINDA

95 Acacia Drive, \$825,000, 3 Bdrms, 2056 SqFt, 1949 YrBlt, 6-10-11

- 73 Brookwood Road #49, \$220,000, 1 Bdrms, 673 SqFt, 1962 YrBlt, 6-8-11; Previous Sale: \$129,500, 10-29-92
- 557 Dalewood Drive, \$1,595,000, 4 Bdrms, 3938 SqFt, 1989 YrBlt, 5-31-11; Previous Sale: \$875,000, 04-24-90
- 95 Evergreen Drive, \$810,000, 5 Bdrms, 2296 SqFt, 1965 YrBlt, 6-7-11
- 1 Gardiner Court, \$1,935,000, 5 Bdrms, 5159 SqFt, 1990 YrBlt, 6-10-11
- 55 Lombardy Lane, \$1,345,000, 4 Bdrms, 2964 SqFt, 1953 YrBlt, 6-7-11; Previous Sale: \$826,000, 12-16-99
- 89 Oak Road, \$820,000, 2 Bdrms, 2040 SqFt, 1997 YrBlt, 6-1-11; Previous Sale: \$726,000, 03-13-09
- 25 Vista Del Mar, \$2,700,000, 4 Bdrms, 4255 SqFt, 1960 YrBlt, 6-10-11; Previous Sale: \$1,360,000, 11-10-04

Lamorinda Foreclosures recorded

LAFAYETTE

587 Francis Drive, 94549, US Bank, 06-02-11, \$540,000, 1548 sf, 3 bd 3275 Vals Lane, 94549, RWW Properties, 05-27-11, \$1,000,000, 2656 sf, 3 bd 1 West Creek Court, 94549, GMAC Mortgage, 06-06-11, \$504,000, 1926 sf, 3 bd

MORAGA

24 Brandt Drive, 94556, RWW Properties, 05-31-11, \$898,000, 2843 sf, 5 bd

Lamorinda Realtor Meeting Schedule

Tuesday, July 12, 8:30 - 9:30am

Speaker: Karen Mendonca, Mayor of Moraga: "The Economical Climate of Moraga" Free to attend, for full meeting details see LamorindaREGroup.com. Location: Lafayette Lower Library, 3491 Mt. Diablo Blvd. Lafayette Light continental breakfast provided



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Digging Deep with Cynthia Brian Life is a Bed of Roses

By Cynthia Brian

"Won't you come into my garden? I would like my roses to see you." Richard Sheridan

pets, philosophers, and politicians praise the potency of the most popular plant in the world as a symbol of beauty, love, politics, and war. These ravishing blooms have been used as celebratory confetti and confections, as legal tender, perfume, cosmetics, decorations, and medicine. Long before man walked the earth, the genus Rosa flourished in Oregon and Montana according to fossil evidence dating back 35 million years. The colorful cultivation of the rose began in China 5000 years ago. Boasting 150 species throughout the Northern Hemisphere and thousands of cultivars and hybrids, 35 rose species are native to the United States, including repeat bloomers.

I adore roses. As Clement of Alexander pronounced, "If I give you a rose, you will not doubt of God," I believe that roses are heaven sent and heaven scent. These most coveted of flowers add the most magnificence to my garden with the least amount of maintenance. Many new gardeners fear roses, mistakenly thinking that roses are difficult to grow.

It takes no special skill or garden acumen to have roses trapeze on trellises, climb arbors, billow in borders, spill over pergolas, decorate doorways, and magically transform a dining table. Whether roses are trained and coddled in a formal bed, or grow in wild profusion, cottage style, the rose is the queen of any garden plan. Shrub roses and old garden roses are especially popular as gardeners realize that roses are not very demanding, most requiring a minimum of disease control. Roses provide abundance in floral displays, sweet scents, and are winter hardy. They add color, texture, form, and depth to any perennial patch.



