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ADOLESCENTS ADULTS · FAMILIES

specializing in: Achievement Pressure AD/HD Parenting Support Anxiety School Stress Depression

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THE APP RAP

By Eric Pawlakos

Twitter by Twitter, Inc. App: **All Smartphones** For: Price: Free

today; it is becoming more and more sports personalities, business profesdifficult to single one out as a 'must sionals, or celebrities. You can easily have' app. However, if you are a fan search for people by their name or use of social media, and most teenagers are, Twitter is an app that you absolutely need to install. Many smartphone users are already familiar with Twitter. According to the company, they have over 230 million monthly active users sending out 500 million Tweets every day. Over 75 percent of these users access their Twitter account on their smartphone. Clearly this is a very popular app! And, with 77 percent of the accounts outside the United States, Twitter is also a truly has become the most popular way for users to stay connected with their friends and family by exchanging short messages of up to 140 charac- Alex Pawlakos enjoys biking, ters. These short messages are called weightlifting, and tutoring in his spare Tweets, and they are not limited to words. You can add photos, videos, Yourself!(tm) Teen Radio. Alex is an and links. It is also a great way to fol- economics major at UC Berkeley.

here are so many different low what other people are saying and smartphone apps available reach out to them, whether they are



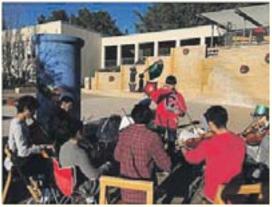
global social media company. Twitter your email to invite friends to join you on Twitter. For social media fans, Twitter is a 'must have' app.

time. He is a reporter on Express

TEEN SCENE

Teen Volunteerism Warms Up the Winter

By Andrew Wang



String chamber group Jacob Ngai, Cary Huang, Andrew Wang, Alicia Kim, Soha Sadeghinejad, Michael Huang, Brian Davis, Will Gu play in front of the Orinda Library. Photo provided

long with the frosty weather of the winter holiday Aseason and the freshly thawed New Year came sources of familiar warmth: friends warmed their fingers by the fireplace enjoying a steaming cup of hot chocolate as soothing holiday tunes played on the radio. But what really completed the picture for local teens was their dedication to community service, in the spirit of giving back for the holidays. The holiday season is a time for celebration and cheer, but also a time to pay respects to the community, to help the sick and provide relief to other communities affected by recent disasters.

Over winter break, a group of Campolindo High School students, Jacob Ngai, Alicia Kim, Soha Sadeghinejad, Michael Huang, Cary Huang, Brian Davis, William Gu and myself, decided to make the most of this spirit of giving. Under the wing of local literacy charity Be the Star You Are, which has been promoting playing the piano literacy and distributing books since 1999, the local and violin, and teens performed as a string chamber group, playing holiday tunes in front of the Orinda Library. The enthusiastic group was pleased to make passing families smile his Frisbee. Check Lamorinda Weekly's "Not to Be in recognition of familiar jingles, from "O Little Town of Bethlehem" to "Joy to the World." They even provided shakers for eager toddler audience members who wanted to add their own flair to the music. Most importantly, these caring teens raised money for Operation Disaster Relief, which donated over 2,000 brand new books to children affected by the recent tornadoes in the Midwest.

"It was a pleasure to make kids smile through our playing," says Ngai, "and to know that we would make even more kids smile through the books we helped supply for Christmas."

The goal was to be able to get a new book to the thousands of children negatively affected by the recent natural disaster. We were impressed by the generosity of community members' contributions.

Other teens used their winter break to help the local community in other ways, some aiding the injured and ill at Kaiser Permanente and John Muir Medical Center, others inspiring a love of books at local libraries. Avan Chu, a junior at Miramonte High School, volunteered at the Orinda Library. During the holiday break he routed books across the county in time for Christmas and the new school season. "The best part of my job is knowing that I am helping deliver knowledge to little kids," he reflects. "That's the best gift of all." Whether promoting a lifelong love of reading or just making someone smile for a day, teens made the best of their break time to contribute to the community and beyond.

Andrew Wang, the Director of Concerts for Be the Star You Are! charity, is a student at Campolindo High School. Besides writing and reporting, he enjoys programming, tossing a good hammer throw on



Missed" section for upcoming free concerts offered by local teens..

Teen Scene is YOUR voice. If you have something to say or have writing skills and want to be part of our Teen Scene team, email our Teen Coach, Cynthia Brian, Cynthia@CynthiaBrian.com.

The opinions expressed in Teen Scene are those of the writer and not necessarily those of the Lamorinda Weekly.

Parents, Get Ready for Kindergarten!

2014-15 Kindergarten and Transitional Kindergarten registration for the three school districts will be happening in January and February. Children must be 5 years old on or before Sept. 1 to enter kindergarten for the 2014-15 school year. Transitional Kindergarten (TK) is an optional program for those children who have their 5th birthday between (including) Sept. 2 and Dec. 2.

Lafayette School District

(Burton Valley, Happy Valley, Lafayette, and Springhill elementary schools)

Registration for both programs will take place at the district's four elementary schools Tuesday and Wednesday, Jan. 21 and 22 at the following times:

Burton Valley Elementary from 9 to 11 a.m. and 1 to 3 p.m. Happy Valley Elementary from 8:30 to 11:30 a.m. Lafayette Elementary from 9 to noon Springhill Elementary from 9 to 11 a.m.

Registration packets can be obtained from the schools prior to registration, beginning Jan. 7, however the earliest day in which completed packets will be accepted by the schools is Jan. 22, during registration times. For more information about kindergarten registration, go to the district's website at: www.lafsd.k12.ca.us.

Moraga School District

(Camino Pablo, Donald Rheem and Los Perales elementary schools)

Kindergarten and Transitional Kindergarten registration

for 2014-15 will be held from 9 a.m. to 2 p.m. Thursday and Friday, Feb. 6 and 7. For more information, visit www.moraga.k12.ca.us.

Orinda Union School District

(Del Rey, Glorietta, Sleepy Hollow, and Wagner Ranch elementary schools)

Transitional Kindergarten and Kindergarten registration for children entering an Orinda public school in August 2014 will be held from 9 a.m. to 1 p.m. at each of four elementary schools Monday through Thursday, Feb. 3-6. Registration requires the presentation of various documents. These documents and specific instructions are outlined on the district's website. Please note that some of the items need to be the original, certified documents. Visit www.orindaschools.org for more information.

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