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Page: C3



SPORTS MEDICINE TER FOR NG ATHLETES

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First Place in the Kart Race

Submitted by Brad Lew



Bryson Lew (center) celebrates first place. he Northern California Rotax Challenge kart races were held on April 27 at Simraceway (Sonoma Raceway). Moraga resident Bryson Lew took first place in the

Mini-Max class, ages 10-12. In the race,

Photos provided there were 12 kart racers and each reached 50 mph. Race day starts with warm-up, qualifying, and two heat races, where starting positions are determined for the final race.



Champion of Champions

Submitted by Sarajane Lagomarsino



From left: Sophomore Will Lagomarsino, junior Robert Young, senior Matt Klein, coach Steve Robinson, sophomore Austin Fischer, senior Manny Manzone and senior Jim Coon. Photo provided

shooting 76.

and Jim Coon shot 72 and 73. Will Lago-

marsino and Matt Klein rounded out the scores

Campolindo competed on May 19 in the

ampolindo's varsity boys' golf team fin- had a hole in one. Seniors Manny Manzone ished in second place at NCS Tournament of Champions and sent a school record six golfers to the NorCal regional tournament. Leading the Cougars, Robert Young and Austin Fischer finished with 69. Fischer even NorCals. Check @lamorindasports for results.

CYO Track Finals **Record Run** Submitted by Jeanne Balczewski



Cougars Look to Fourth Straight NCS Title

... continued from page C1

Campo worked hard to get to this point and feels ready for what lies ahead. "It always cre- a thriller. "Both teams fought hard, both teams ates a little bit of anxiousness, and nervous excitement because finally after three and half months of work your season comes down to unique 2-3 day seasons where if you survive one round, then you have only 2-3 days to prepare and stay alive for the next," Chen explained.

Campo's semifinal match against No. 4 Redwood will be played tonight at Campo at 7 p.m. "We haven't played or seen them play so we don't know how we match up with them," Chen said. "However, as the rounds proceed the competition gets tougher so we just have to match that intensity and evolve with our opponent," he added.

Miramonte was the other Lamorinda team to earn a slot in the tournament. The No. 9 Mats lost in a first round heartbreaker to Livermore. Miramonte was up two sets, when Livermore stormed back for the win, 25-22, 28-26, 24-26, 19-25, 10-15.

Head coach Lisa Bachtold called the game wanted it so badly, and unfortunately we were so close and it just slipped through our fingers," Bachtold said. "They were down two games, but the crowd rallied behind them, and it was now or never. It was a well fought match," she added.

Bachtold was excited to make it into the tournament at all and is proud of her team's hard work and accomplishments. "What a tremendous turnaround from last season. They only won one match, and this season we notched six wins and made it to NCS. We really worked hard and deserved it," she said.

This season was Bachtold's first with Miramonte, and she is excited about the future. "Coaching the team this season has been such a rewarding experience bringing a new group of guys together with such different backgrounds and experience to play volleyball," she said. "Now that we have had a taste of NCS I can only anticipate what's to come."

Photo Tim Krozek

St. Perpetua's 4x100m relay team of Katherine Montoya, Mia Sides, Maddie Krozek and Natalie Means won first place and set a parish record at the CYO Track Diocese Finals May 10.

Top Finish Submitted by Alan Go





From left: Caitlin Smith, Megan Go, Lyla Cox, Beth Hamalian Photo provided The St. Perpetua fifth grade sprint medley relay team finished in second place at the CYO Track Finals.