



*Digging Deep with Goddess Gardener, Cynthia Brian* **Fields of Dreams** 

Photos Cynthia Brian



A field of gold and orange nasturtiums with irises.

Photos Cynthia Brian

#### By Cynthia Brian

"When the primal forces of nature tell you to do something, the prudent thing is not to quibble over details." ~ From the movie, "Field of Dreams"

Is there anyone who doesn't marvel over the sight of a fabulous field of flowers? As a plantaholic, I swoon each spring when the promise of a kaleidoscope of flora burst from the ground. Alas, this year my swooning turned into sweating.

With the 12 atmospheric rivers and continued rain through May, the ground is also bursting with unwanted weeds of every sort – bindweed, choke weed, thistle, dayflowers, vetch, black medic, wild cutleaf geranium, dock, fleabane, spurge, ragweed, cudweed, euphorbia, poisonous hemlock, unidentifiable thugs, and a plethora of grasses blown in from the hills.

Yes, I know. A weed is just a plant growing where it is not wanted. Yet many of these unwelcome invaders are pernicious, poisonous, prickly, and painful. For the past two months, I have spent every free moment living the advice from the film and doing the prudent thing caused by the primal forces of nature: digging and pulling up the roots of these assailants. I practice the no-dig method to maintain my fields and borders. The less the soil is turned, the few weeds sprout, or so the research indicates. Last spring, I added innumerable yards of nutrient-rich soil and covered it with equal amounts of mulch. In the fall, I scattered seeds of nasturtium, nigella, seafoam statice (also known as sea lavender in the Limonium species), and calendula, as well as rhizomes of



nigella, calendula, and climbing roses.

various bearded iris and corms of common cornflag. Climbing roses adorn the fence. Everything sprouted as anticipated, but the winds and the birds brought these uninvited visitors who happily took up residence in the lush environment.

When the broadleaf wild cutleaf geranium is small, it is quite beautiful with tiny pink flowers and bright lime green leaves. It is also very fragrant. As this cranesbill matures with its red stems it spreads two or more feet wrapping around neighboring flower stems, making weeding more difficult. The leaf structure mingles with the nigella often resulting in more love-in-the-mist being eradicated than is wanted. Bindweed, with flowers that mimic morning glory, twines to the top of any plant, adding to the difficulty of clearing it from the orchard. ... continued on Page D8





#### TRUST | EXPERIENCE | RESULTS

Forging long-term client relationships is at the core of our approach. We are honored to be the group of Lamoirnda real estate agents that buyers and sellers repeatedly choose to represent their most prized asset.

Contact us today so we can start discussing your real estate goals.

Glenn Beaubelle Kellie Beaubelle Lynn Molloy Nancy Stryker Kelly O'Gorman

925.254.1212 TheBeaubelleGroup.com

CABRE# 00678426, 01165322, 01910108, 01290021, 02110480

# Lamorinda home sales recorded

City	Last reported	Lowest amount	Highest amount
LAFAYETTE	1	\$1,400,000	\$1,400,000
MORAGA	5	\$622,000	\$4,000,000
ORINDA	7	\$1,590,000	\$2,005,000

Home sales are compiled by Cal REsource, an Oakland real estate information company. Sale prices are computed from the county transfer tax information shown on the deeds that record at close of escrow and are published five to eight weeks after such recording. This information is obtained from public county records and is provided to us by California REsource. Neither Cal REsource nor this publication are liable for errors or omissions.

