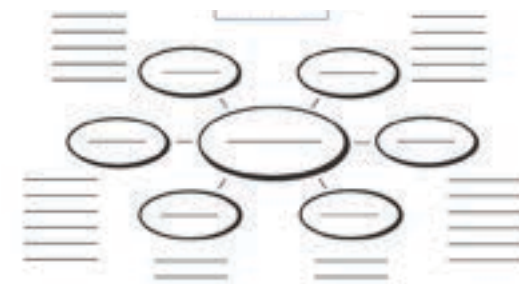


Lamorinda

OUR HOMES

Lamorinda Weekly Volume 17 Issue 25 Wednesday, January 31, 2024



Mind Maps to organize your self

read on Page D4

Digging Deep with Goddess Gardener, Cynthia Brian

Garden goals for 2024

By Cynthia Brian

Photos Cynthia Brian



Ranunculus adds color and texture in February gardens.

Hope and faith flower from the cheerful seeds of the old year to the sprouting garden of the new year's dawn. ~Terri Guillemets

By February, most of the resolutions made on Jan. 1 have been waylaid. Our dreams of losing weight, becoming more organized, and being better might have already turned into nightmares. If we want to be triumphant in life, we need to make conscientious changes, or else we are doomed to stagnation. February is the perfect month to create our year's gardening goals. If we do a little at a time, step by step, and commit to success, we will achieve our landscaping goals.



A bee sucks nectar from a blooming rosemary bush.

There is a saying, "By the inch, it's a cinch." Choose one or two goals per month and make it happen. The only way to predict the future is to create it. To become a better gardener, we need to be flexible, adopt innovative ideas, and learn from our mistakes. Whatever your level of gardening expertise, you will benefit from several of these suggestions. Get going, get growing.

1. Keep Track

Whether you write in a notebook or create a digital diary, journaling about what's happening in your landscape will be a valuable resource.



Camellias begin to bloom.

2. Be Inquisitive

Don't be afraid to go to your local nursery to ask questions. Talk to gardeners you admire: your grandmother, a neighbor, or even a total stranger. There are no dumb questions. Gardeners are flattered to share their knowledge.

3. Grow the world.

Whether it's planting an emerging specimen or experimenting with garden art, try something new. Go global and experience a specimen from another part of the planet.

... continued on Page OH10