

Setting Up an Organic Vegetable Garden

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A variety of herbs

“It belongs to the Bruzzone family, and the agreement we made with Russell (Bruzzone) dates back more than 20 years.”

The acre is manned by a group of about 60 volunteers who take charge of the various tasks from seeding to planting, watering to weeding and harvesting. “Our philosophy is to grow more than we need, so after we sell our tomatoes and zucchini to local restaurants and markets, the volunteers get all that they need, and there is still plenty for charities.” Along the way, Rajan teaches the principals of organic gardening he’s learned and perfected over the years.

“In the fall, we plant a cover crop of nitrogen-fixing legumes such as fava beans, bell beans and purple vetch,” he said. When the plants have matured and the soil is still moist, but not too heavy, the entire cover crop is tilled into the ground. ... continued on page D6



Fava beans help the soil

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