

Fast Expert Computer Help

techmommy®

"A High-tech Brain with the Patience of a Mother"



"If your computer needs attention, call techmommy, a computer expert that can skillfully fix it. Also, techmommy guides you, teaches you, and shows you the ins and outs of your computer in no time at all."

— Marian Nichols, Moraga

- Troubleshoot any PC problem (no acs please).
- Help in plain English, not tech talk.
- Virus and spyware removal, system clean-up.
- Master e-mail, web searches, filing, attachments.
- Program iPod, cell phone, Blackberry, camera, GPS.
- Personal training in your home.

925-377-7711 www.techmommy.com

Serving the Bay Area's Technology Needs Since 1985

Conspicuous Bravery

... continued from page B1



Lt. Col. Lloyd Childers (USMC-ret.), center, was honored June 7 at the 72nd annual Battle of Midway Celebration in San Francisco. He is the last survivor of the USS Yorktown's intrepid torpedo bomber squadrons which helped turn the tide of battle June 4, 1942. Joining him was Nancy Robinson, Marketing Director at Aegis Living in Moraga, and Orinda resident, Rear Admiral Vince Anzilotti (US Navy-ret). Photo by William G. Schultz, courtesy of the San Francisco Battle of Midway Celebration Committee. Photo provided

A bomb hole in the Yorktown's flight deck, Childers' pilot aimed for the Enterprise — the plane's nose fighting him. Out of 12 Yorktown torpedo bombers scrambled, only two returned — both ocean crash landings. Only Childers and two other first division airmen survived. Their daring dogfighting diverted Japanese attention from U.S. carrier-launched dive bombers. With decks laden with rearming planes and fuel, the Akagi, Kaga, Sōryū, and Hiryū became blazing nightmares. The Japanese Navy would never recover.

Barely alive when fished from the water, Childers underwent surgery on a mess hall table. It was his 21st birthday.

Abandoned and adrift, the Yorktown was eventually reboarded but, as crews worked to get her underway June 6, a Japanese submarine mortally wounded her and sent her destroyer escort to the bottom. Still, the mighty Yorktown clung stubbornly to the surface, rolling over and sinking just before sunrise June 7.

"This huge ship slowly sank below ... we watched it until it was completely gone," Childers recalled for a 1999 National Geographic special about the battle. When finally found by Dr. Robert Ballard, the

famed undersea explorer who located the Titanic, the Yorktown was more than three miles below the surface — deeper than even the Bismarck. Just 3,000 miles from Japan, her pilot house, bridge and flight deck were still intact.

Childers earned the Distinguished Flying Cross for "extraordinary achievement in aerial flight." Signed by U.S. Secretary of the Navy Frank Knox, the citation states that:

"CHILDERS, disregarding the extreme danger from intense anti-aircraft fire and overwhelming fighter opposition, vigorously and with heroic determination repelled enemy air attacks until seriously wounded. Although no longer able to man his free machine gun, he continued to fire on attacking enemy Japanese planes with his .45 caliber pistol. His great courage and devotion to duty in a situation of grave danger were in keeping with the highest traditions of the United States Naval Service."

Sent to California to convalesce

at Mare Island Hospital, he met his wife while undergoing pre-flight training at Saint Mary's College. Commissioned an officer in the Marines in 1944, he became a general's aide and gunnery instructor, flew Corsairs in Korea, and commanded the first nighttime helicopter assault in Vietnam before retiring in 1968. Honors included the Purple Heart, Legion of Merit and VN Gallantry Cross.

Childers then completed a Ph.D. and became an administrative dean at Chapman University. His sons are all accomplished professionals too. After losing his first wife to a medical complication, he found love again with his late wife, June.

A hero who has seen more than his fair share of heartache, Childers has one simple message, "If you have a wife, treasure her."

To hear Lt. Childers in his own words, watch "National Geographic: The Battle for Midway" (PG; 1999): www.imdb.com/title/tt0264397/.



The USS Yorktown, on fire with boilers knocked out, just after absorbing three Japanese bomb hits during the Battle of Midway June 4, 1942. Source: Photographer 2nd Class William G. Roy, Official U.S. Navy Photograph, U.S. National Archives, photo # 80-G-312018.

