

# Lamorinda OUR HOMES

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## Digging Deep-Gardening with Cynthia Brian A New Leaf

By Cynthia Brian

*“The object of a new year is not that we should have a new year. It is that we should have a new soul.”  
G. K. Chesterton*



*Meyer lemons are ripe and juicy.*

The world didn't end Dec. 21, 2012 as prophesied and there are new seeds sprouting as we birth the year of 2013. With a rosy pink zinnia, the cover of the January issue of Reader's Digest shouts, "Cheer Up! 17 Reasons It's a Great Time to Be Alive." This year will be a time of optimism, a time for channeling our inner gardener. In the

*Photos Cynthia Brian*

Chinese tradition, this will be the year of the water snake. I have renamed our next 365 days "A New Leaf" as we dig deeper to add beauty and wellness to our lives through gardening.

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*Cymbidium orchids start blooming outdoors and are great in or out.*



*Violas and pansies perk up a dreary landscape.*