The prolific pink petals of a Bonica Shrub rose are perfect for borders and a cottage garden. Photos Cynthia Brian

To grow healthy, beautiful roses, you need to follow only three steps:

1. Choose the correct plant for your area.

2. Plant the rose in a sunny spot that shines at least six hours of bright light per day.

3. Water appropriately.

Before you run out to buy roses, let me provide a primer on growing roses and the choices you'll encounter. Depending on where you anticipate planting, factors to consider include flower color, size of the rose bush, growing habits, and disease resistance. For example, you may want a formal rose garden off your living room as I have with specific colors that reflect your interior design. Or you may be creating a cutting garden and want bountiful blooms in a rainbow of colors. The most important thing to remember with growing roses is to provide ample sunshine away from large trees and shrubs competing for sun, nutrients, and water. As in real estate, roses are about location, location, location. Everything else can be augmented or changed.

Choices

Rose choices with personalized characteristics include

- Hybrid Tea
- Floribunda
- Grandiflora
- Tree
- Climber
- Miniature
- Shrub and Landscape

Hybrid teas are tall, long stemmed, and popular for floral bouquets. They are the most popular cutting rose and are used by florists featuring a single specimen.



The classic long stem red rose in a Hybrid Tea is Mr. Lincoln.

Floribundas are versatile roses with clusters of three to fifteen blossoms instead of a single stem.

Grandifloras are repeat bloomers growing to six feet and are a cross between a hybrid and floribunda.

Tree roses are elegant, stately specimens grafted to a long stem from hardy wood stock that is then grafted to the top of a stem on a rose bush.

Climbers produce long canes with numerous flowers that can be trained over archways, along fences, pergolas, trellises, or other sturdy structures.

Miniatures are the smallest rose plant ranging from six inches to two feet, extremely hardy with continuous blooming flowers. They are great for containers, borders, and anywhere space is an issue. Shrub and landscape roses are the newest favorite of almost every gardener because they require a minimum of care, including little pruning, spread low to the ground like a carpet, are naturally disease resistant, flower consistently throughout the season, and come in all colors, shapes, and sizes.

Digging Deep with Cynthia Brian Life is a Bed of Roses

... continued from page D5

Grades

The American Nurseryman Association sets the grades on roses as 1, 1 ¹/₂, and 2. The highest quality for the biggest and best canes that will bloom the first year is #1. Although the other grades cost less, they may take two or more years to bloom. A patented rose is registered by the breeder and simply means that no one else may duplicate or propagate it without permission, including taking cuttings.

After choosing the sunny location for optimal growth, these are the simple planting instructions:

• Soak roots in a bucket of water for a minimum of one hour when planting bare root. Thoroughly water a container rose for two days before planting.

• Prepare the soil by tilling compost and other organic matter. Roses thrive in acidic soil. Adding your coffee grinds will enhance the growing. Gypsum and soil sulfur reduce the alkalinity.

• Dig the hole twice the size of the root ball and plant to the same depth.

• Plant roses three feet apart and away from other large bushes to allow for air circulation. Air movement discourages disease.

• Make sure the graft (the raised bump on the stem) is planted at least two inches above the dirt here in our warmer climates of Lamorinda. If you are planting another garden in a colder region, the graft goes two inches below the ground.

• Layer three inches of rich mulch at the base of the plant. It keeps down weeds, provides nutrients, and can be added any time during the growing season. Good mulches include wood chips, shavings, shredded bark, pine needles, cottonseed, chipped oak leaves, and peat nuggets.

Cynthia's favorite miniature rose, Sunshine Sprinkles, with multiple yellow/tangerine blossoms on 12 inch stems.

• Water adequately from the bottom. Roses do not like to be sprayed. Keep moist, but not soaked.

My secret to healthy roses is that when planting, then again every March, I dig two or three cupfuls of alfalfa pellets into the dirt around the roses. Roses are heavy feeders. Start fertilizing with an organic rose fertilizer after a month. The more organic matter you use, including coffee grinds, the less supplemental fertilizer you'll need.

Companions

Many people like to combine other specimens with roses. The best companion plants are those with similar needs of sunshine, acidic soil, and water. Alyssum and lobelia are great choices as bottom breeders while lavender and sages offer pest resistance and attract bees and hummingbirds, adding beauty and perfume with their blue and purple flowers.