#### LAFAYETTE

3238 Driftwood Drive, \$1,400,000, 4 Bdrms, 1540 SqFt, 1964 YrBlt, 04-28-23

#### MORAGA

1992 Ascot Drive #C, \$622,000, 2 Bdrms, 1062 SqFt, 1973 YrBlt, 04-24-23, Previous Sale: \$340,000, 06-17-13

802 Augusta Drive, \$1,781,000, 3 Bdrms, 1842 SqFt, 1978 YrBlt, 04-24-23 12 Corte Annette, \$1,565,000, 4 Bdrms, 2341 SqFt, 1969 YrBlt, 04-24-23 124 Derby Lane, \$4,000,000, 6 Bdrms, 5057 SqFt, 1973 YrBlt, 04-25-23 22 Idlewood Court, \$1,600,000, 4 Bdrms, 2147 SqFt, 1964 YrBlt, 04-28-23

#### ORINDA

- 15 Aspinwall Court, \$1,975,000, 3 Bdrms, 2140 SqFt, 1958 YrBlt, 04-24-23, Previous Sale: \$1,480,000, 05-24-18
- 48 Camino Don Miguel, \$1,900,000, 3 Bdrms, 1842 SqFt, 1950 YrBlt, 04-26-23, Previous Sale: \$1,190,000, 08-21-15
- 35 Citron Knolls, \$1,590,000, 3 Bdrms, 1954 SqFt, 2013 YrBlt, 04-24-23

1 Crestview Drive, \$2,005,000, 4 Bdrms, 2336 SqFt, 1947 YrBlt, 04-25-23, Previous Sale: \$967,500, 10-20-06

40 Las Palomas, \$1,795,000, 3 Bdrms, 1156 SqFt, 1939 YrBlt, 04-28-23, Previous Sale: \$445,000, 09-13-00

24 Miner Road, \$1,725,000, 3 Bdrms, 2278 SqFt, 1956 YrBlt, 04-27-23, Previous Sale: \$900,000, 11-15-02

10 Rustic Way, \$1,925,000, 3 Bdrms, 3329 SqFt, 1965 YrBlt, 04-24-23



#### Luxurious Everyday Living Gracious Indoor-Outdoor Entertaining

5 Bedrooms + Office | 4.5 Bathrooms 5,171± Sq. Ft. | 1.0± Acre Lot | 3-Car Garage

Offered at \$4,925,000

3922LosArabis.com









## Hidden Valley Gem Coming Soon!

3 Bedrooms | 2 Bathrooms 2,371± Sq. Ft. | 0.28± Acre Lot | 2-Car Garage Call for more information!



STELLA TSAKONAS • DRE #01363574 925.878.6603 STEPHANIE MULL • DRE #01955633 925.878.1896 TEAM@STELLAANDSTEPHANIE.COM

Compass is a real estate broker licensed by the State of California and abides by Equal Housing Opportunity laws. License Number 01527235. All material presented herein is intended for informational purposes only and is compiled from sources deemed reliable but has not been verified. Changes in price, condition, sale or withdrawal may be made without notice. No statement is made as to the accuracy of any description. All measurements and square footages are approximate.



# Lamorinda Native. Lamorinda Expert.

## Selling local homes since 2003



CB TOP 20 EAST BAY www.holcenberg.com 925-324-0405 michelle@holcenberg.com

COLDWELL BANKER REALTY | BRE #01373412

©2023 Coldwell Banker. All Rights Reserved. Coldwell Banker and the Coldwell Banker logos are trademarks of Coldwell Banker Real Estate LLC. The Coldwell Banker® System is comprised of company owned offices which are owned by a subsidiary of Realogy Brokerage Group LLC and franchised offices which are independently owned and operated. The Coldwell Banker System IU/s supports the principies of the Fair Housing Art and the Equal Opportunity At. CallER 201308304

# Recycling through the Reuse program

#### By Ashley Louisiana

Growing up in Moraga, my mom would get excited when it was "pickup day." She would get up early and drive around picking up the goods she wanted from the curb that others no longer needed. She would come home with new kitchen gadgets and household items. The good news for our unsuspecting neighbors, she retired almost 10 years ago and doesn't live in the area.

