

Sweet Thursday Author Series features book about dementia

Submitted by Laurie Miles

Sandeep Jauhar author of “My Father’s Brain” will be the featured author on Oct. 19 at 5 p.m. on a Zoom webinar as part of the Sweet Thursday Author Series. Listen to the discussion of his relationship with his father as he succumbs to dementia.

Jauhar sets his father’s decent into Alzheimer’s alongside his own journey toward understanding his father’s disease. He blends humor, compassion, and family drama with expert science writing into an introduction to what

has been called the Age of Alzheimer’s. A deeply affecting story of the descent into dementia and a revelatory inquiry into why the human brain degenerates with age and what we can do about it. The result is a work of essential insight into dementia, and into how scientists, caregivers, and all of us in an aging society are reckoning with the fallout.

Almost 6 million Americans – about one in every 10 people over the age of 65 – have Alzheimer’s disease or a related dementia, and this number is

projected to more than double by 2050. What is it like to live with and amid this increasingly prevalent condition, an affliction that some fear more than death? In “My Father’s Brain,” the distinguished physician and author sets his father’s struggle with Alzheimer’s beside coping with it, if not curing it.

“My Father’s Brain” is Jauhar’s most recent book. His first book, “Intern: A Doctor’s Initiation,” was an international bestseller and was optioned by NBC for a dramatic series. His sec-

ond book, “Doctored: The Disillusionment of an America Physician,” was a NYT bestseller and was named a NY Post Best Book of 2014. A practicing physician, Jauhar writes regularly for the opinion section of The New York Times.

This program is free, but registration is required at tinyurl.com/sweet-19oct23. The Sweet Thursday author talks are presented by The Friends of the Lafayette Library.

UC application system discussion co-sponsored by Moraga Rotary and AUHSD

Submitted by Gary Irwin



Photo provided

UC System admissions officer Janelle Cardenas speaks to local parents and students about the university application and admissions process.

Janelle Cardenas of the UC system recently spoke to about 125 parents and students about the University of California system application and acceptance program at the Holy Trinity Hall in Moraga, and stayed to answer many questions. She is the Assistant Director of Undergraduate Admissions at UC Davis, responsible for Bay Area recruitment. Her talk provided perspective on the University of California single application system, with information about their comprehensive review process, the timing of applications, and financial aid possibilities.

The presentation was arranged by Moraga Rotary, which last year arranged a similar program from an Associate Admissions Director from Vanderbilt University, via Zoom. Both well-attended programs were co-sponsored by the Acalanes Union High School District and the Moraga School District. Based on feedback from attendees, Moraga Rotary anticipates arranging a similar program next year.

Moraga Rotary Club is a 56-year-old club performing community service in Moraga and beyond. They meet most Tuesdays at noon at La Finestra restaurant. To inquire about membership, or for further information, check out the website: moragarotary.org

Community Service: We are pleased to make space available whenever possible for some of Lamorinda’s dedicated community service organizations to submit news and information about their activities. Submissions may be sent to storydesk@lamorindaweekly.com with the subject header In Service to the Community.

Moraga Fun Run and Carnival for charity a success

Submitted by Wyatt Johnson



Photo provided

The Lamorinda community showed their support for the Kapnek Trust USA by coming out in record numbers on Sunday, Aug. 27 to the annual Fun Run and Carnival held at Moraga Commons. The morning event was in celebration and support of the Trust’s efforts to end pediatric HIV in Zimbabwe. Every year the Trust holds a 5K run along with shorter runs for children and walkers/stroller-pushers to raise money in support of this worthy cause.

Members of the local National Charity League, local Boys Team Charity, staff from Lamorinda Pediatrics and members of local Boy Scout Troop 237 all pitched in to make the day a grand success.

Through partnership with J.F. Kapnek Zimbabwe and various governmental organizations, Kapnek Trust USA has developed and implemented initiatives that continue to prevent thousands of cases of HIV AIDS in newborns every year. It has created preschool programs now serving over 15,000 children at over 150 preschool sites, and has brought services to families with disabled children.

Visit kapnektrustusa.org to learn more about their mission and how you can support these efforts year round.

Lafayette Juniors honor former member

Submitted by Kendal Hurley Redd



Photo provided

Katie Morgan joined the Lafayette Juniors in 2012 and was an incredibly active and passionate board member until her retirement in 2020. Morgan passed away surrounded by family and friends on Aug. 12, 2022. She held numerous board positions throughout her tenure in Juniors, including running the Kitchen Tour, leading Community Service efforts, and serving as president as well as a two-year stint as parliamentarian. Members who worked alongside her all benefited from her quick wit and dry humor, her incredible intelligence, but mostly her generous capacity for kindness and love toward the underserved. Morgan was fiercely dedicated to serving those in need in her community.

