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## Oakland Strokes Dominate at Regionals

*Submitted by Melissa Coupin*



The Oakland Strokes team returned from the USRowing Regional Championships near Sacramento laden with hardware. Competing against 33 rowing programs from three states, the Oakland Strokes team earned 22 podium appearances, rendered 155 medals and 11 trophies, including 10 gold medals. It was one of the Oakland Strokes most successful rowing events in their 39-year history.

For the first time this Spring Regatta season, the Women's Varsity 8+ defeated Marin by less than a second for one of the most thrilling finishes of the weekend.

The most dominating finish came from the Women's JV8+ who cruised to gold 14 seconds faster than Marin.

Oakland Strokes will send athletes to the US Rowing Youth National Championships June 7-9 in Oak Ridge, TN. Student athletes from Lamorinda comprise the majority of the Oakland Strokes team.

Oakland Strokes team members celebrating with newly acquired hardware Photo L. Cvitanovic

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