Coming full circle and working as the Program Manager at RecycleSmart, I am now carrying on my mom's legacy of finding good homes for usable cast-offs, but in a more organized (and legal) way. I help manage a unique program our communities can feel proud to be part of, called Reuse & Cleanup Days. The program was started in 1999 to respond to the environmental, social, and economic issues impacting Contra Costa County. Twice a year on pre-scheduled days, all 65,000 single-family homes in the RecycleSmart service area can set out gently used household items at the curb, at no additional cost, to be picked up by Mt. Diablo Resource Recovery (MDRR). ... continued on Page D9

Turning Up the Rock Star Treatment **Business Person Tom's Business Spotlight** of the Year 202 lom Sta Sustainable, Organic Eats. 3643 B Mt. Diablo Blvd. Lafayette **Breakfast & Lunch Menu** Next to the Post Office REAL ESTATE Wednesday to Sunday 9am to 3pm Email: therisingloafer@gmail.com **Buy Breakfast OR Lunch for 2 with Drinks Get A Free Loaf of Freshly Baked Bread** Mention Tom and Receive a Loaf of Bread BRE #01501769

TomStack.com

925.878.9964

Tom.Stack@cbnorcal.com



# WE'RE SELLING HAPPY VALLEY



3972 HAPPY VALLEY ROAD, LAFAYETTE 4 BEDS | 4+ BATHS | ±7651 SF | ±32 ACRES **OFFERED AT \$12,450,000** 



4067 HAPPY VALLEY ROAD, LAFAYETTE 6 BEDS | 6.5 BATHS | ±6383 SF | ±2.35 ACRE LOT 0FFERED AT \$8,625,000



3666 HAPPY VALLEY ROAD, LAFAYETTE 6 BEDS | 7.5 BATHS | ±6890 SF | ±1.5 ACRE LOT **OFFERED AT \$7,250,000** 



3746 MEADOW LANE, LAFAYETTE 5 BEDS | 3 BATHS | ±2702 SF | ±.48 ACRE LOT **SOLD FOR \$3,700,000** 



9 RANCHO DIABLO ROAD, LAFAYETTE 5 BEDS | 3.5 BATHS | ±3610 SF | ±.70 ACRE LOT **SOLD FOR \$2,500,000** 

### THREE NEW BUILDS COMING SOON IN UPPER HAPPY VALLEY



1040 UPPER HAPPY VALLEY ROAD, LAFAYETTE 5 BEDS | 5.5 BATHS | ±4824 SF | ±.85 ACRE LOT OFFERED AT \$5,395,000



1046 UPPER HAPPY VALLEY ROAD, LAFAYETTE 5 BEDS | 5.5 BATHS | ±4447 SF | ±.73 ACRE LOT OFFERED AT \$5,245,000



1036 UPPER HAPPY VALLEY ROAD, LAFAYETTE 5 BEDS | 5 BATHS | ±3691 SF | ±.51 ACRE LOT OFFERED AT \$4,395,000

\*\*Preliminary architecture shown is subject to change based on jurisdiction's design review process. Illustrative landscaping shown is generic and does not represent the landscaping proposed for this site.

FOR INQUIRIES, PLEASE CONTACT OUR LAMORINDA OFFICE: 925.284.1400 · 999 OAK HILL ROAD, LAFAYETTE · DRE 01882902 52 Bates Blvd, Orinda Good Things Happen in 3's 3 Days - 3 Offers - \$3MM+ Listed at \$2,395,000 Sold for \$3,020,000





# 710 Miner Rd, Orinda

5 Bd | 3 Ba |3088 sqft | 1.15 ac. Light-filled home offering great spaces, a peaceful setting and sunset views.

Listed at \$2,295,000

Coming Soon! Moraga Country Club Sought-after, one-level living perfect for downsizing. 2 Bd + office | 2 Ba| 1552 sqft



Clark Thompson (DRE 00903367) | Shannon Conner (DRE 01885058) | Amy Rose Smith (DRE 01855959) | Molly Smith (DRE 01498053)



4 bedrooms | 2.5 bathrooms |2536 sqft | .32 acre Beautifully updated home with an open floor plan, large chef's kitchen and a bonus lower level family room. Close to Wagner Ranch Elementary, town and commute!