The Lafayette Juniors have created a Katie Morgan Service Award which will be given yearly to an outstanding member who emulates the same commitment and dedication to serving those in need as Morgan did in her time with the Juniors.

Additionally, a bench in her honor has been erected across from the Toyon Room at the Lafayette Community Center, a spot where she spent many hours and made countless memories.

To help raise funds for melanoma research, her family has started Katie’s Memorial Giving Campaign, which can be viewed at the link: www.justgiving.com/campaign/katiemorgan?invite=true

Share Your Celebrations and Remembrances

If you would like to share an announcement about a special event or achievement, such as a wedding, engagement, scholarship or graduation of a local resident, or about a special person from Lamorinda who has passed, send a photo along with your text (up to 200 words) to storydesk@lamorindaweekly.com, and include “Celebrations or Remembrances” in the subject line.

◆ Not to be missed ◆ Not to be missed ◆ Not to be missed ◆ Not to be missed ◆

Art

The Orinda Library Gallery presents “Glover Group and Friends,” Oct. 1 through Nov. 3. Seventeen local plein air artists will display paintings done on location in the Bay Area and beyond. Gallery Hours: Monday - Thursday 10 a.m. to 8 p.m., Friday - Saturday 10 a.m. to 6 p.m., closed Sundays.

Art show at Orinda Books. October features the paintings of Kath Balamuth, Jules Campbell, and Pam Jameson. Kath Balamuth, an Orinda resident, likes to create a story with a series of paintings, and her exhibit is all about books. Jules Campbell, a Lafayette resident, collages layer upon layer of paper and string creating map-like compositions, much like neighborhoods accumulate patina. Pam Jame-

son, a resident of Pleasant Hill, paints landscapes and urban views – finding quiet beauty in the everyday locations around her. Visit the Artist of the Month for a preview at <https://www.orindabooks.com>. Orinda Books is located at 276 Village Square, Orinda, (925) 254-7606.

The Moraga Art Gallery, located at 432 Center Street in the Rheem Shopping Center, announces the opening of its 2023 “holiday” exhibit “Now and Then,” a striking array of artwork by more than two dozen member and guest artists, and featuring paintings by two of the gallery’s favorites: Susan Erickson and Margaret Lucas-Hill. The exhibit runs from Wednesday, Oct. 25 until Dec. 31. Free gala reception from 5 to 7 p.m. on Saturday, Nov. 18. By Dec. 1, the gallery will be bursting

with an array of original gifts of art and will be open daily from noon to 5 p.m. Take note that on Thursday, Dec. 14 from 6-8 p.m., the gallery has invited the public to “Shopping Night and Craft Beer,” a festive mid-week beer-tasting event with appropriate foodstuffs and holiday entertainment. www.moragaartgallery.com or call (925)376-5407.

Art that rocks and rolls at Valley Art Gallery. Among the hills. Over bridges. Along beaches and beside bays. Up mountains and down towns. Until Nov. 11. Valley Art Gallery, 1661 Botelho Drive, Suite 110, Walnut Creek. (925) 935-4311, Tuesday - Saturday, 11 a.m. - 5 p.m.

Music

Berkeley Chamber Performances presents Alexander

String Quartet at Lafayette on Saturday, Oct. 28, from 7:30 to 9:30 p.m., at Lafayette Library, 3491 Mt Diablo Blvd, Lafayette. Berkeley Chamber Performances proudly presents the Alexander String Quartet in Lafayette with quartets by Haydn, Ravel, and Schoenberg. Cost: \$0 to \$45. For more info see <https://www.berkeleychamberperform.org> or call (415) 531-1480 or email rcarlin16@gmail.com.

Dia de los Muertos Concert and Celebration. On Sunday, Oct. 29, you are invited to embrace the wisdom and spirit of Dia de los Muertos as we honor the tradition of connecting to the ancestors that have gone before us. A night filled with the music of Bay Area favorites, Cascada de Flores, taco truck, candlelight, sangria, pan de muerto, and

projects for kids. A wonderful way to add some depth to the Halloween season. Creekside Commons Main Hall 1035 Carol Lane, Lafayette. 4:30 to 7:30 p.m. Tickets available online or at the door. www.creeksidecommons.org/upcomingevents

New Century Chamber Orchestra presents Visitations on Thursday, Nov. 2, from 7:30 to 9:30 p.m., at First Congregational Church, 2345 Channing Way, Berkeley. Journey into the beyond with New Century as they offer music for communing with spirits in a candlelit evening of orchestral and choral works. Cost: \$30 to \$70. For more info see <http://ncco.org> or call (415) 357-1111 or email info@ncco.org.

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Lamorinda Weekly

is an independent publication for the residents of Lafayette, Moraga and Orinda, CA. 25,000 printed copies; delivered to homes in Lamorinda.

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