Care

Buy top quality roses for the best pest prevention precaution. If planted, watered, and fed properly, roses are healthy and prolific. If you have a specific problem, contact your local nursery or garden center for organic control options.

Deadhead regularly through the blooming season, cutting below the fifth leaf. Keep your pruning shears clean by wiping with alcohol between bushes. Always wear gloves to protect you from the thorns. Pruning promotes vigorous blooming and bigger plants. For the modern varieties, pruning keeps the roses blooming all season. Old-fashioned roses and climbers that bloom once annually need to be pruned immediately after flowering as next year's flowers bloom on this year's wood. For heavy winter pruning, mid to late January is the ideal time to prune roses in Lamorinda. To keep your roses blooming, don't allow the rose hips to form, which are the small reddish fruits that tell the plant it is "going to seed" and done blooming.

This is a short crash course in creating your own bed of roses. May you see life through rose-colored glasses and stop to smell your roses. Once you enjoy the ravishing beauty, flamboyant colors, delectable fragrance, and simple maintenance of the queen flowers, you may join the mantra of Emma Goldman and myself, "I'd rather have roses on my tables than diamonds around my neck!"

CYNTHIA BRIAN'S GARDENING GUIDE FOR JULY

"I don't know whether nice people tend to grow roses or growing roses makes people nice." Roland A. Browne

- HANG canisters to trap yellow jackets only when entertaining outdoors. Look for holes in the ground where they make their nests and call Vector Control to spray when you find them. If you buy a commercial product at your local hard ware store, read directions carefully.
- **EMPTY** standing water from all containers on your property to deter the breeding of mosquitoes.
- **CONTROL** whiteflies with yellow sticky traps.
- **MULCH** with at least three inches of shredded bark, wood chips, or rich compost to keep weeds down and valuable moisture in.
- **PINCH** herbs before they bolt to keep them producing nutrient rich flavors!
- **DEADHEAD** roses when they are spent. Cut back to a stem with five leaves for continuous flowering through January.
- JOIN a garden club if you want to commune with other dirt diggers.
- **DETER** the slugs, snails, and cutworms by sprinkling eggshells around your vegetables. As a bonus, they provide rich organic fertilizer.
- **PHOTOGRAPH** your garden every month so you'll have a visual map of what blooms and ripens. Photos help with planning, planting, and partying.
- **GET** a tetanus shot if you have not had one within the last ten years. Tetanus loiters in the dirt.
- WEAR boots and gloves in the garden as well as long pants and long sleeves when mowing lawns or using any pest control, even if it is organic.
- **ELIMINATE** ants by spreading bay leaves from our numerous Califor nia Bays and mint leaves at their point of entry. Adding rosemary or sage to the barbecue while grilling willalso keep the crawlies away.
- **DEDUCT** \$1.50 from your garbage bill by composting as I've been encouraging for years. Go to http://www.wasstefiversion.org/certification, answer a few questions, submit a photo, and keep the change. I am a fan of the Smith & Hawken Biostack. Purchase it at a deep discount from your waste management company. It keeps the critters out and the worms in resulting in rich, loamy compost in three or four months.
- **CLEAR** brush from the perimeter of your home. Weeds and dead limbs pose a fire danger.
- **THIN** fruit trees for a larger and tastier crop.
- **CLEAN** and fill bird feeders to keep a gardener's best friend at home. Babies are hatching this month. Help the mothers feed their young.
- **ADD** pesticide and insecticide free rose petals to salads, sauces, and soups to spark the flavor and color quotient of your outdoor meals.

Enjoy a red, white, and blue July, go into your garden and pontificate like a poet, philosopher, or politician. Your roses are waiting to greet you.

Happy Gardening to You! ©2011 Cynthia Brian The Goddess Gardener Cynthia@GoddessGardener.com www.GoddessGardener.com 925-377-7827

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Lamorinda's Leading Independent Real Estate Firm.



8 Irving Court

Best value in Sleepy Hollow! Remodeled to perfection 3bd/2ba w/flat yard too! One-story charming home with great indoor/outdoor flow. Cul-de-sac location. Photos: <u>www.8IrvingCt.com</u>.

