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## Fall Feng Shui and the Metal Element

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Deep reds of fall can balance with the metal element in home décor.

Remember to warm up the area, too, and be seasonal in terms of what you are serving and sharing around your dining room table to balance the cooler weather.

Fall offers us a chance to reflect and gain clarity on the lessons of this harvest, and to ask ourselves what worked and what did not. The vision of that thought may be enough inspiration to start creating a fresh dining room approach that you are inspired to entertain in and that also includes the subtle and ancient art of feng shui.

If the holidays (and clutter) are stressing you beyond imagination, and who isn't stressed in anticipation of multiple fall holidays, use organizing professionals (ask me who) to help clear out, sort and organize. It's win-win way to get your home in tip-top shape for the holidays, clear out the superfluous so you can imagine how you can create fresh holiday glimmer for a truly fresh take on your personal fall holiday design and décor.

WEALTH & PROSPERITY "Gratitude"  REAR LEFT  Wood Blues, purple & reds	FAME & REPUTATION  "Integrity"  REAR MIDDLE  Fire Reds	LOVE & MARRIAGE "Receptivity"  REAR RIGHT <u>Earth</u> Reds, pinks, & whites
HEALTH & FAMILY "Strength"  MIDDLE LEFT  Wood  Blues & Greens	CENTER  "Earth"  Yellow & earth tones	CREATIVITY & CHILDREN "Joy" MIDDLE RIGHT  Metal White & Pastels
KNOWLEDGE & SELF CULTIVATION "Stillness" FRONT LEFT  Earth Black, blues & greens	CAREER "Depth"  FRONT MIDDLE <u>Water</u> Black & dark tones	HELPFUL PEOPLE & TRAVEL "Synchronicity"  FRONT RIGHT  Metal White, grey & black



Michele Duffy, BTB M.F.S. is an Orinda resident who, since 1999, enjoys creating "Space as Medicine" Feng Shui one space at a time, as well as hiking in nature, cooking, and spending time with her family; Canyon Ranch Feng Shui Master, International Feng Shui Guild (IFSG) Red Ribbon Professional. To schedule a professional 2015 Feng Shui Consultation, contact Michele at (520) 647-4887 or send an email to spaceharmony@gmail.com.

## Looking to sell or buy?



Now is a great time for both. Contact me for a free market analysis of your home.

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