

Submitted by Jim Malmquist

LMYA Soccer Champions

Mats' Alum **Catches Fire in** College Game

Submitted by Joanne Lin

ormer Miramonte basketball star Kiran Shastri scored a game-high 21 points to lead the Chaminade Swords to an 86-63 win over Saint Martin's. Shastri came off the bench and went 6for-10 on three's to pace the Swords in the final night of the PacWest/GNAC Challenge. Miramonte alums Derek Lin, Nathan Evans, Julian Deloso and Griffin Schram, among others, went to the Photo provided game to cheer on their former classmate.



U11 girls' Navy team





U15 girls' Navy team





Lamorinda **Soccer Club Score Report**

Submitted by Corinna Sassano

he U10 girls' team placed second in the gold bracket of the State Cup Final on Nov. 17 in Manteca.

The U11 girls' Navy team defeated the Pleasanton Rage, 1-0, in the State Cup. The team demonstrated a suffocating defense that denied the Rage all but a couple of opportunities. The girls had just enough offense to break through the Rage's stacked defense.

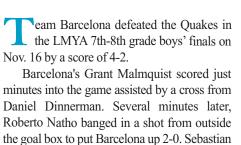
The U11 girls' Red team beat the U11 White team at the Impact Malia's tournament in Brentwood on Nov. 23-24.

The undefeated U15 girls' Navy team are Champions of NorCal NPL Premier 2 Division. The girls locked in first place with two convincing wins in their final two games against Merced FC (4-2) and San Ramon Azurri (2-0) in the Nor-Cal NPL Fall Showcase.

The U10 boys' Navy team won the State Cup Final on Nov.

The U12 boys' Navy team finished the season No. 1 in the Gold division of the NorCal Premier league.

The U12 boys' Navy team was also one of many teams to participate in the club-wide shoe donation program



Varela then scored from the left wing. In the

closing seconds of the first half, the Quakes' Ian

Photo provided eam Barcelona defeated the Quakes in ers and scored a left-footed goal just before the whistle blew.

The Quakes took that momentum into the second half and played with a lot of heart, scoring another goal on a corner kick from Andrew Torres to Simon Oh. Barcelona's defense stepped up and stopped the Quakes' attack -Robbie Goldman and Karl-Erik Mills led the defensive charge for Barcelona, along with keeper Zachary Varela. Zach Goldman sealed the victory with a goal late in the final period.



Second Place at Big Sur

Submitted by Sheryl Cardiff

yan Cardiff took second place in the Big Sur Half Marathon in the men's 16-19 age group. Cardiff, a sophomore at Acalanes, is an avid tennis player. With a time of 1:23:07, Cardiff finished just 20 minutes behind the elite Olympic-class runners who took the top spots in the overall category.

Photo provided

Lamorinda Rugby Alums at Collegiate Level

Submitted by Steve Peterson



Recent graduates now at Cal: Miles Honens ('12), Karl Thornton ('12), Jamie Howells ('13)

Photo Tom Howells

everal Lamorinda Rugby alums participated in the recent Battle of the Bay Collegiate 7's Rugby Tournament. Many current players were on hand to watch their club-mates on the pitch and enjoy some great, fast-paced action.

Three members of Lamorinda's state championship winning team from two years ago represented Cal: Miles Honens ('12), Karl Thornton ('12), and last year's Backs' captain, Jamie Howells ('13), who got his first minutes and first points for the Bears. Other Lamo alum sightings included Chase Herring ('10) and Declan McNiece ('12) of St. Mary's, Tom Howells ('11) and Connor Rosenbaum ('12) of UCLA, and Will Kopas ('08) coaching UC Davis.

Gaels Reach National Finals

Submitted by Tony Samaniego

he Saint Mary's rugby team made it to the

Championships of Sevens Rugby tournament

on Nov. 24. The Gaels took on Arkansas State

University, but came up short, losing 32-12.

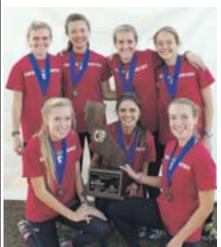


Photo provided

The Sevens campaign started in August. finals of the Collegiate D1A National After several tournaments, the Gaels qualified for the championship tournament after going 6-0 in the Battle of the Bay. The team's record in five tournaments was 27-3.

Campo Cross Country Shines at State Meet

Submitted by Chuck Woolridge



Photos provided



t the 2013 California cross country state championships, senior Aidan Goltra churned out his second state title.

Goltra's 15:02 performance was just shy of the division record, and qualifies him for the Nike National Championships to be held in Portland on Dec. 7.

The boys' team finished fourth place overall. Wrapping up their senior season in style, both Ben Weinberg and Will Moran improved over their 2012 state meet times by 34 seconds.

The Cougar girls, who headed to Fresno as the No. 2 team in the division, came out on top with a team title.

After a heartbreaking 2011 performance that saw the team title slip away in the final mile, and an injury-plagued 2012, the three-time state championship veterans juniors Brighie Leach, Mary Orders, Rachel Johnson and senior Haley Shipway refused to lose.

All four athletes set new career bests for both course and distance. Leach separated from the fray early, running in the second spot. Her time of 17:51 is now third on the school record list.

Orders and Johnson held on to top 20 positions. Orders' performance was over a minute faster than her previous state meet while Johnson knocked 27 seconds off her 2012 mark.

The decisive factor for the 2013 squad was its insurmountable depth, provided by freshman Sarah Cella and Shipway, who crossed under the finish banner in 32nd and 34th place, respectively.

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