

Cynthia Brian's Gardening Guide for February ... continued from page D12

PLAN on planting a patch of wildflowers at the end of our rainy season. Wildflowers are easy and rewarding plus they come back year after year.

PRUNE your roses, vines and berry bushes through mid-February.

DESIGN your dream garden while the weather is wet in preparation for April and May planting.

PLAY in the mud. New research shows that when you dig in the soil, beneficial bacteria in the environment repopulate the community of bacteria on your skin, boosting your immune system. Get dirty. It's good for you!

SHOWER your beloved with red roses and baby's breath for Valentine's Day.

HIBERNATE. Our gardens are sleeping and so should we. Take time for yourself this February. Rest, relax, rejuvenate and replenish yourself. Move with Mother Nature.

NEED ideas to help you choose the right plants for your garden? Consider these four selections for four different areas of your yard:



Cabbages, chard, and leafy greens are harvested all winter.



This crop of navel oranges is ready for picking. Protect citrus from frost for at least 45 more days.



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arborists Darren and Lew Edwards*

Winter Pruning

Winter is the best time to start pruning deciduous plants and trees, such as maples, shrubs, roses, most fruit trees and most of all your Monterey pines. They go dormant in the winter and some lose their leaves.

Deciduous plants are best pruned in the winter because that's when they're dormant and less prone to disease.

Before you start hacking away at your yard, you may want to call in a professional Arborist from Advance Tree Service to give you their advice on what should be done, the proper handling during pruning is essential to ensure a healthy future for your trees and shrubs.

So don't wait until it's too late, call your local Arborist at Advance Tree Service to help make your yard its very best.

Advance Tree Service

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