

# Sanjay Lal – From playing at Miramonte to coaching in the NFL

... continued from Page C1

The Seahawks, like every NFL team, are taking every precaution to avoid any outbreaks, Lal says: "We are get-

ting tested every day. Even on off days, we have to come in and get tested. When we come to the facility, we first check in at a temporary trailer. We do the Q-tip swab test, and everyone is wearing

a contact tracer bracelet. The bracelet will flash red when you get within six feet of someone and it will track everyone who you were in contact with and for how long. We're wearing masks

the whole time, and everything is documented."

Yet it all comes back to Lamorinda for Lal: "My mom still lives in Orinda as does my sister and my brother lives in Lafayette. I like to get back to

Lamorinda to visit my family but the COVID thing has messed that up. I think it's beautiful there and I own a piece of land in Briones where I will ultimately build a home."

# SHOP MORAGA



**A good neighbor has your back.**

Mark Hoogs, Agent  
Insurance Lic#: 0M08809  
629 Moraga Road  
Moraga, CA 94556  
Bus: 925-254-3344

Life's a combination of good days and bad. I have your back for both. And who has my back? The company more people have trusted for 90 years. **CALL ME TODAY.**



1606040 State Farm Bloomington, IL

Member of Moraga Chamber of Commerce



MAKE LIFE EASY SHOP LOCAL SHOPMORAGAFIRST.COM

**100% Cotton Face Masks for Kids and Adults**



**SPLASH FABRIC**  
LIMITED EDITION

- Masks made from reversible 100% cotton
- Comfort Soft Lycra ear loops
- Pocket for Filter (filter not included)

Made in Seattle



**Moraga HARDWARE & LUMBER**  
SINCE 1967

Proudly local

1409 Moraga Way, Moraga | 925.376.3600  
www.moragahardware.com | Moraga Shopping Center

BAY AREA



**Ballplayers**  
MORAGA, CA

FALL OPTIONS FOR

- FITNESS
- SPORTS TRAINING
- BASEBALL

CHECK OUR WEBSITE

[bayareaballplayers.com](http://bayareaballplayers.com)

OR INSTAGRAM

[bayareaballplayers](https://www.instagram.com/bayareaballplayers)

**A MAN'S CHOICE BARBERSHOP**

3533 Plaza Way, Lafayette 925-283-1363

Please call:  
Nancy: 925-640-5186 Maria: 925-980-4181  
Bill: 209-482-8025



**Open!**

8-5 Tuesday through Friday and Saturday 8 to 3:30

**PROFESSIONAL EYECARE OPTOMETRY**

**Dr. Wm. Schwertscharf, O.D.**

- Comprehensive Vision Testing
- Eye Disease Diagnosis
- Specialty Contact Lens Care
- Finest Quality Eyewear and Sunglasses

1030 Country Club Drive, Ste. A Moraga • (925) 376-2020



**Community Cup Moraga**



**Helping Local Businesses One Cup at a Time**

please go to [www.moragachamber.org](http://www.moragachamber.org) and donate to your local business community. All proceeds provide grant money to Moraga Businesses.



**McCaulou's**

Save Gas  
Save Money  
Save Time

Shop your local McCaulou's

50% OFF



RENT A SPACE

453 MORAGA RD, SUITE F (925) 643-2826 www.5Aspace.com

**The UPS Store**

**New hours:** Mon-Fri 8:00-6:00 Sat 9-5, Sun closed

**Our location:** 1480 Moraga Rd, Ste C Moraga, CA 94556-2005

- ✓ Shipping
- ✓ Copying, Finishing
- ✓ Printing Services
- ✓ Notary Services
- ✓ Postal Services
- ✓ Business Services
- ✓ Live Scan
- Fingerprinting

[www.theupsstorelocal.com/2291](http://www.theupsstorelocal.com/2291)

**MORAGA GARDEN CENTER**



Trees & Shrubs  
Flowers & Vegetables  
Soil Products & Fertilizers  
Organic Products & Seeds

located at the Moraga Shopping Center 925-376-1810

**MORAGA MOTORS**

since 1981 in Moraga. Located on Moraga Road, Rheem Valley Shopping Center

Professional Automotive Service and Repair  
Foreign and Domestic



2016 Moraga Small Business of the Year

530 Moraga Rd. • 925-376-0692  
[www.moragamotors.com](http://www.moragamotors.com)

**Bay Area home companions**

in-home care services

Affordable, Competent, Warm & Compassionate Adult Care

- Personal Care
- Meal Preparation
- Light Housekeeping
- Non-medical Outpatient Assistance

(925) 330-3999

[www.bayareahomecompanions.com](http://www.bayareahomecompanions.com)

**Si Si Caffé**

Best Latte in Town

910 Country Club Dr. Moraga  
925-377-1908



**Watch for Love Lafayette September 16 Call for Advertising 925.377.0977**

**RHEEM VALLEY AUTOMOTIVE**

(Rheem center-across from the Post Office)

Complete Auto Repair  
State of California Brake, Lamp & Smog Station



STAR Certified

377-6020  
[WWW.RHEEMAUTO.COM](http://WWW.RHEEMAUTO.COM)

**MORAGA RETREAT CARE HOMES**

residential assisted living for seniors

professional staff, resident-centered care  
private rooms, home-made meals, medication management  
unparalleled attention to detail

MORAGARETREAT.COM (925) 376-2273

**\$50 off for new clients**

**Hall of Taxes**

Peggy Hall, Enrolled Agent  
Over 30 years experience

Stephen Hall, MBA, CTEC  
Specializing in complex tax situations for individuals and small businesses.

Moraga (925) 388-1040  
[www.HallofTaxes.com](http://www.HallofTaxes.com) • [peggy@halloftaxes.com](mailto:peggy@halloftaxes.com)

