

Digging Deep with Goddess Gardener, Cynthia Brian

What's bugging you?

... continued from Page D13

The “bad guys” are on my “danger watch out” list. I’ve had three trips already to either urgent care or the emergency room with ticks lodged in my neck that required surgery to remove. Mosquitoes are my nemesis inflicting gigantic, itching bites with bumps that last for two weeks or more. In the last year, I’ve stumbled upon three yellowjacket nests, suffering multiple stings on my hand and arms with swelling that abated after a week.

The “good guys” I’ll continue to rescue as they are my garden “watchdogs.” Fortunately, my numerous song birds and hummingbirds aren’t nose-diving!

What’s bugging you?



Cynthia Brian prancing through the garden.

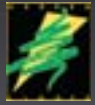
Cynthia Brian, The Goddess Gardener, raised in the vineyards of Napa County, is a New York Times best-selling author, actor, radio personality, speaker, media and writing coach as well as the Founder and Executive Director of Be the Star You Are!® 501 c3. Tune into Cynthia’s Radio show and order her books at www.StarStyleRadio.com.

Buy a copy of her new books, Growing with the Goddess Gardener and Be the Star You Are! Millennials to Boomers at www.cynthiabrian.com/online-store. Hire Cynthia for projects, consults, and lectures. Cynthia@GoddessGardener.com
www.GoddessGardener.com

Get Out & Stay Out!

In Your New Outdoor Room

Let Garden Lights Landscape Development give you good reason to “Get Out and Stay Out” this summer.



Enlarge your living area with an outdoor kitchen or entertainment space complete with a built in barbecue and the warm glow of a stone or masonry fireplace.

Garden Lights Landscape Development, Inc. is a full service landscape & pool design build firm. We design & install with just one call 925-254-4797 • www.gardenlightslandscape.com

Celebrating over 20 years of service in Lamorinda. Bonded – Licensed & Insured License# 702845 C27 & C53

McDonnell Nursery

redeem your McDonnell bucks in August

family owned since 1933

Flowers • Trees • Succulents • Pottery & Fountains
Benches • Garden Decor • House Plants • Gifts
Jewelry • Landscape Consultation

www.mcdonnellnursery.com

196 Moraga Way • Orinda • (925) 254-3713 • Open Daily