LeapFrog Plumbing



Got gas? Many people think plumbers deal only with water and sewage. Not true! We install and repair all types of gas lines and fixtures too.

Mo's sizzling summer specials...

- Outdoor kitchens
- New gas lines for cooktops and dryers
- Fire pits & patio heaters
- Pool heaters & hot tubs
- Natural gas barbecues

We're poly-pipe certified (used by PG&E — better than iron)



LeapFrog Loot \$50 off

Any plumbing job

LeapFrog Loot \$100 off

Gas line installation over \$600

LeapFrog Loot \$200 off

Tankless water heater installation

*1 coupon per service, exp. 7/31/14

We Hop To It!

Family-owned and serving Lamorinda since 1993

green solutions!

(925) 377-6600
www.LeapFrogPlumbing.com

CA Lic 929641



Samira Says



Samira Davi is a Nurse Liaison for ManorCare Health Services in Walnut Creek. Samira has over 10 years of experience working in health care in Contra Costa County, which has gained her a wide view of what is important to the health care consumer. She will be posting common questions and comments in each issue of the Lamorinda Weekly. You are welcome to contact Samira directly at 925.270.8766

The Best Way Home

Experience makes a difference for patients transitioning from hospital to home.

Many patients discharged from the hospital this year will require skilled nursing and rehabilitation before returning home. They will face a monumental decision as to which team of doctors, therapists, nurses, and social workers they will trust to help them recover. Each day, ManorCare treats

patients with complex conditions transitioning from hospital to home. Our outcomes and professional experience reflect that a patient's best way home is through our doors. Last year our centers admitted over 161,000 patients for goal-oriented rehabilitation care after surgery, illness or injury. The majority of these patients returned home to lead independent, productive lives.

Whether a patient is recovering from surgery, illness or injury, ManorCare works with the patient, family members and physicians to create individualized care plans that recognize the unique needs of each patient. Discharge planning begins upon admission at ManorCare. Goals are set to help patients return home as quickly as possible. The combined efforts of the therapy, rehabilitative nursing, dietary and social services departments provide guidance, family support and the encouragement needed for patients to return to their independent lifestyles.

Our patients are coming to us younger and sicker and are expecting to recover quicker and return home. Our rehabilitation gyms are busier than ever, with patients working on regaining strength, stamina and the skills they need to reach their goal of returning home. Often patients may meet the criteria for discharge from the hospital, but that doesn't necessarily mean that they are ready to return home, they may need rehabilitation to restore their physical abilities and re-learn skills, as well as to achieve the confidence they need to return to a productive lifestyle.

ManorCare Walnut Creek and ManorCare Tice Valley provide post-hospital care for patients transitioning from hospital from home. Please feel free to call for additional information or to schedule a tour.

For more information please visit www.manorcare.com.

For a short video visit us on YouTube: www.youtube.com/hcmanorcare

HCR ManorCare
A leader in rehabilitation and skilled nursing

ManorCare Walnut Creek
1226 Rossmoor Parkway
Walnut Creek, CA 94595, 925.975.5000
Walnutcreek@manorcare.com

ManorCare Tice Valley
1975 Tice Valley Blvd
Walnut Creek, CA 94595, 925.906.0200
ticevalley@manorcare.com

Calling all Veterans



Swinging Blue Stars

Five local Rotary clubs, as well as Lamorinda Presents, have joined hands with The Big Band of Rossmoor and are reaching out to veterans — all U.S. veterans, young and old — to attend a special night with the public at a free concert/ USO Show and Picnic under the stars from 5:30 to 8:30 p.m. July 19 at Lafayette Reservoir. Designed as a way to honor those "who were there for us when we most needed it," the music will include Glen Miller, George Gershwin, and Fred Astaire songs. The special guest will be the Swinging Blue Stars, a talented group that appeared with the 32-member Big Band of Rossmoor at the final send-off of the USS Iowa. Think of the Andrew Sisters singing "Don't Sit Under The Apple Tree" — and more. If you know of a veteran, email Mo Levich at gto@67goat.com with name, rank, year(s) of service, branch, and say whether they will attend. A golf cart shuttle is available for those who may need assistance. Uniforms are optional, but encouraged. Military vehicles will be on display.