## Another New Listing By:

**Amy Rose Smith, Shannon Conner & Molly Smith** For More Information Contact Amy Rose Smith 925.212.3897 | amy@amyrosesmith.com

## 14HaciendaCircle.com

OPEN HOUSE SAT & SUN 1-4pm

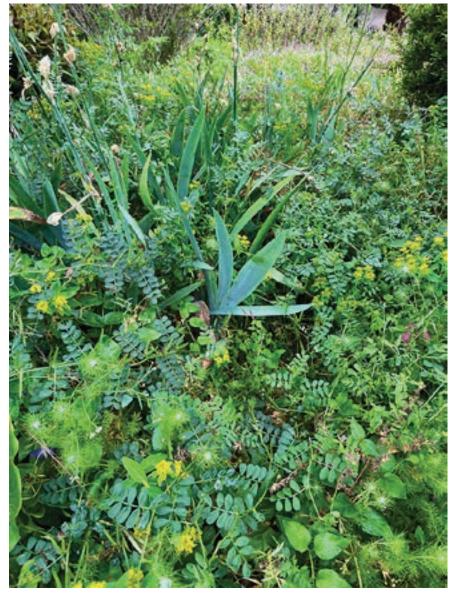




villageassociates.com | @villageassociates | 925.254.0505 | It's Village. Of Course.

All information herein deemed reliable but not guaranteed.

# Digging Deep with Goddess Gardener, Cynthia Brian Fields of Dreams



This field has not been weeded and is overgrown with vetch, euphorbia, thistle, grasses, and more, covering the flowers below.

... continued from Page D1

Many of the grasses that self-seeded from the surrounding hillsides would be interesting in a container as a stand-alone display, but infiltrated into the centers of my flowers hinder the graceful arches of color.

Allergy season is ferocious this year. My eyes are consistently red and irritated and despite taking an antihistamine, I sneeze while weeding. According to a 2021 study published in Proceedings of the National Academy of Sciences of America, an academic journal, between 1990 and 2018, the North American pollen season lengthened 20 days with 20% more pollen. Warming temperatures, changing rainfall patterns, and ris-



Photos Cynthia Brian

#### This field of chamomile smells as beautiful as it looks.

ing atmospheric carbon dioxide levels are cited as causing increased pollen production. Trees, grass, and weeds are causing this sniffling, stuffiness, coughing, congestion and itching. Hopefully, these seasonal allergies will be alleviated by late June.

As I write this, I'm taking a break from my weeding work. Tomorrow I'll be back wearing my coveralls, hat, sunglasses, apron, boots, and gloves for another round of freeing my fields of dreams from the primal forces of nature. Slowly and joyfully, I am witnessing the glistening glory of my efforts.

Happy Gardening. Happy Growing.

# **Recycling through the Reuse program**

... continued from Page D4

I recently visited the 18,000 sq. ft. warehouse in Pittsburg where all the reusable items collected from the curb are taken. The warehouse is more organized than many homes, thanks to the dedicated staff of MDRR, Jim Nejedly and Adriana Medina. It was a bustling scene of incoming trucks and a sorting crew separating small furniture, appliances, electronics, clothing, home décor, medical supplies, school supplies and books, scrap metal and batteries. Almost 20 tons of batteries were collected in 2022 on Reuse Day!

Adriana had so many stories of where our central Contra Costa reuse items end up, from the Paradise fire victims to Contra Costa schools needing sporting equipment. She happily connected me with "Make it Home," a nonprofit in Walnut Creek that Social Services uses to help furnish apartments for those previously unhoused or aging out of the foster care system. "Giving is not just about making a donation. It's about making a difference," says Adriana, as she expressed how fortunate she feels to see the faces of families receiving something they need. Furniture in usable condition is the number one item needed.

