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Published January 17th, 2024

## Local farmers' markets offer food and fun, rain or shine

By Jeff Heyman



A chilly day at the Orinda Farmers' Market in front of the Orinda Community Park in Orinda Village. Photo Jeff Heyman

Recent blustery weather didn't deter eager shoppers of all ages from indulging their culinary curiosity to peruse the bountiful fresh and often organic goods on offer at both the Orinda and Moraga farmers' markets. A weekend morning tradition for not only Lamorindans, but for folks from far and wide, the Moraga Farmers' Market features over 40 farmers and vendors on Sundays in Moraga from 9 a.m. to 1 p.m. in the Moraga Shopping Center at Moraga Road and Moraga Way. The Orinda Farmers' Market is open every Saturday from 9 a.m. to 1 p.m. -- rain or shine -- set in the historic heart of Orinda Village.

With more than 15 vendors, and live music to boot, the range of products is impressive. From seasonal produce and fresh meats, seafood, and cheese, to local honey, olive oil, vinegar and homemade jam, and, of course, baked goods, there is really something for everyone at the Orinda Farmers' Market. And if all those gastronomic goodies make you hungry, you can choose some

munchies, or a full lunch, from one of the vendors or food trucks on site. Tamales, crepes, dumplings and much more are all made fresh on the spot to quell that yearning for a tasty treat.

A visit to the Orinda Farmers' Market is a perfect family outing. The information booth often provides fun activities for kids, not to mention a wealth of information on the farmers at the market and the locally-sourced produce on hand each week.

Find out more about the Orinda Farmers' Market at http://www.cccfm.org/ and Moraga Farmers' Market at www.cafarmersmkts.com/moraga-farmers-market.

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