

Feng Shui

Bringing the Elements Inside This Season

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6) Check your bedroom for having the best sleep possible, including removing clutter, placing a solid bedframe with a headboard, luxurious bedding, proper window coverings, various lighting options — including candles for romance — fresh flowers, and a pair of at least 100-watt reading lights on bedside tables.

7) Create a spa sanctuary in your master bath with essential oil bath salts, candles, fresh flowers and music.

8) Cultivate your personal energy through positive feng shui adjustments and be sure to make regular (seasonal changes) to your home and workplace.

9) Develop richer and broader social networks – have more photos of friends and family around your home. (The middle-left area, if possible.)

10) Love your home and have fun!

When you make changes in your environment, please also try to express gratitude on a daily basis, focus on the positive to minimize the “lack” in your life, attract abundance towards you by creating an abundant home and keep a gratitude journal.

If you make some of the changes mentioned in the tips, try to be mindful and notice what shifts in your mind and also in your life. Do you begin to feel more fortunate in your life? Do you recognize that you already enjoy or have created more financial abundance? Do you spend money more wisely? Do people, opportunity and things show up more easily when you need them? Do you consider yourself experiencing more luck?

As you look around your newly energized home, indeed, life is abundant and filled with love, possibilities, wellness and happiness.



<p>WEALTH & PROSPERITY "Gratitude"</p> <p>REAR LEFT</p> <p><u>Wood</u> Blues, purple & reds</p>	<p>FAME & REPUTATION "Integrity"</p> <p>REAR MIDDLE</p> <p><u>Fire</u> Reds</p>	<p>LOVE & MARRIAGE "Receptivity"</p> <p>REAR RIGHT</p> <p><u>Earth</u> Reds, pinks, & whites</p>
<p>HEALTH & FAMILY "Strength"</p> <p>MIDDLE LEFT</p> <p><u>Wood</u> Blues & Greens</p>	<p>CENTER "Earth"</p> <p>Yellow & earth tones</p>	<p>CREATIVITY & CHILDREN "Joy"</p> <p>MIDDLE RIGHT</p> <p><u>Metal</u> White & Pastels</p>
<p>KNOWLEDGE & SELF CULTIVATION "Stillness"</p> <p>FRONT LEFT</p> <p><u>Earth</u> Black, blues & greens</p>	<p>CAREER "Depth"</p> <p>FRONT MIDDLE</p> <p><u>Water</u> Black & dark tones</p>	<p>HELPFUL PEOPLE & TRAVEL "Synchronicity"</p> <p>FRONT RIGHT</p> <p><u>Metal</u> White, grey & black</p>

The Bagua Map: Front Door

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