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LAMORINDA FLOORS

Solano Food Bank and newest charity partners Cal Shakes Theater and Town Hall Theatre. For registration and sponsorship levels visit everydayheroes.golfreg.com.

The PSR West Coast Builder's Second Annual Golf Tournament and Ride is all geared to honor fallen Oakland Police Officer John Hege while raising funds for OPEN (Oakland Police Emergency Net) and the California Transplant Center. Tournament begins at 10 a.m. Friday, July 26 at the Diablo Creek Golf Course, 4050 Port Chicago Hwy, Concord. If you are interested in becoming a sponsor, make donations or play golf, contact Dawn Schadek at (925) 381-5873 or email dawn.schadek@gmail.com.

Salsa Mondays in Orinda! Classes of all levels and social dancing are offered from 7 to 9:45 p.m. Music starts at 6:45 p.m. Beginning Class: 7 to 8 p.m., social dancing after. Intermediate/Advanced: 8 to 9:30 p.m., social dancing after. Dance practice before and after each class! Drop-in for \$15/class at Orinda Center, 26 Orinda Way, Orinda.

Widowed Persons Support Group (WPS) meetings. The WPS support sessions are informal discussions of emotional and practical needs and concerns of the bereaving widowed persons. The sessions can be very beneficial and helpful, even if a period of years has passed. Meetings are held in the Oak Room at St. Stephens Church from 10 a.m. to noon each Saturday through July 27. Free. The meetings are facilitated by Gretchen Dabel and members of the WPS Board. For info, call Ruth Harrington at (925) 376-0321.

"Shred Fest" Supports Moraga Lion's Club. Destroy unwanted documents securely during Shred Fest from 9 a.m. to 1 p.m. July 27 at 485 Moraga Rd. (adjacent 5-A). A \$5 fee for banker-sized boxes supports the Moraga Lion's

club local educational and service projects. Shred Fest is supported by 5-A Rent-a-Space, Moraga Motors, Coldwell Banker, Neighborhood Computers and Hall of Taxes. Security shredding is courtesy Shred Defense, Moraga.

Lafayette Physical Therapy is pleased to announce their third annual lecture series with information on injury prevention, fitness, and other related topics for the community. Highly educated and skilled physical therapists as well as highly respected doctors and community professionals will share their knowledge at 3468 Mt. Diablo Blvd. Suite B110, Lafayette. Lectures include **The Anti-Inflammatory Diet** with Cynthia Allen, RN, Natural Chef from 7 to 8 p.m. Tuesday, July 30; and **Off Balance: Gait & Balance Disorders Affecting Your Daily Life** Tuesday, Aug. 27. Seating for lectures is limited; please call (925) 284-6150 to RSVP and reserve your seat. For info, visit www.LafayettePT.com.

Relay For Life of Lamorinda begins at 9 a.m. Saturday, Aug. 3 and continues through the night, ending at 9 a.m. Aug. 4 at Burton Valley Elementary School, 561 Merriewood Dr., Lafayette. For info, visit relay.acevents.org or contact Kelli Nahas at kelli.nahas@cancer.org.

The Second Wednesday Book Group will read and discuss "Garden of the Evening Mists" by Tan Tuan Eng at 3 p.m. Wednesday, Aug. 14. They meet monthly at Orinda Books, 276 Village Square in Orinda, and welcome new members. For more info, visit orindabooks@thegrid.net, www.orindabooks.com or call (925) 254-7606.



