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## Lamorinda Karate Athletes return with medals

Submitted by Thomas Westernoff



Karate & Fitness USA Team members of Lafayette participated in the Yuba City State Karate Championships on Sunday, Oct. 3. A total of 13 athletes from the Lamorinda area returned with 22 medals: 11 Gold, 4 Silver and 7 Bronze. The Karate team competed in Kata (Forms) and Kumite (sparring).

Fall Classic Competition results: 13 Total Athletes, 22 Medals, 11 Gold, 4 Silver and 7 Bronze.

Name Kata Kumite

Sophia Hong Silver Silver

Jacob Beugelmans Bronze Bronze

Collin Beugelmans Gold

Miles Paras Bronze Gold

Karate & Fitness USA team members with Thomas Westernoff on right, not all athletes in photo Photo provided

Chloe Paras Gold

Parsa Shayesteh Bronze Gold

Kian Shayesteh Bronze

Zac Kemp Gold Silver

Agnes Swaney Silver Bronze

Andrew Cai Gold Gold

Polly Ryzhanklva Gold Bronze

Alex Paras Gold Gold

Ryoma Durkee Gold

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