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Published July 22nd, 2020

Crunching Lamorinda's COVID-19 numbers

By Sora O'Doherty

As levels of Covid-19 infections are again rising, residents of Lamorinda are trying to assess their risk of contracting the potentially deadly disease, but obtaining clear numbers limited to Lamorinda is difficult if not impossible. COVID-19 data is collected at the county, state and federal levels, and is published on the internet. However, there is little local breakdown of the numbers and there is little conformity in how the numbers are reported by different agencies.

As of July 20, local numbers stood as follows, for Orinda, 72 cases in a population of 19,009, Lafayette had 58 cases in a population of 25,604, and Moraga had just 27 cases in a population of 16,946. For ease of comparison, the county ranks the number according to a projection of how many cases that would represent out of a population of 100,000. Orinda is at 379 by that measure, Lafayette would be at 227, and Moraga would be at 159. Of course, local population is nowhere near that number. Lamorinda's numbers compare to the worst location in Contra Costa County, San Pablo, which had 515 cases in a population of 31,413, or 1,639 cases out of 100,000. The best numbers in the county have been recorded at Bethel Island, which had just 2 cases out of a population of 2,137, which would be just 94 cases out of a population of 100,000. Despite attempts to get a more detailed breakdown for Lamorinda, city, county and state officials believe that they are limited in what details they can release, citing privacy concerns outlined in the Health Insurance Portability and Accountability Act of 1996 (HIPAA). However, some aggregate numbers are available at the county or state level.

As of July 15, the state of California had over 356,000 reported cases of COVID-19 and more than 7,000 fatalities. Fatalities were highest among the Latino population at 44%, with whites at just over 31% and Blacks at nearly 9%. Latinos represent almost 39% of California's population, whites over 36 % and Blacks only 6%, according to the state database. Latinos also represented nearly 67% of COVID deaths in children up to the age of 17 statewide.

County cases are also broken down by age group, with the highest number being in the 10-30 age group, followed by the age groups by decade. Children 13 to 18 have a slightly higher rate of infection to individuals in the 71 to 80 age group, but the numbers look very different when you look at death rates, as opposed to infection rates. There are very few deaths reported in the county for individuals under the age of 51. The highest death rate is in individuals from 81 to 90, followed by those over the age of 90. There have been only 98 deaths in the county, and of those, over 60 have been residents and staff in long-term care facilities. Orinda experienced an early cluster of infections at the Orinda Acute Care facility, but numbers are low for long-term care facilities in Lafayette and Moraga. Cases in long-term care facilities have been tracked by the state. Only two facilities appear on the state list, however. Orinda Care Center LLC had 40 reported cases, but under 11 reported deaths and no active cases. Moraga Post Acute had less than 11 cases, with no active cases and no reported deaths. It appears that facilities with no reported cases are not included in the list at all. Lamorinda has 11 long-term care facilities, according to Orinda Vice Mayor Amy

Worth was involved in an early effort to conduct a baseline survey of long-term care facility residents. The community foundations of Orinda, Moraga and Lafayette raised funds for a local medical group to conduct testing in local long-term care facilities. The doctors of the Orinda Medical Group, Brian Candell, Yenjean Hwang, and Shawn D. Rosen, plus their staff volunteered their time to conduct the testing. Recently, owing to a sharp rise in the percentage of positive COVID-19 tests in the county to over 8%, the county amended its social distancing health order to tighten face-covering requirements and to prohibit indoor gatherings where there is an elevated risk of infection. The over 8% testing positivity result was sufficient to trigger a review of the reopening activities in the county that had been allowed under a variance received from the state in June.

The county temporarily suspended indoor worship services and required that face coverings be required in outdoor dining settings at all time except when putting food or drink in the mouth, and similar requirements were expanded to members of extended family `social bubbles.'

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