

Cynthia Brian's gardening guide for January

Although you still will enjoy plenty of downtime during winter, the Yuletide January garden requires a bit of attention as you clean out the old to prepare for the new.

- **PRUNE** your deciduous trees, including fruit trees while the weather is cold and the trees are dormant to maintain the tree's food supply.
- **CUT** budding branches of flowering quince. The buds will open when brought indoors providing plenty of red or pink flowers for your enjoyment.
- **PERUSE** spring seed and summer bulb catalogues to find ideas for ordering and next season planting.
- **MULCH** to keep the ground warm and erosion from emerging.
- **PICK** bouquets of narcissi. The strong perfume is especially welcome in bathrooms and dressing rooms.
- **BURN** calories by getting physical in the garden. Do your own work.
- **MOW** lawns at least every two weeks.
- **BLOOMS** begin now on camellias, azaleas and orchids. Soon you'll find many colors to choose from at your local nursery.
- **MOVE** your Christmas tree to the curb on pickup day for your area. Make sure to remove all ornaments, tinsel and lights. If you miss your day, you'll need to cut up your tree and put it in the green organic cart for a later pickup.
- **MAKE** end of year tax-deductible donations at www.BetheStarYouAre.org as the 501 c3 charity continues work for Operation Disaster Relief.
- **ARRANGE** pots of cyclamen on your front porch as a bright and cheery greeting.
- **CUT** your final rose blossoms and prepare for heavy pruning of roses toward the end of the month. Tune in to my live radio broadcast on Wednesday, Jan. 24 from 4 to 5 p.m. when I'll be interviewing renowned rosarian Michael Marriott of David Austin Roses in England. He'll give us the tips we need to prune as well as how to plant bare root heirlooms. <http://www.voiceamerica.com/show/2206/be-the-star-you-are>
- **ORDER** roses from David Austin before Feb. 28 and get a 15 percent discount with this code: UPA at www.DavidAustinRoses.com
- **ENJOY** the birds, especially the sea birds when you visit the coast.
- **GIVE** my newest gift book to yourself or someone you love. "Growing with the Goddess Gardener, twelve months of inspiration and gardening tips to sustain your inner gardener with a full year of kindness and happiness in nature" is available with both black and white or color photo interiors. For best prices, buy directly from www.cynthiabrian.com/online-store and 25 percent is a donation to Be the Star You Are!® charity PLUS you'll receive extra goodies and an autographed copy. Pick up at my office to eliminate shipping costs!
- **CONTROL** runoff, clean the water, and enjoy colorful specimens by planting a rain garden. High Country Gardens offers two preplanned, ready to go kits. <http://www.highcountrygardens.com>
- **HARVEST** Swiss chard for a quick, nutritious sauté.
- **PREPARE** for a year of cheer, good will, and gardening news as we celebrate the Yuletide together.

Do what you need to do to be what you want to be!

Happy Gardening! Happy Growing!



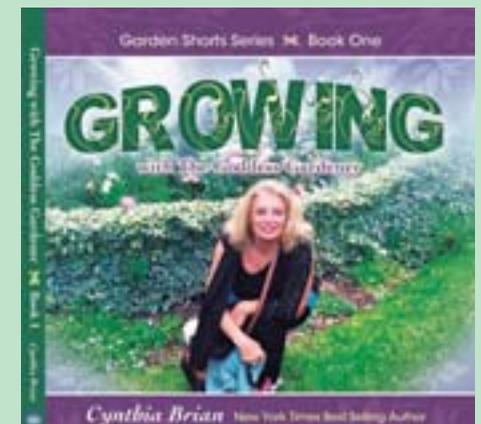
Narcissi add a sweet scent to the January atmosphere.



Harvest Swiss Chard for a winter sauté.



Orchids are showing up in stores in January.



Cynthia Brian's gift book, Growing with the Goddess Gardener. www.CynthiaBrian.com

Cynthia Brian, The Goddess Gardener, raised in the vineyards of Napa County, is a New York Times best selling author, actor, radio personality, speaker, media and writing coach as well as the Founder and Executive Director of Be the Star You Are!® 501 c3. Tune into Cynthia's Radio show and order her books at www.StarStyleRadio.com.

My new book, Growing with the Goddess Gardener, is available at www.cynthiabrian.com/online-store. Available for hire.

Cynthia@GoddessGardener.com
www.GoddessGardener.com