

# Lamorinda

# OUR HOMES

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Lamorinda Home Sales

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*Digging Deep with Goddess Gardener, Cynthia Brian*

## Looking out



Plum tree with white blossoms.

**By Cynthia Brian**

*"The heart is like a garden. What seeds will you plant there?" ~ Buddha*

The first vista I witness every morning as I traipse downstairs in my pink fluffy slippers to grab a cup of java invigorates my day. Outside my stairwell window, a tall crimson camellia tree sways in the breeze flanked by a shimmering evergreen flowering pear. Rounding the corner, I look to my right. Through the handmade stained-glass arch, winter and spring commingle. The bright cerise flowers of the peach tree frame the hillside carpeted by sprouting ranunculus, anemones, and hundreds of daffodils in a myriad of colors and textures: yellow on yellow, white and yellow, peach and white, white with white, orange and yellow. Frilly, singles, doubles, clusters ... all with throats singing to the sky. Bare branches of



Columbine blooms alongside the wild strawberry. Photos Cynthia Brian

pistache trees hug the redwoods. Butter-hued Meyer lemons hang like well-placed ornaments. I never fail to be awed by the majesty and beauty regardless of the season.

Looking out to my colorful panoramas was carefully planned many years ago when I planted the first seeds and bulbs. Bringing the outdoors in has always been a priority for me. For over two decades I practiced interior design as a professional member of the American Society of Interior Designers. I believe that our landscape is an extension of our homes and as such must reflect our moods, tastes, personalities, and preferential palettes. For me, color is an essential element to my happiness. When I look through a window, I want to see my internal penchants reflected by nature. Looking out is looking in.

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