Since RecycleSmart contracted with MDRR in 2015, over 22 million pounds of reuse items have been donated to East Bay Depot for Creative Reuse, St. Vincent DePaul, HOPE Solutions, Homeless Action Coalition, Uplift Family Services and many other charitable organizations. Over 32,000 homes placed reusable items at the curb in 2022, and RecycleSmart saw the program's highest participation in 2020-2021 when we all had plenty of time to clean house. Residents can also take advantage of the Cleanup Day provided by Republic Services, the day after the Reuse Day, for any junk or unusable materials.

Reuse of materials is even better for the environment and the community than recycling. RecycleSmart is a national leader in curbside collection of reusable items and has inspired other communities to develop similar programs. We are proving the old adage that one person's trash is another person's treasure. To learn more about the Reuse & Cleanup Days Program, or to look up your upcoming dates with our new search tool, visit RecycleSmart.org/Cleanup.



# **Cynthia Brian's June Digging Deep Gardening Tips**

**CLEAN** patio furniture with a thorough scrubbing of lounge chairs and cushions.

**MAINTAIN** your weeding schedule. Be vigilant pulling weeds as soon as they appear as they zap nutrients and water from plants. Make certain to get the roots.

**ECHO** colors when you plant. Even if you plant different plants of form and texture, to capture the exuberance and energy of flow, plant swaths of the same color in opposing areas.

**PRUNE** lilacs after blooming to encourage more blooms next year. Lilacs can be pruned by 1/3 for optimal flowering.

**LIFT** your mood by designing a refuge area amongst your favorite plants with a bench or chair where you can relax, recharge, and feel protected. Throughout my landscape, I have created areas to sit, rest, and appreciate the natural beauty.

**PLANT** pumpkins now for a Halloween harvest. This is also a perfect opportunity to get your corn, eggplant, beets, and cucumbers started.

**SUCCESSION** plant your greens every three weeks including lettuce and arugula as well as root vegetables like carrots, radishes, and turnips.

**SOW** seeds of basil, cilantro, chives, and parsley for a summer season of savory spices.

**CHECK** your drip irrigation systems as well as any sprinkler heads.

**WATER** only once or twice a week, early in the morning when the plants will absorb the most or later in the evening.

**PROPAGATE** azaleas, carnations, fuchsias, and hydrangeas by taking cuttings and planting in rich soil.



Graceful and dainty blue nigella, love-in-the-mist, re-seeds, and is long-lasting in cut arrangements. Photos Cynthia Brian

**DEADHEAD** spent rose petals weekly to encourage continuous blossoms. Roses are spectacular this year. Keep them healthy and blooming.

MULCH your entire garden with at least three inches of material to help retain moisture, keep the soil cooler, and prevent drought related problems throughout the upcoming hot months.

**BRIGHTEN** patios, porches, and balconies with containers of colorful Bowles mauve (wallflower), petunias, or sweet William flowers.



Roses are spectacular this year. David Austin rose with salsify, Jerusalem star.



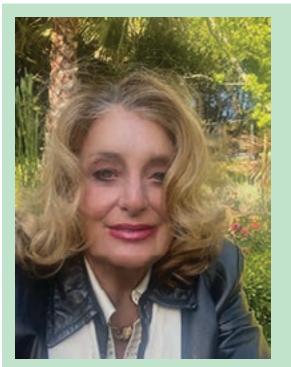
A favorite maroon and mauve bearded iris.



Bowles mauve wallflower is excellent in a border or a container.

PS: Don't forget the Be the Star You Are!® Shoe Drive. Shoes may be dropped off through June 30 at https://5aspace.com/, 455 Moraga Rd. #F, Moraga or www.TeamHoogs.com, 629 Moraga Road (next to 7/11), Moraga. For more information, visit

https://www.bethestaryouare.org/shoedrive



Working in the weeds, Cynthia Brian is suffering from seasonal allergies.

