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by Sheena

and fit. In just 6 months I went down 5 dress sizes!

Ice Age: Continental Drift

By Derek Zemrak



Scrat (Chris Wedge) and his elusive acorn in Ice Age: Continental Drift. Courtesy of Blue Sky Studios

Tho doesn't love Scrat (Chris Wedge), the prehistoric squirrel always searching for the ultimate acorn and screwing things up? Scrat's scenes have been some of the most memorable in the Ice Age series. So what is Scrat up to this time in the fourth film, Ice Age: Continental Drift? Well this time Scrat's desire for the acorn causes the single continent of Pangaea to break apart, forming the seven continents that exist today.

The massive shift of land finds Manny the Mammoth (Ray Ramano), Sid the sloth (John Leguizamo) and Diego the saber-toothed cat (Denis Leary) lost at sea with Sid's cranky grandmother voiced by the very funny Wanda Sykes, the scene-stealer in the film. While at sea hoping to return to their families, they encounter many obstacles, including sea crea-

tures and Captain Gutt (Peter Dinklage) who is a giant ape pirate. Note: Captain Gutt may be a little scary for youngsters under seven years of age. Their journey does deliver funny moments at a steady pace to entertain the kids and like the other Ice Age movies, it is the voice-over talents that make the movie.

Ice Age: Continental Drift will cool down the other movies at the theaters and will enjoy the #1 spot at the box office based on the popularity of the previous Ice Age movies, but it will melt quickly when The Dark Knight Rises on July 20.

Derek Zemrak is a Film Critic, Film Producer and Founder of the California Independent Film Festival. You can follow Derek on Twitter @zemrak for the latest Hollywood news.

Lafayette's Young Athletes **Hit Home Run for ALS**

Submitted by Jenica Lancy



\$5,852. Total LLL contributions to ALSA-GWC during the past four years reached just over \$16,000.

But the support from young athletes didn't stop there. At Burton Valley Elementary School, members of the fourth and fifth grades who participate in the school's "Noon League" program decided they wanted to do something special to honor Coach Chaney as well.

BVE Noon League students, families and the student council raised \$2,341 to support Chaney in his cycling team for the 8th Annual Napa Valley Ride to Defeat ALS. They surprised the coach at a special school assembly in June, and presented Chaney with a photo book and a set of thoughtful notes.

"This was simply amazing. All of this was organized by the students," Chaney said. "I was completely and overwhelmingly surprised when the bleachers on the lower field were filled with students and they presented me with a giant donation on a giant check! I am so very touched by their generosity and support.

"A special thanks to Cole Brightbill, Justin Bocks, ooper Davis and Nick Broback for creating and organizing this amazing campaign and Barbie Bocks and Dawn Brightbill for overseeing the boys' efforts and catching me completely off guard. Thanks also to Mrs. Rodriguez's second grade class for their spare change campaign that raised \$340 for the Ride." This effort was organized by Chaney's 7-year-old nephew Keith Johnson. "I am so very lucky to have such phenomenal young friends and to live in an incredibly caring and supportive community like Lafayette," Chaney wrote, typed by toe on his iPad. "You are all an inspiration to me and to the many people with ALS and their families that you will never meet, but whose lives you will impact significantly." For more information about ALS, visit the ALS Association Golden West Chapter's website at www.alsagoldenwest.org.

DANVILLE • OAKLAND • ORINDA Local Ham Radio **Operators Help Out** with Lamorinda's 4th of July Parade

Submitted by Dennis Rein



From left (back row): Bruce Macler, Chris Breller, Diana Wilde, Keith Riley, Dennis Rein, Lamorinda's Emergency Preparedness Coordinator, Jack Paulus; (front) Cindy Petrini, Patti Young, Carol Bergren, Matthew Vurek; (not pictured) Wesley Ayres, Larry Olson, Michael Whitfield.

but it could have been! About a dozen amateur radio operators from around Lamorinda answered the call. This time it was to help the Orinda Association, organizers of Lamorinda's July 4th parade, keep things moving. The emergency communications function at the City of Orinda's Emergency Operations Center was activated before parade participants and observers began to arrive. The "Hams" took their posts and assisted with controlling parking, reuniting lost kids and parents and relaying in-

o, it wasn't an out of control formation to the parade's reviewing wildfire or a major earthquake, stand. The event was an opportunity for the radio operators to practice functions they would be called upon to perform in a major emergency. All of the communications volunteers are members of the Lamorinda Amateur Radio Interest Group better known as "K6ORI." The group meets at 7 p.m. on the third Wednesday of each month in the Sarge Littlehale room in the Orinda City Offices. Anyone with an interest in amateur radio or communications in emergency preparedness is welcome to attend.



From left, Matty Vicencio, Tyler Ewing and Michael Bone, with Matt Chaney at their Little League field

or the past four years, the Lafayette Little League (LLL) has participated in the Runs 4 ALS program that directly benefits the ALS Association Golden West Chapter (ALSA-GWC), but this year three LLL players did something extra. The three Stanley Middle School seventh-graders, Tyler Ewing, Michael Bone and Matty Vicencio, all of whom turned 13 within one day of each other, decided to collect donations in lieu of gifts to benefit ALSA-GWC and to thank former LLL coach and board member Matt Chaney specifically.

Matt Chaney was diagnosed with amyotrophic lateral sclerosis (ALS), more commonly referred to as Lou Gehrig's disease, more than 12 years ago. But while Chaney describes it as "a wicked disease," he has continued his active participation in local kids' lives while dealing with the challenges he faces.

"ALS affects men and women of any age and any ethnicity. It is no fun having ALS," Chaney wrote in a thank you letter to the three teens. "Every day brings new challenges for simple everyday tasks. I keep hoping that someday soon there will be a breakthrough in research that will produce a treatment that will slow down or stop the progression. That hope is strengthened by the magnanimous gesture you have made today."

The three players wanted to thank Chaney for his years of volunteering with LLL and for his time at Buckeye Fields. They raised more than \$2,000 for ALS, while the LLL Runs 4 ALS program, led by board member, player agent and team manager Craig Bocks, netted



From left, "Noon League" members Nick Broback, Justin Bocks, Cole Brightbill collect donations to support the Ride to Defeat ALS Photos provided

Lamorinda Weekly

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