

Published August 17th, 2011

Swim Fast!



Barbara Lanier of Springbrook swims the 15-18 100-yard breaststroke. Photo Doug Kohen

Car windows proudly bearing the names of young swimmers and the encouragement to "Swim Fast!" filled the streets of Lamorinda the first half of August - and swim fast they did, as records fell at both the Orinda Moraga Pool Association Championship and the subsequent Contra Costa County Championship swim meets.

At the Orinda Moraga Pool Association (OMPA) Championship, held August 5-7, 12 new records were set. The intense but friendly local rivalry was warmed by the festive atmosphere.

Competition at the County Meet on August 13-14 proved fierce, but local swimmers came through and several Lamorinda teams finished in the top 10. All in all, 20 new fastest times were recorded that weekend.

Read about both events on pages B1-B2.

Reach the reporter at: info@lamorindaweekly.com

[back](#)

Copyright © Lamorinda Weekly, Moraga CA