Raised in the vineyards of Napa County, Cynthia Brian is a New York Times best-selling author, actor, radio personality, speaker, media and writing coach as well as the Founder and Executive Director of Be the Star You Are!® 501 c3. Tune into Cynthia's StarStyle® Radio Broadcast at

www.StarStyleRadio.com. Her newest children's picture book, No Barnyard Bullies, from the series, Stella Bella's Barnyard Adventures is available now at

https://www.CynthiaBrian.com/online-store. Hire Cynthia for writing projects, garden consults, and inspirational lectures. Cynthia@GoddessGardener.com

http://www.GoddessGardener.com



Sweet williams, petunias

# McDonnell Nursery



Flowers • Trees • Succulents • Pottery & Fountains Benches • Garden Decor • House Plants • Gifts • Jewelry Garden Consultation

www.mcdonnellnursery.com

196 Moraga Way • (925) 254-3713 • Open Wednesday - Sunday

# LAMORINDA'S LEADING INDEPENDENT REAL ESTATE FIRM

#### ORINDA



246 Overhill Road Beautifully updated 5 bd/ 4 ba home on an incredibly rare .69 acre flat lot features expansive designer backyard!

ORINDA

52 Bates Blvd

Sprawling, light-filled, 2677 sqft

.53 acre lot w/ incredible vista

views & convenient location!

rancher with 4 bd/ 3 ba on a level

\$3,750,000

Pending!

\$2,350.000



134 Diablo View Drive 1st time ever on market! Stunning 4000 sf custom built estate! Private 1 acre knoll w/ dazzling panoramic views & level yard!

\$3,495,000





78 Estates Drive Located in the beloved Glorietta neighborhood, this expansive 5 bd/ 4.5 ba home features seamless flow for indoor & outdoor living!

\$3,325,000

#### ORINDA



Glorietta ranch on a .55-acre cul de sac!

PLEASANT HILL

Pending!

\$1,399,000



367 Dalewood Drive Fabulous single level home w/ large chef's kitchen & formal living room w/ doors out to incredible backyard!

\$2,995,000

### The Village Associates:

Ashley Battersby Patricia Battersby Shannon Conner Meara Dunsmore Linda Ehrich **Emily Estrada** Joan Evans Linda Friedman Liz Gallagher Claudia Gohler Ari Hatton Gillian Judge Hogan Dexter Honens II Christina Linezo April Matthews Hillary Murphy Karen Murphy John Nash Altie Schmitt Judy Schoenrock Ann Sharf Amy Rose Smith Molly Smith Jeff Snell Lynda Snell Alexis Thompson Clark Thompson Angie Evans Traxinger Ignacio Vega Ann Ward Margaret Zucker



DRE#01301392

ORINDA

710 Miner Road Peaceful 1.15 acre knoll setting w/ sunset views! 5 bd/ 3 ba, 3088 sqft home w/ spacious open floor plan & exceptional separation of space!

\$2,295,000



\$2,595,000



Charming ranch style 4 bd/ 2 ba home on wonderful private lot ready for pool, gardens, play yard, or ADU!

CONCORD

4649 Benbow Court

heart of the Bishop Park

filled w/ beautiful finishes

throughout!

Complete turn-key home in the

neighborhood! Updated & light

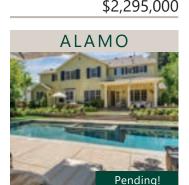
\$1,288,000

Pending!

\$875,000



35 San Pablo Court Beautiful 5 bd/ 3 ba traditional home w/ great views, large grassy backyard & sparkling pool!



954 Forest Lane Beautiful custom-built Estate located in the highly coveted West Alamo neighborhood features 5 bd/ 5.5 ba & luxurious backyard! \$5,500,000



facebook.com/VillageAssociates twitter.com/villageassoc instagram.com/VillageAssociates

93 Moraga Way, Suite 103 • Orinda, CA 94563 • Phone: (925) 254-0505 Visit www.villageassociates.com Sunday Open Homes

1416 Stonehedge Drive

Lovely 4 bd/ 2 ba single-story

spacious backyard!

home features updated kitchen, lg

living room w/ soaring ceilings &