Offered at \$899,000



818 Augusta Drive

Spacious MCC townhouse w/idyllic setting. Backs to babbling brook. Frml living & dining. Fam area off kitchen. 3bd/2.5ba plus bonus room. Ownership incl club amenities. Top-rated schools. New club-house under const. **Offered at \$625,000**



2596 Pebble Beach Loop Light, bright 3bd/2.5bath home on .34 acre lot. Updated kitchen and baths, hardwood floors, dual paned windows. Hill views with cute dipping pool to get cool!





1730 Toyon Road Charming craftsman-styled 2100 sq. ft. home on secluded 3/4 acre. Newer roof, skylights, furnace gorgeous huge new decks. Maple floors, Wolfe range, very private, very secluded.

Offered at \$975,000



5 Charles Hill Place Truly special complete renovation of exceptional style & charm. Enhanced 3bd/2.5ba hm w/super quality & designer perfect features. One level living full of light + EZ access to outside spaces. Great neighborhood cul-de-sac. Offered at \$1,255,000

MORAGA

927 Augusta Drive Best buy in MCC for the square footage! Unbelievable 3400+ sf 4+bd2.5ba detached home located at end of uldesear Privacy views measure measured

cul-de-sac. Privacy, views, gracious and spacious!

Offered at \$949,000



3152 Plymouth Road

PERFECT LITTLE FIXER. Adorable & affordable 3bd/1ba hm on gorgeous .25 ac lot. Tons of potential incl expansion & landscape improvements. Quiet court loc m Springhill Elem & Acalanes HS. Won't last!

Offered at \$559,000



900 Camino del Rio WOW - gorgeous architect remodeled traditional home in a favorite Laf location. 4bd/3ba approx. 2500 sf, pvt.50 acre parcel. Great commute location, near the trail, Burton Valley Elementary school.

Offered at \$1,195,000



350 Old Redwood Highway Not for the feint of heart, but it's funky and charming and in Canyon. Originally built as two vacation cabins in the '20s, a huge deck adjoins them with a hot tub between. Beautiful views of the redwoods and oaks. Great schools. **Offered at \$550,000**



136 David Drive

4bd/3.5ba 3763 sf w/oversized rooms, an abundance of windows & qual. craftsmanship throughout. End of cul de sac on 1.86 ac lot w/trees, lvl lawn, decks in sought-after "Bluffs" neighborhood..



859 Sibert Court Incredible Opportunity! 5bd/3.5ba, approx 2700 sf, 4 acre. Great location at the end of a court near town. Start fresh or restore and reap the rewards!

Offered at \$695,000



1976 Fox Ridge Court Exceptional 1893 sf Summit Ridge end unit, prime end of cul-de-sac loc. Versatile floor plan w/2++bd/3 full baths. Soaring ceilings, skylight, granite kitchen. Pvt decks shaded by oaks. Lafayette schools!

Offered at \$539,000



2092-2094 Donald Drive Charming ranch style 1813 sf duplex, ea w/ 2bd/1ba, 1-car garage. All dual panes, hdwd flrs in LR/DR/kitchen, pvt bckyd in wooded setting. Gar in one unit converted to 3rd bedroom. Top schools.

Offered at \$599,000



6 Southard Court

Hard to find 5bd/4ba sngl lvl hm blt in 1998. Beaut. med. w/high ceilings, tasteful finishes & fantastic flr plan. Prvt yet close to everything. Incredible yard w/ stone patio, salt water pool, lawns, & gardens. A pleasure to view. **Offered at \$1.695.000**



3419 Shangri La

Huge price reduction! Totally charming 3100 sf 5bd w/updated kitchen, huge fam rm plus bonus rm., 3car gar. Lg 1.07 ac lot w/pool & use of riding arena. Great Reliez Valley loc w/Lafayette/Acalanes High schools. **Offered at \$949,000**



393 Monticello Court Beautifully remodeled 4bd/3ba ranch style home on gorgeous flat lot at end of country lane - yet minutes to downtown Walnut Creek! Sought-after Tice Valley location.

Offered at \$919,000

Ashley Battersby Patricia Battersby Joan Cleveland

THE VILLAGE ASSOCIATES:

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