Free Community Lectures

We are pleased to announce our 3rd annual lecture series with information on injury prevention, fitness, and other related topics for the community. Our highly educated and skilled Physical Therapists as well as highly respected doctors and community professionals are here to share their knowledge with you. **More info on Facebook.com/LafayettePT**

All Lectures are from 7:00pm – 8:00pm

- Tue July 30: The Anti-Inflammatory Diet** with Cynthia Allen, RN, Natural Chef
- Tue Aug 27: Off Balance: Gait & Balance Disorders Affecting Your Daily Life** with Valerie Watase, PT, Owner, Director
- Tue Sept 24: Shoulder Injuries & Prevention: Is it my rotator cuff?** With Lauren Masi, PT, OCS, ATC
- Tue Oct 29: "Oh my aching back (and neck)!" Common Injuries & Prevention** with Antonia Vega, PT & Christy Eschborn, PT

Seating for lectures is limited:
Please call 925-284-6150 to RSVP & reserve your seat
3468 Mt. Diablo Blvd. Suite B110
Lafayette, CA 94549
www.LafayettePT.com

OTHER ... continued

Orinda Community Foundation's 4th Annual Everyday Heroes Golf Fundraiser is July 22, at Orinda Country Club. Registration starts at 10:30 a.m. followed by a complimentary lunch buffet. At noon, a shotgun start (two best balls of foursome shamble) begins the fun with complimentary food, drinks, and contests on the course. Following golf is an awards ceremony with complimentary appetizers. Heroes this year are firefighters Michael Rattary, Stephen Rogness and Kelly Morris, from Moraga-Orinda Fire Department. Sponsorships are still available and needed to help support the many recipients: Orinda's 4th of July Parade, Library Improvements, Art in Public Places, Orinda Garden Clubs, Orinda Chamber of Commerce, Lamorinda Idol, Spirit Van Senior Transportation, Contra Costa

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MOVIE REVIEW

"Grown Ups 2"

By Derek Zemrak



Eric Lamonssoff (Kevin James), Marcus Higgins (David Spade), Robideaux (Johnathan Loughran), Kurt McKenzie (Chris Rock), and Lenny Feder (Adam Sandler) in Columbia Pictures "Grown Ups 2." Copyright: ©2013 CTMG, Inc. All Rights Reserved. Photo Tracy Bennett

Not much has matured in this latest Adam Sandler movie "Grown Ups 2." What does anyone expect from him, the king of low-brow humor? The movie opens with Lenny (Adam Sandler) being urinated on by a deer. Need I say more? The toilet "humor" continues for 1 hour and 40 minutes.

In this installment of "Grown Ups" (Sandler's first sequel ever made), Lenny, the retired hotshot Hollywood agent, relocates his family to the small town where he was raised. Lenny must deal with his wife, Roxanne, played by Oscar nominee Salma Hayek ("Frida") who wants another child. Lenny reunites with his childhood chums, portrayed by the all-star cast of comedians Kevin James, Chris Rock and David Spade, who are all dealing with mid-life issues: the other woman, forgetting the 20th wedding anniversary, and the long-lost son who shows up. Rob Schneider is the only cast member from the original movie with enough sense not to return.

There are a few chuckles in the movie, but "Grown Ups 2" is not what you would expect from a summer blockbuster release and is certainly not in the same league as "The Heat." As with all Sandler's movies, the cameos are numerous, including Steve Buscemi, Jon Lovitz, Shaquille O'Neal and wrestler Steve

Austin. "Twilight" star Taylor Lautner plays one of the frat boys Lenny and friends encounter at the lake. These are the funniest scenes in the film, but someone in Lautner's camp was intelligent enough, after seeing the movie, to pull his name from the credits and all promotional material. That should tell you something!

"Grown Ups 2" is not the worst movie Sandler has ever made; remember "That's My Boy" and "Jack and Jill." It is sad because Sandler in his early career delivered some funny movies (e.g. "Happy Gilmore", "The Wedding Singer" and "The Waterboy"). A better idea for Sandler's first sequel project would have been "Grow Up 2" and give the audience a more sophisticated script. "Grown Ups 2" is rated PG13.

A bit of trivia on Lamorinda history: the original "Grown Ups" was the first movie shown when the New Rheem Theatre opened June 25, 2010!

Derek Zemrak is a film critic, film producer and founder of the California Independent Film Festival. You can follow Derek on Twitter @zemrak for the latest Hollywood news. Derek can be heard every Friday on KAH1 950AM on the Poppoff Show.